tell you that $t$ is tha ouly way of escatic you have.
For a moment he seamed statgero. at my firm assertion. Ho neerled tiral dogged will of his own, it it couil only be aroused.
But the next moment, in despaingy tones, he went on:-

- How can I, alter traning on many of my custonsers to take wine with me every journ,yy? They all look hor it. ant
$\because$ Another lallacy! Depend upon it my doar frienc, if in a manly, quiet way you let them know the rivk you have iun, you will hini that youl will not lore and liere you may lose a shaky one, and thers you may lose a shaky ones hut your hime will be more?
"- "Buat if I do, how canl lasa rommercia traveller go in and out of the hotel, sit down to dimner, or spend the uight in commereisl room without drinking confers that this question was harder one to mert and hat time than it whow. it was in the days of the nit Whe mimner-s, whell every man was expected to pay his share of the wine Whether he drunk it or not, and do othe th ngs in the drinkims line for the "goor of the house." Whe man who sharked the dinner, i.e , "boxed lfarry," as It is technic.lly termed, or who tor consctence aske refused to irink intoxicants.
in those days was regarded liy the elife of the road as un outer bartiarint, unworthy of the commercial roonn, anil by muny of the landlorils was looked a ask. nce, treated by the waiters with n sort of inettable sconn, and by the usually civil "boots" with contemptuous indifference: It wasa trying oripal for any mann with nerves, or respect for him self, and few cared to run the gauntlet. so tlying has it proved to many high minded ment, that the writer once heard Mr. Samuel Morley assert that he was exceeningly glad when the time cain for him to quit the commercial room. Thank cioll those days are past. The lite of a commercial will alway leciiled character : but if a man has the right ting of high character and indomit. able pluck, he has tuwer temptations to go wrong, and more help to go right
than in the old drinking day of the past when to sit down to a wine dinner especialy on the Sunday, might mran anything betwern 5a. and 1 lis. per man. The consequences
magined than describen.
But to resume. My re
mint the tried at any risic. You : "It that I ain not a toetotaler myselt know you will go in with me now, this Xth dey of a pril, anil pledge yourself to do with out intoxicante of any kind do with out intoxicank of any kind for six by Goil's help to lo it. It is of little use asking you to do a thing I wun't do mysell.'
It was a trying soment. I could see that my friend was suffering verituble ugony. The sweat stool in great beads in silence. Then pulling himselftogether lie remarked :-

No half measures will save me now. will lo it!
"Thynk God!" 1 saich. "Now come with me to dinner.
It seemed almost a mockery to ask man in his state to dinner. But two ends were served-It prevented him going back to his own hotel with to one to help him to resist the temptation there, and it publicly commutted hin to the course we liad taken.
1 wus president of the day. We sat down. I explained the circumstances with my friend's permission, and said As president, I will order wine in the way you require, but I and my frend nust neither touch it nor pay for it but "ill pay an
There was some demur, but I carried iny point. I felt, I think righteous y, indignant with one, who did all in hia power to persulude our poor triend "to lake a hair of the dog that bit him "-a piace of mischievous proverbial lore that ias lured many a poor struggling wretch to his ruin.
After this I persuaded my friend to yuickly as possible. It was Friday after novn, and posprangod with hum 10 meet ne on the following Monday at the Bull raval

Fortmiteltr, minaving the hotel that
 wim the staten hank with him. He toud our wav, partod I shatl never forget

 ain:-"The penteman who has per anded jon to do this ta the brat friend ou ever had, and I know it is the moly hing that canl save wour life
To my great delizitht my trum mot me till felt very bad. Whe rext angh he ad somenhat stomdied his noreses hene ormidable difficulty prisentel ited He toli me that he hail an appomintment with ous of his beat cusenillers there which would probatly take hum the greater part of che day. "When dinner time comes he will ak me, as toual, to dine with hum; nuld be penerally provies nin extra botlle of wine. What can
"re
ell hum that you are eapecially en gaceil to meet me at dimner to lay, and alded, "unke a clenn breat of it: le him know the e tate you are m, anit the weige you have t.ikent
It happenedjuast an he hat anticipaterl. Ins chenc cold hime that her had int had in some of the hest port wine he ever tasted, and reniarked: "We will crack
a bottle, alld tinish the order :fterwarde." a bottle, alld finish the order afterwarde."
It wis a gieat temp aton, but ny It was "t geat temp aton, bit py
friend's st:ong will congurem, and he old his customer "xactly haw hie stome When ha hearil it, to my litend's great surprise, the generous, kindhearted man, a true gentleman, strutched his hand across the counter, anils said: am right plaid to hear it; po and dine with your friend, and liank hims for me. Whell you have finished come back, and will make the oriler as lirge as I can. This was a ponerful lift. The fact was that our friend was highly estermed amongst the bent of his customers. They had seen his danger, and were glad to help him to retain his former position. Wo travelled together for some time. Ite took a seat in my trap, sending his ugyage by rail.
Day ty day he became freer from the fffects of excess. Each dar al dinner We had to fight the odd batile over again. We were, as a malter of course, un ertain the wine drinkers by no mieans got the best of it. As a sample of is g. neral -ffect: When we were dining with a large party at the old Royal Uak, Dover, the president, whon I knew weil to be a suffierer, leant his head upon his hanil, and in a most depressed ane could d, the same thing
"What," I exclaimed.
loes you harm, and you "you know it manliness to say 'No!' Coure, that not like you, mnke up your mind, and jin us in try ing it out."
But we made no converts that journe The whole thing sermed so startling. Ky friend's account of himself was istened to eagerly, and the experinent was watched with great interest. I hal
anticipated the greatest difficulty with anticipated the greatest difficulty with
the landlords und waiters. I male it a the landloris und waiters. I maile it a
point to tell them, asking them to charge point to tell them, asking them to charge us something extra for dinner, $o$ make
up for the profit on the wine. To my urprise, on the following journey, there were notices in many of the best hotels, o the effect that "Gentleman no: taking wine at dinner will be cliarged one hilling extra.
lhis was the real beginning of the breakilown of the strict wine system on
the South Coast, and with gratituile解 south Coast, and with gratituile andlords - no real difficulty was placel n our way. Many tifly was placel dercial friend Many, too, of our con. nclination to , wo the not the elves, when the facts of the case becam known, gladly helpell us all they could. As an instance of this, I may state that ome two years after, as I was about to it down to dinner in one of the best resident, not join in the wine. He at once, some what oftensively, said that he could not permit me to ait down with them unless ared the trouble of either protesting or retiring, for two or three poices defonded me to the effect that they knew the reason I did it, and woulli be sorry to it I mo touch a glass of wine, and would they. The president subsided, and quietly enjoyed my dinner.
visume und encres, he camp to me tha
last night wo were together that journey.
 wilh: jubitant light on his countenames, arin. " I hava done over taju tothay, alld A-n't helieve I eonld have dome a cithe of it willi a glass of wine in me!
Three months after that 1 met him agiun. I have selidom seen a lines pleture of rude, mobust health. He was
in the beat of sprits, and doing a mana nificent trale.
The next time I met him was in of our six months' pledge.
the pledper from, ond carry it oll fore ever?"
"Drop it!" he replied. . Why, if you anderd me thotstass of wine in one liand nuld a thous:an'l pmunds in the other i 1 wolld drink it, I woillint ilo it. Do
you know I hase received inn lose thint four lotters of congatulations from thi bim durng the last six werk upon the best diay's worte they ever didil for me was to jult me on commission. I never made so uluch noney in my life

And what about your wite alld chilitron?" | quertei.

Hallyy as the clay is longe I never niss reaching home on Sathrilajs now and sundiay is a real day of rest anlid
thanfulness for us all. No had head. aches. lemper all right. I have n cood chanise
the rainy clay.
For about four years we met much as isilal on our journeys. The riscued nnimal spirits; husy as a bee of tine veiy spiue of robuse health. very pucture of robust health. As have said, he was a man of ktrong will nhd pronipt action. But one thing vory often raised in my mind strong misgis ings. I knew what great तange there wha when constirurion like his hal once been aaturated ami diseased wilh strong drink. had reail that even John Gough, the great Trimperance orator, lare never trust himaelf even to take the orilinary Sacranaental wine, and was compelled to avoil even the mell of it to his dying day. I felt the only safety for such a man was in
christ. But my friend was not $n$ con. hrist. But my friend was not n con 'hristian, nothing more. My poor ef forts failed to slow him the difference IIe trusted in his nwn strength, and laughed at the ilea of ever going back to his old drinking ha bits.
But a testing tine came. Une morn ing, as he was passing down the South Eastern line, the train mot with an accident. No live were lost, but many were terribly ahaken, and anongst them our friend was much un-prrved. Ile had to lay up for a lime. The family doctor insisted on his taking port wine Alas! alas! Ifon a valunble life has been wrecked, wives made witlows, and children fithertess, by the light and careless proscription of a well-meaning family doctur, who imagines that a fire brand can be safely thrown into a bulling lull of inflammable material! The port wine was taken. The oll aroused. another. I met him but once after that. 'Wh, how changed! If avoi
In one short twolve montha alcoholic
juyors had clone their worst, and his broken-hearted widow, with eight father less children, followed him to a drunk urd's grave.
Verily, "Let him that thinketh he tandeth take heed leat he tall."

Alliance Nerrs.

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