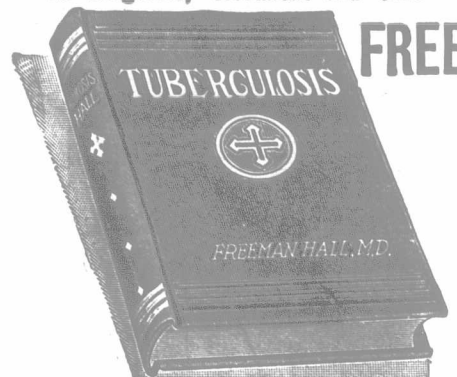


## Consumption

Its Diagnosis, Treatment and Cure



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By FREEMAN HALL, M.D.

This valuable medical book tells in plain, simple language how Consumption can be cured in your own home. If you know of any one suffering from Consumption, Catarrh, Bronchitis, Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you. Even if you are in the advanced stage of the disease and feel there is no hope, it will instruct you how others, with its aid, cured themselves after all remedies tried had failed, and they believed their case hopeless.

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## A Crocheted Belt.

Dear Ingle Nook Folk,—My last achievement in the fancywork line is a crocheted belt, and so pleased am I with it that I intend to make one or two more before Christmas. Would you like to make one too? If so, here are the directions:

Get two skeins of heavy mercerized crochet cotton (I used D. M. C.) and a heavy steel hook, No. 1 or 2. Chain about 18 stitches, more if you want to make a very wide belt, then put the hook through the first stitch and draw up to a loop, continuing until you have drawn a loop through each stitch. You will now, for a belt the width of mine, have 18 loops on the needle.

Next throw the thread around the needle and draw it through two loops, continuing in the same way until you have come to the end of the row.

Now, draw loops through again, as you did for the first row, 18 in all on the needle.

Throw the thread around needle and draw it through two loops, as you did for the second row.

The belt is all made in this way, a row of loops, then a row made by drawing the thread through two at a time, alternately, until the right length is made. You never turn the work in your hand at all, just work straight ahead. When making the rows of loops, be sure you catch the needle each time into the long loop that shows on the side of the work next you,—the right side when finished.

The belt is a neat, nicely-fitting one, in a sort of basket pattern, firm and close, and, when fitted with a pretty buckle or belt-pin, would make a very acceptable Christmas gift for any girl or woman.

I used pure white crochet cotton for mine, but you can get any color you like in the mercerized thread.

The same stitch may be used for making men's ties, or little scarfs to wear inside of the coat.

## Ginger Cookies.

Someone asked for a ginger cookies recipe. I enclose mine. We think they are fine. We also think "The Farmer's Advocate and Home Magazine" fine.

Ginger Snaps.—Take 1 cup molasses,  $\frac{1}{2}$  cup butter, lard or clarified dripping for shortening,  $3\frac{1}{2}$  cups of flour, 1 teaspoonful soda, 1 tablespoonful ground ginger, and 1 teaspoonful salt. Boil the molasses and shortening for five minutes. Have the dry ingredients well mixed and sifted; add these; chill thoroughly. Take one-fourth of mixture out on floured board and roll thin as possible. Shape with a round cutter dipped in flour; bake in a moderate oven. Gather up the trimmings and roll with another portion of the dough, which must be kept cold or more flour will be needed, which will make cookies hard rather than crisp and snappy.

Ginger Snaps, No. 2.—Two cups molasses, 2 cups shortening,  $1\frac{1}{2}$  teaspoonful soda, 1 teaspoonful salt,  $1\frac{1}{2}$  tablespoonful ginger, 1 teaspoonful allspice and cloves, 1 tablespoonful vinegar, 5 cups flour. Roll out thin.

Muffins.—One egg,  $1\frac{1}{2}$  teaspoonful sugar, 1 tablespoonful butter, 1 cup sweet milk, a little salt, 2 cups flour,  $\frac{1}{2}$  teaspoon soda, 1 teaspoon cream tartar. Mix well together. Bake quickly. To be eaten hot.

MRS. F. O. S.

Col. Co., N. S.

## Ginger Cookies—Scarf—Recipes.

Dear Dame Durden,—I am sending a good tested recipe for ginger cookies. Two cups blackstrap, 1 cup maple syrup,  $\frac{1}{2}$  cup lard or beef drippings, 1 tablespoon cinnamon. Boil till thick. Let cool till you can handle, add 1 egg and 1 dessertspoon of soda beaten together, 5 cups flour. Roll when warm.

Will someone give the rule for banana pie? Also rule for making hand-made Shetland floss scarf.

I am also sending rule for peanut cookies, which I find very good. One cup butter, 3 eggs,  $\frac{1}{2}$  cup brown sugar,  $\frac{1}{2}$  cup granulated sugar, 1 teaspoon cream tartar,  $\frac{1}{2}$  teaspoon soda, 1 big tablespoon thick cream, 1 cup chopped peanuts, not too fine, flour to thicken. Roll very thin, and bake. These are a very rich cookie, but lovely.

Stormont, Ont.

G. L. P.

Banana Pie.—Line a deep pie tin with nice rich paste. Into it slice one large banana or two small ones. Pour over it a boiled custard made with 1 pint rich milk, 2 beaten eggs, 2 tablespoons sugar, pinch salt. Bake slowly in a moderate oven, and finish with a meringue of whites of eggs or stiffly-whipped cream.

A friend of "The Farmer's Advocate and Home Magazine" says that if you can knit the plain "garter" stitch, you can easily make a Shetland floss scarf or shawl. Use heavy needles, and knit a "double" thread, one of the floss, the other of zephyr. Finish the ends with fringe. For a small, thick scarf, use comparatively small needles, and knit rather tightly; for a large one, such as is so much worn now, use large bone needles, and knit loosely. About 300 stitches across will be needed for a large, double shawl.

Mark Rutherford.

Dear Madam,—We notice in your column, entitled "Marie Bashkirtseff," on page 1797, of your issue of November 2nd, a reference to Mark Rutherford and his books.

We would be pleased to say in answer to your correspondence, that this book is published by our firm in two volumes, "Pages from a Journal," Volume 1; and "More Pages from a Journal"—both these by Mark Rutherford.

These books have been published for some time, but are not very well known in Canada.

HENRY FROWDE PUB. CO.,

25-27 Richmond St., Toronto.

We thank the writer of the above very heartily for this information.

## An Attractive Bedroom.

Dear Dame Durden,—It is so long since I have written you that I feel almost a stranger, though not a stranger to the many helpful suggestions from you and the chatters, which appear from time to time. It is in reference to one of these that I am writing you to-day.

I feel very good just now, that you chanced to change your boarding-house, Dame, and thus found that alabastine-tinted bedroom, for your description of it led me to reflect on the appearance of my own (from which the faded green and white paper was commencing to peel), and I had been dreading the thought of paper-hangers for some time past, though the alabastine I have used for some time on my kitchen walls; and I thought why not try the bedroom as Dame Durden tells us? I procured two shades of green, also the moulding, at once, and set to work, and lo! the result—is delightful. We have just finished it to-day, and I thought it only fair to tell you how I, for one, profited by that letter. I am just wondering if my room is prettier than yours. But no; it is not, for there are no Indian novelties to adorn it, just a few nice pictures and two sunshiny windows. My ceiling is of the palest green tint, and the walls are just a trifle deeper. I have a green and fawn wool square, green shades, and white net curtains; the floor is stained oak, so I bought an oak moulding.

Now, dear Dame, I have reason to be thankful to you, for telling us about your pretty room.

I wonder where are all the old-time contributors? To Forget-me-not, I must say that the "cherubs" have doubled in number since she last heard from me, and I am very glad she did not have to "buy" a baby. With best wishes to our hostess and all the Nookers.

HELEN.

Bruce Co., Ont.

Your description gives us a picture of a very pretty room, Helen. I am not at all sure that most people would care for my Indian things. Collecting them is just a little fad of my own.

## The Scrap Bag.

CLEANING FURNITURE.

When cleaning upholstered furniture in winter when it cannot be taken out of doors, put a damp cloth over it and beat well, changing the cloth as required. The dust will go into the cloth instead of the room.

## REMOVING RUST.

Cream of tartar will remove iron rust.



## Helps to a Beautiful Home

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## Diamond Dyes

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There are two classes of fabrics—animal fibre fabrics and vegetable fibre fabrics:

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Vegetable fibres require one class of dye, and animal fibres another and radically different class of dye. As proof—we call attention to the fact that manufacturers of woollen goods use one class of dye, while manufacturers of cotton goods use an entirely different class of dye.

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For these reasons we manufacture one class of Diamond Dyes for coloring Cotton, Linen, or Mixed Goods, and another class of Diamond Dyes for coloring Wool or Silk, so that you may obtain the very best results on EVERY fabric.

**REMEMBER:** To get the best possible results in coloring Cotton, Linen, or Mixed Goods, use the Diamond Dyes manufactured especially for Cotton, Linen, or Mixed Goods.

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