

HOW TO CURE A HEADACHE

To attempt to cure a headache by taking a "headache powder" is like trying to stop a leak in the roof by putting a pan under the dripping water. Chronic headaches are caused by poisoned blood. The blood is poisoned by tissue waste, undigested food and other impurities remaining too long in the system. These poisons are not promptly eliminated because of sick liver, bowels, skin or kidneys. If the bowels do not move regularly—if there is pain in the back of the head—kidney trouble—if the skin is sallow or disfigured with pimples—it shows clearly what is causing the headache. "Fruit-a-lives" cure headaches because they cure the cause of headaches. "Fruit-a-lives" act directly on the three great eliminating organs—bowels, kidneys and skin. "Fruit-a-lives" keep the system free of poisons. "Fruit-a-lives" come in two sizes—25c and 50c. If your dealer does not have them write to Fruit-a-lives Limited, Ottawa.

IDEAL SUMMER FOR FRUIT.

(Halifax Herald.)

F. C. Rand, customs collector at Kentville, N. S., believes that the Herald Mr. Rand gives a glowing account of the prospects of the farmers in the Cornwallis Valley. It has been an ideal summer for the fruit crop, and the showing of apples is magnificent both as regards quality and quantity. Never before at this time of the season has the fruit been seen to such advantage, so large and free from spots. An average crop is predicted. The potatoes are also coming along all right. The weather lately has been somewhat rainy, and it was feared rust might develop, but the cool nights have saved the situation.

Mr. Rand is secretary of the Nova Scotia Horticultural exhibition to be held in Kentville in October, and he says the valley people are very enthusiastic over it. Over \$1,300 has been offered in special prizes—over \$500 of this amount has been donated by English apple fruit firms. 450 prizes are offered for five barrels of apples, and equally large sums for three barrel lots. The regular prize is double in amount of any fruit exhibition hitherto held in Canada.

MINARD'S LINIMENT CO., Limited.

Dear Sirs,—I had a Bleeding Tumor on my face for a long time and tried a number of remedies without any good results. I was advised to try MINARD'S LINIMENT, and after using several bottles it made a complete cure, and it healed all up and disappeared altogether.

DAVID HENDERSON,
Belleville Station, King's Co., N. B.,
Sept. 17, 1904.

TREES FOR PLANTING.

The absence of trees has been one of the disadvantages of the prairie farm, but it is one that may be overcome without serious difficulty. One reads with much interest the following statement of what is being done in tree-planting in the Canadian west.

"Seven years ago the department of the interior established a system of tree planting in the Canadian West. The first year there were fifty-four applicants, and the number of trees distributed was 58,800. This work, now carried on by the forestry branch of the department of interior, has grown to great magnitude. The number of applicants for 1904 was 2,206, and the number of trees distributed 1,900,000. The total number of trees distributed thus far has been 11,181,825. A nursery station has been established at Indian Head, to grow the necessary supply of trees. Six qualified inspectors are constantly employed during the summer inspecting the plantations, wood lots shelterbelts or windbreaks set out on the farms and in giving advice and information to the farmers. Of the trees planted up to the present time the superintendent of forestry states that the figures compiled by the inspector show 80 per cent now living. The earlier plantations are established, the trees being in many cases sixteen to eighteen feet high, forming not only a valuable asset to the farmer on whose property they are, but of educational value showing how cheaply and successfully tree-planting can be carried on under proper methods. In this way not only shelter but fuel and fencing are provided for the farmer. The Manitoba maple or box elder, the native green ash, the American elm, the Dakota cottonwood, the golden and acute leaved willows are the varieties of trees sent out by the forestry branch; the conifers are being experimented with, but owing to the length of time required to grow them to a size large enough for planting out it will be a few years before spruce, tamarack, jack pine and other conifers are distributed.—St. John Times.

MINARD'S LINIMENT CURES
DANDRUFF.

Mental Change by
Surgical Process

Surgeons of St. James hospital, Newark, N. Y., believe they have made an important discovery in the case of Mrs. Anna Bradley, who it is said, has undergone a complete mental change since a pint of her husband's blood was infused into her veins. Since then she has gradually lost her own mental traits and acquired those of her husband, which were directly the opposite of her own.

The only explanation possible, according to the doctors, is that the blood of Patrick Bradley has so changed his wife that she has in reality become a part of him. The matter which will be the subject of discussion at the next meeting of the Essex County Medical Society, opens all manner of possibilities. The doctors of St. James already believe that they detect a slight change in the voice of Mrs. Bradley, who had been a most effeminate woman before the blood transfusion, but who now is said to be developing masculine proverbs and whose voice is several keys lower than when she was submitted to the hospital.

The case is pronounced one of the strangest which has come to the medical authorities for many years. Mrs. Bradley, the delicate wife of Patrick Bradley, a prosperous healthy, and strong business man, of Newark, living at No. 13 Grove St., was found several weeks ago to be suffering from a tumor. It was determined that she would die unless relieved of the tumor but when she reached St. James' hospital the surgeons refused to operate on her, saying that the tumor had made such progress that practically all of her strength had been sapped by it. The only chance she had was to get a fresh supply of blood.

Her husband, strong and healthy, volunteered and while he lay beside his wife on the operating table on July 17, a pint of his blood passed from his wrist through a silver tube into his wife's wrist. Until then Mrs. Bradley had been a morose, despondent woman, who saw little cheer in this world. She was of a quiet disposition, and did not care for the gayeties of life. She seldom laughed and was partial to dark purple and a dead slate or a dark brown as colors. She abhorred bright colors and especially strong was her antipathy to green. Her husband was of a gay disposition. He liked amusements. He was of a jolly disposition and very strong was his taste for green as a color.

The doctors paid very little attention to Mrs. Bradley for three weeks following the transfusion of blood and a week ago when they found her strong enough to undergo the difficult operation for the removal of the tumor, they were surprised to note the great change which had come over her mind. She was happy—almost gay—and she laughed as she assured the doctors she was ready for the knife. And, strangely enough, after the operation she rallied quickly and when her husband asked her what he could do she asked him to bring her some green plants, some ferns, plants with plenty of green foliage. She had hated green before. And since then she has been planning to have two green dresses made when she leaves the hospital, and she has spoken about the places of amusement to which she desires to go and seems to have acquired her husband's happy, most joyous disposition. She cannot stand the sight of somber purple now. Her mind seems to have undergone a complete revolution since her husband's blood has been transfused into her veins, and she seems to have lost her own former mental characteristics and to have assumed those of her husband. Leading physicians and scientists now propose to debate the question if a person's mental attributes may not be completely changed by infusing blood from a person of a different mental temperament. It is now believed from Mrs. Bradley's case that a person, especially a child who has abnormal mental traits may be corrected through the injection of a different blood—blood from a normal person—into the system of the abnormal one. In that way it is believed by some now that criminal tendencies may be corrected, if not eliminated.

YOUR HOME PAPER.

(Pictou Advocate.)

It is only duty and justice to encourage your home papers. Extend to them the encouragement to which they are entitled. Pay your subscription promptly, and send a few extra copies to your relations and friends at a distance. They will appreciate the favor, and so will we.

"Is this section prosperous?"
"You bet it is," answered the Kansas farmer. "I kin spread a net any time, and shake a grand piano out of a cyclone."—Pittsburg Post.

Discusses Tuberculosis and
the Need of Sanatoria

(Wolville Acadian.)

The Annapolis-Kings Medical Association met in this town on Tuesday afternoon and evening. The meetings were held in Temperance Hall and were interesting and well attended. Dr. G. E. DeWitt, the energetic president, was in the chair, and there were present: Dr. A. P. Reid, provincial health officer; Dr. Bowles, Dr. Bars, Dr. Payzant, Dr. Moore and Dr. P. C. Woodworth; Dr. W. S. Woodworth; Dr. H. B. Webster, of Kentville; Dr. A. S. Burns, Bridgetown; Dr. L. R. Morse, Lawrenceville; Dr. J. B. March, Berwick; Dr. A. Burke, Halifax; Dr. Morse, Port Williams; Dr. S. L. Walker, Truro; Dr. McKee, New York; Dr. Webster, Edinburgh; and Dr. F. Read, of Middleton, the efficient secretary. The afternoon was given to hearing and discussing a very able paper on tuberculosis, by Dr. E. T. Morse. The writer quoted from many learned authorities as to the origin and treatment of this disease, and gave his views that in addition to improved nutrition or lack of food assimilation, the strenuous demands of modern society and higher education upon young girls, was a large contributing factor.

The discussion was participated in by Dr. A. P. Reid, Dr. Moore of Kentville, Dr. Burke, Dr. Bowles and Dr. Webster, of Edinburgh, and strong opinions were expressed that modern demands upon young girls are too exacting.

In the evening a public meeting was held at which Dr. Black, in a very appropriate address, welcomed the Society to Wolville. The subject of the evening was Tuberculosis.

The President read a very informing paper on "Does Medicine Progress?" the Etiology of Tuberculosis and the need of Municipal Sanatoria. The writer showed the great progress that medicine has made in recent years in resisting the ravages of the plague, cholera, smallpox, diphtheria, yellow fever and other scourges and contended now the tubercle bacillus and the need of Municipal Sanatoria. He held that which Dr. Black, in a very appropriate address, welcomed the Society to Wolville. The subject of the evening was Tuberculosis.

Dr. Smith L. Walker, of Truro, who is secretary of the Colchester Association for the Prevention of Tuberculosis and has been indefatigable in his efforts to awaken public interest in this preventable disease, gave a vigorous address on the "Economics of Tuberculosis," in which he drew a most alarming picture of the ravages of this disease and the serious financial loss it entails upon the country. Thirty millions died of this disease in the last century. In Canada it claims 150,000 victims a year, Newfoundland, out of 200,000 population, loses 1,000 each year, and the Maritime Provinces, with a population of 900,000 pays a tribute of 2,500 lives, of which Halifax contributes 113, all of these victims being in comparatively early life and thus meaning an enormous drain upon our national resources.

Consumption is so costly that in Germany it pays insurance companies to send 9,000 workmen a year to Sanatoria at an annual cost of \$750,000 to restore them to wage earning power. In England the direct and indirect losses traceable to this disease are estimated at four hundred millions dollars. In Illinois careful computations have made the yearly loss thirty-six and a half millions, and the whole loss to the United States is computed at the enormous sum of one hundred and fifty millions. The loss to the Dominion is over forty millions, of which Nova Scotia's share is about three million.

These are startling figures and should arouse general interest. Provincial and municipal authorities should agree upon some general system of prevention. One county that spent \$20,000 to check a disease responsible for one death in ten years has never spent a cent to restrain the ravages of consumption that claims 94 victims a year from that

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To have a sound, healthy body you must first have a sound, healthy stomach. Indigestion poisons your blood and ruins your health. But Mother Seigel's Syrup strengthens your stomach and makes it work properly. Health then follows like sunshine after rain.

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country. The medical profession should so thoroughly arouse public opinion that practical measures should be taken forthwith.

W. E. Roscoe, of Kentville, then read out a carefully thought out paper on "The Municipality and Sanatoria," in which he demonstrated the feasibility by intelligent co-operation of establishing sanatoria, either by the county or by the province, where scientific treatment could be had at a moderate expense. Dr. A. P. Reid strongly supported the views of the previous speakers, and enlarged upon the dangers from bovine infection. Dr. George Johnson, by artistically comparing the result of the last census with that of 1860, showed our great indebtedness to the medical profession for the vastly improved state of public health during the last forty years. Dr. W. S. Woodworth also supported vigorously the necessity of combined intelligent action in fighting this dreadful infection.

The reception given by Mrs. DeWitt on her spacious grounds in honor of the visiting physicians, was, in every respect, a most pronounced success. The weather was delightful and the principal citizens of the town were in attendance, to pay their respects to the genial host and hostess and to the members of the Medical Society. Refreshments were served, and the guests thoroughly enjoyed the occasion.

MR. ROCKEFELLER AND ACADIA.

President Hutchinson, of Acadia University, was asked this week about the statement that John D. Rockefeller had been communicated with for a further gift to the institution. He said that so far only some preliminary correspondence had been exchanged on the subject, and it was impossible as yet to say what the result might be. The idea of a gift was not a meeting of business men, who attended the closing of the college in June. Each of those present volunteered certain sums on certain conditions. It was felt that the endowment of the university must be increased if any progress was to be made. The board of governors were anxious to have Mr. Rockefeller make an unconditional gift, but this, Dr. Hutchinson said, judging from the tone of the correspondence already passed, he would hardly do. In any event the board wished not to commit themselves too far, but would like to be able to decline a gift with too strenuous conditions attaching.

ISAAC C. WHITMAN

Having accepted the position of salesman for Frost and Wood & Co., in place of Harry Miller, resigned, is prepared to wait upon customers for any line of Agricultural Goods and Implements, and also repairing. A full stock of parts for repairing may be found at Gordon Goldsmith's Blacksmith's shop.

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April 10th, 1908.

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Makes such whole-
some bread—the kind
there never seems
to be enough of.

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MORSE'S
TEAS

MORSE'S TEAS are put up in ½ lb. and 1 lb. packages at Halifax by J. E. MORSE & CO. The selling prices are 30c., 35c., 40c., 45c., 50c. & 60c. per pound.

To make a good cup of tea some care is necessary. You must have freshly boiled water and you must have a tea that will respond to proper treatment. Morse's Teas is an easy tea to work with. You need only follow the directions on the wrapper to be absolutely sure of a good cup of tea.

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Steel Ranges from \$20. up to \$50.

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HARRY M. CHUTE

OUT OF THE GINGER JAR.

Once he called her "darling," And wrote her three times a day. Now they're married he never Calls her anything but, "Say!" When in doubt, set another hen. Shorten the row by grinding the hoe.

Rainbows can never be seen in bung-holes. He who fears the storm spends many idle days in port. It is well to plan the work, but be sure you can work the plan.

Take time to grind your jackknife: many farmers carry awfully dull knives in their pockets.

Open your heart to the sorrow of every man who comes to talk to you about his troubles.

Many workers are not satisfied on the road to success. They grumble because it is not a pike.

Why is the careless boy like a hen? Because he can seldom find anything where he laid it yesterday.

Make your boy a working partner. That is, give him some interest, however small, in the rewards of intelligent husbandry.

Pay as you go. More than one ship has been sunk by the nibbling of a rat. Let no store-bill rats nibble at the bottom of your home craft.

A man will wait on the banks four hours for a fish that doesn't intend to bite; but he won't wait five minutes for his wife to get ready for church.

There isn't any music for a good farmer in a rattling wagon. He knows every time he drives such a wagon that he is just shaking the money out of his own pocket. Tighten things up, and save the wear and tear on the wagon and on your own nerves at the same time.—From July Farm Journal.