

HOME CIRCLE COLUMN

Pleasant Evening Reveries dedicated to tired Mothers as they Join the Home Circle at Evening Tide.

HER SECRET.

We occasionally meet a woman whose age is as beautiful as the bloom of youth. We wonder how it has come about—what her secret is.

Here are a few of the reasons: She knows how to forget disagreeable things.

She kept her nerves well in hand and inflicted them on no one.

She mastered the art of saying pleasant things.

She did not expect too much from her friends.

She made whatever work came to her congenial.

She retained her illusions and did not believe all the world wicked and unkind.

She relieved the miserable and sympathized with the sorrowful.

She never forgot that kind words and a smile cost nothing, but are priceless treasures to the discouraged.

She did unto others as she could be done by.

She never missed an opportunity to tell her friends and neighbors to subscribe for this paper and impress them that the Home Circle Department alone is worthy many times the subscription price.

Health is the source of beauty, and every rule for beauty is simply a rule for health. A girl cannot have a firm, elastic body, a clear skin, a fine color and bright eyes unless she exercises, sleeps and eats profusely and sufficiently.

All these outward charms appeal to the eye, but how much deeper and more lasting is the impression when there is beauty of character as well. It is not strange how persons who seem plain and unattractive to the casual eye, seen often, become absolutely beautiful to us in their revelation of character.

And how some whom we consider beautiful at first, when better known, seem only ugly and unattractive, because of some defect of character. Character will out. We may try to hide our defects, but it is useless. We may deceive for a time, but ere long we are known and valued for what we really are in spite of all our efforts and pretense.

We always class children, birds and flowers together. And why? Because they should be equally beautiful, innocent and happy. We should never rob childhood of its ideal loveliness. Even old people should be gay, and happy and good; too good to anger eyes and lowering brows, nor turn their resentment to discord by continual fault-finding.

Allow them all the freedom consistent with absolute safety. Let them play and be happy, but teach them self-control.

He that is slow to anger is better than the mighty, and he that ruleth his own spirit, is greater than he that taketh a city.

The world grows old, and the stars will cease to illuminate it, and the water

A Sign of Hope.

One of the most hopeful signs of the times occurred in London Monday when a meeting was held for the purpose of promoting the idea of a League of Peace after the war.

Viscount Bryce presided and the Archbishop of Canterbury, Lord Hugh Cecil and Gen. Smuts were among those in attendance. Gen. Smuts declared that everything humanly possible should be done to prevent a repetition of the present war and based his hope on a world-wide change of heart.

Lord applause greeted the declaration of Viscount Bryce against a policy of reprisals and thunderous applause supported the statement of Lord Bruckmaster favoring the inclusion of Germany in a League of Peace. To exclude her, he said, would be to create a league against Germany, a perpetuation of the present conflict and bring the darkness of a night of barbarism instead of the dawn of a better civilization.

The Corp's Fate in Doubt.

It is reported that the Russian Provisional Government's plan for deportation of the dethroned Czar and Czarina has been defeated, at least temporarily, by the Council of Workmen and Soldiers' Delegates. The Government had decided, it was said, to banish the former ruler and his consort, together with their son, to England, which country had volunteered an asylum for them.

The reason for the Council's opposition to the banishment of the Royal family has been attributed to its desire to deprive them of a portion of their immense fortunes. Their combined wealth is estimated to total \$9,000,000,000, which formerly yielded them a prodigious income.

He Didn't Argue.

"Yes, sir, I fell over the side of the ship, and a shark came along and grabbed me by the leg."

"Good gracious! And what did you do?"

"Let 'im 'ave the leg, o' course. I never argues with sharks."

The will of the late Sir William Van Horne was filed for probate at Montreal. It bequeathed his whole estate, estimated at several millions, to Lady Van Horne, son, daughter and grandson.

Children Cry FOR FLETCHER'S CASTORIA

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to refresh it, and the mountains to guard it and its long story of sin and shame and glory and triumph will soon turn to ashes; but influences which started in the early home roll on and roll up through all eternity blooming in all the joy, waving in all the triumph, or shrinking back into all the darkness.—Father, mother, which way are you leading your children?

The meanest men in the world are those who have allowed themselves to drift away from their mothers and forget all about them. The best and bravest men in the world are those who have never been so proud as when doing something pleasant for the kind old mother.

Boys are not naturally selfish, and every mother who has not a willing, efficient helper in her boy, is herself to blame, and must not only suffer the consequences of her mistake herself, but the future wife will have them to bear also.

For your own sakes, mothers, and for the future wives of your boys, spare no pains to impress upon them the magnitude of woman's work. After they have been accustomed to helping in all the ways they can about the house, (and there are few things they will not be the better for having learned to do) they will not think housekeeping "just putting around."

We hope all who read this column will endeavor to keep a few flowers in the home. In addition to their beauty and fragrance, they teach neatness and order. The wife and children like to have a clean room, so that the flower, in its purity and grace, may not shame them. And then, too, a poor man likes to feel that he has an ornament in his dwelling similar to that which a rich man chooses as the best embellishment of his drawing-room.

Don't wait till some one is gone from you to tell their virtues. Don't wait until your sister is far away in another land to tell her how helpful, how pretty, or how courteous she is; and don't wait until the weary hands are crossed and the long sleep comes before you make mother know what a beautiful blue are her eyes, how tender her heart, and how dearly you love her. Tell it all now—now, when the walk through life is hard and the sunshine of praise is yearned for to brighten it, and to warm and encourage the pilgrim by the wayside.

Why should you go out to tea and praise your neighbor's muffins, when you have forgotten to tell mother how good hers were? Why should you announce how much Mr. Wilson over the way knows, when you have never entered your little head to whisper quietly to him how much you appreciate his wisdom? You keep your ability to discover faults for the home while the eye that should look for virtues is closed tightly until you go out.

HEALTHY CHILDREN

It is natural for little ones to be kept, and with care every baby can be well. The main thing towards keeping little ones well is to keep their little stomach sweet and their bowels regular. Baby's Own Tablets will do this. Thousands of mothers keep the Tablets in the house as they find them an efficient guard against illness. Concerning them Mrs. Hilaire Desmarais, St. Joseph de Sorel, Que., writes: "I believe Baby's Own Tablets are the best medicine in the world for children. My baby was terribly constipated but the Tablets promptly cured him and now he is a big healthy child." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Enlist at Such a Time?

A mustering officer, in the early days of the war, before England was aroused, says the Chicago News, met on the street of a coast village a strapping fellow about twenty-one years old. The officer hailed him.

"See 'ere, me lad," he said, "are you in good 'ealth?"

"I are," said the youth.

"Are you married?"

"I aren't."

"Are you anyone dependent on you?"

"I 'ave not."

"Then your King and country need you. Why don't you enlist?"

"What?" he said, "With this bloom in 'war goin' on! You must think I am a silly fool!"

A Zeppelin was destroyed in the North Sea by British warships.

Hon. M. A. McDonald, Attorney-General of British Columbia, has resigned.

Sir Lyman Melvin Jones died leaving an estate of \$1,143,004 to his widow and his daughter, Mrs. Crawford Brown.

The Dominion Department of Agriculture recommends the planting and eating of beans as more profitable than potatoes.

Five Brantford men will plant fifty acres with potatoes and fifty acres with beans to further production, not looking for financial success.

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THAT TILT.

A Discourse on the Simple Art of Posing Your Hat.

When it comes to placing a hat correctly, or better still, smartly and attractively on the head, the wisest milliner and the best mirror have their limitations as first aid.

The milliners say what the doctors say to their patients who have nervous troubles—that the salvation lies in one's self, not in any outside aid. Practice does not make perfect, nor even skillful in every case. There are women who pick up the art when they are mere infants as though they had brought the knowledge with them from another sphere. There are others, equally intelligent, who do not learn it until they die, and possibly not after that.

The woman who boasts that she drops into her clothes at the ring of a bell and is off to her duties always bears strong evidence of her rapid performance. She may be proud of her facility, but she has no reason for pride in the result.

Well, at least there is this to be said in regard to the fashionable pose: It is the simplest thing that the milliners have demanded in several seasons. That rakish tilt or the succession of tilts that has governed millinery during the last few years was difficult beyond measure to achieve. The genius which we call fopper for want of a real name could do this tilt to perfection, no matter how often it changed, as she could do the latest and most complicated dance step.

When France sent us word that hats would be pliable and without regular form the news was not received with especial delight. For it was thought that the effect would be negligible, too difficult of graceful adjustment over the irregular features of the average American face.

We did not look far enough forward or backward in taking this view, for the hats which France was copying were from the era of picturesque fashions for men. Women's hats were not of any importance then; in truth, there were head coverings that reached from the primitive band that the early fashionables invented to keep the hair out of the eyes, and later the towering head-dress that was built up of everything the wardrobe contained, to judge from the pictures of them that remain.

FOR THE WEE TOT'S PLAY.

This Delectable Doll For the Children's Christmas.

Rag dolls are ever dearer to small hearts than are elegant ones. This fine one is embroidered on twill, her

flower basket being done in original colors. Small buttons, waist fashion, are stitched on as expressive eyes. Please observe that the cuffs match the cap.

Collars of Felt.

A new feature in blouses is felt trimming. Some of the georgette crape models have collars and cuffs of felt attached to the blouse by bits of embroidery in the cross stitch or by French knots. Such blouses are cut low, V neck in front, with the felt collar turning down across the back. Blouses are as often seen with high collars as with low V cut, and there is a way of combining the two in a novel manner. A long, straight piece of chiffon of the same material of which the blouse is made is attached at the neck in the back and is brought around the throat and tied in a bow over the V cut or is crossed in front, with the two embroidered ends hanging over the shoulders in scarf fashion.

Many such novel ideas are to be noted in the blouses and especially the pelium embroidered blouses.

Pleasure In Well Doing.

Pleasure has a way of coming indirectly—where least you look for her and when least you expect her. She lurks in the happiness of work well done. She lingers in the consciousness of honest bookkeeping with life, and she always is to be found in the joy of growth and progress. In all these ways honest pleasure is to be found.

This isn't meant to be a dull preachment against anything but work. But it does mean to say that happiness lies in doing and the consciousness of well doing.

A Fresher Way.

A yolk of egg will keep fresh for several days if a little cold water is poured over it.

Artificial Coloring of Sugar Prohibited by the Government

FOR many years the Canadian Public has been eating Artificially Colored Sugars. Government reports show that some refineries have used Ultramarine Blue to make their granulated sugar look better than it actually is. Others made use of Aniline and Vegetable Dyes to give a brilliant appearance to their soft or yellow sugars.

The use of dyes or coloring matter of any kind is unnecessary in refining Cane Sugar. This is emphasized in a notification sent to all refineries by the Dominion Government prohibiting the coloring of sugar, and in cases where it is found, prosecution proceedings will be entered under the Adulteration of Foods Act.

We Wish the Public to Know that we Have Never Used Coloring Matter in Lantic Pure Cane Sugar and Never Will

Lantic Pure Cane Sugar was first put on the market about two years ago. Since that time over 200,000,000 lbs. have been consumed by the Canadian Public, and we are now turning out 750,000 lbs. of Pure Cane Sugar each day.

The reason for this enormous business is not hard to explain. It means that the discriminating consumer has learned by actual use that Lantic Pure Cane Sugar is superior to all others. Having erected the most modern sugar refinery in the world, costing over \$4,000,000, we steadfastly adhered to our original policy of making only absolutely Pure Cane Sugars of highest quality, in which

NO BEETS ARE USED
NO ULTRAMARINE BLUE IS USED
NO ANILINE DYES ARE USED
NO VEGETABLE DYES ARE USED



Look for the Red Ball Trade-mark

To be absolutely certain of getting Lantic Pure Cane Sugar, see that the Red Ball Trade-mark is on every bag or carton. It is our guaranty to you of Canada's Purest Sugar.

Your grocer has Lantic Sugar in stock or will get it for you if you insist.

Montreal, Que. Atlantic Sugar Refineries, Limited St. John, N.B.

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Where Right Made Might

Light Four \$975

Subject to change without notice

Overland success is so eclipsing that one might take it as a matter of course. But make it have a personal application to you, —because the cost of any car is too much money to be carelessly spent. There need be no confusion in selecting the sound value at the same price—make comparisons and see if Willys-Overland does not spell the answer with mathematical correctness. Do not miss the significance of the overwhelming production that makes it possible for us to give better cars at lower prices. More than 400,000 owners have been guided to Willys-Overland by their desire for beauty, comfort and luxury in addition to utility.

Due to its gigantic facilities the Willys-Overland industry effects millions in economies; has never found it necessary to skimp or rob a car of value in order to compete; but is able to give surplus value throughout the entire car for far less money. Might may not make right, but right has made Overland might. The Overland Light Four from the standpoint of mechanical excellence, easy-riding comfort, roominess and beauty is incomparably a better car than can be had in any other make at anything like so low a price. Come in and see the Willys-Overland Motor Cars—the Light Four and the most comprehensive line of cars ever built by any one producer.

J. H. EDWARDS
Local Dealer.

Willys-Overland, Limited
Head Office and Works, Toronto, Ontario

Growth of the Printing Industry.

Fifty years ago printing and publishing was an infant industry in America. In the total production in the United States, measured in dollars, being but \$40,000,000. During the year its volume has increased twenty times, so that now printing and publishing ranks as the third greatest manufacturing industry of the country. It keeps busy one-twentieth of the people engaged in manufacturing, and pays one-thirteenth of the manufacturing wages.

Bee's Double Stomach.

The bee has two distinct stomachs. In the first it stores away the honey it so industriously gathers up from the flowers until such time as it is ready to yield it up, while the other stomach is used simply and solely for digestion purposes. Thus the food and the honey are never mixed. When the bee returns to the hive and is ready to deposit the honey it has gathered it contracts the muscles of the stomach, by which act the honey is ejected through the mouth. As to bee food, it is various in kind, consisting largely of the honey it so patiently makes for others.

No "Poor Land."

"That land of yours was mighty poor when you bought it," a friend of ours remarked to the wide awake owner of a beautiful farm we passed the other day, whereupon the owner delivered himself of a faithful saying and worthy of all acceptance—or mighty nearly so. "You're mistaken," he said. "There's not any poor land when you manage it right." It is a true rule that "there is more in the man than there is in the land."

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Estimates furnished for all kinds of buildings and alterations.
Hardwood Flooring—Birch, Beech, Oak and Maple.
Plazas of all descriptions.
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Harness at Old Price.

THE UNDERSIGNED, having purchased the entire stock of Harness, Blankets, etc., of Mr. W. J. Maguire, desire to announce that they will have some bargains to offer for a short time. Meanwhile, we hope, by strict attention to business, to be able to attend the needs of Mr. Maguire's customers as well as those of our own, and by fair and honorable dealing to merit the custom of the public.

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The speediest remedy for sick headache, biliousness and indigestion is a dose or two of

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Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 25c.

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