

We are surprised that Hillcrest is not more freely made use of by the medical profession, and the laity, for the benefit of their patients and friends, who, though not ill enough to require regular attendance, would, in the vast majority of cases, be very much benefited by an open-air life of a few weeks on the verandahs and grounds, or in the adjacent fields and woods. Fresh air, fresh milk, fresh eggs and fresh butter, work wonders in a surprisingly short time. If a larger number took advantage of the Home, fewer would have to leave the city and seek fresh air and rest at some of the summer resorts.