RATED

VT of sums s addcount : o you.

n. Poor Joe was with fever, and ort commons and prepared to battle ed on a Sunday w's bell was callurch, and his last that he had only l before. Young knew that an ill im, and long that

is the key s in the profe Insurance

or the work. or the com-

ERN LIFE good men st and have) write Life

John Milne anaging Director

night did he lie awake weeping as if woman to brook much interference, his heart would break. It is almost and the sharpness of her tongue and impossible of belief, but Mary, hear- the weight of her hand were so welling him crying, and affirming that known among the folks around that he kept her awake, rushed into his remonstrance was not pushed too far. tiny room, and on this, the first night Of course, there was no more schoolof her widowhood, when surely sor- ing for the boy; Mary took in washrow might have given tenderness to ing, and he was of too much use to her bosom, beat him so sorely that be spared. In the actual work of the the woman on the next floor, whom wash-kitchen and in fetching and none suspected of pitifulness, cried carrying the clothes he was kept slavshame upon her in the hearing of ing from morning until night. Often all the other tenants of the house. the baskets were heavy and the toil Then the boy wished that he could was hard for one so young, and die, and be buried with the only many a night the child was almost friend he had ever known.

January 9, 1913.

of little use, for Mary was not a and that hour was on the Sunday

too weary to drag his tired limbs to "And well indeed might he form bed. Once he formed a design of such a wish, for a cruel life did he running away, but Mary got wind live from that day on. There were of it, and so punished him that he no societies in those days for the never dared even to think of such a protection of children as there are thing again. Once he knocked timidly now, thank heaven! in these better at the door of the workhouse, but times. Of course, even in Quality- before it could be opened incontirow there were some remnants of nently fled. He learned no games, human feeling, and the neighbours for he had no time to play. He formcould not help noticing that the boy ed no companionships for the same was ill done by, and some of them reason. Only for one hour in all the did not hesitate to speak; but it was seven days could he be said to live,

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afternoon, when Mary, wanting a nap, thrust him forth to the Sunday School. Cowed and crushed though he was, the child had wit enough to make the best of that one opportunity, and, in his longing for knowledge, so applied himself as to learn almost all his teacher had to impart. He was a strange, silent sort of a being, wonderfully strong and healthy, notwithstanding all his hard treatment ward his miserable bed. and poor and scanty provender, but shy and reserved of manner and oldmanish in his ways. How could he be otherwise who never knew a childhood and never really tasted love?

"In this terrible way two more years passed over. Then it happened-the event which our friend is connever have occurred. Let me seehe said it was psychologically impossible. Thank God he is wrong!

"It was on a winter's night, and the boy had been sent with a basket of clothes to a house at the other end of the town. It is standing yet; indeed, it is the very house I am living in to-day. 'Twas dreadfully cold, and the child was almost perished, for his feet were bare, and his garments were in rags. As he returned he came opposite the door of 'the Ranter Chapel,' as the Primitive Methodist sanctuary was called in those times. The door stood open, the place looked bright and inviting, and the boy crept in, and stole, with his basket, into an empty pew just within the entrance. That night the good people were holding a revival meeting, and the brother in the pulpit er, I have heard, but a wonderful the nervous energy wasted in the singer and the place was always of the day. singer, and the place was almost full. It was very warm, and the tired boy as he slept he dreamed that he was in heaven with Joe Meadows. Sudof a hand upon his tattered sleeve. He looked up; Mary had found him! whole body. 'Get out, you little rat,' she hissed, and the child, terrified, ran home over the snow-covered ground. But whose body.

Mrs. Sarah Campbell, 108 Alma street, St. Thomas, Ont., writes: "For months I was so bothered with nervousness that I could not sleep nights. too well did he know what lay before him. On his hard bed in his closet of a room he lay, trembling and continually getting worse.

did not come. St. Andrew's clock tem wonderfully, strengthened the struck eight—nine—ten—and still sleep well." she lingered. The bairn was just in br. Chase's Nerve Food, 50c a box, for for \$2.50, all dealers, or Edmanson, Bates & Co., Limited, Teronto.

down the street when he heard her footfall upon the threshold, and fled back to bed in a sweat of fear. She lifted the latch; he could hear her come into the kitchen. She fumbled with the fastenings of his bedroom door. He trembled, and cried out as he had done so often before. 'Oh, dunna, dunna bate me,' he wailed. She came through the darkness to-

(To be Continued).

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vinced, from internal evidence, could Continually Crew Worse Until Or. Chase's Nerve Food Restored Vigor and Strength.



Mrs. Campbell.

What misery to lie awake nights and think of all sorts of things withwas a blind man famous as an evan-gelist. He was not much of a preach-sleep which is necessary to restore

This symptom of sleeplessness one of the surest indications of an exhausted nervous system. You must fell asleep. He said afterwards that have sleep or a breakdown is certain. Dr. Chase's Nerve Food feeds the feeble, wasted nerves back to health and strength. In a few days you obdenly he was awakened by the grip tain the natural, restful sleep which helps so materially in restoring vitality to the nerves and strength to the

> There were other symptoms of exhausted nerves, but none caused so much misery, and I found myself

"I began using Dr. Chase's Nerve waiting for his tormentor to return. Food, and it was not long before I noticed great improvement in my "But the time went on, and Mary health. It built up the nervous sys-

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on a cold day come from foods that are easily digested and are rich in heat-making For the outdoor man or the inelements. door man, for children to study on, to grow on, to play on, there's nothing so nourishing and satisfying as

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