

WOMAN AVOIDS OPERATION

Medicine Which Made Surgeon's Work Unnecessary.

Astoria, N. Y. — "For two years I was feeling ill and took all kinds of tonics. I was getting worse every day. I had chills, my head would ache, I was always tired. I could not walk straight because of the pain in my back and I had pains in my stomach. I went to a doctor and he said I must go under an operation, but I did not go. I read in the paper about Lydia E. Pinkham's Vegetable Compound and told my husband about it. I said 'I know nothing will help me but I will try this.' I found myself improving from the very first bottle, and in two weeks time I was able to sit down and eat a hearty breakfast with my husband, which had not done for two years. I am now in the best of health and did not have the operation." — Mrs. JOHN A. KOENIG, 502 Flushing Avenue, Astoria, N. Y.



Every one dreads the surgeon's knife and the operating table. Sometimes nothing else will do; but many times doctors say they are necessary when they are not. Letters after letters come to the Pinkham Laboratory, telling how operations were advised and were not performed, or, if performed, did no good, but Lydia E. Pinkham's Vegetable Compound was used and good health followed.

If you want advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

The way of arriving at the price of food in Great Britain is to take the cost of the soldier's ration. This consists of a pound of bread, two ounces of bacon, three-quarters of a pound of other meat, half an ounce of sugar, half an ounce of tea and an allowance of pepper, mustard and salt. The cost is estimated at one shilling which is a long way off famine prices.

Prof. J. E. Howitt, in an address delivered at the meeting of the Experimental Union at Guelph, Tuesday, gave some startling statistics regarding the enormous losses to potatoes caused by rot. "Despite the last year's increase in the acreage of the potato crop," he stated, "there was a shortage of more than five million bushels, or on the average of forty bushels per acre." While this loss might be partly attributed to climatic conditions, he pointed out, the main cause was the damage done by an epidemic of late blight and rot. Both these diseases may be controlled by selecting the best disease-resisting varieties of tubers of good quality and heavy yielders, and by spraying the plants constantly, from the time they appear above the ground till the tops die down, with the Bordeaux mixture, adding a poison to combat the ravages of the potato beetle.

Anxious Times for Wives, for Mothers

Take another phase of the war situation. Picture the anxious homes throughout the empire today, homes empty of sons and husbands. The men folk are in the war zone. There comes a letter. "Well I have had my first baptism of fire; we were in the trenches for six days and now we are back in billets again." From that moment the home folk are anxious. The letter is two weeks, three weeks, maybe a month old. The writer will have been in the trenches between times. Oh if "something" has happened. It is a terrific blow when the news comes. But Oh! the gratitude to him who can bring detailed intelligence of the loved one, invalided back to hospital, or taken prisoner by the Hun. Such a work is being done by a Canadian organization.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

A Message to Shirkers

Extract from officer's letter received Dec. 29th, 1915.

I thank God that I made the move from Canada when I did, as I have seen how much one man can help on this fight, and if I got back safely nothing in the world could buy or replace the things that I cherish during this period. If I had stayed at home, and just gone on working I know that at the end of the war I could not look a man (or a would-be man) straight in the eye. No one has any idea of what is going on unless he is here in khaki. I can tell you that.

One boy not far from us was buried alive by a shell, and the next shell that hit unearthed him. This chap is a brother of one of my men and it goes to show that miracles are still in existence. I could relate many other things that have happened.

In the "Dug Out" at an observation post, an officer and his men were stationed, a shell exploded, blew the book to pulp, a piece of the shell cut this officer's cigarette case and cigarettes in two, just over the heart, and then cut his right wrist. The operator had seven wounds in him and still they would not leave their post. Another miracle and noble hearts. This man was recommended for the D. C. M. and a D. S. O. for the officer.

CASTORIA

For Infants and Children In Use For Over 30 Years Always bears the signature of *Wm. D. Galt*

The Plympton Recount

The Plympton recount took place before His Honor Judge MacWatt at his chambers Sarua, and resulted in Mr. Patterson being declared elected by the clerk by a majority of 8. The recount of the ballots showed Patterson to have received 348 votes and Burnley 340 votes. At the recent election Mr. Burnley was declared elected by 12, but this is set aside by the findings as disclosed by the recount. The chief mistake was made in polling subdivision No. 5, where Patterson was credited with 68 votes when he should have been credited with 86.

As the recount was made necessary owing to the carelessness of the deputy returning officer of polling division No. 5, Judge MacWatt ordered him to pay half the costs and as Mr. Burnley, who was declared elected on the statement of the deputy returning officer, took his seat and acted all day at the council meeting, although warned that the clerk had declarations showing that a mistake had been made at No. 5 poll, the judge ordered that he pay the other half of the cost of the recount.

Many children die from the assaults of worms, and the first care of mothers should be to see that their infants are free from these pests. A vermifuge that can be depended on is Miller's Worm Powders. They will not only expel worms from the system, but act as a health-giving medicine and a remedy for many of the ailments that beset infants, enfeebling them and endangering their lives.

Capturing the Enemy's Trade

Among the old-established usages and institutions which have gone down under the destructions of the war are many of the Trade Fairs, dating back for centuries, which used to be held annually in most of the countries of continental Europe. In Great Britain, too, there are annual fairs of ancient standing, but something new in the way of Trade Fairs in the United Kingdom is being organized by the trade department of the British government with a view of promoting trade between the different parts of the Empire.

Late London papers to hand have interesting announcements that, following upon the notable success of the British Industries Fair held in London in May last, the Imperial Board of trade has arranged for a second such fair in the Victoria and Albert Museum, Kensington, London, beginning on February 21 and continuing for twelve days.

The trades exhibiting will be toys, glassware, fancy goods, earthenware and china, printing and stationery, and admission is to be by invitation only, and will be restricted to bona-fide buyers for the United Kingdom and the Dominion markets and the other overseas British markets. C. R. Woods, who has been appointed assistant to the British Trade Commissioner in Canada, 3 Beaver Hall Square, Montreal, is taking charge of the arrangements for this country.

This, we are advised, is part of the campaign which the British government is carrying on with a view to securing for the United Kingdom as large a measure as possible of the trade from which Germany and Austria now find themselves debarred by the dominance of the British sea power, in pursuance of the operations of the war.

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies—Mother Graves' Worm Expeller.

The Women's Message

This is the women's message, they that have given their all, Husbands and sons to the battle, lest the faith of an Empire fall, Well have borne their burden and paid the bitter cost.

This is the women's message in the name of all they have lost. 'O ye who might have been soldiers, and yet have stood aside, What is your place in Canada for which our men have died? Shall ye share in the days of triumph the peace that dawn afar, Ye who have hidden your manhood under a coward's star?

"Now, by the joy of women when Love walks light upon earth, And by the mother courage that fought to give you birth, Throw back these doubts that hold you, stand forth and play your parts, Lest shame for having loved you wake in the women's hearts. "So in your years that follow, your children's sons shall stand, In might and peaceful honour, because you loved the land, Has death so grim a portal? God holds the souls that stake The lives he gave them nobly, when men die for honour's sake!"

MARGARET PETERSON. Women of Lambton—Encourage your men to join Lambton 149.

Children Cry FOR FLETCHER'S CASTORIA

TAKAKE

The Harmless but Efficient Remedy for Headache, Neuralgia, Anæmia, Sleeplessness, Nervous Exhaustion, &c.

GEORGIAN MFG. CO., COLLINGWOOD, ONT.

CONTRACT TALKS---

This is not the month for building but it is the time to talk building. We invite you in to get our prices and our ideas.

We Submit Our Claims To Your Patronage on the basis:—

- 1st.—In the lines that you will find our place the cheapest where at to buy as lumber is advancing, and we bought up a large stock before this advance in price.
- 2nd.—Our extensive and up-to-date facilities, enable us to meet your emergency demands, to make up on short notice any products that it is necessary to make to special order.
- 3rd.—We will run out your flooring or any interior finish out of your own lumber.

Detailed information, samples, estimates and prices will be promptly furnished upon request. Choice range cedar posts 5c up to 25c.

WATFORD PLANNING MILLS
Established 1870 Geo. Chambers

THE 'WILLIAM BUCK' LINE

ANY purchaser of this line is assured of lasting satisfaction.

The oldest and most reliable in the Dominion.

HAPPY THOUGHT STEEL RANGES
HAPPY THOUGHT CAST RANGES
RELIANCE FURNACES

LET US GIVE YOU PRICES TO-DAY

THE N. B. HOWDEN EST

TRENOUTH & CO.

DEALERS IN Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Foultry Food.

We Carry Full Stock of INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE Chopping and Rolling Done While You Wait

PHONE 39

HANDSOME, LUXURIOUS FURNITURE

- Buffets Extension Tables Brass Beds Iron Beds
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- Dressing Table Jardiniere Stands Bed-Room Chair Secretaries
- Hall Seats Umbrella Stands Rocking Chairs Desks
- Morris Chairs Hall Mirrors Kitchen Cabinets Hall Racks
- Music Cabinets Living Room Chairs Felt Mattresses Dining Chairs
- Parlor Sets Library tables Couches Pictures
- Davenport, and anything kept in a first-class furniture store.

MASON & RISCH PIANOS Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31. FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

Guide-Advocate Ads. are Business Bringers

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

Subscription—\$1.00 per annum in advance, \$1.50 in advance to the United States.

ADVERTISING RATES. Space One Year Half Year 3 Months

One column	\$38	\$22
Half column	20	12
One fourth column	12	7

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

Local Advertisers—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Acute measure 14 lines to the inch.

Business Cards—One inch and under, per year \$5.00. Advertisements—25.00 a year. Local—10c. per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS

Guide-Advocate HARRIS & CO. PROPRIETORS. WATFORD, JANUARY 28, 1916

NOTE AND COMMENT

The Zeppelin raids seem to have reached the same degree of ineffectiveness as the submarine blockade. All they do now is to provide the Hun with a new way of committing suicide.

The overseas dominions are to be consulted by the British government in the great move to crush German trade. Seeing that the colonies are doing a large share in crushing the German army they are entitled to some consideration in the other matter.

New York has legalized the sale of horse meat and thereby provoked much comment. After all, what is the great objection to horse meat? For the life of us we fail to see why a nice horse steak should not taste as well and be just as clean and healthy as beef steak.

President Wilson married a widow. He followed the example of Washington, Jefferson, Madison, Fillmore and Benjamin Harrison. Tyler and Roosevelt married a second time, but their wives had not been married before. Andrew Jackson married a woman who had been divorced, the former wife of an army officer.

Dr. Lindback, the well-known Danish doctor of philosophy, says that there was no longer an enthusiasm in the public spirit of Germany. People in the theatres had even hissed at war songs at a time when the German armies were making progress. The reason for this mental attitude is that about 900,000 young men are dead, while great numbers in addition are wounded and a great many blinded. The horror appals them.

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PRICE

The death occurred at Blenheim Andrew Denholm, formerly publisher of the Blenheim News-Tribune and for many years one of the present publishers of that paper. Mr. Denholm was well known throughout Western Ontario and was prominently identified with various organizations and public and fraternal nature.

SCIENTISTS HAVE PLED THEIR AID TO THE KING by directing all their energies to the task of bringing the war to a victorious conclusion. In the meantime, the health nerves of our brave soldiers and friends at home is suffering, and AKES is the one perfect remedy. Fifty cents at your drug store or by mail from the Georgian Mill, Collingwood, Ontario.