

Index.

I.

- Infantibus nipple-shields, 263, 264, 279
- Insomnia, 126-128

K.

- Kisch, Enoch, 11, 151
- Kraepelin, Emil, 97

L.

Labour,

- bearing down, 251
- bed, arrangement of, 240, 241
- chloroform in, 251-253
- first stage of, 242-247
- length of, 236-238
- lists of things required for, 224-226
- nurse for, 223
- onset of, 233-235
- physiology of, 231, 232
- preliminaries in, 239
- preparation of room for, 227
- second stage of, 248-253
- stages of, 231, 232
- third stage of, 253-257
- without a doctor, 257
- without a doctor or nurse, 257, 258

Lactation,

- breasts, care of, 278, 279
- diet, 280
- health during, 276, 277
- hygiene, 280-282

Lying-in,

- after-pains, 270
- bowels, 269
- diet, 259, 260, 266, 267

Lying-in—continued.

- discharge during, 262, 268-270
- sleep during, 271
- stopping the milk, 274, 275
- suckling during, 261, 263
- temperature, 262, 268
- visitors, 271
- when to get up, 271-274
- womb, changes in, 261, 268, 270

M.

Marriage,

- childless, 47
- completed by child, 44, 48, 49
- early, modern risks of, 21-27
- economic pressure and, 2
- European, 1, 4
- late, disadvantages of, 13-17
- modern, 5
- Oriental, 3
- social quality and, 11, 12, 20

Marry,

- age to, 10-27
- people who should not, 28, 29

Menstruation,

- absence of, 160, 161
- character of, 154-156, 162
- during change of life, 283-287
- during lactation, 277, 282
- earliest, 151
- excessive, 156, 157
- hygiene, 170-175
- irregularity of, 163-165