

particles, prevents the lodgement of fermentable carbohydrates and acid-forming micro-organisms, and preserves the teeth in a vigorous state, by determining towards them a free circulation of arterial blood. Articles of food which require vigorous mastication, such as toast, biscuits of all kinds, rusks, bacon, fresh fruit, etc., should be added to the diet of young children.

J. J. C.

PERSONALS.

DR. CHARLES M. STEWART, 142 Carlton Street, Toronto, late Senior Resident Surgeon, the Throat Hospital, Golden Square, London, will confine his practice entirely to diseases of the Ear, Nose and Throat.

DR. C. D. PARFITT, who was for six years physician-in-charge of the Muskoka Free Hospital for Consumptives at Gravenhurst, Ont., and has been for the last seven months resident consultant to that institution and the Muskoka Cottage Sanatorium, has resigned his position. Dr. Parfitt will remain in Gravenhurst and continue practice in pulmonary and laryngeal tuberculosis.