

many years the city superintendent of schools and secretary of the school board, and was deservedly esteemed by teachers, trustees and the public. To Mr. and Mrs. March, who have passed the three-score-and-ten limit, the good wishes of their many friends will be extended that the declining years of their useful lives may be happy and unclouded.

It is pleasant to read in "Our Distinguished Graduate" list of the *Dalhousie Gazette* the grateful tribute that a former pupil pays to his teacher, Professor James Gordon MacGregor, now of Edinburgh University, filling "perhaps the most distinguished chair of Physics in the English-speaking world." Others who came in contact with Dr. MacGregor, either within the walls of the university or without, will share the writer's enthusiasm for a great teacher and an honourable man.

Winds and Showers.

Birds on the boughs before the buds
Begin to burst in the spring,
Bending their heads to the April floods,
Too much out of breath to sing.

They chirp, "Hey-dey! How the rain comes down
Comrades, cuddle together!
Cling to the bark so rough and brown,
For this is April weather.

Oh, the warm, beautiful, drenching rain!
I don't mind it, do you?
Soon will the sky be clear again,
Smiling, and fresh, and blue.

Sweet and sparkling is every drop
That slides from the soft, grey clouds;
Blossoms will blush to the very top
Of the bare old tree in crowds.

Oh, the warm, delicious, hopeful rain!
Let us be glad together,
Summer comes flying in beauty again,
Through the fitful April weather."

—*Celia Thaxter.*

Since 1880 the average height, weight and strength of Harvard students have increased respectively an inch, four to eight pounds, and thirty per cent, which Dr. Sargent, director of the gymnasium, attributes to the increased attention paid to the body.—*School Hygiene.*

Keep the Schoolhouse Clean.

It is expected that previous to Arbor Day the school premises will be thoroughly examined and cleaned. But it is not to be supposed that this thorough cleansing once, twice or several times during the year is sufficient. Many portions of the school premises require looking after daily. Yards, walks and outhouses should be examined each morning or afternoon, kept in order, and all litter removed. Sanitaries should be flushed with water at least once a day, kept thoroughly clean and disinfected, and frequently washed with soda, potash or diluted muriatic acid.

The schoolrooms, stair-cases and corridors should be swept daily, sawdust dampened with water being used to keep down the dust; and once or twice a month the sawdust should be wet with a solution of formaldehyde, which should be swept up before it becomes dry. Window sills, handrails and all furniture should be dusted every morning before the opening of school, cloths being used in preference to feather dusters. Pictures, shelves, walls and ceilings should be dusted as often as may be necessary to keep them in good order.

Windows should be cleaned at least twice each year, once in April and before the opening of the schools in August,—oftener if necessary. Chairs and desks should be washed once a year, and those occupied by pupils who have contracted a contagious disease be thoroughly washed with a solution of formaldehyde. Door knobs and hand rails ought to be washed with a solution of formaldehyde at least twice each month.

These regulations, adapted from those in force in the Boston schools, seem suitable for ours. In cities and towns where janitors look after the work, it is comparatively easy, if they are properly supervised, to have the school premises kept pure and clean. In the country, regularity in cleansing is equally necessary, and should be insisted on by teachers, as their own health and the health and progress of their pupils depend on a pure atmosphere and surroundings.

On more than one river in Canada we have a waterfall called the Grand Falls. Now there is a new town of that name in Newfoundland, which promises to be of some importance. It is to be the centre of a great paper making industry, for which the forests of Newfoundland, and perhaps its great peat bogs, will supply the material.