Woman's World...

Devoted Specially to the Interests of our Women Readers.

Conducted by Katherine Leslie.

The more one sees of life's ups and downs, and the more one studies the capricious freaks of fortune, the more is one convinced of the wisdom of those who advocate the training of all girls, rich or poor, in some one profession or trade, to which they can always turn in case of necessity. It does not matter whether she intends to marry or not—marriage is no security against the future, unless a woman is happily provided with settlements of her own. A girl may marry well, and everything go prosperously for years, but her husband may have business reverses, or sickness and ill-health may come to cut off his income, and it will then devolve upon the wife to do what she can. She will have to put her hand to the wheel and steer her household through all sorts of financial difficulties. Said a pale little woman to me the other day, as we talked over the reverses which had come to her through the continued invalidism of her husband: "It is my turn now. As long as my husband was well and strong, we wanted for nothing, and I never knew a care or an anxiety financially. Now that he is laid aside, I must do my share, and, so long as the children are strong and well, and he is free from worry, I shall not mind. I can only thank my mother, who foresaw all such things, and made me study a profession which I can follow in my own home, and so keep it together." She was a slight, delicate little thing, but the spirit that looked out of her eyes showed of what strong, good stuff her character was made.

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It is one of the finest qualities women have, this ready assuming of the burden of providing an income for their households when husbands have been incapacitated, through ill-health, or taken away untimely. And it is one of the most ordinary things—hardly one of us but knows half a dozen of such brave, plucky little women, who have taken up quite cheerfully the burden of life when they should, by right, have been resting, or left to bring up their children in comfort. Fortune has few favorites, and a financial or health crisis may occur in any household at any time. It is for such emergencies that all women should be prepared. The future is generally a thing of dread to women, married or unmarried, who are unprovided for, but, with some profession or trade at their finger-ends, they need fear no future, either for themselves or their children. If it be needlework, writing, or painting, or any such profession as can be pursued at home, so much the better for the woman, but, in any case, let her excel in at least one thing, no matter what it be, and the future will cease to have any terror for her.

You girls, who are always dissatisfied with your appearance, and who are always grumbling that your dressmaker or tailor has no style, just turn your attention to your figures, and see whether the fault is not yours, and yours alone. How do you stand, upright and lightly poised, or heavily, lurching forward, either from the waist or from the shoulders? Do you not know that an upright carriage is the first essential of style, and that a proper position of the head and shoulders will do more for your appearance than many dressmakers? How can the smartest tailor make a costume look well if the back is round, the chest flat, and the head precedes the body by several inches? If you consider the matter you will find that the fault is entirely your own. You have fallen into a slovenly, ugly way of lounging, both in sitting and standing, and the result is seen in your figure. If the inside of the body suffers as much through lack of proper poise—and there can be no doubt that it does—as the outside, then it is no wonder that so many women are always unhealthy. It is nothing but a bad habit, this lack of poise in women's figures; a little thought and attention will soon correct it, and then it will be found that stooping and bending forward are anything but pleasant or easy, after a proper poise of the body has been attained. I have clipped a few very simple directions, which may prove beneficial. They are quite the simplest I have seen, and will be quite easy to follow: In the normal, correct posture, the head and neck will be erect, parallel with the vertical line, the front wall of the chest will be well in front of it, and the hips well back of it. In the usual incorrect position the head is forward of a vertical line passing through the centre of gravity of the body, the chest is flat, throwing that part of spine between the shoulders backward, the hips are forward, and the abdomen protrudes. To correct this position, unless it is extremely bad, the first attention must be paid to the hips. They must be forced back, the small of the back being hollowed, and the abdomen drawn in a little. Then the head, held perfectly erect, must be moved back, without tilting either forward or backward, the chin coming in against the throat. No attention whatever must be paid to the chest and shoulders. The head and hips being back, it will be a necessary and involuntary result that the chest shall go forward to preserve the balance, and the shoulders will roll gently backward and downward, if left to themselves. For a fairly good position, then, all that is necessary is "hips back and chin in," and the entire leaving to themselves of the chest and shoulders.

There is no department of art to which the feminine world is more devoted than keramics. Every exhibition of the kind is always well attended by women, who are interested either as lovers of beautiful china or as artists themselves of more or less merit. For the number of Toronto women who merely "dabble" in keramics is very large, while the number of real workers, either for pleasure or profit, is immense. That feminine interest in decorated china is very great was again shown this week by the large numbers of women who found their way every day up to Mrs. Whiton's annual exhibition of keramics. Mrs. Whiton's own work is so very well and favorably known that it needs no comment, but some cups and saucers which attracted my fancy immensely were so exquisitely painted and decorated that I cannot forbear mentioning them. Both were done in that lovely soft vellum finish, and were decorated with jewelled garlands—one of blue forget-me-nots, set in a rich garland of gold, while the other had a border of purple violets, each violet embedded in jewelled gold work. A large vase, also by Mrs. Whiton, had the entire neck studded in turquoise effect, in jewelled gold, the turquoise work being done with perfect evenness; the lower part of the case was beautifully painted with sweet peas, that suggested the exquisite fragrance of these flowers, so well were they done.

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Miss Strachan had a very large and varied display of pieces, all of it showing the artist in keramics. Notable in her collection was a jardiniere, decorated with purple stritacorpas, a flower which in Miss Strachan's clever handling lent itself admirably to decorative purposes; the rim of the jardiniere was of dark bronze green, outlined with jewelled work in gold, and the whole was finished in dull glaze. It was a unique and creditable bit of work. Very good, too, was a tall German beer tankard, decorated by this young lady; dark and light purple grapes formed the floral ornamentation on the main body of the tankard. The base was a broad band of highly glazed dark green, above which ran an attractive and original frieze of blue and gold. The big handle was of the dark green, like the base, the sides of it being inlaid with small circles of gold.

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Miss Gertrude McMurtry showed some very dainty work, notably a tea tray with a charmingly colored azalea design, set in a scroll border of gold paste; there were also some extremely pretty cups and saucers, the latter particularly effective, with the floral centres.

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Of Miss Cole's collection, a chocolate service, decorated in white and purple lilacs, with dull gold handles, was much admired. Miss Norah Eby had a large display of various pieces, decorated chiefly with seaweeds and shells, very delicately and cleverly done.

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Miss Corby's work displayed some new and very successful ideas in decorating—acorns, barberries, snowballs, gooseberries, etc., were employed with excellent effect on a fruit service, which had the soft vellum finish, with tinted and gold borders. Miss Bonnick exhibited three pieces, each a striking example of jewelled work, and of originality in design. Miss Perry's marmalade jar, and one or two other gold pieces, came in for quite a share of admiration, and Miss Hughes and Miss Mellon were also notable exhibitors. On the whole, the exhibition was a very charming one, and one which should redound to the credit of Mrs. Whiton and her promising pupils.

A Grief Beyond Consoling.

A poet has written of "The joys of grief," and there are sore sorrows that are mingled with memories of love and gratitude. Bereaved hearts are often comforted in recalling the affection they enjoyed, the unselfish and active goodness that made the lives of those they mourn a benediction to all around them. There is sometimes even pride and joy in the tears that are shed for those whose lives have been given up in heroic sacrifice for the good of others, or for the advancement of some noble cause. But there is no such relief for the broken hearts that mourn for loved ones who have fallen victims to the fell destroyer, strong drink. The man who yields himself a slave to this evil apetite not only risks all that makes life worth living, and even life itself, but lays on the altar of his self-indulgence all possibility of any consolation for those whose whole earthly happiness he imperils along with his own. He robs those who love him of all their rights and joys, and stores up for them unutterable disaster and disgrace. No other work for humanity could be greater or more blessed than of those who are working to break the power of this terrible evil and make men free from the tyranny of desire for the cup that curses and destroys. The Samaria Remedy Company of Toronto, whose advertisement is in another column, are doing a grand work in this direction, and relatives of drunkards should at once get their pamphlet giving full particulars of this home cure, which they offer to send free to any address.

Soldiers' Insurance Fund.

Mr. Coady, City Treasurer, treasurer of the Citizens' Committee, acknowledges receipt of the following subscriptions to the fund for providing life insurance for the Toronto members of the Canadian contingent of the British South African forces:

Canadian Magazine	$5 00
Joseph Henderson	5 00
Opportunity Circle, King's Daughters	3 00
Ellen Melbourne	5 00
J. R. Strathy	5 00
Mrs. A. Strachan	5 00
Members Lodge Hull, Sons of England Benevolent Society	2 00
Portsmouth Lodge, Sons of England Benevolent Society	3 75
Total to date, $3957.35.	

New Bursary Founded.

The Royal Commission for the Exhibition of 1851 has established a probationary bursary in science at Varsity to the amount of £70 a year. The bursary is to be granted in cases where applicants for scholarships have not shown sufficient promise to justify the faculty in granting it. In such case they may enjoy the bursary for a year in preparing themselves further for the scholarship.

The object of the bursary is to assist students in pursuing post-graduate work, who otherwise could not conveniently do so. One of the requirements necessary is that the applicant must possess a B.Sc. or equivalent.

Talmage to Lecture.

The Rev. Dr. Talmage will visit Toronto next month, and arrangements have been made with him by a committee of Toronto men for a lecture, to be given in Massey Hall, on Monday, Dec. 11, the subject to be, "The Science of Good Cheer."

Dragged to Ruin

A. W. H——, Montreal, writes:
"I procured your Samaria Prescription last spring while I happened to make a chance purchase of another article in a drug store in your city, and I carried the package in my vest pocket for a couple of months, right through several periodical blow-outs before I happened to feel just ugly enough to give it a trial. It worked like a charm. Before the tablets were all taken the desire for liquor was gone, and I have had no inclination for anything in that line ever since, and I do not think I ever will. I consider it the greatest blessing ever handed to a man or woman who would be free from the habit which seems born into so many. I am headstrong and have determination to carry out anything I undertake, but I know that I could never have quit drinking without your Samaria Prescription. That cured me completely."

Patiently Bore Disgrace for Years.

Mrs. C. H——, Guelph, writes:
"I had for years patiently borne the disgrace, suffering, misery and privations due to my husband's drinking habits. Hearing of your marvelous remedy for the cure of drunkenness, which I could give my husband secretly, I decided to try it. I procured a package and mixed it in his food and coffee, and, as the remedy was odorless and tasteless, he did not know what it was that so quickly relieved his craving for liquor. He soon began to pick up flesh, his appetite for solid food returned, he stuck to his work regularly, and we now have a happy home. After he was completely cured I told him of the deception I had practised on him, when he acknowledged that it had been his saving, as he had not the resolution to break off of his own accord. I heartily advise all women afflicted as I was to give your remedy a trial."

When a man is under the dreadful fascination of the liquor habit, evil associates speedily drag him to ruin.

Medical men now generally class drunkenness as a disease and treat it as such. Attempting to cure the smallpox by argument, lectures and entreaties alone would be considered absurd and criminal and punishable. It is just as criminal to attempt to cure the liquor habit by these methods only. The relatives of a victim to the disease of the liquor habit who stand idly by and see him going to wreck and ruin without using the well-known remedies that will effect his cure are morally responsible for his condition.

We must treat it systematically by rational medicinal agents. The Samaria Prescription is the ripe result of 30 years' experience of a specialist in the treatment of the liquor habit, and is now given to the public at a price for a full treatment that is within the reach of the humblest sufferer.

There are several excellent institutions for the treatment of the liquor habit, but as they entail loss of time from employment and a large sum for treatment, they are totally beyond the mass of sufferers who need treatment the most.

The Samaria Prescription is a safe, inexpensive home treatment that will put a man back in the same healthy physical condition as he was before he became a victim to intemperate habits.

We sincerely request relatives of drunkards and those desirous of curing themselves to write to us (naming this paper) for our pamphlets, giving full information, testimonials, price and particulars how to administer Samaria Prescription, which we mail FREE in plain sealed envelope to any address. Correspondence considered sacredly confidential. Address

The Samaria Remedy Co.,
23 Jordan Street,
Toronto, Ont.

A PATHETIC LETTER

A Lady Who Cured Her Husband of the Liquor Habit Writes a Pathetic Letter.

She writes: "I had for a long time been thinking of trying the Samaria Prescription treatment on my husband for his drinking habits, but I was afraid he would discover that I was giving him medicine, and the thought unnerved me. I hesitated for nearly a week, but one day when he came home very much intoxicated and his week's salary nearly all spent, I threw off all fear and determined to make an effort to save our home from the ruin I saw coming, at all hazards. I sent for your Samaria Prescription and put it in his coffee as directed next morning and watched and prayed for the result. At noon I gave him more and also at supper. He never suspected a thing, and I then boldly kept right on giving it regularly, as I had discovered something that set every nerve in my body tingling with hope and happiness, and I could see a bright future spread out before me—a peaceful, happy home, a share in the good things of life, an attentive, loving husband, comforts, and everything else dear to a woman's heart, for my husband had told me that whiskey was vile stuff and he was taking a dislike to it. It was only too true, for before I had given him the full course he had stopped drinking altogether, but I kept giving the medicine till it was gone, and then sent for another lot to have on hand if he should relapse, as he had done from his promises before. He never has, and I am writing you this letter to tell you how thankful I am. I honestly believe it will cure the worst cases."

The Samaria Prescription Treatment is also for sale at Bingham's Drug Store, 100 Yonge Street, Toronto.

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IRISH DAMASK TABLE LINEN: Fish Napkins, 0.70 per doz. Dinner Napkins 1.32 per doz. Table Cloths, 2 yards square, 0.60, 2½ yards by 3 yards, 1.32 each. Kitchen Table Cloths, 0.23 each. Strong Huckaback Towels, 1.08 per doz. Monograms, Crests, Coat of Arms, Initials, &c., woven or embroidered. (Special Attention to Club, Hotel or Mess Orders.)

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Vice-Chancellor Sir W. Page Wood stated publicly in court that Dr. J. Collis Browne was undoubtedly the inventor of Chlorodyne, that the whole story of the defendant, Freeman, was deliberately untrue, and he regretted to say it had been sworn to.—Times, July 13, 1894.

DR. J. COLLIS BROWNE'S CHLORODYNE.—The Right Hon. Earl Russell communicated to the College of Physicians and J. T. Davenport that he had received information to the effect that the only remedy of any service in cholera was Chlorodyne.—See Lancet, Dec. 31, 1864.

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