

## WOMAN IN TERRIBLE STATE

**Finds Help in Lydia E. Pinkham's Vegetable Compound.**

Cape Wolfe, Canada.—"Last March I was a complete wreck. I had given up all hope of getting better or living any length of time, as I was such a sufferer from female troubles. But I took Lydia E. Pinkham's Vegetable Compound, and today I am in good health and have a pair of twin boys two months old and growing finely. I surprised doctors and neighbors for they all know what a wreck I was.

"Now I am healthy, happy and hearty, and owe it all to Lydia E. Pinkham's remedies. You may publish this letter if you like. I think if more women used your remedies they would have better health."—Mrs. J. T. COOK, Lot No. 7, Cape Wolfe, P. E. I., Canada.

Because your case is a difficult one, and doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, backache, and it may be exactly what you need.

The Pinkham record is a proud and peerless one. It is a record of constant victory over the obstinate ills of women—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?



## Guide-Advocate

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## Guide-Advocate

HARRIS & CO. PROPRIETORS  
WATFORD, AUGUST 13, 1915.

### The Fall of Warsaw

Everybody has been prepared for the fall of Warsaw for a month past, and the fact that hopes were raised by the stubborn holding out of the Russians that the evacuation, might not after all, be necessary, should not lead us to forget what we had made up our minds about. The important thing about the retreat of the Russians is that so far they have kept their armies intact, except for the loss of a small percentage of prisoners, and are causing heavy losses to the enemy as they retire.

There has been a painful impression among British readers that not enough is being done by the Allies on the western front to assist the Russians by relieving the pressure. Alleged complaints from Petrograd may be discounted. They may have originated in Berlin. It is an old device to try to make trouble between allies. We may feel assured that the great armies of the east and of the west are working in co-operation. Whatever they are going to do in the west will be known after it has been accomplished, and not till then. The Germans are not going to be informed of the plans that are in mind. Nor are we.

Probably we shall hear accounts that will be altogether misleading of what is to be expected to occur in France and Belgium. What we may be sure of is that preparations are being made on a scale of victory, and until those preparations are complete, there will be nothing done to satisfy the qualms of those who are sitting safe at home.

### Words of Advice From "Ralph Connor"

"Canadians, do you know that your name is like a flame in British hearts to-day? That men's voices quiver and their eyes grow dim as they tell the tale of Xpous, and of St. Julien, and of Festubert? The call is more insistent to-day than eight months ago, a thousand times over, for men, for Canadian men, the same kind that held the gap at St. Julien, and, as French himself said three days after that glorious fight, in tones that broke and faltered, saved the day. It thrills our Canadian hearts to recall his words: 'Canadians, I want you to know that when you held the line that day you saved the British Empire—well, I will take that back, for we should finally have recovered what we lost, but for that day, at least, you saved the Empire's name and the army.'"

"Canadian women, you will not hold back your men, your sons and your sweethearts, but will send them forth where honor and safety bid them go. Men, and ever more men! Not the men only who can be spared! Not the men without ties of love to hold their hearts! Not the men whose going is easy! No, No! But the men whose going will imperil business interests and will break hearts. These men, men of sacrifice, whose wives and mothers will wave them away with mist-dimmed eyes, but with hearts that will not refuse to make complete the sacrifice.

"Seriously, soberly, solemnly, let it be said, that unless the Empire can furnish in overwhelming quantities munitions of war, and in overwhelming numbers men of war, the bitterness and humiliation of defeat will be our portion, and the shame and slavery of an infamous tyrannous militarism will be the portion of our children."

### Stray Shots From Solomon

It is a bad thing when you see a man who knows better running with "sinners." When you find a clergyman "mixing" with race track touts or a business man with drunkards, you may be fairly sure it is not to reform them. It is all right to give these people a lift or a leg up morally but to be frequently in their company is good evidence of a leaning towards their ways. Worse still is it to see a decent man herding with loafers and joining in their coarse jokes and evil conversation. If you haven't sand enough to take your stand for righteousness when you are in a crowd of loose-tongued and easy-conscience fellows, keep away from them or they will make you worse than they are. The most pitiable sight in all the world is a man who has had the opportunities and inclinations of a respectable life sinking to the level of those whose highest ideals in life are those of the bar-room and card table. "A righteous man falling down before the wicked is a troubled fountain and a corrupt spring."

There is no doubt that the authorities are right in making as rigid a test as possible with the young men offering themselves for service in the army. This war is no picnic. Life in the trenches and battlefield calls for the best that our young manhood can offer. As never before, the material put forth by the nation must combine the best qualities of alertness and endurance that belong to the soldier. It may seem ridiculous that men should be rejected on account of their teeth or eyes who are otherwise fit, but it has been said an army travels on its stomach, and these days of mixed warfare a man has to be able to see what he is fighting. "The horse is prepared against the day of battle" was said at a time when the individual horse counted in the conflict. To-day it is the men who count and it is only right that the army surgeon should see that no broken, spavined, short-sighted units make up the force that is fighting for the world's freedom. If men would only have the same care in preparing themselves for the battle of life there would be fewer disasters.

### Noxious Weeds

Canada has for years been trying to rid herself of some of her most prolific noxious weeds, but the work has lacked the thorough support of those whose duty it is to help in the eradication of the pests. Concerted



and organized action is necessary, and until this is secured the prospects of success are not very bright. Public opinion is too apathetic, and weed inspectors are aware of this. Prosecutions for infractions of the Noxious Weeds Act are rare, and consequently the penalty clause of this act has to a great extent lost its effect. More pressure must be put upon those responsible for its enforcement.

### A Word to Young Men

Young man: Do you know they're crucifying Canadians over in France!

Not only are they shooting and stabbing and poisoning the brave boys who have gone from Canada to fight the battle for freedom—they are nailing their bodies to wayside crosses; their limp and lifeless forms are found pinned to barn doors and fences with sharp-pointed bayonets! Rumours of these atrocious deeds have appeared in the dispatches for many weeks past; they seemed, however, too horrible to be true. Now they are confirmed by some of our own boys who have returned, wounded or invalidated, to Canada. Some of our Ontario fellows have helped to take down the mutilated bodies of Canadian soldiers who have been thus abominably abused.

These stories naturally make the blood of every Canadian who reads them run cold.

But to you, young man, they ought to do more than that. They ought to make you eager to enlist—eager to avenge your brothers!

You are of a suitable age, you are physically fit, you have no family ties to hold you back; no big business enterprise depends upon your direction for its continuance; you fill a worthy niche, it is true, but you can be spared.

There is no reason why you should not enlist and fight for your flag.

### The Work of British Sea Power

(London Daily Telegraph)  
In his (Botha's) complete victory is the climax of one of the most amazing romances in the history of the British world state. It happens to mark the close, or almost the close, of the terrible chapter of Germany's humiliations as a colonizing power. Togoland and Cameroon are gone; German New Guinea, the Solomon, Caroline, Pellew, Marianne and Marshall island are gone. Of all the million square miles of Germany's overseas empire there now remains only German East Africa, blockaded by the British fleet and invaded by British troops, who will not leave it until their task is done. Very marvelous is the work of British sea-power, and yet more marvelous the imperial tradition and practice which, has led to the turning of Louis Botha's sword against the would-be destroyers of the British name.

### Prehistoric Visions in War

"This is a war of tricks, machines and devices," writes an officer of the British general staff, in a letter sent to his home town for publication. You would be surprised at the prehistoric appearance of some of the machines. We haven't actually fired with bow and arrows yet, but we have come very near it.

The coolness of the average British soldier is often remarked by visiting officers of other armies. I shall always remember a man whom I saw yesterday. He had just cooked a tin of prepared food over a brazier in the bottom of a trench, when a large shell burst just in front of him, scattering mud, water and stones in every direction. A lump of mud landed with a splash in the midst of the carefully prepared dinner, whereupon the soldier, without turning his head or taking any notice of the shell, the shock of which had been pretty severe, remarked: "I don't mind fighting for Belgium, but I'm hanged if I want to eat it."

Worms in children, if they be not attended to, cause convulsions, and often death. Mother Graves' Worm Exterminator will protect the children from these distressing afflictions.

## Furniture That Satisfies

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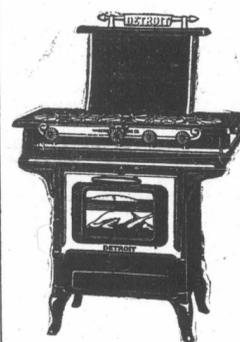
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Excellent Program of Attractions Twice Daily.

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Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE Chopping and Rolling Done While You Wait  
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