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THE EDUCATION OF THE YOUNG IN THE
PRINCIPLES OF HYGIENE.*

BY T. D. REED, M.D., LECTURER ON HYGIENE, MCGILL NORMAL SCHOOL,
MONTREAL.

That the principles of cleanliness and purity should be early instilled into the minds of the young will be generally acknowledged. To discuss the teaching of Hygiene to the young, it will be necessary to consider what is included in the term Hygiene, then how it is to be taught.

Under school age, the child's first ideas of morality, purity, modesty, and cleanliness must come from the parents. The discussion here is almost necessarily limited to the schools as the channel through which the instruction is to reach the young. In the public schools of this Province, the subject designated "Physiology and Hygiene" was introduced as early as the first intermediate class, but is now limited to the senior grade, and an hour given to it per week.

Much diversity of opinion has arisen in the community as to the scope of this subject, and also as to the wisdom of introducing it at all into the school curriculum.

* Prepared by invitation of the Com. of Amer. Public Health Association for the Annual Meeting 1894.