



<u>&</u>

dered alum.

water.

The

Housekeeper

Put a little saltpetre in the water

you use for your bouquets and the flowers will last for a fortnight.

Cream of tartar rubbed on soiled white gloves cleans them.

When rinsing ecru curtains, stir a

little yellow ocher into the water and they will be of just the right color. Keep flowers fresh by putting a pinch of soda in the water.

To restore gold lace that has be-come tarnished, brush well with pow-

To save yourselves steps (going back and forth to the stove) and eco-

nomize on heat, buy a square of scap-stone and use it for an iron stand on ironing day. The irons will retain their heat twice as long as when placed upon other materials.

To clean an unpainted kitchen table, scrub it first with hot water and soda

then sprinkle silver sand over it and finish scrubbing it. Rinse this off,

first with hot and then with cold

To remove inkspots from any kind

of linen, soak the spots for several days in turpentine and then in water,

strongly soapy three or four times, if

necessary. The treatment is said to be

infallible. Paste soft blotting paper on the

bottom of flower bowls and they will not mar polished surfaces. To clean white satin slippers, take

a little alcohol and drop three or four drops of lemon juice in it, then apply it to the slippers with a piece

of soft white cloth or linen. To keep brooms in proper shape, souse them down in the suds, after

boiling the clothes on wash day, bend-

ing them into shape as you do this; then rinse, shake well and stand to

To clean a violin, wash it very care

ully with soap and water, seeing to

piece of soft silk in paraffin oil and

Nearly every disease can be traced

to clogged or inactive stomachs, livers or intestines. Indigestion, biliousness,

headaches and insomnia all emanate

regularity. You'll eat plenty, digest well, seep soundly, feel like new after using Dr. Hamilton's Pills-one a dose

--25c. a box everywhere. Be sure you get the genuine Dr. Hamilton's Pills,

AGRICULTURAL BULLETINS.

So great has been the demand for

bulletins, pamphlets, records and re

the Department of Agriculture at Ot-

tawa as a result of the Patriotism and

Production Movement, that it has been

no time has been afforded for reprint-

ing, while of others the quantity ask-ed for individually has been such that

Instant compliance would mean many applications might have to go without. This nas meant extra correspondence

ports upon the publications branch

in a yellow box always.

To Ponder Over

it that not a drop runs inside, or dip

Facts for Health Seekers

lry upside down.

By Frequent Shampoos with

Cuticura Soap. Trial Free.

Precede shampoos by touches of Cuti-cura Ointment if needed to spots of dan-druff, itching and irritation of the scalp. Nothing better for the complexion, hair, hands or skin than these fragrant super-creamy emollicnts. Also as substitutes for expensive toilet preparations.

Sample Each Free by Mail With 32-p. Skin Book. Address post-card, Cuticura, Dept. L, Boston, U.S.A. Sold throughout the world.

CARDINAL FACTS

This is Canada's war.

What will the harvest be? Increase of knowledge means increase of production.

The first essential for the highest yield is good seed.

Not only grain growers, but breeders and all producers are making history at this juncture.

Value of the crop is increased if treated for smut prevention.

Failure to secure suitable varieties ls a frequent cause of poor ensilage.

All grain intended for seed should

cleaned and graded, in order to retain only the strong kernels. Farmers who have separate houses

rub the violin with it. The interior of the violin should be cleaned with for their laborers have no difficulty in securing help. dry rice.

Good labor is worthy employment in winter as well as in spring, summer and autumn.

If labor is scarce now, it will not be more plentiful in another year, so it is wise to encourage present help.

A bureau of employment could find useful work in every town of size. Austria has decreed that every acre sust be utilized for production. Wast-

must be utilized for production. Wast-ing land is the worst form of extravagance. Live stock is the foundation of per-

from this cause. Keep these organs in working order and you'll have con-tinuous good health. No case was ever treated with Dr. Hamilton's Pills and not cured; their record is one of marmanently successful farming to-day, as it has always been. wellous success. Dr. Hamilton's Pills are very mild, yet they cleanse the bowels promptly and establish healthy

The farmer who conserves his best stock for breeding will profit greatly in the future.

When manure is piled and allowed to heat, the vitality of most of the eds is destroyed; but when drawn to the field from the stable, or not left long enough in the pile to become well rotted, manure is one of the most im-

conted, manure is one of the most im-portant means of seed dispersal. Canad- is many times larger in area than Belgium, but in population there is not a great deal of difference, that is, considering Belgium before the wear. Britain is the protector of small states. The greater the area and variety of area, the more protection is needed when emergency arises.

AN EXCELLENT REMEDY FOR LITTLE ONES

Mrs. Sidney Dalby, Audley, Ont., writes: "I have used Baby's Own Tablets for the past twelve months and have found them an excellent medicine for and have found them an excellent medicine for my little girl." Thou-sands of other mothers say the same thing-one a method same thing-once a mother has used the Tablets she would use

Danger Signals Warn You of Approaching Paralysis

Slowly and Surely Exhaustion Goes on Until Collapse of the Nerves is the Natural Result.

table and sleepless, but you think there is nothing to be alarmed at. You

body's.

have no appetite, digestion is impair-ed, and there is weakness and irre-gularity of other bodily organs. You feel tired in body and mind, and find that you lack the that you lack the energy to attend to the daily task. You may not realize that these are the symptoms of nervous prostra-tion and the dan-ger signals which MRS. ALLAN.

800

warn you that some form of paralysis is the next step of development.

DEATH HOOK OF THE AIR.

Bomb Device Evolved by an American to Destroy Dirigibles.

The horrors of the Zeppelin dirigi-bles seem now to have encountered an invention that will put them out of action and end their apparently ir-resistible bomb dropping. It is an American invention, that of Joseph A. Steinmetz, president of he Aero Club of Philadelphia. It is a destroyer of aircraft, said to be farther reaching than any bomb dropping device or aerial gun invented. It bears the same relation that the torpedo destroyer

does to a navy. An aeroplane cannot carry the amount of explosive that a dirigible can, but it is faster and the Steinmetz device is to destroy dirigibles as well as other aeroplanes, for it is to be mounted on the swiftest of planes. It is a bomb with contact devices, hooks

springing out on all sides. It is let down by a slender wire from

the aeroplane, which swiftly mounts above the slower dirigible. When the latter comes in contact with the wire his draws up until the hooks of the bombs, like the tentacles of a spider, become attached, and the explosion follows. The apparatus is simple and is characterized as one of the most terrible of death dealing devices.

(Detroit Free Press)

Johnson may have lived like a dog, out he died like a man. His most bitter nater, white or black, can do him that onor. There have been champions of he Caucasian race who say their laurels tripped from them with less commend-ble bearing. stripped from them when the standards. And he took his defeat man-fashion. There has no whimper. no Excuse, no plea that he was drugged. "I was beat-en by a better man." was his only com-ment. It is the fitting farewell of a champion to his honors.

BETTER THAN SPANKING

Spanking does not cure children of bed-Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble, Mrs. M. Summers, Box W. & Windsor, Ont., will send free to. any mother her successful home treat-ment, with full instructions. Send no money bu' write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine dif-ficulties by day or night. found impossible to comply with all the applications as promptly as could be desired. Of some of the bulletins the supply has been exhausted and to time been become of the bulleting

Safest of Vaults.

The bank vault in the new office of J. P. Morgan, at Broad and Wall streets, New York, is the largest m the world, and, it is cought, the most secure. It represents an expenditure

You may be restless, nervous, irri-abie and sleepless, but you think here is nothing to be alarmed at. You have no appetite, digestion is impair-ed, and there is weakness and irre-gularity of other Since that illness I have had dizzy spells, had no power over my limbs (locomotor ataxia) and could not walk straight. At night I would have severe nervous spells, with heart pal-pitation, and would shake as though I had the ague. I felt improvement after using the first box of Dr. Chase's Nerve Food, and after continuing the treatment can now walk, eat and sleep well, have no nervous spells and do not require heart medicine. I have told several of my neighbors of the splendid results obtained from the use of Dr. Chase's Nerve Food." warn you that some form of paralysis is the next step of development. Dr. Chase's Nerve Food," Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50, all dealers, or Ed-manson, Bates & Co., Limited, To-

> Immune. A mounted policeman riding through

Central Park came upon some little girls picking handfuls of flowers. up," he heard them say. "Hurry "Teacher is liable to catch up any min-

Dismounting from his horse, he grasped one child by the arm. "Stop it!" he thundered. "You know

MARINE:-

The common belief that air weighs

othing or almost nothing, a belief

which has given rise to the simile, 'light as air,'' needs correction. A toy balloon filled with a cubic

flowers! Why, I could arrest you for this, and I'm not at all sure that I

won't go ahead and do my duty!" The small girl wriggled from his grasp. "Oh, stop your fussing, and go along!" she said contemptuously as she watched a tall woman hurrying They Allay Thirst Quickly, but the along the path "You can't pinch us. Why, we're pinched already. We all come from the reform school."—Every-

Effect is Not Lasting. The reason why we like effervescent drinks is that the slightest stinging or drinks is that the signest straging or pricking of the palate that follows on drinking liquids charged with car-bonic acid gas produces immediately an increased flow of saliva and thus ENGINES diminishes for the moment the sensa-

tion of thirst. But the relief they bring is only temporary and is followed by a reac-tion in which the thirst is actually increased. The salivary glands are no more susceptible to rerretual stimulation than any other, and after each period of excitement one of depression supervenes. Young soldiers en route marches quickly come understand this and to discover that the more water they drink the more thirsty they get and that it is best, therefore, to limit the quantity of liquid swal-lowed. Moreover, the saliva contains matters of great importance for the digestion of feed particularly of starchy foods, and if it all be washed down the throat into the bowels

THE JITNEY BUS

Live Subject Treated by a Disgruntled

Patron.

Patron, A San Francisco paper printed this beautiful and touching poem: It was raining. And it was late And a jitney bus Came along And I got in And some more got in And some more got in And it was full, But they went right on Picking 'em up Till there were four On the running boards, And a tall man with whiskers On my side Put his head in: And the rain Dripped from his beard Into my lap, And he said: "I've been going about

And he said: "Twe been going about For years In crowded cars And I'm thankful To the man Who started These jitney buses. And just then We stopped In a hurry And he did a pivot On the running board And very nearly Tore his head off In the framework On the top. And we started again And we started again And we started again And we started Car company Give everybody Seats."

Give everyouy Seats." And he put his head in And dripped water All over me Again And said: "Would you mind Describing out

Would you mind Reaching out And taking hold Of the sleeve Of my coat? I can't hold on Any longer." And I did, And we got off

And I did, And we got off At the same corner And he kept me standing In the rain While he roasted the Street-car company.

EFFERVESCENT DRINKS.

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soon as it is secreted a great part of its usefulness is lost. It would therefore seem that a less wasteful way, physiologically, of pro-moting the flow of saliva might be adopted with porfit. The consumption of fruit containing subacid juices is about the most excellent way.—St. Leuis Post Dispatch.



ISSUE NO. 16, 1915

HELP WANTED-FEMALE W'ANTED-GIRLS OF GOOD EDUCA-tion and character to train for usr-ess. Reply to Weilandra Hospital, SL Catharines. Ont.

FOR SALE.

BARBER SHOP-TWO CHAIRS-POOL room, three tables: books will show average two hundred month; best town western Ontario: thousand cash; fivo hundred time. J. H. Duncan, Hanover, Ont.

FARMS FOR SALE.

\$12,000 ONE HUNDRED ACRES grain and stock farm be-tween Burlington and Appleby. Solid brick house, two bank barns, splendid water, clay loam. Owner will take house part exchange and leave \$6,000 mortgage. Send your requirements. Have large list of farms in Ontario and Western Provinces on easy terms. Ap-ly J B Lo Ferror 2000 Western Provinces on easy terms. Ap-ply, J. R. La France, 209 Clyde Block, Hamilton, Ont.

T WO ADJOINING SECTIONS-SASkatchewan-five miles from eleva-tor; beautiful creek; for quick sale at assessed value. H. B. Harrison, Owen Sound, Ont.

F ARMS FOR SALE-IN COUNTIES of Victoria, Peterboro and Hall-burton; \$500 up. Train and Crowe, Kin-mount mount.

104 ACRES – AT ENNISKILLEN – choicest level land; clay loam; in high state of cultivation; ten acres fine orchard; eleven-roomed house; barn, 100 x 40; stone stable, cement floor; litter-carrier; driving sheds, pig pens, hen houses; well watered; well fenced; fall plowing all done; price, eight thousand, with reasonable cash payment R. J. Ash-ton, 196 Simcoe street, Toronto.

MANITOBA IMPROVED FARMS-A full section on half crop payments. 1VI full section on half crop bayments, fully equipped with stock, implements, seed and feed, close to market and school; good water; small cash payment to good man; also two good half sec-tions, improved and fully equipped on same terms. We specialize in this class of farms and handle real bargains only. Wilkinson Land Co., 104 Carlton Bldg.,

G ENTLEMEN'S FARM-31 ACRES; 14 room house; basement barn, will accomodate twenty head cattle; large drive shed; granary; hen house; land gently rolling and sloping to south; two wells; good spring; 75 apple trees; forty plums; quanty peaches; pears; grapes; fine maple grove; few implements; price \$7.500; 35.500 down; balance easy terms, Lewis, 580 Ellicott Square, Buffalo, N. Y.

SACRES-MOST SUITABLE TO ANYone in the chicken business; large brick dwelling and good outbuildings. 14 acres; large, well-built, solid brick dwell-ing; good barn, and land of the best; some fruit. Apply, C. F. Saunders, Bur-ford, Ont.

F OR SALE-FOUR FIRST-CLASS IM-proved quarter sections in famous Jack Fish Lake Summer Resort and farming district. Few hundred cash will handle. Write owner. Terms to suit purchaser. F. W. Tobey, Meota, Sask

MISCELLANEOUS.

SEED CORN

Prize-winning Wisconsin No. 7; the best for the silo. George R. West & Sons, Northwood, R. R. No. 3.



DON'T WASTE TIME.

Many Men Have Accomplished Wonders in Their Spare Moments. Great men are economical in their use of time. They not only work hard for hours together, but they also save the spare minutes' which must persons waste in profitless employment.

As the distinguished naturalist Cuvier roue from place to place he ead and thought, and the results of his saving these odd quarter nours are seen in his books. Napoleon, as he hurried over Europe in his camp carriage, was busy in planning for the government of conquered countries and in contriving new conques Elihu Burritt learned no less than eighteen languages and twenty-one dialects by the economical use of time. While he worked fourteen hours dialects a day at his trade of a blacksmith he found a few minutes each morning and evening to study Latin of French. His Greek grammar would fit into the crown of his straw hat, and as he stood at his furnace, waiting for the fusing of the metal, he would he would catch it up and commit to memory a scholar and a judge in the supremo court of India, had so well improv-ed his time that before he reached the age of twenty one he knew Greek Latin, several modern languages and had studied the Arabic and the I er-His use of the spare minutes sian. made him both learned and famous. made him both learned and famous. John Wesley said: "Never be un-employed; never be triffingly end y-ed; never while away time." So Goethe, the great German peet and thinker, said: "Do not wait for extraordinary op-portunities, but make use of common situations. Be careful of the minutes, and the Oh, shucks! The linotyper went and hours will take care of themselve



They are pleasant to take; the result is sure, and above all they are guaranteed by a government analyst to be absolutely free from injurious drugs. The Tablets are sold be medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Shoes in Olden Days.

Early Britons wore shoes of raw cowhide with their hairy surface outward. The Anglo-Saxons showed an advance, for they were black and lac-ed by a leather thong. Then came what might almost be termed the shoe of the Merovingian period, tied around the ankle, a similar easy sort covering obtaining in Germany and so by gradual stages from the mediaeval shoes to the poulaine shoes the a queer early German specimen, the band round the ankle being of en-graved brass.—London Spectator.

Minard's Liniment Relieves Neuralgia THE OLD MAID.

(Buffalo News)

(Buffalo News) Married people-and what unigenerous pirit ever prompted it? long ago fash-oned a legend about cellbates that interest them checkety, graceless, ugly not selfish. Littley for the cones least able to defend themselves, the unnarried wo-len of middle age of more. Now the little boys have grown to be light work to do, with mo-tens to pause along the way and sit while with the recollection of other; ass.

ic light of hallowed memory shines ic light of hallowed memory shines t kindly around a shawled figure in garden path. A face softened rather a embiteged, by sweet melancholy: similing through solitude to sacred the world to share-a creature al-ther lovely, giving her spacious heart the roses and the children of her ma.

boy loved her-loves her still-be-she saw with his eyes, yet with eyes than his. In his boyish be found a staunch and faithful irst a defender, then a good com-who smuxgled bread and jam up-to the supperless. Now she stands in memory as the friend of his huality. etairs

luality. Most then who have reached high places have some such mentor to thank. One of the tragedles of life is that man may never know just how much he has been helped by her blessed memory, her pray-ers and her hopes. And for no reward other than grateful remembrance. Old maid!

is no irreverence in the term. e were, men would never utter

-It isn't because he is lacking in will that many a fellow doesn't marry; it's scale of the girl's won ...

and consequent delay. The situation s. of cours s indicatin the success of the campaign, and the videspread interest created, but the inability to respond on the instant with the multitude of applications is greatly regretted. At the same time it is impossible that the size of the demand could have been foreseen. As fast as possible the requests will be attended to, but in the meantime there will have to be reprinting and

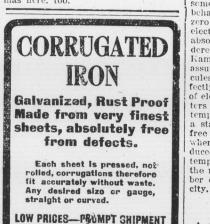
rases revising. In such circum stances patience appears to be a de sirable and necessary quality.

Minard's Liniment Cures Burns, etc.

WAR-TIME AND TANGO. (Philadelphia Record)

(Philadelphia Record) The impending inhibition of the tango in Faris is probably a part of the increas-ing seriousness of the becole in the bres-ence of an appalling war. It is impos-sible that a whole nation should go into rhourning, or that it should wholly aban-don its recreations. But there are con-siderations of propriety, and the tango may well be loaked upon as an unsuitable recreation under present conditions. A nation structing for its existence, and in which almost every family has been bereaved, may very well proscribe the wilder manifestations of mirth and the gross forms of dissipation.

Matches may be made in heaven, but there are lots of match-making mammas here. too.



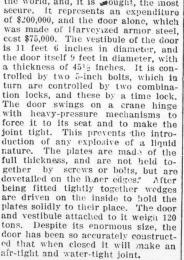
Metallic Roofing Co.,

Manufacturers

TORONTO & WINNIPEG

LIMITED

47)



Minard's Liniment Cures Dandruff.

Metals at Absolute Zero.

Prof. Dien has recently published Prof. Oren has recently published some interesting observations on the behaviour of metals at the absolute zero of temperature. The infinite electrical conductivity of metals at absolute zero, which has been ren-dered very probable by the work of Kamerlingh Onnes, is explained if we assume that the distribution of mole-cules at the lowest temperature is per-fectly regular, so that the displacement of electrons along certain lines encou ters no resistance. By increasing the temperature the molecules are set in a state of thermal agitation and the free path of the electrons is reduced; whence the electric conductivity is reduced also. It appears probable that temperature evaporation affects only the mean free path and not the number of electrons nor their mean velo

ANTHEM TITLES.

A certain Edinburgh organist, who "posts up" his Sunday service lists at the Church door, had recently a very practical illustration of the risks that may attend the shortening of anthem the start of the shortening of anthem "I was the shortening of anthem," Will Wash My Hands In Innocency." The organist in his heste no doubt set this down as "I Will Wash -Hopkins," and was surprised when next day some wag sent him a cake of soap "to help wash Hopkins!"-London Globe.

dredth normal, so that the liquid is ,600 times as neavy as gaseous air, or about as heavy as water.-St. Louis Post Dispatch.

> To whom it may concern: This is to certify that I have used MINARD'S LINIMENT myself as well as prescribed it in my practice where a liniment was required, and have never failed to get the desired effect.

C. A. KING, M. D.

Why We Oppose Pockets for

Women. walks, 1. Because pockets are not a nat-

ural right. 2. Because the great majority of wo men did not want pockets. If they did, they would have them. 3. Because whenever women have had pockets they have not used them.

4. Because women are expected to carry enough things as it is, without the additional burden of pockets. 5. Because it would make dissension between husband and wife as whose pockets were to be filled.

6. Because it would destroy man's chivalry toward woman if he did not have to carry all her things in his pockets.

7. Because men are men and women are women. We must not fly in the face of nature.

8. Because pockets have been used by men to carry tobacco, pipes, whiskey flasks, chewing-gum and compromising letters. We see no reason to suppose that women would use them more wisely .- New York Tribune.

Minard's Liniment for sale every where.

"BILLY" SUNDAY'S WORK. (The Presbyterian)

(The Presbyterian) Rev. W. A. Sunday, popularly de-signated "Billy" Sunday, has closed an eleven weeks' mission in Philadelphia. An exchange says that over two mil-lion persons attended the meeings and about forty thousand made confes-sion of Christ. Philadelphia religious workers say that they have seen noth-ing like the work that Mr. Sunday has done since the great revival there under George: Whitefield.

"Poetry for Poetry's Sake" is the title of a book review in one of the literary periodicals. The book is "Sword Blades and Poppy Seed," by Miss Amy Lowell, and contains bobtail verses not worse and certainly not better than most of the semi-rhythmic chunks of language issued nowadays from time to time under the poetic license called "vers libre." Here is a sample—"A ondon Thoroughfare at 2 a.m." It has white lamps, It is too bright. She cannot light the city Through the plum-colored night. Clear and round, The moon cuts

Opposite my window A river leading nowhere: Slow-moving. With the silver barred street in the

midst. The city is squalid and sinister. Night warkers pass along the side-

Tramps doze on the window ledges Between them I hear the shuffling of feet.

And then another One.

Caps go down it Barred with silver and black-Like a slow-moving river And lies Cold, white lamps-

It shines in the glare of lamps. They have watered the street.

on sinces. The motyper went and printed this backward, But that is one of the nice things about this "vers libre"; it doesn't matter much where you begin or which end you bite off first. As Miss Lowell's reviewer (and publisher) pute the

publisher) puts it in an esoteric weekly: "Though it lacks the serviceable first aid to the memory of rime, how haunting and in the finest sense mem orable, is the picture. It is hard...." Yes, brother, it is even tough. But

ARE YOU!

OWN YOUR HOME. (Montreal Evening News) man and woman who have begun g for a home are laying the secur-bundation of a successful life.

Odd Effects of Hydrochloric Acid

Some very singular and unexplained effects of hydrochloric acid upon silica are brought out in M. Armand Gantier's paper recently read before the Academie des Sciences. In his re-cent experiments on this subject Gantier finds that the effect of the acid wouldn't a real live poet like Walt Whitman have chuckled at the pale echoes we have nowadays of his old full-bodied work?—Collier's. crystal is cut parallel to the axis, but it is practically nothing upon the surface when cut across the axis The reason for this difference is unknown

THE PERFECT MAN.

as yet.

(Detroit Free Press) Tailors say the perfect man is 34 inch-es around the waist. But in spite of that the world will keep right on hiring men for what they carry in their bead

(Brantford Expositor) Dear Reader: Are you ready to fol-low the lead of King George and Lord Kitchener, and "swear off" until after the war?