STUFFYOU

AEED TO

No Card! No Booze! No Fun? Wrong!

BY DANIEL CLARK

Admittedly Halifax is a town which turns on hops and barley. Without its thriving 'wet' business this burg wouldn't have the reputation it does. Just because Halifax has more bars per capita then any other city in the world does not mean that you can't have fun out of the bottle.

Café Olé

This hot spot is specially designed for the chronologically impaired. Check out some cool bands, as well as other more esoteric performances.

Yuk Yuk's On the Road

Halifax does not have a great comedy scene, but every few weeks Mark Breslin's Yuk Yuk's takes over the Oasis Bar and Grill. Yuk Yuk's gave Jim Carrey his start.

Splatshot

Take out your aggressive tendencies on your friends, or on strangers. They tell me the paint comes out, but I wouldn't wear anything I really liked. Go South on Barrington past the seedy strip club. When the street stops, turn to your right, and you're there.

Bowling

STOP. I know what you're thinking, but don't run away. I admit that bowling doesn't have the world's greatest rep, but Halifax has developed a bowling culture all its own. No longer is it the game of sweaty blue collar types who haven't bathed in weeks. There are at least half a dozen alleys around town; so take an evening and discover an activity that you may have overlooked.

LAUNDROMATS

The laundry fairy has disappeared and it's going to take a lot of change and effort to produce the same results yourself. Here's where.

The Missing Sock Laundromat Company

5576 Fenwick St. 492-2349

Bluenose Laundromat and Coffee Shop

2198 Windsor St. 422-7098 Blue Ribbon 1222 Henry St. 421-0067

GROCERIES

Despite compelling evidence to the contrary, you can't live on booze, coffee, cigarettes and pizza, forever.

Quinpool Market I.G.A Quinpool Road

Includes foods of the world section, Chester Fried Chicken, a coffee shop, a post office and a liquor store. If Disney did produce, this would be it. Saturdays are free-for-alls although no doubt at least some of the rush is the old "busy grocery stores are a fine place to meet someone" myth.

Sobey's Queen St.

Newly renovated, this former foodstuff hellhole is a joy to behold. Across the street from Fenwick Place and near a whack of other amenities. Not a liquor store in sight though.

Sobey's Windsor St.

A little low on atmosphere

maybe, but the same staggering

selection. **Omni Foods** 6124 Coburg Rd.

Formerly the Capitol, Omni Foods is half grocery, half convenience store. Specialising in student fare, the selection is skewed towards convenience foods. The produce is a little green or ungreen as the case may be, but the store's open

relatively late (Mon. - Sat. 9 a.m.

till 9 p.m.) and on Sundays (9 a.m. till 7 p.m.). Farmers' Market

1496 Lower Water St. Open year round on Saturdays 7 a.m. till 1 p.m., and Thursdays 3 p.m. till 8 p.m. in the old brewery on the waterfront, the market is a great spot to get locally grown organic food. A street vendor, European feeling makes eating fresh

baguettes a requirement. **Great Ocean Natural Foods** Quinpool Rd.

Taking over a former Sobey's location this health food behemoth just opened. For when the Wonder Bread looks just a little too white

Fiddlehead's Community Market

1313 Hollis St. The original, little natural food store. It's quaint, in that hippy Birkenstock kinda way.

HAIRCUTS

Warning: The Gazette cannot vouch for the quality of cut at any of the following establishments. It is safe to assume

however, that if you want to look like a "Friend" you could wander in just about anywhere. Kara's Hair Studio and

Suntan Solarium 5686 Spring Garden Rd. 422-3900

With a pool table, video games and wine with your cut, Kara's covers the atmosphere thing — for a price. With student discounts it's \$12.50 for guys cut and shampoo, \$17.50 for gals.

Topcuts 5750 Spring Garden Rd.

425-3898 The cheapest, closest place we could find. If you shampoo your own hair they take \$2.40 off the already low student discount of \$12.00 for cut and shampoo, guys and gals.

Milo's Hair Care

1472 Tower Rd. 492-0117 If you book with either Holly or Jen and bring a student I.D., it's \$16.00 (both sexes) for shampoo and cut.

IMPORTANT PHONE NUMBERS

Fire Dept. 4103 Police 4105 Ambulance 911 Bus Information 421-6600 Dal Security 494-6400 Personal Help Line 421-1188

HEALTH SERVICES

Dalhousie Medical Clinic Howe Hall, 494-2171 Fenwick Medical Centre 5595 Fenwick St. 421-7533

Victoria General Hospital

1278 Tower Rd. 428-2043 (emerg.) Planned Parenthood Metro Clinic 6112 Quinpool Rd.

RECOVERY

455-9656

Twenty-Four Hour Shopper's Drug

Mart 5524 Spring Garden Rd. 429-2400

The Apple Barrel 24 hour Restaurant

1726 Grafton St. 425-0500 Home of the

Barrel Buster combo, they stop serving alcohol at 2 a.m. but it doesn't get busy until most of the bars are closing anyway. What better reason to eat grease than because you know you can — at any time

of day or night. Alfredo, Weinstein

and Ho 1739 Grafton St. 421-1977 A real

restaurant, with a roving magician. Open till Midnight, Sundays to Thursdays, till

4 a.m. on Friday and Saturday nights. Nice Nights Chinese and **Canadian Cuisine**

bad cook, it probably works out with less hassles and equal cash to a bag of decent groceries. 2828 Windsor St. 455-0313

just skip the baklava. If you're a

The Spartan Grill 6403 Quinpool Rd.

Open 24 hours and they

BREAKFAST (well,

Cheap all day breakfasts and

yummy Mediteranean food -

breakfast is a relative term)

1571 Barrington St.

423-6936

deliver.

429-6858 Another famous cheapo breakfast. Only \$2.95. Little **Mediteraneo Restaurant** juices, good rice pudding.

Smitty's Family Restaurant 1472 Tower Rd. The Mokka Cafe: Located on Granville Street, you'll discover

that at least half of the scene frequents this place. With a funky paint job and art for walls, this place is great for killing

The Bike Shop: This is where you'll find the other half of the artsies. Near Wormwoods on Gottingen, it's perfect for your precinema/post-

game of pool, or just sit and talk with the regulars. And hey if you brought your bike, bring it all the way in. The Tri-

dent Booksellers and Cafe: Good

(fancy) coffee, and second hand books. No smoking.

MOVIE THEATRES If you live within walking

distance of Dal, Park Lane Cinemas, 5657 Spring Garden Rd., is where you'll probably end

up seeing Jim Carrey speak out of his butt, on eight different screens. Tuesdays and matinees are (supposedly) cheap at \$5.00 a pop. Movie Line 423-4598

The Oxford Theatre 6408 Quinpool Rd. has comfy seats. cup holders and a huge screen. Midnight showings of cult and wannabe cult flicks have become popular lately, usually \$5.00. Regular showings only \$8.00 on the weekends, otherwise \$5.00. Often one movie shows for far too long - say like, Independence Day. Movie Line 422-2022

If the Hollywod scene is not for you, check out Wormwood's Dog and Monkey Cinema. 2112 Gottingen Street. Home of critically acclaimed foreign films and unknown Canadian gems, Wormwood's is a true cinematic experience. An annual \$10.00 student membership includes your first movie, and all movies thereafter are only \$3.50. Discounts on munchies too. Movie Line 422-3700

VIDEO RENTALS

It's true you can rent movies coffee. Catch a * at just about any corner store now, but if you're not interested in the three copies of Johnny Mnemonic all stores seem to carry the specialty store is here

Gigantic Video 1030 South Park St. 422-

Three pieces of I.D. and a loonie later, you too can rent at the home of the most awkwardly designed bathroom in Halifax. Gigantic does have the cheapest rates of all the places we polled, at \$2.49 for new releases and \$1.49 for old, and with two rentals you get a third (old) movie free.

> Jumbo Video 6169 Quinpool Rd. 422-1544 Like the name implies, Jumbo

is big. Carrying mostly big budget Hollywood vehicles, it's open 24 hours and gives you popcorn while you browse. High gloss factor, and a seemingly endless supply of straight-tovideo Corey Haim releases, it's \$3.50 before tax on new releases, \$2.99 on old.

Blockbuster Video 6024 Ouinpool Rd. 422-7365 Evenly matched with Jumbo on prices, Blockbuster is a lot stickier about late fees, open only till midnight, has no popcorn, and being in the store surrounded by their multi-T.V. promos is like being trapped inside a commercial.

Video Difference

6086 Quinpool Rd. 425-7365 Three floors of the standards and some lesser known and foreign works. With student I.D. you get 15% off all rentals. bringing it down to \$3.77 for new and \$3.45 for old releases. Critic's Choice

The New York Times of Video

Stores. If you rent a lot, a \$10.00 student membership, although not required, will save you a buck on all rentals, double movie nights on Tuesdays and Wednesdays, and a free movie when you buy the membership. New releases are \$3.90 with taxes included, old are \$4.40, both before membership dis-

Metro Transit are \$1.30 for

BUSES

most trips in the city, including transfers. Use exact change only please. Student monthly passes are available. For schedules, try the SUB Information Centre or shopping mall information booths. For timetable info: 421-6600. Metro Transit also offers an accessible transportation service called the Access-a-Bus. These specially equipped buses are a priority-based service, however and arrangements must be made well in advance. Fares

The legal drinking age in

NOVA SCOTIA LIQUOR COMMISSION

Nova Scotia is 19 years. 5540 Clyde St. 423-6716 2559 Agricola St. 429-6145 1345 Hollis St. 423-7080

are \$1.50 one way. Call 421-

Open from 10 a.m. till 10 p.m. Monday-Thursday, and till 11 p.m. Fridays and Saturdays.

CULTURE

Art Gallery of Nova Scotia, 1741 Hollis St. 424-7452 Artczar Gallery, 1903 Barrington St. 492-3332 **Black Cultural Centre**

MicMac Heritage Gallery, 1903 Barrington St. 422-9509

1149 Main St. Dartmouth, 434-

Dalhousie Art Gallery, 6101 University Ave. 494-2403

TAXIS

Ace-Y Taxi 429-4444 Casino Taxi 429-6666 or 425-6666

Yellow Cab 425-1551 Sunshine Share-a-cab 429-5555

Do's and don'ts of the Halifax bar scene

This list is not definitive. There are tons of bars in Halifax (more per capita then any other Canadian city) but these are the ones you will probably go to over the next few weeks.

The Grawood Basement of Dal Student

Union Building Dal's only official bar is the place to go for residence folks. Thursday nights are an institution — \$6 pitchers — but get there early if you want a table. A warning: it gets HOT in there, so if you sweat a lot, bring an extra shirt. Wednesday night is Open Mike night and you'll be surprised by the quality of the

Birdland 2021 Brunswick St. 425-0889

The place to see alternorocker bands and also the place to continue partying when the other bars close, because it's open until 3:30 am. There isn't much to the bar, just open space and drinks that are a little inflated in price.

Seahorse 1659 Argyle St.

423-7200 Dark tavern feel, but a good place to sit with friends and swill beer. The crowd is a bit older but not very pretentious — in other

words you won't get stared down if you look 19. **Lower Deck**

Historic properties 425-1501 The pre-eminent hot spot for traditional Celtic music. If you go, be sure to have some energy. because you will spend most of the night slamming your drink on the table and screaming to the music. If you aren't from this coast, I highly suggest

J.J. Rossy's 1883 Granville St. 422-4411 Simply referred to as I.I.'s.

checking this place out.

this bar is notorious for its dollar drinks on Wednesday, Beware, it is also notorious for being a meat market - so put on the tight clothes and enjoy the leers

music and very comfortable

chairs. This place seems to be

getting more and more popular

with the older students. Good

draft and reasonable prices, but

I mean beers.

421-1116

Club Pacifico Salter St. Ryan Duffy's Speakeasy 5640 Spring Garden Rd.

422-3633 Hotel Tropicana on speed. Put on your dancing shoes and Very casual atmosphere, good be ready to do the Macarena. Saturday nights are the best so skip this one on week nights.

it has the possibility to become

very pretentious. 5 pool tables,

but the regulars there are

sharks - so watch it.

The Diamond

Hi. I'm 27 and smoke cigars because they're 'in'.

The Palace/Jerry's 1721 Brunswick St. 429-5959

Pronounced Puh-la-chay, it's the other place that's open till 3:30 a.m. Very large, very cheap, fights-a-plenty and almost worse than I.I's in the meat market department.

The Liquor Dome Argyle St. (You'll find it)

Five bars in one, baby. From 15 years old to seniors - you have it all. Cheap drinks and horny sailors, so watch it ladies

Good Luck!

Enrollment Deadline!!

Interested students can enrol up to and including Monday, September 30, 1996.

No enrollment forms will be accepted past this date.

What does the Plan Cost? \$90 single \$198 family

How to enrol?

Students can pick up their enrolment form from the information Desk at the SUB or contact Morneau Coopers & Lybrand at 429-8013 or 1-800-MORNEAU

> For further inforation on the Voluntary Health Plan, please see pages 22-24 in the Dalhousie University Survival Guide.



Another Service of the Dal Student Union Inc.