

NEW STRENGTH IN THE SPRING

Nature Needs Aid in Making New Blood-Giving Blood.

In the spring the system needs toning up. In the spring to be healthy and strong you must have new blood, just as the trees must have new sap. Nature demands it and without this new blood you will feel weak and languid. You may have twinges of rheumatism or the sharp stabbing pains of neuralgia. Often there are disagreeing pimples or eruptions on the skin. In other cases there is merely a feeling of tiredness and a variable appetite. Any of these are signs that the blood is out of order—that the indoor life of winter has told upon you. What is needed to put you right is a tonic, and in all the Williams' Pink Pills. These Pills actually make new, rich, red blood—your greatest asset in spring. This new blood drives out disease, clears the skin and makes weak, easily tired men and women and children bright, active and strong. Miss A. M. Dugay, Lower Cove, N.S., says: "I believe I owe my life to Dr. Williams' Pink Pills. My blood seemed to have turned to water. I was pale as a sheet, suffered from headaches, and floating specks seemed to be constantly before my eyes. As the trouble progressed my limbs began to swell, and it was feared that dropsy had set in and that my case was hopeless. Up to this time two doctors had attended me, but notwithstanding I kept growing worse. It was at this juncture that I began using Dr. Williams' Pink Pills and after taking a few boxes I was much improved. I kept on using the Pills until I had taken eight boxes, when my health was completely restored."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

The Nova Scotia track is to have three fast horses from the United States. One is a Chicago horse with a mark of 2:12-2/5, another is a New York horse with a mark of 2:25, and the third, a green colt from Indiana. The first named is for free for all.

To Have a Beautiful Skin. About one sixth of all the waste matter, discharged from the human body, consists of the pores of the skin. If the skin is to be kept beautiful the pores must be kept in healthy condition by lotions and by use of Dr. Chase's Ointment which overcomes all itching and irritation of the skin and cures pimples, eruptions and the many forms of eczema. All dealers in medicine, Druggists, etc., Toronto.

Grocer—Well, Mr. Dorkins, how are you feeling over this idea of boycotting all meat products? Customer—Perfectly reckless, Briggs; perfectly reckless. Give me four pounds of dried codfish.

For rheumatism it is not necessary to go to Hot Springs. Just use the 'D. L.' Menthol Plaster and results will be satisfactory. 25c. at druggists. Davis & Lawrence Co., manufacturers.

CASTORIA For Infants and Children. The Kind You Have Always Bought. Bears the Signature of J. C. Watson.

I made a mistake to hire a lady alienist. Three weeks ago I pronounced one of those hypothetical questions. "Well?" "She's still giving the jury the answer."

Whenever I find a great deal of gratitude from me I take it for granted there would be as much generosity if he were a rich man.—Pope.

Every family and especially those who reside in the country should be provided at all times with a bottle of Chamberlain's Liniment. There is no telling when it may be wanted in case of an accident or emergency. It is most excellent in all cases of rheumatism, sprains and bruises. Sold by Rand's Drug Store.

Handy in the house as a clock. Davis' Menthol Salve cures quickly a great many of the simple ailments such as cuts, skin injuries, insect bites and stings. 25c. a tin at druggists.

Wife—What do you think of Mrs. Grottknick? He—Well, dear, not much. When I went to her for my last dance I said, "If you are tired we'll go and sit down and have a little tea—etc., shall we?" "Oh, dear, me, no, thanks. After such a huge supper I really could not eat anything else," she said.

Ships of Concrete.

When, years ago, ships of iron were first suggested, builders and owners for a long time discontinued the idea. Likewise, when an Italian engineer, Gabellini by name, proposed boats built of concrete, it required nearly ten years of persistence before he could induce his Government to fall in with the plan. But while he was pleading his cause with the naval authorities, coal transportation companies, boating clubs, and municipalities were taking an interest in the novel scheme. When finally he had won over the last of the opposition, Gabellini found some two hundred of his boats in use.

In coming in contact with water concrete acquires increased strength. Moreover, it is remarkably durable, its length of service being practically unlimited. The surface, impervious, unlike metals, to the corroding, roughening influence of rust, permanently maintains its smooth polish, which is no mean factor when speed and coal consumption are to be considered.

The concrete is reinforced with iron, as in the construction of buildings, walls of dams, etc. The first transporting barge to be constructed on the Gabellini system was the Elmore, built in 1902. The craft has been in continuous service ever since, in connection with engineering work being carried on in the Tiber River.

Before accepting the Gabellini boat, the naval authorities made a somewhat extraordinary test. The charge against the boat was that it was unable to withstand a heavy blow or a great strain and that sooner or later the craft must inevitably crack and sink.

One of these concrete vessels, in connection with engineering work being carried on in the Tiber River. The Liguria, a large craft, of one hundred and fifty tons capacity, has been in service for two years as a coal barge.

Another way is to use a miter of turkish toweling, or cotton flannel, dipping in bran, fine oat-meal, or flour; or even corn meal, and rubbing as you would scour a floor, changing the bran or flour as often as it gets soiled.

Proper attention to the hair and scalp is the best preventive of baldness. An occasional application of Bearine Hair Pomade keeps the scalp in healthy condition. It nourishes the hair follicles and supplements the natural oil of the head.

Proper attention to the hair and scalp is the best preventive of baldness. An occasional application of Bearine Hair Pomade keeps the scalp in healthy condition. It nourishes the hair follicles and supplements the natural oil of the head.

Proper attention to the hair and scalp is the best preventive of baldness. An occasional application of Bearine Hair Pomade keeps the scalp in healthy condition. It nourishes the hair follicles and supplements the natural oil of the head.

Proper attention to the hair and scalp is the best preventive of baldness. An occasional application of Bearine Hair Pomade keeps the scalp in healthy condition. It nourishes the hair follicles and supplements the natural oil of the head.

Proper attention to the hair and scalp is the best preventive of baldness. An occasional application of Bearine Hair Pomade keeps the scalp in healthy condition. It nourishes the hair follicles and supplements the natural oil of the head.

Proper attention to the hair and scalp is the best preventive of baldness. An occasional application of Bearine Hair Pomade keeps the scalp in healthy condition. It nourishes the hair follicles and supplements the natural oil of the head.

CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of J. C. Watson. One Barrel of Flour Instead of Two. YES, in the old way there was one kind of flour for bread and another for pastry.

DOMINION ATLANTIC RAILWAY. Steamship Lines to St. John via Digby, and Boston via Yarmouth. "LAND OF EVANGELINE" ROUTE.

Proper attention to the hair and scalp is the best preventive of baldness. An occasional application of Bearine Hair Pomade keeps the scalp in healthy condition. It nourishes the hair follicles and supplements the natural oil of the head.

DAVIS' MENTHOL SALVE. A simple effective remedy for many little ailments as well as those that are not considered minor. A compound with Menthol and other drugs making an efficacious remedy for Sore Throat, Burns, Bruises, Strains, Sprains, etc.

PHOSPHONOL. The Electric Restorer for Men. Restores every nerve in the body to its proper tension; restores vim and vitality. Premature decay and all sexual weaknesses averted at once.

MINARD'S FAMILY PILLS. FOR THE CURE OF BILIOUSNESS, SICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

Fred H. Christie PAINTER. PAPER HANGER. Best Attention Given to Work Entrusted to Us.

Dr. de Van's French Family Pills—the Wife's Friend. A reliable, regular, never fails. While these pills are exceedingly powerful in regulating the generative portion of the female system, they are strictly safe to use.

Wm. Regan. At Wolfville. Building Lots for sale on the Road at Hill, fronting on Victor's Avenue and the new street, running out west across the hill (High Street).



White Ribbon News. Woman's Christian Temperance Union first organized in 1874. AM—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Hutchinson's Express & Livery. UP-TO-DATE IN EVERY RESPECT. Buckho, rick, barouches, Single and Double Carriages. Good Horses; Careful Drivers; Fair Prices. Tests at all Trains and Bots. Baggage carefully transferred. Boarding Station. Telephone No. 85.

Hang Week's Wash in a Few Minutes on a Hill Clothes Dryer. Clean Compact. Capacious Convenient. Set up a Hill Dryer in a convenient spot near the house and see how many spots, how much time, work and bother it saves.

The Power of the Bagpipes. Who can forget Lucknow and 'The Campbells are Coming'? It was the pipes which were responsible for that wonderful march of the Highlanders to the rescue.

FREEMAN'S NURSERY WOLFFVILLE. Gut flowers and Potted Plants. Wedding Bouquets and Funeral designs made up at short notice.

Children Cry for FLETCHER'S CASTORIA. "What did the poet mean when he called his country 'the land of the free and the home of the brave'?" He was probably referring to bachelors and married men.

Fruit Farm for Sale. Situated on Belcher Street, one and a half miles from Kentville; 22 acres, about 22 in orchard. Twelve acres, planted at various times, will easily yield 600 barrels if looked after. Good variety; ten acres planted last year in Sweet Orange, Apples and Warringtons.

Building Plans. Plans and specifications carefully prepared, estimates if required. Apply to GEO. A. FRAY, Wolfville.

Minard's Liniment Cures Dandruff. Minard's Liniment Cures Dandruff. Minard's Liniment Cures Dandruff.

FATHER MORRISCY'S REMEDIES.

Cured a Truro Lady of Both Lung and Kidney Troubles.

Truro, N.S., Jan. 14th, 1910. Father Morrissey Med. Co., Ltd. For some time I had been troubled with a very dry cough and pain in my lungs. I made up my mind to try your medicine, and had used one bottle of No. 10 (Lung Tonic) when the pain left me and I felt much better.

My kidneys troubled me quite a lot also, and I purchased a box of your No. 7 (Rheumatism and Kidney Cure) and since taking the tablets I have had no pain in my side or back. I spent quite a lot of money in medicine, but none of the remedies I tried ever helped me, until a lady friend showed me your advertisement. I am now fat and healthy, and your remedies have saved me from the grave.

My Boy. Once he sat upon my knee, Looked 'round bright eyes into mine, Questioned me so wondrously, Of the mysteries divine.

Once he fondly clasped my neck, Tressed my cheek with kisses sweet; Ah, my heart, we little reck, Where may rove the precious feet.

Once his laugh with merry ring, Filled our home with music rare; And his loving hands would bring Wreaths of flowers for mother's hair.

Oh, the merry, happy sprite, Constant, ceaseless source of joy; But tonight, oh, God, tonight, Where, oh, where's my erring boy?

Midst the glitter and the glare Of the room where death is dealt; Scarce you'd know him, but he's there.

Hotel Man's Confession. The cast-iron prohibitory law in force in Alabama is producing such results as to make converts to the prohibition cause of men who before were strong opponents.

Necessary for the Family. It is to be maintained, there must be at hand in every household a medicine which will positively relieve you, to regulate the liver, kidneys and bowels.

WORTH MOUNTAINS OF GOLD. During Change of Life, says Mrs. Chas. Barclay. Grantville, Vt.—"I was passing through the Change of Life and suffered from nervousness and other annoying symptoms, and was truly glad that I had found your 'Vegetable Compound'."

Alcohol a Predisposing Agent in Disease. According to a statement made by Dr. Robert H. Babcock, a noted physician of Chicago, in a recent public lecture in that city, excessive drinking is more susceptible to pneumonia than any other class of people.

Brandy From Sewage. The Paris correspondent of the London Daily Mirror says: Some remarkable statements are made to-day about the way certain kinds of very cheap brandy are made.

Minard's Liniment Cures Dandruff. Minard's Liniment Cures Dandruff. Minard's Liniment Cures Dandruff.