

ODORS OF DISEASE.

Dr. McCassy (*Lancet-Clinic*) writes as follows: "Diseases have their characteristic odors. Insane asylums have a familiar odor. Favus has a mousey odor; rheumatism has a copious, sour-smelling, acid sweat. A person suffering with pyæmia has a sweet, nauseating breath. The rank, unbearable odor of pus from the middle ear tells the tale of the decay of osseous tissue. In scurvy the odor is putrid, in chronic peritonitis musky, in syphilis sweet, in serofula like stale beer, in intermittent fever like fresh-baked bread, in fevers ammoniacal, in hysteria like violets of pineapple. Measles, diphtheria, typhoid fever, epilepsy, phthisis, etc., have characteristic odors." Yet only in Homœopathy is any therapeutic use made of these striking peculiarities

REST AS A REJUVENATOR.

The woman who rests every day is the woman who keeps young and fresh. If she is a woman of leisure, she may indulge in an afternoon nap, after which she will rival her daughter in usefulness. If she is a busy housewife, she should snatch at least half an hour a day for lying still in a darkened room. If she is a business woman, she must break into the afternoon with the only sort of rest

she can command—sitting still for ten or fifteen minutes, with eyes closed, thoughts banished and muscles relaxed. "Which advice," some old bachelor remarks, "not one woman in five hundred would think of doing, nor could if she would."

AND SALT IS CHEAP.

Salt puts out a fire in the chimney.

Salt in the oven under baking tins will prevent their scorching on the bottom.

Salt and vinegar will remove stains from discolored teacups.

Salt and soda are excellent for bee stings and spider bites.

Salt thrown on soot which has fallen on the carpet will prevent stain.

Salt put on ink when freshly spilled on a carpet will help in removing the spot.

Salt in whitewash makes it stick.

Salt thrown on a coal fire which is low will revive it.

Salt used in sweeping carpets keeps out moths.

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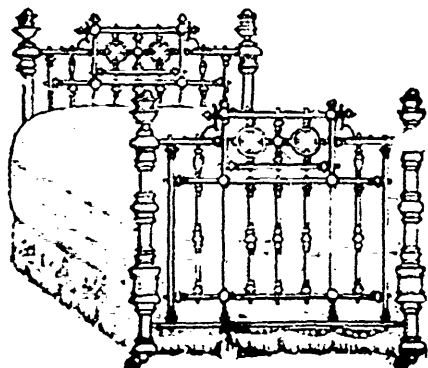
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