

of considerable extent, a lotion was prescribed to be applied with soft rag several times a day, lotions being generally more convenient in the daytime to people following their usual avocations. In some people it produces tingling and occasionally smarting when first applied, but this only lasts a few minutes. Like all stimulant remedies, it does not suit every case, and must not be applied, or at least very dilute, when, on removing the scales, the parts are much hotter to the touch than the surrounding skin and very red; in short, whenever the hyperæmia is considerable. This must be first subdued by soothing astringent measures externally, and appropriate internal medication, and then thymol applications will materially hasten the cure. In fact, it is most successful in that class of cases in which tar is usually prescribed, and while quite as efficacious and in some cases succeeding where tar fails, it is cleaner, colourless, and hence can be used on the face without producing the brown discolouration of oil of cade and other preparations of tar, while the odour is rather pleasant than otherwise.

In the later stages of eczema it is also extremely useful; some cases of very long standing, which had been submitted to other treatment of various kinds, rapidly yielded to thymol. It was necessary in eczema to use a weaker ointment of only three to five grains to the ounce; and I have not met with any case of eczema that required a stronger application than that, and unctuous are generally better than watery applications in this disease.

As might be anticipated, it is adapted to a smaller proportion of cases than psoriasis, and must be restricted to cases in the dry stage or where the amount of discharge is diminishing, *i.e.*, not until the activity of the inflammation has subsided; hence it happens that even in the same patient it would cure one part, and be too stimulating for another part where the inflammation was still active. If, however, due discrimination be employed, the duration of the disease may be much curtailed. Smarting when first put on is rather more frequent than in psoriasis. With similar precautions, it also rapidly completes the cure in so-called lichen agrius; but usually a preliminary soothing

treatment is required for some time before thymol is prescribed.

Lewin and Bucholtz have shown that thymol is about eight times as powerful as carbolic acid as a destroyer of the lower forms of life, and hence its usefulness in vegetable parasitic diseases was suggested. Accordingly, I have treated cases of tinea versicolor, tinea tonsurans, and tinea circinata. In the last two I have not yet used it sufficiently to warrant an opinion as to its merits, but in tinea versicolor I have used an ointment of ten grains to the ounce and the thymolate of potash lotion of ten grains to eight ounces. The ointment was effectual, but slow in its action; but the lotion cured cases where a large surface was affected in a few days. I cannot, however, claim for it any great advantage over sulphurous acid and the hyposulphites. I may also mention, for what it is worth, that a case of lichen planus which has lasted five years, after a fortnight's treatment with thymolate of potash, shows more improvement than I have ever seen in so short a time; the itching is gone, and the eruption is less prominent.

I think we may conclude from the above facts that thymol is a valuable addition to the list of stimulant remedies for diseases of the skin, and probably also as a parasiticide for diseases of fungous origin; but, like all stimulants, it must not be used wherever there is much hyperæmia, as it will be more likely to aggravate than benefit such active cases; judiciously employed, however, it gives results which cannot fail to be gratifying to prescriber and patient, while its pleasant appearance and odour, as compared with preparations of tar, with the avoidance of the discolouration of the hair and skin produced by chrysophanic acid, are not the least of its claims to attention.—*British Med. Journal.*

AN EASY MODE OF PLUGGING THE POSTERIOR NARES.—Cut off the ends containing the eyelet holes of two soft catheters; then by means of a long needle, thread each with a double ligature. Pass one through each nostril well into the pharynx. Dangling loosely there, it is easily drawn through the mouth by passing the forefinger around it. Remove the catheters, attach the plugs and draw them into place.