

3. *Our duty.* Since so much has been done to deliver us from sin, what ought we to do? First, we should recognize that we owe a debt, not to sin, but to the Holy Spirit, which can be paid only by obedience to Him. Then, we should wage war on the sins that are in our lives until they are destroyed. And finally, we should allow ourselves to be led by the Spirit of God, whose sons we are.

Point out, in closing, that our possession of the new life with all its blessings depends on our union with Christ, and that this union is formed by faith. It is through simple trust in Him that we are enabled to do the will of God, just as, when the trolley touches the electric wire, the power passes through it which moves the heavily laden car.

Some Test Questions

What is meant by "condemnation," v. 1?
What two laws mentioned in v. 2?
Wherefore was the law powerless?
What was the law powerless to do?
How, then, was this accomplished?
What law stated in v. 5?
From what does death result? Life and peace?

On what does the Christian's resurrection depend?

What is the privilege of the Spirit-led?

What do we learn as to:

(1) The happy state of those in Christ?

- (2) God's condemnation of sin?
- (3) The sinner's inability to please God?
- (4) The Christian's relationship to God?

Prove from Scripture

That Christians should be like Christ.

For Special Study

(To be assigned the Sabbath previous.)

1. Christian freedom.
2. Christ a sin-offering.
3. The indwelling of the Holy Spirit.

The Catechism

Ques. 80. *What the Tenth Commandment requires.* Three points may be noted: (1) The Tenth Commandment has to do specially with a state of mind rather than with outward actions. It thus forms an addition to each of the other Commandments, emphasizing the truth, that these may be broken in thought and desire, as well as by word or deed. (2) This Commandment requires us to be content with "our own condition"; which does not mean that we are to put forth no effort to better our position, but that such endeavor should be in a spirit of cheerful submission to God's will. (3) It requires in us "a right and charitable frame of spirit toward our neighbor." The welfare of those about us should be to us a matter of as great rejoicing as our own prosperity.

FOR TEACHERS OF THE LITTLE ONES

Review—Use blocks (or outline) to recall the scene of last lesson. Here stands Paul before king Agrippa. Is he afraid to tell who and what he is and what he has been preaching? Do the people, hearing him, think he is a bad man? Is he set free?

Lesson Subject—Paul's life showing submission to the Holy Spirit.

Introduction—Show the works of a watch or clock. How do we know the time of day? Mother looks at the clock and says, "Seven o'clock, children, time for bed," or "nine o'clock, children, time for school."

In Edinburgh Museum are two clocks, one at each end of

