

7. That the prisoners, both male and female, be employed in such way as the Committee may from time to time direct.

8. That solitary confinement being one of the principal modes of punishment, all the prisoners, except when employed, shall be kept locked up in their respective cells unless otherwise ordered by the Committee, who shall have power to relax the general rule in particular cases.

9. That at the meal hours the male prisoners shall proceed in order to the cook house, and there each one receive a kid containing his food with which they shall be marched to their respective cells and take their meals separately and then return their kids to the wash house—that before each meal the prisoners shall repair to the wash house and there be required to wash, &c., that the same rule be adopted as regards the female prisoners, as far as may be found expedient.

10. That the wash house shall be furnished with the necessary appliances for washing and shall be kept in order under the direction of the keeper's wife or Matron.

11. That suitable work rooms be provided for the women in the second or third stories of the central building, and one also for the men when not employed abroad.

12. That in the case of refractory prisoners or incorrigible offenders, the dark cells may be used under the special order of the Committee, but not otherwise, except in cases of emergency, to be immediately reported to the Committee.

13. That the Cells in both wings be numbered and the number of the Cells assigned to each prisoner marked in the record book, before mentioned, opposite to his or her name.