TS

i it was uessed by men oken pen. rish Monthly.

one; fast and high, chill around, out in the sky; we two shall with

raging sea:
a another,
eers,—with me:
we two shall come
t:

ward, and weak, he changing sky:— and brave;

caring to try: res in,—so we two

be:
I must do,
o keep free,
r course, and reach
st!
and He—

that their father

that their mother

that others work

have their daily nes they rise and

ow they are fed.

of love, ill things new

the shining sun— know the gracious

that our Father

re about our way; ng from above— 'er us day by day.

that others work, ves that might be

ne shadows fall, e swift departing

ee not the Light.

Remedy

of the World's

rasthenia and the

PPE LAPPONI, techi 332, Rome. aemia of develop-by Dr. Lapponi is d, languid condi-

s whose develop-d is tardy, and

he period of that often imperilled. value of Dr. Wil-t that time is of ic authority, and

ic authority, and y published cases and other diseases ell as nervous dis-red by these pills, to their power of and thus acting investive and contra-

igestive and nerv cases of anaemia

cases of anaemia and all affeces, as St. Vitus' d locomotor atmended to the
greater confidence
the strong endorphysician.

"Ye see, mah
'ligion long ago,
h boys right out
Dis hyah one's
l, an' de uddah's

professor was on "Woman is not be intuitive, but instinctive exact-

meeded one wo-meekness. "Now, en and sive is ele-live are eleven?" " n smiled his su-ld say, 'the sum s eleven." he lady, "you see

stretched out

er, and true. or me! ange, I know, be:

d I!

nyself—

and He-

I.-

"Laddie, let us go 'pretending'—it's
the greatest fun there is.
Shall we sink into the bottom of
the sea?
We could ride upon the whales, when
we wanted little sails,
And have scallop shells for dishes
for our tea.
Then afforting in the water by awiscilms of our toes.

Then affording in the water by a-wiggling of our toes,
We could listen to the mermaids'
-meath the moon;
And the Walrus and the Carpenter, I
think, would come along—"
"Oh, Daddy, whenabouts?—pretty
soon?"

DADDY O' DREAMS

"Well, maybe . . . or perhaps we'd betten go a-sailing, up, Lightly riding on that dandelion fuzz.

fuzz,
To a castle in a meadow in the middle of the woods,
Near the sky coast of the Land of

Near the sky coast of the Fuzzy-wuz.

Then we'll go upon a voyage to explore the twinkly stars,
And a-sliding down the mountains of the moon:

We'll have soda clouds for luncheon,

and ice-creamy ones for tea-"Oh, Daddy, whenabouts?—pretty

"Well, maybe . . but just now we'd better see what we have here In the basket Mummy gave us for

our teas.

Here is mead—I wonder why it looks
so much like lemonade?

And ambrosia—not unlike to bread

and cheese.

Would you like a drink of nectar—or
a brimming cup of milk?

Will you use a pair of chop sticks
or a spoon?

Some day, we will take our scrip
and staff and travel to Japan and cheese.

"Oh, Daddy, whenabouts?-pretty

"Well, maybe . . . nothing more

go to sleep.
Then listen, Laddy, listen . . . to

the crickets' violins, And the bullfrog tuning up his big

I have at last picked up courage enough to write to you. I am twelve years old. I made my first communion last year. I go to school and have one mile and a half to walk. In the winter months my little sisters and I stay with our teacher at night. I learn grammar, Sacred History, Geography, Catechism and History of Canada. My favorite studies are arithmetic and geography. I was at midnight Mass geography. I was at midnight Mass this year. The crib was very nice. Our priest, Father O'Farrell, is very

kind to us, when he comes to our school he always brings us prizes or pictures. So, dear Aunt, I think I will chose, hoping to see my letter in print. With best wishes for a happy New Year. I remain.

Your mary Barry, West Frampton, P.Q. January 15, 1908.i

Dear Aunt Becky:

COURT OF

Dear Aunt Becky:
This is my first letter to you. I am eleven years old, I go to school. I learn grammar, History of Canada, Sacred History, geography. We have a very nice teacher. I have four brothers and two sisters. We live about three miles from the church. Dear Aunt, this is all I can think of. The next time I will write longer. Wishing you a very happy New Year, I remain,

- a Pause in the Day's Occupation.

BOYS' AND GIRLS ---

Your miece,
AMANDA LECLERC. West Frampton, P.Q.

Dear Aunt Becky: Dear Aunt Becky:

1 am a small little girl just eight, years old, so I hope you will not mind if I do not write well. I am going to school. I have a little baby brother. His name is Martin. Santa Claus came this year and brought me plenty of candy. Goodbye, dear Aunt, My best wishes to you for a happy New Year.

Your niece,

NORA BARRY

NORA BARRY.

RUTH'S LESSON.

A girl, sunny of face, crossed the foot-bridge over the winding river and walked briskly down the narrow country lane toward the long, white road. In one hand she carried a basket containing half a dozen cream tinted eggs and a bouquet of nasturtiums, in the other a book. She was humming a snatch of song, and RUTH'S LESSON. turtiums, in the other a book. She was humming a snatch of song, and her eyes blue and fearless as of one who looks the world straight in the face were smiling. The road reached, she looked for an instant in amazed, speechless delight at a girl seated by the wayside amid the goldenrod blooms, then flew straight to her with a cry of ior.

denred blooms, then hew straight to her with a cry of joy. "Ruth Penoyer! Have you drop-ped from the clouds!" she exclaimed, and fell upon her knees beside—the

other.
"Not quite, Phebe," Ruth laughed, returning the affectionate greeting.
"I never dreamed of seeing you here.
I've imagined you in Washington at March Hard."

The best laid plans, you know, "The best laid plans," you know,"
Phebe said, seating herself beside
her friend. Then she asked quickly,
looking with concern at the foot
from which the shoe had been removed: "What is the matter, dear?"

"As I stepped off the electric car
I twisted my ankle somehow. It
hurt dreadfully for a time, but it
is easier now. Do tell me about
yourself, Phebe."

"There isn't a great deal to tell.

bassoon .

It is time for tiny tads and for sleepy little lads—"

"Oh, Daddy—right away?" "Pretty soon."

Dear Aunt Becky:

Dear Aunt Becky:

Dear Week before your visit ended, wasn't it? What an ideal summer we three girls had!" Phebe paused and a reminiscent light crept into ner eyes. But the next moment she continued: "When I reached home I found in the continue of the next moment she can be a she can be "When I reached home I found timued: "When I reached home I found mother worried to a shadow, over Grandpa Meacham. Aunt Fanny, who has always lived with him, has been called away to Portland, to be with her adopted daughter, who was very ill, and it seemed impossible to get anyone else to take care of grandpa. He tried living in our home for a time, but he pined so for the country air and his chickens and den, it seemed best for him to for the country air and his chickens and den, it seemed best for him to return to his own home. Then mother came every other day from the city to attend to him—you can understand what that meant for her, besides looking after her own home, and the children."

"Dreadfully hard," Ruth murmured sympathetically. "And of course your mother suggested that you give up Mme. Herz's and take care of

your mother suggested that you give up Mme. Herz's and take care of your own grandfather?"
"Oh. no!" Phebe quickly answered.
"I saw for myself how matters stood, and begged mother to let me stay at home and relieve her."
"Wasn't it a great disappoint-ment?" Ruth asked.
"It was," Phebe admitted honest-ly. "but not after I recognized that.

Stood, and begged mother to let me stay at home and relieve her."

"Wasn't it a great disappoint ment?" Ruth asked.

"It was," Phebe admitted honest law that you would be pleased to get a letter from me also. I am ten years old. I am going to school and I am studying my catéchisma as well as I can so as to make my first communion next year. Santa Claus came to our place this year and brought us plenty of nice things; he brought me a nice doll and a little candy rabbit. There is plenty of smown now. There is a big hill near our solool, and in the everings when school is out we do have great funsiliding down it.

Dear Aunt, I will close wishing you a very happy New Year. I remain.

Your little miece,

KATIE BARRY.

Wese Frampton, P.Q.

Stood, and begged mother to let me stay at home and relieve her."

"Wasn't it a great disappoint ment?" Ruth asked.

"It was," Phebe admitted honest law the tree of was my 'next duty met to deared was my 'next duty meanest,' and, after all, I'm glad I am here. They had no organist in the church and it is splendid practice for me. That is not all. The rector is the dearest old man, and he is tutoring me in Greek. Oh, I shall be quite advanced when I enter Mme. Herz's mext fall, I assure you. And that reminds me, I am due at the rectory now; I suppose you can't bear to walk along. Ruth?"

The latter shook her head regretally. "The truth is I came for a mamble; but I'll have to sit here till you come back, if you won't be too long."

"About half an hour," Phebe plied, and hurried away.

"About half an hour," Phebe plied, and hurried away.

"So, but Betty loves to use the typewriter."

"Yes, and she likes to mark arithmetic papers, too, I suppose, for I often see her correcting and marking the ones that, Grace brings home from her school every day. And I've the church and it is splendid practice.

"The latter shook her lead regretally have a sit here till in the evenings here."

The latter shook her head regretally have a sit here till in the evening here. The shook here are the specia

of Hot Water

is needed with

Surprise Soap

Don't boil or scald the clothes. It isn't necessary. The clothes come out of the wash clear white, perfectly washed. The dirt drops out, is not subbadin

Child's Play of Wash Day.

Use Surprise the ordinary way if you wish but we recommend a trial the Surprise way.
Read the directions on the wrapper,

my Tea Kettle

Ruth watched her, friend with admiring eyes. How sweet and earnest she was! And how bravely she had decided when it came to the point of pleasing herself, or patting aside her own pleasure to help others! Ruth reached out, and, plucking a feathery spray of goldenad, murmured:

shamefacedly. "Can't I turn them ight if you will try to speak what is pleasant and to do with your temper and manners as uprefer to do with your clathes—wear them right side out. Do not be so foolish any more, liftle men.

specking a reathery spray of golden-rad, numured:

"She's real bold, just like you are. She little guesses that I came out here to decide a hard question and all unconsciously her example has shown me the absever. It is the next duty nearest' for me also."

For nearly an hour Ruth sat drinking in the restfulness of the country scene around her and a sweet peace that had not been hers for days sank into her soul. Presently she caught sight of a pink gown down the road, and began to put on her shoe, not without a groan, and when Phebe reacheh her, was ready to be helped into the first car that came along.

"Oh, no; I can't stay!" Ruth pro-

ready to be helped into the first car that came along.

"Oh, no, I can't stay!" Ruth protested, in answer to her friend's gent entreaty to remain over night and nurse the aching ankle. Then she added with an intensity that Phebe did not understand, but which seemed delightful, nevertheless, "But I shall always be glad that I came to-day, and saw you. dear," The car whirled up, stopped for a moment, and Ruth was helped un board. Her ankle was still painful but her heart was relieved of a burden it had carried for days.

BETTY'S TALENT.

BETTY'S TALENT.

"And Betty is the only one of you

"And Betty is the only one of you girls who isn't a wage-earner," said Mrs. Devon to her eldest misee, Katherine Lowe. "How does it happen that she hasn't chosen a profession?" "She has never displayed a talent for any special line of work, and as the rest of us mamage to keep the family exchequer large enough to cover expenses, we have never felt it was necessary for her to try to get anything to do."
"I think it's very generous of you girls," returned Mrs. Devon, who had, just come from a long distance to visit her widowed sister and daughters for the first time in many years. "Probably," she reflected, "there is a pet in nearly every family, but I do hope Betty isn't being made selfish." made selfish.

Betty was her favorite niece, per Betty was her favorite niece, perhaps because she was her namesake, but more probably for the reason that she had long been her correspondent and kept her well informed about the family doings, in bright, newsy letters that came with delightful regularity. She could not newsy letters that came with de-lightful regularity. She could not bear to think that Betty was idler in the household hive, and she watched her with particular interest

watched her with particular watched her wist.

"Do you know, Katharine," she said, the evening before her departure, "I think we have both mistaken about Betty. When I first earne, you said she had no talent, earne, you said say so, I feared mistaken about Betty. When I first came, you said she had no talent, and while I didn't say so, I feared that she was being spoiled: and the truth is, she has a breat talent, and it is for spoiling other people."

"Spoiling other people! Why, what do you mean?" asked Katharine, laughingly.
"Perhaps helping would the saked.

"Perhaps helping would be a bet-ter word. She has a perfect gether word. She has a perfect genius for giving assistance. Why, in the short time I've been here. I've grown to rely on her help, and it seemed perfectly natural and right to let her pack my trunk to-day. I allowed her to do it just as freely as you girls let her do so much of your work." your work."

Katharine looked greatly surpris

Katharine looked greatly surprised, but said nothing, and Mrs. Devon went on, "Her helpfulness has become a matter of course."
"Why, aunty, why do you say that?"

"You aren't surprised, are you, when you find one of your stories or newspaper articles neatly copied on the typewrite?" the typewriter?"
"No, but Betty loves to use the

JACK'S LESSON.

JACK'S LESSON.

Jack was cross; nothing pleased him. His mother gave him the choicest morsels for his breakfast and the nicest toys, but he did nothing but complain. At last his mother said;

"Jack, I want you to go right up to your room and put on all your clothes wrong side out."

Jack stared. He thought his mother must be out of her wits.

"I mean it, Jack," she repeated.

Jack had to obey; he had to turn his stockings wrong side out, and put on his coat and trousers and his collar wrong side out.

When his mather came up to him there he stood—a forlorn, fumy-looking boy, all linings and seams and ravelings—before the glass, wondering what his mother meant; but fie was not quite clear in his conscience. "That is what you have been do-

ight?"

"Yes, you may, if you will try to speak what is pleasant and to do what is pleasant. You must do with your temper and manners as u prefer to do with your clathes—wear them right side out. Do not be so foolish any more, little man, as to persist in turning things wrong side out."

The Bridge at Athlone.

(Continued from Page 6.) venth century, and it was later re-built by King Brian Boru. Portion of one end of the old church, how-ever, still stands. In the cemetery are a number of inscribed tomb-stones of great antiquity similar to the memorials of kings and chiefs in the Scottish Island of Iona.

THE ROCK OF CASHEL.

A good view of the Devil's Bit nountain is had from the lake near scariff bay. The mountain is so alled from a curious notch in its outline, the tradition being that it was the devil who bit a piece of the mountain, but finding the morsel too

was the devil who bit a piece of the mountain, but finding the morsel too hard for his digrestion is said to have dropped it at Cashel in Tipperary, where it is called the Rock of Cashel. The old castle of Terryglass, and close by the momastery of Tirdaglass, in which the remains of St. Columba, by whom it was founded, lie buried, are passed before the traveler on the lake reaches Portuma. Near Portuma is the castle of Lord Chanricarde, whose name has recently been so praminent in connection with the land question in Ireland. He has not visited the place twice in thirty-years, and has been in constant conflict with his tenantry for more than a generation past.

As Lough Derg narrows above Portuma a view is had of the Castle of Ballymasheera, which was for a time the residence of Ireton, the sonin-law of Cronrwell. A little higher up are the ruins of an abbey founded by O'Madden, which in 1203 William de Burgo made a garrison for his troops. In deepening the bed of the Shanmon mear this place some years ago a number of ioteresting prehistoric relies were brought to light, including stone hat the shonous processing sprehistoric relies were brought to ight, including stone hatchets, bronze spears, and swords, as well as

THE RUINS OF THE SEVEN CHURCHES OF CLONMACNOISE

ome more modern implements

CHURCHES OF CLONMACNOISE Thirteen miles above Portunna is Banagher, and midway between the two places is passed the diciding line between the provinces of Munster and Leinster, while the County Gelway on the west bank of the river forms part of the province of Connacht. Five miles northwest of Banagher is Clonfert, where in the year 558 St. Brendan founded a monastery and a church famous for having seven—al-Brendan founded a monastery and a church famous for having seven altars, St. Brendan becoming first bishop of the diocese. A bridge of sixteen arches and a swivel crosses the piver at the little town of Shannon Bridge. From this point can be seen the ruins of the seven churches of Clommacnoise. In early times the property attractive to the control of the seven the property attractive to the control of the seven the ruins of the ruins imes the property attached to Clon macroise was so great that almost half of Ireland is said to have been

half of Ireland is said to have been within its bounds.
Many of the princes of ancient Ireland lie buried there. It was founded in the middle of the sixth century by St. Kieran the Younger, but was destroyed at the time of the Danish invasion. It was known as a seat of learning, second in Europe only to Armagh in the time of Charlemann. Charlemagne. Two round towers, three crosses, an ancicot castle and the ruins of seven churches, all genuine Celtic monuments, unite in making Clonmacnoise a most interesting spot to the historian or archevolegist. The number of the church characteristics are the control of t rchaeologist. The nun's church alf a mile north of the ruins of the old cathedral, is a striking piece of architecture. It was erected in the latter half of the twelfth century by Devorgil, the wife of O'Ruarc, Prince of Breffni, whose elopement with Diarmud McMurrough led to the Anglo-Norman invasion under Storeghew.

Norman invasion under Strongbow. A RELIC OF THE CROMWELLIAN A RELIC OF THE CROMWELLIAN PERIOD.

The ruins of the Episcopal castle outside the cemetery of Clommacnoise are still very striking, and remain in exactly the same condition as they were left by the soldiers of Cromwell more than two centuries ago, when they attempted in vain to blow it up. It was originally built by John de Gray, bishop of Norwich, about 1210. Pilgrimages are made there yearly on September 24. The Shannon for the remaining nine miles between Clommacnoise and Athlone runs through a flat and universesting. runs through a flat and uninteresting country mostly bog land on both sides of the river.



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WRITE FOR BOOKLET.

SWEENEY-TIERNEY HOTEL COMPANY E. M. TIERNEY, Manager

Truly a Struggling Mission New Postal Regulations In the Diocese of Northampton, Fakenham, Norfolk.

Fakenham, Norfolk. ©

HELP! HELP! HELP! ...

the Love of the Sacred Heart and in Honor of St. Anthony of Padua, DO PLEASE send a mite for the erection of a more worthy Home for the Blessed Sacrament. True, the out-post at Fakenham is only a GARRET But it is an out-post, it is the SOLE SIGN o. the vitality of the Catholic Church in 35 x 20 miles of the County of Norfolk. Large domations are not sought (though they are not objected to). What is sought is the willing CO-OPERATION of all devout Clients of the Sacred Heart and St. Anthony in England, Ireland, Scotland, Wales, and the Colories. Each Client is asked to send a small offering—to put a few bricks in the new Church. May I not hope for some little measure of your kind co-operation?

The Church is sadly needed, for at

In these days, when the faith of ream? is becoming weak, where the lives of the liv In these days, when the faith of

IT RESTS WITH YOU

to say whether I am to succeed or fail. All my hopes of success are in your co-operation. Will you not then extend a co-operating hand? Surely you will not refuse? You may not be able to help much, indeed But you can help a little, and a multitude of "littles" means a great deal.

Don't Turn a Deaf Ear to My Urgent

Appeal

'May God bless and presper your endeavours in establishing a Mission at Fakenham."

BETWEEN CANADA & UNITED STATES CO

At a conference recently held at Washington between postal representatives of the United States and Canada, the postage on newspapers passing from Canada to the Staes was not only increased to sixteen times the former rate, but it was decided to make Canadian publishers affix stamps to the papers instead of paying on bulk weight as formerly. This necessitates not hope for some little measure of your kind co-operation?

The Church is sadly needed, for at present I am obliged to SAY MAS and give Benediction in a Garret. My average weekly collection is only 3s 6d, and I have no endowment except HOPE.

What can I do alone? Very little. But with your co-operation and that of the other well-disposed readers of this paper, I can do all that needs to be done.

In these days, when the faith of an increase in the subscription

Fooled the Doctors and Got Well

GIN PILLS CURE RHEUMATISM

They certainly were a surprised lot of doctors out Tyneside way. They had been treating Mrs. Harris for years. Gave her about everything that was ever heard of for Rheumatism—and then told her the disease was chronic.

A friend told Mrs. Harris about GIN PILLS. Just to oblige her friend, Mrs. Harris took a box. When that was gone, she dismissed the doctors and bought another box of GIN PILLS. By the time these were gone, she was so much better that she bought the third box and laughed every time she saw a doctor.

Appeal

May God bless and presper your endeavours in establishing a Mission at Fakenham."

ARTHUR, Bishop of Northampton. Address—

FATHER H. W. GRAY,
Catholic Mission, Fakenham,
Norfolk, Eng.

P.S.—I will gratefully and promptly acknowledge the smallest done nation, and send with my acknowledgement a beautiful pictum of the Sacred Heart and St. Anthony.

THE NEW MISSION IS DEDICATED TO ST. AMPENSIVE OF P. DUA.

Constant pre ; we are compy lesses for Benefactor.

Appeal

Dox and laughed every time she saw a doctor.

Treceived your sample box of the Nils ob ter set from our druggit, and now I sam led to from our druggit, and now I sam better than a samost entirely gone, and I am better sample to the same term of the pain across my back and kide than a samost entirely gone, and I am better suffered by the pain across my back and kide by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam better suffered by from our druggit, and now I sam lead to the sam better suffered by from our druggit, and now I sam lead to the sam suffered by from our druggit, and now I sam lead to the sam and series and suffered by from our druggit, and now I sam lead to the sam and series and suffered by from our druggit, and now I sam

science.
"That is what you have been doing all day, making the worst of
everything wrong side out. Do you
really like your things this way so
much, Jack?"