

#### Simple Resistance Units.

To a British firm goes the credit for introducing a very simple type of resistance unit which possesses numerous and important awantages. The wire or strip member is supported on a single rod passing through the centre section of each leg of the lig-zagged wire or strip. Among the special advantages claimed are: Very arge radiating surface for a given capacity; absolute freedom for expanion; owing to the large surface and mall bulk of metal they cool very quickly; they are absolutely unaffected by vibration or joits; units can be run red-hot without danger of saging; repairs can be effected on separate units; tapping can be taken off inywhere along the centre clamp, the imber of units being small compared with a grid resistance of equal capacity, there are not many joints to take triuble.—Scientific American.

Minard's Liniment Cures Garget in To a British firm goes the credit

Ten of the allotted fish catchers stop satching fish.

Ten more dry and hide part of the lish they catch.
Five continue to catch fish, but work only part of the day at it.
Fewer fish go into the community litchen.

But the same number of men insist apon having the same amount of fish to eat as they had before.

The fifty men who formerly cleaned and cooked the fish have less to do swing to the undersupply of fish. But they continue to demand food.

Gradually greater burdens are laid apon the fruit and vegetable hunters. These insist upon a larger share of lish in the trum for their larger efforts in gathering fruit and vegetables. It is denied them, and soon twenty of the twenty-five quit gathering fruit and vegetables.

But the entire one hundred confinue to sists upon their right to eat.

Ind vegetables.

But the entire one hundred continue to insist upon their right to eat.

The noblest motive is the public good.—Virgil.

The daily food supply gradually shrinks. The man with two fish demands three bananas in exchange for one of them. The man with two bananas refuses to part with one for fewer than three fish.

Finally the ten men remaining at work quit in disgust. Everybody continues to eat. The hidden fish are brought to light and consumed. Comes a day when there is no food of any kind. Everybody on the island blames everybody else.

kind. Everybody on the island blanks everybody else.
What would seem to be the solution?
Exactly! We thought you would guess it.
For we repeat that you can't eat, buy, sell, steal, give away, hoard, wear, use, play with or gamble with what isn't.

#### ANARCHY IN THE SCHOOLS.

(New York Sun.)

There is no place so unfit for an anerchist, bolshevist, communist or other
revolutionary radical as the desk of a
public school teacher. The man or woman who holds red opinions and still
draws pay from the State to educate the
State's clidren must on necessity be of
low moral character.

If he-or she-teach the red doctrines,
he is guilty of treason with the added

Minard's Liniment Co., Limited

Gentlemen-Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of La Grippe, and I have frequently proved it to be very effective in cases of Inflam-mation.

W. A. HUTCHINSON.

wall bulk of metal they cool very quickly; they are absolutely unaffected by vibration or jolts; units can be un red-hot without danger of saging; repairs can be effected on separate units; tapping can be taken off inywhere along the centre clamp. The limber of units being small compared with a grid resistance of equal capatity, there are not many joints to tause tribule.—Scientific American.

Minard's Liniment Cures Garget in Cows.

LET'S GO

Put one hundred men on an island where fish is a staple article of sustenance. Twenty-five of the mentatch fish. Twenty-five others clean the fish. Twenty-five cook the fish. Twenty-five hunt fruit and vegetables. The entire company eats what thus is gathered and prepared.

So long as everybody works there is jeenty. All hands are happy.

Ten of the allotted fish catchers stop satching fish.

Ten more dry and hide part of the lish they catch.

Five continue to catch fish, but work only part of the day at it.

Fewer fish go into the community it itchen.

But the same number of men insist topon having the same amount of fish to eat as they had before.

The fifty men who formerly cleaned.

The fifty men who fo

Minard's Liniment Cures Distemper.

Men, Are You In Doubt

As to your trouble? Have you some skin eruption that is stubborn, has resisted treatment? Is there a nervous condition which does not improve in spite of rest, diet and medicine. Are you going down hill steadily? ARE YOU NERVOUS and despondent, weak and debilitated; tired mornings; no ambition —lifeless; memory gone; easily fatigued; excitable and irritable; lack of energy and confidence? Is there failing power, a drain on the system? Consult the old reliable specialists.

SYMPTOMS OF VARIOUS AILM ENTS



#### CORAL REEFS.

## Nature's Methods in Building These Seashell Monuments.

lands in the Pacific. They protect the lowlands from the washing of the waves, and the still waters inclosed by them are the only harbor of refuge for snips. The reefs themselves furnish the greatest peril to navigation, and if there were no infet through which a vessel could enter their protected cir-cle they would be a danger and no-thing else.

vessel could enter their protected circle they would be a danger and nothing else.

But almost every reef has such an inlet. It is a necessary result of the laws under which the forces of nature work. To understand this we must see how those reefs are formed.

Chemically the reef corals are almost pure carbonate of lime, the substance of ordinary limestone and marble. The reef grows as the shell of the oyster or any other shellfish grows. It is itself the common and undivided shell of innumerable polypi, or minute insects, which are being produced and are dying in successive generations.

These tiny beings get all their living from the waters of the sea. It is from this source also that they derive the saults of lime from which they secrete the animal is dead.

The coral polypi cannot live in fresh water. Their food supply is brought to them by the waves and currents of the sea. As a result it is found that directly opposite the mouth of the stream from the island the reef does not grow. There will be the inlet to the inclosed waters.

### Childhood Constipation

Childhood Constipation is one of the most common ailments of babyhood and childhood and unless it is promptly cured will undoubtedly lead to disastrous results. To cure this trouble nothing can equal Baby's Own Tablets. They are a mild laxative which instantly regulate the bowels and sweeten the stomach, thus banishing constipation, colic, colds, etc. Concerning them Mrs. Eugene Vaillancourt, St. Mathieu, Que, writes: "When my baby was constipated I gave her Baby's Own Tablets and am well satisfied with the result. I would strongly recommend them to all mothers for this trouble." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

#### CANADA'S AGRICUL-TURAL POSITION.

TURAL POSITION.

The Hon. S. F. Tolmie, Canada's new Minister of Agriculture, has summed up the outstanding facts of Canada's agricultural position in an article appearing in the November number of the Agricultural Gazette. He presents statistics showing the growth of Canada's financial burden during the past five years and points out means by which our national debt will be reduced. He says in part "I am confident that this Dominion, through the development of her natural resources, will in time wipe out her debt. Forests, fisheries, and mines all contribute their part of the revenue but by far the greatest returns will be derived from agriculture which industry we must continue to establish in permanency and increase in magnitude. One of the greatest responsibilities that falls on either the federal or provincial departments of agriculture is the conservation of the great wealth that lies in the vergin soil. Innumerable considerations are involved in this one problem, but the whole affair can be accomplished if we engage in mixed farming with live stock as a basis. This is a fundamental principle underlying success in agriculture."

Minard's Liniment Cures Diphtheria

#### LANGUAGE AND BIBLE.

The Book That Standardized All the Dialects of Britain.

Before the printing of the Bible there was no English language. It was the Bible that standardized all the dialects of England and that bound them together into a living speech, and it was the Bible that was the foundation of the education and culture of England. As the English historian Green says, "The English people became the poople of a book, and that book was the Bible."

To a large degree the same is true of Germany, but it is not necessary to go back to the middle ages to find the Bible forming a nation's culture

to go back to the middle ages to find the Bible forming a nation's culture and fixing its inguage.

On many of the mission fields, eaperalaily in Africa, the language of the natives has never been reduced to writing until the missionary provided them with an alphabet in order that the Bible might be translated into their tongues. The Bible has then become both the language extbook and the spiritual guide of these African nations. In mission schools the world over the Bible is the language textbook. The people of the mission lands want their children to learn the western tongue, and they send them to the school. They learn the missionary's language, but in the learning they flud the missionary's God.—Christian Herald.

#### VERY SIMPLE CURE FOR BAD COLDS

Let your cold gain headway and ou can't keep it from running into

Catarrh.
Catarrh never stays in the same place—it travels down into the lungs, then it's too late!
Drive colds and catarrh right out of your system while you have the chance.

chance.
Easily done by inhaling Catarrhozone, which instantly reaches the
true source of the trouble, gets right
where the living germ of catarrh
are working.

### Catarrhozone

A Convenient Inhaler Treatment is the Proper Remedy to Cure.

is the Proper Remedy to Cure.
Hawking and spitting cease, because the discharge is cured. The nostrils are cleared, headache is relieved, breath is purified. Every Trace of catarrh, bronchial and throat weakness is permannity curd.

Shun medicines that contain harmful drugs—use a safe remedy that is prescribed by doctors, that is used in hospitals, that is endorsed by thousands Catarrhozone has cured. For winter ills there's nothing half so good.

Two months' treatment, large size, price \$1, and guaranteed. Small size, 50c, trial size 25c, at dealers every-

### SANG REQUIEM OF HUN.

How Cannon Roared During Offensive of Argonne.

Help Wanted.

It was night in France and the great Argonne offensive was on.

The section chiefs grew hoarse shouting their commands, the gunner corporals manipulated their sights with speed and accuracy and the gun crews eagerly put forth superhuman efforts in serving their pieces which were being loaded and fired as quickly as possible. The terrific detonations shook the forest which actually seemed like a live, throbbing, burning monster, who vomited fire and flame, and roared inhumanly with its terrible voice. Every man in the four gun crews was soon rendered temporarily deaf. Lit up by the ghastly flashes from the fire of their own guns, they looked like veritable devils, at which they tugged and pulled with might and main. It was exceedingly tiresome work for the earnest lads. The rate of fire was so rapid that it was necessary for them to pause occasionally in order to permit the intensely heated pieces to cool.

It presented a thrilling scene to see, in the dim light of the early dawn, a stalwart lad, bareheaded, eyes heavy, and red from the burning powder, as they leaved pieces to cool.

It presented a thrilling scene to see, in the dim light of the early dawn, a stalwart lad, bareheaded, eyes heavy, and red from the burning powder, as the strain of the content of the elbows and black with grease, it standing out there, swabbing out the steaming gun with the steaming gun with the steamer random the firm of the steamer gun with the steaming gun with the steamer random the steamer gun with the steamer gun w

#### ISSUE NO. 50, 1919

#### FARMS FOR SALE

CALIFORNIA FRUIT RANCH - 18 acres, 5 acres bearing lemons, oranges, grapes and grape fruit; piped for irrigation; balance clear; 7-room house, surrounded with ornamental trees, shrubs and roses; good barn and stable; garage; pump house and tool room. All the stable partiable winter home for \$1,500, or with implements, stock and furniture for \$9,000. J. D. Biggar, Regent 281, 282 Clyde Block, Hamilton, Ont.

200—ACRES CHOICE CLAY LOAM, ON Grand River, 10 minutes' walk from G.T.R. Station, school and Complexists at Caledona, almost and Stone foad, splendid building. Most desirable property and implements on easy terms. Will take city property in exchange. J. D. Biggar, 296 Clyde Block, (Regent 234), Hamilton, Ont.

\$3400 -4% ACRES WITHIN TOWN and, believe and, believe and, believe and the state and believe and the state and the

#### MISCELLANEOUS

BUY YOUR OUT-OF-TOWN SUPPLIES with Dominion Express Money Orders. Five Dollars cost three cents.

A RTIFICIAL LIMBS—MAN WANTED who will represent large American concern manufacturing artificial limbs, make plaster paris casts, measurements, etc.; full instructions supplied; good remuneration. P. O. Box 65, Hamilton.

MPROVE YOUR BREAD! JUST ADD
a teaspoonful of Ho-Mayde Bread Improver to your regular baking and get
a larger, finer and sweeter loaf, which
will not dry out so quickly,
wholesome. Ask your groeer or send
fifteen cents for a package. Ho-Mayde
Products Co., Toronto.

#### SEED CORN

Finest grades; quality guaranteed; Row Yellow Flint, White Cap, Yellow Dent, Golden Glow, Early Bantam Sweet, Large-eared Eureka Evergreen sweet corn; also perfection Bean and Timothy Hay. Buy direct from grower and save the middleman's profit. S. J. McLennon, R. R. No. 4, South Woodslee, Ont.

#### PROPERTIES FOR SALE.

F ORTY ACRES STANDING TIMBER, W. Oak, large Elm. S. Maple; reasonable time to remove. Apply And. Struthers, R. R. No. 6, Galt, Ont.

#### HELP WANTED-MALE.

WANTED - FIRST-CLASS GARAGE man. State experience and wages wanted. Reid Bros. Bothwell, Ont,

#### HELP WANTED.

WANTED-WEAVERS AND APPREN-tices to learn weaving; good wages paid while learning; clean, steady work; 4;-hour week. Apply to Slingsby Mfg. Co., Brantford, Ont.

# PARKER'S WILL DO IT.

By cleaning or dyeing—restore any articles to their former appearance and return them to you, good as new.

Send anything from household draperies down to the finest of delicate fabrics. We pay postage or express charges one way.

When you think of

# Cleaning or Dyeing

Parcels may be sent Post or Express. We pay Carriage one way on all orders.

Advice upon Cleaning or Dyeing any article will be promptly given upon request.

## PARKER'S DYE WORKS, Limited

Cleaners and Dyers.

791 Yonge St.



# Men, why suffer longer? i.e. me make you a vigorous man. Let be re-prove your physical condition to full manhood. Don't be a weakling and sper. Make up your mind to come to me and I will give the best treat-ser make up your mind to come to me and I will give the best treat-ent known to sclence—the one successful treatment based on the experi-ce of 29 years in treating men and their allments.

Weak and relaxed state of the body, nervousnes, despondency, poor mory, lack of will power, timid, irritable disposition, diminished power of pileation, energy and concentration, fear of impending danger or misformer, desponding to step the property of t

DR. WARD The Specialist 79 NIAGARA SQUARE, BUFFALO, NEW YORK.

Dr. Ward's Methods Unrivalled, Thorough and Permanent.

Do you realize that you have only one life to live—do you realize that you are missing most of that life by ill health? A life worth living is a healthy life. Neglect of one's health has cut many a man in his grave.

I have been telling men these things for many years but still there are thousands of victims who, for various reasons, have not had the good sense to come and get well. to come and get well.

Specialist in the treatment of nervous conditions, nervous exhaustion, backache, lumbago, rheumatism, stomach and liver trouble, ache, skil discase
catarrh, asthma, retail troubles, plus, fistual and blood conditions.

OFFICE HOURS: 9 a.m. to 5 p.m. Sundays-10 a.m. to 1 p.m. FREE CONSULTATION EXAMINATION.

Before beginning treatment you must make one visit to my office for a personal physical examination. Railroad fare we be considered as part payment of fee. Canadian money accepted at fu. Silve. DR. WARD. 79 Niagara Square, Buffalo, N. Y. DR. HERRICK.