

LOOKING OLD TOO SOON

The Condition of Too Many Women and Too Many Girls

Too many women and too many girls look old long before they should. Their faces become pale and drawn; wrinkles appear and their eyes lack brightness. Can this be wondered at when they so frequently have headaches, backaches and a general feeling of wretchedness and weakness? In most cases it is the blood that is to blame. From one cause or another the blood has become thin and watery and it is a fact that anaemia (bloodlessness) more than any other cause, gives women this prematurely aged appearance. It is important that the blood supply of girls and women be regularly replenished—important not only on the score of looks, but to restore robust health, which is of greater value. Dr. Williams' Pink Pills actually make new blood and restore the system shattered by overwork or worry. These pills give a glow of health to pale faces and make tired, weary women and girls feel bright and happy. With Dr. Williams' Pink Pills at hand there is no need for any woman or any girl to look ill or feel ill. Mrs. J. McDonald, jr., Har, Ont., says: "I honestly believe Dr. Williams' Pink Pills saved my life. Some years ago I had anaemia, and as I did not realize the seriousness of the trouble I soon became a complete wreck. I got so weak I could hardly walk. I neither ate nor slept well, and could not go upstairs without stopping to rest. At times I had an almost unbearable pain in my back and would have to remain in bed. I suffered almost constantly from a dull headache, and when sweeping if I would stoop to pick up anything I would be so dizzy that I would have to catch hold of something to keep from falling. At times my heart would beat so fast that I would have a smothering sensation. My eyes were sunken and my hands and limbs would be swollen in the mornings. I tried several kinds of medicine without benefit and my friends thought I would not recover. Then I began taking Dr. Williams' Pink Pills, and before long could see and feel that they were helping me. I gladly continued the use of the pills until I was completely cured and I cannot say enough in their praise, and I strongly recommend them to all run-down girls and women."

You can get Dr. Williams' Pink Pills from any dealer in medicines or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Trafalgar Day.

Astonishing Response from Ontario to Appeal for Red Cross Funds. Aylmer Does Nobly.

When the appeal went out from the Motherland for a contribution of \$500,000 from Ontario to the Red Cross Fund, to furnish necessities and comforts for the wounded and sick soldiers, no doubt came from any quarter that the sum would be made up. No one perhaps anticipated, however, that instead of the sum asked for, a million and a half of dollars would be the result. Such is the case, and the end is not yet, as additional contributions are daily being reported. From every corner of the province a cheerful and hearty response came, which is convincing evidence that the people are ready to respond at any time, up to the measure of their ability, even though it may mean a sacrifice.

Aylmer Gives \$2,250

The estimated share of Aylmer was placed at \$1,500, but the bustling canvassers had more than received this amount before the noon hour, and while contributions are still coming in voluntarily, the total at the time of writing has exceeded \$2,250.

The Express wishes to heartily congratulate the loyal people of Aylmer on their magnificent response. The total represents an average of more than \$1.00 for every man woman and child in Aylmer, and the best feature of the canvass was the response was general. Practically everyone gave their "bit," and they gave it so cheerfully that the work of soliciting was actually a pleasure.

There were no really large subscriptions, every one responding apparently with the idea before them that this was not the last call by any means to be made upon them. The largest individual contribution was \$40, and the next largest \$25. The "mites" prevailed and those in less fortunate circumstances all did their part, and were actually the heaviest givers.

None deserve more credit than the pupils of the public school, who emptied their little banks apparently; and handed in the grand total of \$40. In addition to this they worked like little heroes in selling the Red Cross flags donated by Mr. E. A. Miller, the proceeds amounting to \$69.44. Hats off to the public school scholars.

The High School pupils came forward with a collection of \$18.20, and the proceeds of the Star Theatre netted \$25.45. Outside of these the \$2,250 was made up entirely by personal subscription.

The canvassing committees were under the able instructions of four captains, who never found more willing and enthusiastic assistants.

Captain (Mayor) F. L. Wagner, had with him W. J. Mann, W. G. Wrong, J. L. Millard, Geo. W. Howse, John Allen, C. E. Kaiser, Frank Fisher, A. W. Pierce and George Lemon.

Captain J. M. Wrong's squad consisted of O. McKenney, C. F. Caven, J. W. Hutchinson, J. E. Lindsay, Newt. Newell, W. C. Bingham and F. D. King.

Captain E. W. R. Hill commanded T. Hammond, H. H. Wright, G. R. Christie, J. G. Heiter, E. C. Monteith, A. J. Elliott, Rev. W. G. Charlton, E. Laidlaw, A. H. Backus, Geo. Seers and Dr. Augustine.

Captain W. Harold Barnum was the only one favored with lady members of his gallant company: Mrs. J. Dunnett, Mrs. Barnum, Dr. Fear, E. Bowlby, Geo. Harp, C. S. Bridgman, D. H. Price, J. M. Farthings and A. R. Lemon.

Mr. W. Warnock, who is kindly acting as treasurer of the Fund, is the one upon whom the big burden of the work falls. Nothing daunted, however, he went at the work of listing and checking up, and may be depended upon to give a true account of his stewardship. Will is not only a good worker but is also a good giver.

No personal canvass was made in Malahide but the council made a grant of \$1,000 and Reeve Pineo in this issue invites subscriptions to be left with Clerk J. M. Hale.

St. Thomas reports but \$2,000, but we mistake the generosity of our western neighbor if a supplementary amount is not forthcoming.

South Dorchester raised, we understand \$1,800 and a large number of municipalities have yet to be heard from.

ADDITIONAL LOCALS

Mr. A. H. Backus is in Toronto on business in connection with the sessions of the Medical Commission.

Rev. A. McDonald, of Tyroconnell, will occupy the pulpit of Trinity church next Sunday, exchanging pulpits with Rev. C. A. Miles.

Scout George R. Smith, who enlisted here last fall with the 15th Battalion, was among the list of those wounded, given in the casualty list on Friday. He was 26 years of age, and a resident of Aylmer, being employed as a dairyman.

The Big Store

Aylmer's General Store

GREAT VALUE IN SILKS

AT THE BIG STORE we were fortunate in securing another lot of BLACK DUCHESS SILK at the Old Prices and will sell them while they last at **\$1.19 per yard**

Fancy Stripe Silk \$1.50 per yard.

Hobatan Silk \$1.00 per yard.

Fancy Plaid Silk 75c per yard.

Stripe Tab Silk 65c per yard.

Specials From the Millinery Department

UNTRIMMED HATS AND TRIMMINGS

PHENOMENAL SELLING CONTINUES the Hat question is solved in a jiffy if you come here and try on a few of our stylish and becoming shapes we are showing at sensation-ally Low Prices. We have just received a shipment of Children's Hats from England that are very becoming and at very reasonable prices.

AT THE GENERAL STORE

The weather may be cold, the wind sharp, but here are the good serviceable UNDERWEAR to keep you warm. We have a good supply of Underwear for the approaching cold weather.

Men's Fleece Lined Shirts and Drawers 50c per garment. Ladies' Vests 25c each.
Men's Fleece Lined Shirts and Drawers 75c per garment. Ladies' Vests 50c each.
Men's All Wool Ribbed Shirts and Drawers at \$1.00 and 1.20 per garment.
Ladies' Vests 75c and \$1.00.

The Big Store

Dry Goods, Millinery, Ladies' Ready to Wear, Gent's Furnishings, Clothing, House Furnishings, Hats and Caps.

STRATTON & MARTIN

AYLMER'S BEST STORES

"Honest Goods at Honest Prices"

Highest market prices paid for produce, good to shop at both stores.

The General Store

Dry Goods
Groceries
Boots & Shoes
Hats & Caps
Neckwear

Two kinds of Care to give you more Wear



To wear several seasons, Underwear must be made with conscientious care.

Conscientious care in wool selection, in wool blending, in knitting, in finishing.

Knowing this, we make selections for this store with discriminating care. Every garment sold here can be depended upon to wear.

THAYER'S

The Exclusive Gents Store
Clothing and Furnishings

Mrs. E. J. Barrow and children, of Brantford, accompanied by her mother, Mrs. James Burdick, have been spending a few days with relatives and friends in town.

Mrs. T. O. Pearson, of Corinth, brought to our office last week two of the largest tomatoes we have seen this year. The largest weighed over 1 1/2 pounds and the other one pound.

The Empire Players are filling a week's engagement here this week, and although they are drawing fair houses, are not meeting with the success they deserve. Monday and Tuesday they gave their performance in the Opera House, but the balance of the week will show at the Star Theatre, thus giving a big evening's entertainment besides the regular pictures. Most of the cast are already well known to an Aylmer audience, among them being Mrs. Secord and her two daughters, Misses Adelaide and Thelma Secord, and Mr. Jack Quinn who have been here on several occasions with the Gibney Stock Company.

Mr. J. Howard Gordon, of Sparta, recently with the Symphony Orchestra in England, was in town on Tuesday to meet pupils desiring to study any of the stringed instruments. Mr. Gordon expects to organize a good class in Aylmer and it is his intention to conduct an orchestra here this winter. He has also had much experience with choral work, and ever since a child has been connected with some of the best church and cathedral choirs in the Old Land. He was viola soloist in one of the leading opera companies for three years, and has been conductor of three choral societies since coming to this country. It is also his intention to organize a choral society here and no doubt Aylmer citizens will hear some fine musical numbers this coming season. At present Mr. Gordon is conducting both the Methodist and Baptist choirs at Sparta, with much satisfaction. We wish him success in his musical efforts in Aylmer.

M. L. Pettitt, of Belmont, is attending the Golden Jubilee of the Ontario Sunday School Association at Massey Hall Toronto, this week.

It may not sound reasonable but it is a fact that a lawn bowling match took place in Aylmer on Tuesday, October 26, 1915, and the weather was warm enough for the players to take off their coats. Two rinks from St. Thomas opposed the locals, and of course Aylmer won.

The next meeting of the Travel Club will be held at the home of Mrs. H. L. Stratton, on Tuesday next, Nov. 4th. Subject "Les Miserables," taken by Mrs. Caughey. All work given out, or articles for next shipment should be left with Miss Lewis, 125 South street, by Thursday, Nov. 4th. Soaps of good disinfectant quantity are urgently needed at the front, also talcum powder and writing materials. Contributions along these lines will be gratefully received. We must provide for the men in the trenches or they cannot do their best for the Empire. The Club acknowledges with gratitude the following: Mrs. W. Marr, a rug which sold for \$2.00, a hand knitted towel; Miss McCausland 1 pair socks; Mrs. G. A. Bingham \$1.00; W. C. Lewis, Chicago, 50c.; Miss Cutten, 50c.

It is understood that Lieut.-Col. W. J. Green, of the 25th Regiment, St. Thomas will command the new 91st Regiment, to be recruited in Elgin, Kent and Essex counties for overseas service. Lieut.-Col. Green has lived in St. Thomas all his life. He is a son of the late J. M. Green and succeeded his father as the head of the Green Lumber Company, one of the oldest and most progressive of the contracting firms in St. Thomas. In a military way Col. Green has been very active. While a captain in the 25th Regiment he enlisted as a private in the First Canadian Contingent to South Africa and saw active service there. He was wounded at the battle of Paardeburg. He is one of the most popular of men and is an efficient and well-qualified officer. —St. Thomas Times.

Miller's Hardware

A Few of the many useful Articles we Stock

O'CEDAR MOP 75c to \$1.50
O'CEDAR POLISH 25c, and 50c a bottle.

Food Choppers Very useful in every home 25 to \$2

STEP LADDERS A handy article about the house, at 75c to \$3.00

COBBLER'S OUTFITS 65c. Half Soles at 25c a pair

MITTS AND GLOVES 10c to \$1.50 per pair.

FLASH LIGHTS 75c to \$2.00

Pocket Knives A good two-bladed one 10c. Other lines 25c to \$1.00.

AXES We carry the best makes at 90c to \$1.25

Call and let us show you the good points of our combination Coal, Wood and Gas Range.

E. MILLER, THE HARDWARE MAN
BELL 23. RURAL 53.