

ON THE VERGE OF A BREAK-DOWN

Wrecked Strength and Shattered Nerves
Completely Restored By "Fruit-a-tives,"
The Famous Medicine Made From Fruit.



MRS. W. N. KELLY.

HAGERSVILLE, ONT., Aug. 26th, 1913

"I can highly recommend 'Fruit-a-tives' as they did me an awful lot of good and I cannot speak too highly about them. About four years ago I commenced taking 'Fruit-a-tives' for a general break-down and they did me a world of good. We bought a good many dollars' worth but it was money well spent because they did all that was needed. Their action is so pleasant, compared with other laxatives, that I found ONLY pleasure, as well as health, in taking them. They seemed to me to be particularly suited to women, on account of their mild and gentle action, and I trust that some other women may start taking 'Fruit-a-tives' after reading my letter, and if they do, I am satisfied the results will be the same as in my own case."

MRS. W. N. KELLY.

A blood purifier, a general tonic, a builder of health and strength, "Fruit-a-tives" is one of the great discoveries of the century in curative medicine. One of the valuable properties of "Fruit-a-tives" is its marvelous cleansing powers. When these tablets are taken, they act on the three great eliminating organs of the body—the bowels, kidneys and skin. "Fruit-a-tives" keeps the system free of waste matter, prevents the formation of an excess of uric acid, and insures the blood being pure and clean. "Fruit-a-tives" sweetens the stomach, increases the flow of the digestive juices, makes digestion complete and enables the system to absorb and assimilate an abundance of nourishment from the food eaten.

"Fruit-a-tives" builds up, invigorates, strengthens the whole system. As a general tonic, there is nothing else quite so good. And these tablets are so mild in action, so pleasant to take, that they are particularly suited to women. 50c a box, 6 for \$2.50, trial size 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

manity. There is a wonderfully attractive force emanating from a strong, healthy, well-favored man or woman. Such a one compels instant attention. The moment he steps on the platform his audience is happy, comfortable and contented, and in a mood to listen. You may be an exceedingly attractive personality in private life and yet be, on the stage, a physical failure. This radiating force, being so important to the success of a singer's career, are you willing to lead such a life as will preserve it? The life of a platform artist is beset with many dangers, trials and tribulations. Late hours, late suppers, disappointments, failures, anxiety, and the wear and tear on the emotional faculties, are a constant drain on the natural buoyancy of the body and the exuberance of the spirits. This must be constantly replenished by plentiful sleep, good food, fresh air and moderate exercise. If not, the nerves will surely lose their confidence, the mind its freshness, and the body its vigor. You cannot trifle with your natural endowments. You will likely be more anxious about keeping those things you have acquired than those which have been bestowed on you by nature, but appreciate them fully, and be ready to sacrifice many things for them. (To Be Continued.)

ACHING BONES AND SORE JOINTS CURED! ALL RHEUMATIC TENDENCIES DESTROYED!

Away Go the Crutches, Every
Sufferer Made Well
Quickly.

Old age is usually afflicted with rheumatism. Very few past fifty escape its tortures. Many it bends and deforms. Upon the countenance of others it marks the effects of its awful suffering. Nervine will cure rheumatism. It takes the pain out of throbbing muscles and swollen joints. It untwists gnarled knuckles. It does this quickly and surely. Nervine is not used internally. You rub it on—lots of hard rubbing is required for a minute or two, and

then you feel Nervine penetrating through the tissues; you feel it drawing out the congestion, feel it sink in deeper and deeper till at last it touches the core of the joint or the heart of the muscle affected. You won't stay in pain with Nervine for one ever does. Just try it—power over pain, a power it gets from the extracts and juices of certain rare herbs and roots it contains. Its harmless—any child can use Nervine, can rub it on for a sore throat, for a bad cold, for stiff neck, for sprains. No family remedy half so useful. The large 50 cent bottle is the most economical; trial size 25 cents. All dealers, or the Catarrhose Co., Kingston, Canada.

THE HOME BANK OF CANADA

ORIGINAL 1864 CHARTER

A Joint Account with the Home Bank is a very convenient arrangement for a man and his wife, as the wife may deposit or withdraw money in the absence of her husband and the husband may at the same time operate the account as if it were in his personal name only. L1

London Branch—394 Richmond St. W. J. Hill, Manager.
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Send us the Rug that is stained or faded. Rugs lend themselves admirably to dyeing—and our long experience enables us to tell just which color will be best to use for each individual Rug.

Phone for our representative to call and give advice upon the dyeing and cleaning of carpets, etc.

Parker's Dye Works
TORONTO. 20

LONDON BRANCH, 211 DUNDAS STREET.

"WHITE WOLF" AND ARMY OF HUMAN FIENDS BUTCHER THOUSAND IN CHINA; BOIL IN OIL AND BURY ALIVE!

DEATH TERROR GRIPS NATION AS BANDIT KING NEARS PEKING—OVERTHROW OF GOVERNMENT THREATENED—WOMEN CARRIED OFF, MUTILATED AND LEFT TO DIE—ARMY DESERTERS JOIN MARAUDERS WHO KILLED FOUR THOUSAND IN ONE EXPEDITION ALONE.

Shanghai, China, May 21.—
"The White Wolf is coming! The White Wolf! Flee for your lives."

The Death Terror, humanity's worst devil today, grips three of China's most densely populated provinces. One hundred million people are paralyzed with fright.

The couriers are sounding the call to flee to terrified multitudes. For the new Napoleon of the Orient, with the genius of a conqueror and the heart of a fiend, is abroad. Death and destruction lie on his line of march. Torture inconceivable to the Caucasian mind is one of his weapons.

He put to death 4,000 persons by bullets, boiling in oil and burial alive, on his last expedition alone!

The facts about the depredations and power of this desperado have just reached the American quarter at Shanghai. He is a military marvel, and, to show to what proportions his lust for blood and power has grown, he now contemplates the capture of Sian-Fu, capital of Shen-Shi, a city of a million souls.

Education in a Japanese military school, Fui-Lang-Chai, the "White Wolf's" real name, served on the staff of General Wu during the last rebellion that resulted in the republic of China. He was left out of



of centuries ago whose horde swept through Europe and left a mountain of skulls behind to live its history as a permanent example of his military genius and atrocity. Europe could not withstand his legions. He was the first Yellow Peril, and his savage soul finds its reincarnation in the White Wolf.

The story is told of how the White Wolf and his soldiers enter a town, shoot down the men and children, boil in oil those who offer resistance, carry away the women and girls and leave to die the ones they terribly mutilate and discard.

When Lao-Howkow fell into the hands of the notorious bandit, 1,500 persons were slain and every woman who had not fled suffered outrage! Loot amounted to \$5,000,000.

The government is powerless to stop him. President Yuan-Shi-Kai seems to be accepting the horrible operations as part of the natural order of things, but is trying to allay the panic in Ho-Nan with vague promises.

Army expeditions against the White Wolf have failed. Garrisoning have opened the gates to his force. The military governor of Ho-Nan has been dismissed and the general commanding court-martialed, because it was learned that his report of defeat with a loss of 4,000 men at the hands of the rebel chieftain was untrue. No such battle took place.

In the meantime the White Wolf is gradually nearing Peking.

It is now believed that nothing can stop the advance of the White Wolf to the sea. He is resourceful enough to organize an army of hundreds of thousands of men in this land of half a billion people. On the defensive he can retire to his mountain strongholds and never be beaten.

IT LOOKS LIKE WORLD INTERVENTION IN CHINA AGAIN!

THE BUTCHERS.

The tale of soldiers of the interior of China, wearing the old uniforms of the nation's army. Whole regiments



of these men have deserted bodily to join the White Wolf's campaign of murder, loot and pillage. The soldiers of the larger cities near the sea are equipped just as are those of the United States and European nations, but those inland are of a lower grade of intelligence, cruel and heartless, just the kind of material from which the White Wolf creates his fiends.

with very fair chances of success. One pain she would be spared. As soon as the husband has lifted the veil, and she is left alone with the women of his family, the ordinary Chinese bride has to submit to the painful process of "having her face opened"—that is, the hairs on her forehead plucked out so that the forehead is squared at the corners. But the Christians have given up the practice.

The young couple will not set up house alone. That would be most unseemly. The evangelist has not a mother; but his only sister will take the place of mother-in-law, and the bride will live with her and her husband.

ODDITIES OF CHINESE WEDDINGS.

[From London Daily News.]

It was a Christian wedding between one of the Chinese evangelists and a girl of the school attached to the American Presbyterian Mission. The contracting parties had never spoken to each other; that would have been a frightful breach of decorum, but as they went to the same church it is possible that they knew each other by sight. The bride came of a poor family; the bridegroom had been slung for her education; and it is on record that he once, with the consent and connivance of the schoolmistress, had written her exhorting her to diligence, and pointing out how good a thing it was that a woman should be well-bred and cultured.

It was a glorious winter's day, with golden sunshine for the bride and the air, the keen invigorating air of Northern China, sparkling with frost. The church was decorated by devout Chinese Christians, who had worked hard at it with weird and outworn. The Chinese, as a nation, are highly artistic, but the artistic faculty is one that requires educating. Over the platform was a bank of greenery, very pretty, with flowers dotted all over it, and on it Chinese characters in cotton wool. "Earth rejoices, Heaven sings," and across that again was a festoon of small flags of all nations, while from side to side of the church were slung garlands of gaily-colored paper, the five colors of the new republic. When I think of the time and patience that went to the making of those garlands I was quite sorry they reminded me of flycatchers. But the crowning decoration was the Chinese angel that hovered over all. This being clad in white, girl in at the waist, foreign fashion. Great white paper wings were spread out behind, and from her head, framing the decidedly Mongolian countenance, were flowing golden curls, made by the ingenious decorators of singed cotton wool.

Waits to Church. One o'clock was fixed for the wedding, and at a quarter to one the church was full. They did not have the red chair for the bride. The consensus of opinion was

Don't Swat That Fly

Mashing flies in insanitary and dangerous because it always leaves the disease germs to be distributed through the house when dry.

WILSON'S-FLY PADS kill both flies and disease germs, and they kill them all. Just think of it! One ten-cent packet of WILSON'S FLY PADS has actually killed a bushel of flies.

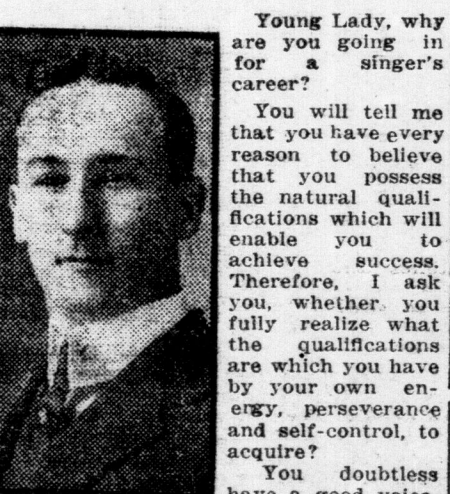
No other fly killer gives results at all approaching this. All druggists and grocers sell WILSON'S FLY PADS.

against it. "It was given up now by the best people in Peking; they generally had carriages. And, anyhow, it was a ridiculous expense," so it was decided that a bride should walk. The bridegroom stood at the church door on the men's side of the church, a tall stalwart Chinaman with his black hair sleek and oiled and cut forward by his friend as if he had no means of volition of his own, and behind him came his wife, thrust forward in the same manner, still with her eyes on the bride and every muscle stiff, as if she had been a doll.

"All the world loves a lover," but in China, the land of ceremonies, there are no lovers. This man had gone further in the woe of his wife, and they were beginning life together

A CHAT WITH SINGERS WHO INTEND A CAREER

By F. Linforth Wilgose. Mus. Bac. (Dunelm)



Young Lady, why are you going in for a singer's career? You will tell me that you have every reason to believe that you possess the natural qualifications which will enable you to achieve success. Therefore, I ask you, whether you fully realize what the qualifications are which you have by your own energy, perseverance and self-control, to acquire?

You doubtless have a good voice, and you naturally think so yourself. But do you realize how good your natural voice must be in order to justify the step you are about to take? I am fully aware of the fact that in the hands of a competent teacher, a moderately good voice can be made very beautiful, but no amount of teaching can make it equal to the magnificent organs nature has placed in the throats of the few elect. Nor can a teacher supply it with all those peculiarities of timbre which make some voices so outstandingly lovely. A teacher's work is not to supply a voice, but to teach it and perfect the instrument which is placed in his care.

Supposing you are right, however, and your voice is one of those rare gifts with which nature is none too lavish, have you carefully considered the character of your vocal organ and its bearing on the kind of work you intend to take up? The mere fact of your desiring to develop into a grand opera singer is not sufficient. Is your voice the kind to give expression to strong emotions? If not, you must turn your thoughts in another direction. Perceptive favor, and, excitedly, feeling of sacred song. If so, then turn your attention to oratorio. Or, perhaps, your

voice is of a lyric quality, light, free and flexible, then the opera-comique might be your ultimate goal. But we are getting too far ahead. You have a great deal to go through before any of these ambitions will be realized.

Have you ever stopped to consider your physical fitness for the life of a platform artist? With very few exceptions, all singers who have won favor of the music-loving public to any great extent, have been large, well-built specimens of humanity.

Thin people can INCREASE WEIGHT. Thin men and women who would like to increase their weight with 10 or 15 pounds of healthy "stay there" fat should try eating a little Sargol with every meal, a while, and note results. Here is a good test worth trying. First weigh yourself and measure yourself. Then take Sargol—one tablet with every meal—for two weeks. Then weigh and measure again. It isn't a question of how you look or feel or what your friends say and think. The scales and the tape measure will tell their own story, and most any thin man or woman can easily add from five to eight pounds in the first fourteen days by following this simple direction, and best of all, the new flesh stays put.

Sargol itself does not make fat, but mixing with your foods it turns the fats, sugars and starches of what you have eaten, into rich, ripe, fat-producing nourishment for the tissues and blood—prepares it in an easily assimilated form which the blood can readily accept. All this nourishment now passes from your body as waste. But Sargol stops the waste and does it quickly and makes the fat-producing contents of the very same meal you are eating now develop pounds and pounds of healthy flesh between your skin and bones. Sargol is safe, pleasant, efficient and inexpensive.

Druggists sell it in large boxes—forty tablets to a package—on a guarantee of weight increase or money back.

HOME STUDY
The Arts Course may be taken by correspondence, but students desiring to graduate must attend one session.

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WHAT TO DO FOR SORE THROAT

SOME GOOD ADVICE BY A SPECIALIST.

As there seems to be a regular epidemic of Sore Throats at times, the following valuable recipe will be welcomed by many. A sore throat is a dangerous complaint to trifle with, as the bronchial tubes lead directly to the lungs and the disease often travels along these tubes into the lungs and there sets up an inflammation that invariably results in a serious lung trouble.

At the first sign of soreness in the throat or around the tonsils you should secure from your chemist 1 oz. of Parment (Double Strength), and take this home and add to it one-quarter pint of hot water and 4 oz. of moist sugar. Stir until dissolved. Take one tablespoonful four times a day. This will give instant relief and will usually cure the worst throat within 48 hours. The healing and soothing qualities of this formula are unequalled, and every person suffering with a bad throat should give this prescription a trial. There is nothing better.

Important.—In ordering Parment always specify that you want Double Strength; your druggist has it or he can get it for you; if not, send 75c to the International Laboratories, 74 St. Antoine street, Montreal, who make a specialty of it.

Diabetes

The Most Dreaded Of All Diseases Can Now Be Cured

The name "Diabetes" has formerly been dreaded as much as the deadly cancer, and has been considered incurable until the discovery of Sanol Antidiabetes, a remedy that has proven its efficacy in numberless cases, many of them of as long as fifteen years' standing.

Sanol Antidiabetes is a remedy prepared specifically for one disease, and we have absolute proof to offer you—testimonial after testimonial from sufferers who have been cured.

It is only in the past two years that this remedy has been available to the Canadian public, and during that time it has won a reputation that extends from ocean to ocean. One sufferer is cured, and he immediately spreads the glad news to others.

If you are troubled with diabetes, try Sanol Antidiabetes at once. It will cure you.

Write for literature on Diabetes. The Sanol Manufacturing Company of Canada, Ltd., 975 Main Street, Winnipeg.

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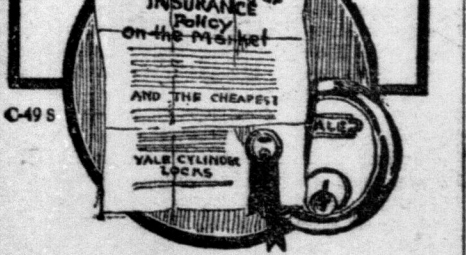
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