

"Cant-Sag" Gates

At Home-Made Gate Prices
Send for our latest catalog—
pick out the gates you want
TRY THEM FREE 30 Days

If pleased, keep them. If not,
send them back and we'll pay
the freight both ways.



Last Three Times As Long
as iron, gas pipe, and wire gates, and costs even
less than home made all-wood gates. They can't
sag, drag, warp or twist. Made with 6 inch boards,
double bolted between 2 single steel uprights. No
wood joints to collect moisture and rot. No nails
to gather rust or pull out.

Guaranteed Five Years
We'll furnish you complete gates ready to hang or
put the Gate Streets, hinges, bolts, etc.—everything but
the boards. You can put up your own Cant-Sag
Gates if you wish and save money. Postal brings
free catalog. Write for it today.

BARFORD-WRIGHT COMPANY, Ltd., Winnipeg, Can.

"Cant-Sag" Gates**Take Good Care
Of The Colts**

It's cheaper to **raise colts** than to
buy horses. But it's **costly if you lose**
the colts. Keep a bottle of Kendall's
Spavin Cure handy. For thirty-five
years has proved it the safe, reliable
remedy for spavin, splint, curb, ring-
bone, bony growths and lameness
from many causes.

Kendall's Spavin Cure

is sold by druggists everywhere at \$1 a
bottle, 6 bottles for \$5. Get a free copy of
our book "A Treatise on the Horse" from
your druggist or write us.
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Dr. B. J. KENDALL CO., Roseburg, Ore., U.S.A.

Get a Farm of Your Own**TAKE 20 YEARS TO PAY**

The land will support you and pay for it-
self. An immense area of the most fertile
land in Western Canada for sale at low
prices and easy terms, ranging from \$1
to \$30 for farm lands with ample rainfall
—irrigated lands from \$35. Terms—One-
twentieth down, balance within twenty
years. In irrigation districts, loan for
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repayable in twenty years—interest only 6
per cent. Privilege of paying in full at
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crease your farm holdings by getting ad-
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ALLAN CAMERON, General Supt. of Lands,
Desk 17, Dept. of Natural Resources, C.P.R.,
CALGARY, ALTA.

BETTER BABIES

Every Young Mother and
Expectant Mother that has
Baby's welfare at heart
should have a copy of Dr.
TWIDDELL'S Young Mothers
Guide. It tells all about
Baby's health, needs and
diet, and how to keep Baby
well and strong.

Dr. TWIDDELL is considered one
of the foremost child specialists of to-
day. His "Young Mothers Guide" has been
given in this little Guide in well worth
many times the price asked for it.

For baby's sake, WRITE TO-DAY
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and address, and mail same at our risk,
with the understanding that if you are
not well satisfied with this valuable
little Guide, you can return it at once
and we will refund your money. Don't
lose it.

Not sold at stores. Just address
SUPERIOR OF THE ASSOCIATION, Dept. P., 36 Ryer Bldg.,
WINDSOR, ONT.

See how You can Win a
High Class

AUTOMOBILE

On page 53

by rugged cliffs that it seems to the pas-
sengers as if the captain were heading
straight for the rocky ledges. They see
no opening ahead, and it is interesting to
hear them speculate as to the possible
route. But the boat steams calmly on
and presently we round a promontory
and lo! a way lies open before us. It
may be a narrow pass and rocky too,
that requires careful sailing; neverthe-
less it is a pass and it leads to an open
bay beyond.

Lives of successful men all prove to
boys that obscurity and poverty are not
impassable barriers; but these men are
so far removed from the actual everyday
life of the boys that their stories should
be supplemented with biographies of
men who more nearly touch the lives of
the boys or that of their teacher. If
she can say, "I know a man," etc., and
tell about the struggles and achieve-
ments of a man whom she really knows,
it brings the lesson much nearer home
and makes it more forceful.

Quotations from prose or poetry some-
times arouse the spirit and ambition in
a marvelous way, and should be memo-
rized in generous quantity. The pupils
are old enough to feel the spirit in
Stonewall Jackson's "I can do whatever
I will to do," and they can get Shake-
spear's meaning when he says, "It is
not in our stars, but in ourselves, that
we are underlings." Let them get the
thrill in Henley's:

I am the master of my fate,

I am the captain of my soul.

Or Walt Whitman's:

Henceforth I ask not Good Fortune—

I myself am Good Fortune.

These are a few of the ways of bring-
ing inspiration to pupils. Teaching arith-
metic is important, but arousing a
worthy ambition is more important.
Life is worth more than meat—it is also
worth more than arithmetic and geo-
graphy. Too often the lower claims at-
tention to the exclusion of the higher.
It seems wise and right to reverse the
process and determine that whatever else
is done or left undone, there shall always
be made the supreme effort to arouse the
boys and girls to make of their lives all
of which they are capable.

Recipes**Banana Custard**

Cream one tablespoonful of butter
with three-quarters cupful of sugar;
then add the yolks of two eggs, two
mashed bananas, one heaping tablespo-
onful of flour, and one cupful of cold water.
Put into a pie crust and bake. Beat up
the whites of the eggs, then beat in two
tablespoonsful of sugar. Place this
meringue on the top of the pie and
brown lightly in the oven.

Peanut Cookies

Cream together one tablespoonful of
lard with three tablespoonsful of peanut
butter and one and one-half cupfuls of
sugar, with two unbeaten eggs. Then
add three tablespoonsful of sour milk,
mixed with one teaspoonful of baking
soda. Stir in enough flour to make a
stiff dough, then roll out, cut with a
cutter and bake for twenty minutes in a
moderate oven.

Bean Muffins

This is another novel recipe, and one
which has proved to be excellent. The
ingredients are one cupful of mashed
beans (baked); one egg; one cupful of
flour; and one-half a cupful of Indian
meal; one teaspoonful of baking powder
and a cupful of milk, with a half cupful
of sugar and one small spoonful of salt.
Beat well and cook in muffin tins in a
quick oven.

Pork Cake

Chop one pound of fat salt pork and
put it into a large basin, then add one
pint of boiling water, three cupfuls of
sugar, one cupful of molasses, mixed
with one tablespoonful of baking soda,
seven cupfuls of sifted flour, one table-
spoonful of powdered cinnamon, one tea-
spoonful of powdered ginger, one tea-
spoonful of powdered cloves, one table-
spoonful of grated nutmeg, one pound of
stoned chopped dates, and two pounds of
seeded raisins. Divide this mixture into
four buttered bread pans and bake in a
moderate oven for two hours.



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food known. Home bread
baking reduces the high
cost of living by lessen-
ing the amount of expen-
sive meats required to
supply the necessary
nourishment to the body.
REFUSE SUBSTITUTES.
E.W. GILLETTE COMPANY LIMITED
WINNIPEG TORONTO GALT MONTREAL

**NOT THE HEN HOUSE**

Little Frank was trying hard to sit up
late, but had grown very sleepy. The
visitor in whose honor bedtime had been
retarded noted and made comment:

"I reckon you usually go to bed with
the chickens," he smiled.

"No, I don't!" snapped Frankie, in-
sulted. "I have a room all to myself."

HIS ONE REGRET

Little Robert was very bright and at
the end of his first term at school was
promoted to the second grade. He
was much attached to his first grade
teacher, "Miss Eva," he said, with tears
in his eyes, "I do wish you knew enough
to teach second grade so I wouldn't have
to leave you."

**Special Easter Bargains
IN
ORGANS AND PIANOS**

Here is a partial list of our Easter Bargains. Write to-day
and secure the one you want or fill in coupon and mail it to
us for complete list of bargains in the kind of instrument
you want. Every instrument is guaranteed—you take no
chances. Write to-day or it will be too late.

**De Olde Firme
Heintzman & Co., Limited****3 Sample Bargains in Organs**

KARN FIVE OCTAVE ORGAN, in oil finished walnut case, high top with music
pocket, cylinder fallboard, lamp stands, has 7 stops including Vox Humana, Forte,
Diapason, etc. Grand organ and knee swell. In perfect condition
and a snap at..... **\$35.00**

DOMINION SIX OCTAVE ORGAN, walnut case with imitation pipe top,
has sliding fallboard, 11 stops including Vox Humana, Couplers, Diapason, Melodia, etc.
Grand organ and knee swell. A sweet toned instrument very suitable
for a small church. Special at..... **\$49.00**

BELL 7 OCTAVE ORGAN, piano case model, rosewood finish, has rail top with
mirror, sliding fallboard, 3 panels in top door, lamp stands, has 11 stops including
Bass and Treble Couplers, Vox Humana, Forte, Diapason, etc. Grand organ
and knee swell. A 7 octave organ is out of the ordinary and any kind of music can
be played on an instrument of this description. The tone is very rich
and the organ is in perfect condition. Is genuine snap at..... **\$82.00**

Square Piano Bargains

JENNYS & SON, New York, square
piano, rosewood case, octagon legs,
harp scale, 6 octave keyboard. This
instrument is in perfect order and has
a very sweet tone, and would make a
fine little practice piano. A special
bargain
at..... **\$52.00**

MILLER BROS., New York, square
piano, dark rosewood case, hand-
some carved legs, full metal frame
with long over-string scale, 7 octave
keyboard, 2 pedals, has been carefully
overhauled and renewed in every part
both inside and out in our own fac-
tory. The tone is very rich and this
instrument is a snap at..... **\$89.00**

Upright Piano Bargains

NEW SHOMER, BOSTON, CAB-
INET GRAND UPRIGHT PIANO
in polished mahogany case, colonial
design, Boston fallboard, automatic
full length music desk, has full metal
frame with hushed tuning pins, over-
string scale, 7-1/3 octave keyboard, 3
pedals. This is a sample instrument
and has been carefully tested by our
experts. The tone is rich and sonori-
ous, and this piano will give splendid
satisfaction. Regular \$255.00
\$150. Special bargain

HEINTZMAN & CO. CABINET
GRAND UPRIGHT PIANO in
handsome polished rosewood case,
folding fallboard, 3 plain panels in
top door with centre swing music
desk, long over-string tri-chord scale,
7-1/3 octave keyboard. Has been
carefully renewed in every part in our
own factory and is practically as good
as new. Has genuine Heintzman name
and touch and is of..... **\$285.00**

One Special Player-Piano Bargain

AUTOPIANO, NEW YORK, PLAYER PIANO in handsome dark mahogany case,
over-string scale, plays 88 note music, and has up-to-date Player piano equipment.
The case design is plain but artistic, and this piano has an elegant
tone. Regular price \$650. Special bargain at..... **\$450.00**
We include \$10 worth of Player music and bench free of charge.

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