

To Cure Rheumatism
From the system from the poison which causes rheumatism—and then prevent its formation. Learned physicians will tell you this is the only way—it is the way by which DR. SHOOP'S RHEUMATIC CURE brings relief and cures—makes an end of pain and swelling—ends of suffering—an end of rheumatism. It is put up in handy tablet form, convenient and economical. Begin to use this remedy today. The results will be lasting. Sold and recommended by T. B. TAYLOR.

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BARRISTER SOLICITOR, NOTARY PUBLIC
Office over MAXWELL & ENGLISH'S STORE
FRONT STREET, SARNIA.

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Office and Residence, Main St.
X-ray Tested for Glasses; Glasses Supplied.
Private and Bell Phone Connections.

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OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east from Main street.

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OFFICE—MAIN STREET, formerly occupied by Dr. McLeay. Calls night or day at office.

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GRADUATE CHICAGO COLLEGE OF DENTAL SURGEONS and Royal College of Dental Surgeons, Toronto. Only the Latest and Most Approved Appliances and Methods used. Special Attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery. MAIN STREET. — WATFORD.

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D. S. ROYAL COLLEGE DENTAL SURGEONS
D.D.S., Trinity University—1898 Post Graduate in Bridge and Crown Work, Orthodontia and Porcelain Work—1899. Painless Extraction by use of Nitrous Oxide Gas and coal obstinate, preservation of natural teeth by the latest approved methods. Artificial Teeth inserted with or without plates. Careful Attention Given to Every Operation and All Work Guaranteed. Office—Over Thompson's Confectionery, Main Street, Watford. Visits Arkona 1st and 2nd Thursdays of each month.

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Licensed Auctioneer.
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PROMPT attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate Office.

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SALES attended in any part of the county. Terms reasonable, satisfaction guaranteed. Birnam P. O.

SOCIETIES.



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GRAND TRUNK RAILWAY SYSTEM

TIME TABLE.

Trains leave Watford Station as follows
WEST
Accommodate... 8.44 a.m. | Buffalo Exp. 10.27 a.m.
Accommodate... 3.00 p.m. | Accommodate 12.18 p.m.
Chicago Express 9.02 p.m. | New York Exp. 5.00 p.m.
Accommodate 5.34 p.m.

THROUGH TICKETS

To all the Principal points in Canada and United States on sale. Baggage checked through to destination. Choice of routes.

Parties contemplating taking a trip to the Northwest or British Columbia would consult their own interests by calling at the G. T. R. station and getting rates.

D. O'NEIL, Agent.
WATFORD.

HAVE YOUR CHILDREN ANY SORES RINGWORM OR ULCERS?

ZAM-BUK WILL SURELY CURE.

Here are a few instances of Zam-Buk's healing power:

Three children in one family in Burk's Falls have been cured of serious skin diseases by Zam-Buk.

Mrs. Minnie Eliff, of St. John's West (Welland County), says: "My baby had a kind of rash on his head—quite a lot of small red spots and pimples. I applied Zam-Buk and was delighted with the result."

Mrs. Goring, of Longford Mills, says: "Zam-Buk is a wonderful healer of ringworm. I tried everything that could be thought of, but nothing was able to cure until Zam-Buk came. It is a fine remedy."

Mrs. Wm. Scott, of Portland, writes: "Zam-Buk seems to take the pain out of sores, wounds and skin injuries as soon as applied and then it heals them up in quick time. That has been my experience and I have used Zam-Buk in the home for some time."

So one could go on quoting case after case where mothers have written in glowing terms of how Zam-Buk has cured suffering children. Mothers who read these lines should note this:

Zam-Buk is particularly adapted to delicate and tender skins. It is free from all mineral coloring matter and from animal fat, being purely herbal. It heals cuts, burns, bruises, ulcers, chapped places, eczema, ringworm, running sores, bad leg, enlarged veins, piles, scaling sores, etc. As an embrocation it cures rheumatism, sciatica, neuralgia, and rubbed well on to the chest in cases of cold eases the tightness and aching.

All druggists and stores sell at 50c. a box, or post free from the Zam-Buk Co., Toronto, for price. 6 boxes sent for \$2.50. Zam-Buk is highly antiseptic, and applied to a wound, cut or sore immediately kills the germs which give rise to inflammation, blood poisoning, etc.

CHOP STUFF.

J. H. Aldridge has bought Mrs. Cavanagh's farm, 50 acres, on the ridge road, north of Tuedford, for \$1700.

J. D. Ironside, G.T.R. conductor, Sarnia, left Wednesday morning for Palmerston, to take charge of a passenger train between that point and Brantford.

You cannot be happy while you have corns. Then do not delay in getting a bottle of Holloway's Corn Cure. It removes all kinds of corns without pain. Failure with it is unknown.

Among the Provincial appointments gazetted are the following: local commissioners for West Middlesex:—John Smith, W. M. Baker, and Edwin Trott.

A case of smallpox is reported at St. Brydges, Wm. Lockwood, of the Northwest, who is in the village on a visit, is quarantined at the Bartlett residence.

Help your children to grow strong and robust by counteracting anything that causes ill-health. One great cause of disease in children is worms. Remove them with Mother Graves' Worm Exterminator. It never fails.

The Liberals of West Middlesex will meet in convention at Mount Brydges, on Thursday, Jan. 31st, to select a candidate to contest the riding at the approaching bye-election.

In S. S. No. 90, Plympton, where no trustees were elected owing to dissatisfaction with the School Act, Miss Dowd, is continuing her duties as teacher until Feb. 1st, with the expectation that some action will be taken.

Addison Bessenberry, son of H. Bessenberry, of Grand Bend, was married at Andrews, Ind., on Christmas Day, to Miss Maggie McDougall, of that place. They will make their home at the Bend.

It HAS MANY OFFICES—Before the German soldier starts on a long march he rubs his feet with tallow, for his first care is to keep his feet in good condition. If he knew that Dr. Thomas' Eucetric Oil would be of much better service he would throw away his tallow and pack a few bottles of the Oil in his knapsack. There is nothing like it.

The death occurred at her home in Wyoming on Wednesday, Jan. 22nd, Mrs. Andrew Bell. The deceased lady had been in poor health for some years past and about a week ago contracted pneumonia which caused her death.

Mr. Chas. Bender, of Alvinston, who has been in the employ of the M.C.R. Co. as telegraph operator for some years, has severed his connection with that company and arrived home last Saturday to accept a position in the local branch of the Merchants Bank.

THE MOST POPULAR PILL.—The pill is the most popular of all forms of medicine, and of pills the most popular are Parvett's Vegetable Pills, because they do what it is asserted they can do, and are not put forward on any fictitious claims to excellence. They are compact and portable, they are easily taken, they do not nauseate nor gripe and they give relief in the most stubborn cases.

Oscar, the 20 year old son of Henry Frayne, of the 11th con., Bosanquet, was killed at Blind River on Thursday, Jan. 17, where he was working in a lumber camp. He was returning from the woods with some other men on a load of logs when the sleigh upset and his life was crushed out.

The death took place at Winnipeg on Tuesday of last week, of Mrs. John Bond, aged 60 years. Ten years ago Mr. and Mrs. Bond were engaged in the confectionery business in Alvinston, and at that time removed to Winnipeg, where they have since resided.

Infants too young to take medicine may be cured of croup, whooping cough and colds by using Vapo-Cresolene—they breathe it.

Changes in Salt Industry.

The Dominion Salt Agency, of London, Ont., which was organized two years ago, will be discontinued Jan. 31st. Mr. J. I. Carter, the president, states that the agency was composed of R. & J. Ramsford, of Clinton; the Canadian Salt Co., Ltd., of Windsor, and the Empire Salt Company Limited, of Sarnia, of which latter Mr. Carter is president.

The agency not only sold the output of these companies, but also purchased and sold the salt made by the Saginaw Lumber and Salt Company, Sandwich, the Sarnia Bay Lumber and Salt Company, Limited, of Sarnia, the Western Canada Flour Mills Company, Ltd., of Goderich, and the Ontario Peoples Salt Company, Ltd., of Kincardine.

The Dominion Salt Agency has been marketing over 90 per cent of the salt made actually in Canada, which, it is expected will hereafter be disposed of by the individual companies.

Owing however to the increased cost of production, it is not anticipated that the dissolution of the agency will result in any material reduction in prices.

Why Some Countries are Uninhabited.

A mere glance at our maps impresses a few general facts upon us. We see that the largest areas of unknown are now in lands that are too dry; as in Sahara, in the desert of Arabia, and the steppes of Mongolia; lands that are too wet and hot, stimulating almost impenetrable forest growths, as in parts of the Amazon and Congo basins; lands that are too cold and bleak, as proportions of the northern areas of America and Asia. Even the characteristics of the inhabitants influence the extent of the unexplored. In proportion to total area there is more unexplored surface in Liberia than in any other political subdivision of the world, because the Liberians, content to live along the coast, have scarcely entered their vast interior, though they seem with rubber and other resources.—Cyrus C. Adams in Harper's.

Deafness Cannot Be Cured.

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a running sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed for ever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for literature free.

F. J. CHENEY & CO., Toledo, O.
Sold by all druggists, 75c.

Take Hall's Family Pills for constipation.

FELT INSULTED.

Because Phonograph Played "Everybody Works But Father."

Joseph Barnes, a Beard St. resident, has no use for phonographs, and has declared war on all talking machines, especially those that play music that is distasteful to him. Several days ago his wife purchased a \$35 phonograph for the purpose of amusing her four children, all of whom are under ten years of age. One of the first selections to be rendered by the machine was "Everybody Works But Father."

Mr. Barnes admits that he is not the hardest worker in Pt. Huron, but for an internal talking machine to tell him so, right in his own home, was too much, and he rose up and broke the phonograph into more than a hundred pieces. Mrs. Barnes and the children are today mourning the loss of their music, but the angry husband still stands his ground and declares that he will not be insulted by any new addition to the home.—Port Huron Times.

Rosy Cheeks

The Ambition of Every Woman.

Hollow cheeks with dark lines, sallow complexion—how a woman hates them. But rosy cheeks, clear skin, bright eyes—give them to a woman and she is happy.

In the blood is found the first sign of trouble.

It grows thin and watery, its color fades, and increasing pallor and sallowness give the outward evidence of the change within. Soon the nerves weaken, the heart, easily tired and palpitates, strength declines.

The delicate mechanism of the womanly functions is interterred with, and pleasures, activities and even duties are loaded down with the burden of declining health.

Why is it that women neglect the first warnings?

Usually she waits until she is ready to drop—often then it's too late.

These conditions are easily checked, easily cured at the beginning—but even when long established Ferrozone will remove the cause and cure the trouble.

Ferrozone's action aids the three principal functions of the body—digestion, assimilation, elimination.

By strengthening digestion it forms an abundance of rich, red blood—this gives good color.

By perfecting assimilation, Ferrozone supplies nutrition—this gives strength, vim, stability.

Elimination is assured because Ferrozone quickens the actions of the liver, kidneys and bowels—this guarantees the maintenance of vigorous health.

As a tonic and restorative, as a health-bringer and body-builder, Ferrozone is unrivalled. It cures because it feeds and nourishes, because it contains the elements

that build up and strengthen. Try it yourself—sold everywhere in 50c. boxes.

Too Many.

On Sunday evening last we noticed a young man from the country driving around town with no less than five girls in his outer. It is a pity that this fellow can't take his best girl for a drive without having to cast around so many. He ought to hang out the sign "two is company" that may help him out.—Wyoming Enterprise.

It Rings in Your Ears.

That same cough is everywhere you go, deep and hollow because consumptive. First it was catarrh which could have been cured by Catarrhazone. Moral, never neglect a cold, never trifle with catarrh, go to your druggist and get Catarrhazone. It's instant death to colds, cures them in a few minutes. Throat trouble and catarrh, disappear as by magic. Catarrhazone is the great throat, nose and bronchial remedy today. Thousands use it, doctors prescribe it, why, because it does relieve quickly and cures thoroughly. Two sizes 25c and \$1.00 at all dealers.

"You know Jones, who was reputed so rich? Well, he died the other day, and the only thing he left was an old Dutch clock." "Well, there's one good thing about it; it won't take much to wind up his estate."

Don't neglect your cough.

Statistics show that in New York City alone over 200 people die every week from consumption.

And most of these consumptives might be living now if they had not neglected the warning cough.

You know how quickly Scott's Emulsion enables you to throw off a cough or cold.



ALL DRUGGISTS; 50c. AND \$1.00.

The Canadian Government has acceded to the proposal of Colonel Hughes that 160 acres of land be granted to all Canadian volunteers who served in South Africa, and who at the time of their enlistment resided in Manitoba, Saskatchewan or Alberta.

PAIN

Pain in the head—pain anywhere, has its cause. Pain is congestion, pain is blood pressure—nothing else usually. At least, so says Dr. Shoop, and to prove it he has created a little pink tablet. That tablet—called Dr. Shoop's Headache Tablet—coaxes blood pressure away from pain centers. Its effect is charming, pleasingly delightful. Gently, though safely, it surely equalizes the blood circulation.

If you have a headache, it's blood pressure. If it's pain, it's blood pressure. If you are sleepless, restless, nervous, it's blood congestion—blood pressure. That surely is a certainty, for Dr. Shoop's Headache Tablets stop it in 20 minutes, and the tablets simply distribute the unnatural blood pressure.

Bruse your finger, and doesn't it get red, and swell, and pain you? Or does it cause its congestion, blood pressure. You'll find it where pain is—always. It's simply Common Sense.

We sell at 25 cents, and cheerfully recommend

Dr. Shoop's Headache Tablets
T. B. TAYLOR.

Your Doctor

Can cure your Cough or Cold, no question about that, but—why go to all the trouble and inconvenience of looking him up, and then of having his prescription filled, when you can step into any drug store in Canada and obtain a bottle of SHILOH'S CURE for a quarter.

Why pay two to five dollars when a twenty-five cent bottle of SHILOH will cure you as quickly?

Why not do as hundreds of thousands of Canadians have done for the past thirty-four years: let SHILOH be your doctor whenever a Cough or Cold appears.

SHILOH will cure you, and all druggists back up this statement with a positive guarantee.

The next time you have a Cough or Cold cure it with

SHILOH

SOUTH END BAKERY.

OYSTERS

BY THE PINT, QUART, GALLON OR PLATE
SELECT BALTIMORE BRANDS.

Get Your Choice Confectionery here. Everything you want in the line of plain and fancy candies. Special rates for large quantities.

OUR WEDDING CAKES

Cannot be surpassed for flavor and quality. Leave your order.

SMOKERS SUPPLIED with Choice Imported and Domestic Cigars.

PEARCE BROS.

SOUTH END BAKERY.

Schlemmer's Music Store

BELL PIANOS.

Call and see the list of users in your neighborhood, and hear their opinions of them.

Sell and
Sherlock-Manning
ORGANS

None Better, and Few Equals.

I Sell Sewing Machines as low in price and superior in quality to any that can be purchased elsewhere.

A LARGE STOCK OF Violins, Guitars, Mandolins, Harmonicas, Sheet Music, in stock and to order.

Sole Agent for VICTOR and BERLINER GRAMOPHONES.

H. SCHLEMMER,

OPPOSITE SWIFT BROS

NORTH END BAKERY.

We were never better prepared to supply the wants of the public in everything expected to be found in an up-to-date

Bakery and Confectionery.

OYSTERS

SERVED OR IN BULK

Candies of All Kinds

Fruits in Season.

Nuts From All Nations.

Cigars That Please Particular Smokers.

Wedding Cakes That Delight Bride and Groom.

Your Orders will Receive Prompt and Careful Attention.

S. E. THOMPSON.