

# SEVEN YEARS OF MISERY

All Relieved by Lydia E. Pinkham's Vegetable Compound.

Sikeston, Mo.—"For seven years I suffered everything. I was in bed for four or five days at a time every month, and so weak I could hardly walk. I cramped and had backache and headache, and was so nervous and weak that I dreaded to see anyone or have anyone move in the room. The doctors gave me medicine to ease me at the times, and said that I ought to have an operation. I would not listen to that, and when a friend of my husband told him about Lydia E. Pinkham's Vegetable Compound and what it had done for his wife, I was willing to take it. Now I look the picture of health and feel like it, too. I can do my own housework, hoe my garden, and milk a cow. I can entertain company and enjoy them. I can visit when I choose, and walk as far as any ordinary woman, any day in the month. I wish I could talk to every suffering woman and girl."

—Mrs. DEMA BETHUNE, Sikeston, Mo.

The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pinkham's Vegetable Compound.

It is more widely and successfully used than any other remedy. It has cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing down feeling, indigestion, and nervous prostration, after all other means had failed. Why don't you try it?

## Guide-Advocate

Watford, Ont.  
PUBLISHED EVERY FRIDAY.  
Subscription—\$1.00 per annum in advance. \$1.50 if not so paid.

ADVERTISING RATES.

Space	One Year	Half Year	3 Months
One column	\$60	\$35	\$20
Half column	35	20	12
One fourth column	20	12	8
One eighth "	12	8	5
One twelfth "	8	5	3

Mercantile advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Wednesday afternoon.

TRANSIENTS—First insertion per line, 8 cents; subsequent insertions 4 cents each time per line. 12 lines make one inch.

BUSINESS CARDS—Six lines and under, per year \$1.00.

AUCTIONEERS CARDS—\$5.00 a year.

LOCALS—10c per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till filled and charged accordingly.

HARRIS & CO. PROPRIETORS

## Guide-Advocate

HARRIS & CO. PROPRIETORS  
WATFORD, JANUARY 5, 1912.

### Saving the Sunshine.

Most true conservationists will agree with Secretary of the Interior in the condemnation of those loud talkers who spend their energies in discussing the wickedness of waste without at the same time being willing to assist in any practicable plan to stop the evils they so greatly deplore. We suspect, however, that few, even of the good citizens who believe in the wisest use of natural resources and who are sincerely eager to safeguard the public good both now and hereafter, realize how good it is to neglect opportunities for conservation which lie at our door. The coal and forests in Alaska are of vast importance, but the discharge of our duty in regard to them will not occupy much of our time. A nearer need is to see that we make the best use of natural products in our own back yards. How about making "two blades of grass grow where one grew before"? Our true conservationists and farmers are those gardeners and farmers who catch the sunshine and husband the rain and strive intelligently to keep pace in production with the increase of the non-agricultural population.

The need of conservation of food-supplying sources is obvious. There are more people in America and every year the soil if unreplenished is impoverished. The area of rich land decreases and the cost of living rises. Conservation of the potential power of sun and soil is the only reasonable solution of the problem of nation-feeding and just here is our opportunity. What is for the nation's good is also for our individual profit. The wise use of the soil means money in our pockets.

The very greatest product of land is derived from "intensive gardening." Through generations of intelligent selection and breeding thoroughbred seeds have been developed whose yield far surpasses in quality and quantity that of the ordinary strains. You can be a true conservationist if you have a successful garden. Be sure, however, to start right by planting thoroughbred seeds. There can be bought of seedsmen having suffi-

cient capital and experience to know what they are about and a reputation to maintain.

### WATFORD PUBLIC SCHOOL.

HONOR ROLL FOR DECEMBER.

- Class IV, Sr.—George Mead, Franklin Smith, Stella Williamson, Ross Luckham, Allie Harper, Burton Cook, Winnie Fowler, Rheta Thompson, Katie Aitken, Michael O'Meara, Clarence Cook, Edgar Prentiss, Jr.—Winnifred Swift, Jean Fitzgerald, Celestine McManus, Mary Currie, Valore Dodds, Alma Barnes, Jean Cameron, Melvin McCormick, Eston Fowler, Eva Thorne, Verne Johnston.
- The following is the result of the recent History Examination:—Sr.—Franklin Smith 82, Stella Williamson 80, George Mead 80, Ross Luckham 78, Michael O'Meara 68, Rheta Thompson 64, Edgar Prentiss 61, Allie Harper 60, Clarence Cook 58, Burton Cook 56, Katie Aitken 53, John Lamb 52, Chester Cook 47, Leo Sedwick 45, Winnie Fowler 33, Eddie Dodds 28, Jr.—Celestine McManus 80, Jean Fitzgerald 76, Winnifred Swift 75, Mary Currie 62, Valore Dodds 60, Alma Barnes 56, Verne Johnston 55, Henry Rivers 55, Eva Thorne 46, Nelvin McCormick 44, Jean Cameron 43, Clare Roche 42, Bessie McNeer 34, Eston Fowler 32.—W. H. SHRAPPELLE, Principle.
- Class II, Sr.—Wilfred Jamieson, Leo McManus, Mamie Moir and Lillian McKercher (equal), Evelyn Dodds, Claire Lambert, Spence Bruce, Mary Fowler, Alvin Styles, Deloise Dodds, Clifford Abbott, Helen Hamilton, Dorothy Seager. Class II, Jr.—Orville Fuller, May Higgins, Earl Dobbin and Lloyd Harper (equal), Harold Roche, Balaie Logan, Elsie Brown, Elsie Weight, Orville McGillicuddy, Vernon White. Part II, Sr.—Florence Lambert, Louise Dodds, Frank Roberts, Ernest McKercher, Harry Cook, Robert McLeay, Blanche Stapleford.—M. WAUGH, Teacher.
- Class III, Sr.—Teresa Logan, Jean McManus, John Bruce, Mildred Fortune, Kathleen Elliot, Geraldine Elliot, Ross Restorick, Stella McMacKee, Charlie Stumpf, Carleton Harrower, Bruce Treouth, Cecil Atchison, Charlie Fitzgerald, Jr.—Sara Howden, Jack Irwin, Florence Cook, Earl Logan, Margaret Cameron, Georgie Chambers, Roger Thorne, Ethelbert Greer, Barrie Vail, Ila Cook, Hazel Thorne, Marjory Swift, Florence Roberts.—M. REID, Teacher.

PRIMARY CLASS.

Pt. II, Jr.—Edith McDowell, Beatrice Cook, Evelyn Williamson, Elgie Kersey, Ula Higgins, Rebe Bruce, Stanley Mitchell, Ed Roberts, Douglas Weight.

Class I.—Romaine Thorne, Frank McGillicuddy, Blanche Burton, Wesley Shepherd, Willie Thorne, Harry Crouch, Irene Graham, Pamily Graham, Gwendolyn Cook, Franklin Potter.

Classes II, and III.—Stanley Ireouth, Margaret Irwin, Dorothy Fowler, Rushson Seager, Alie Drury, Burton White, Morna McWaters, William Fitzgerald, Esther McKercher, Keith Spackman, Jack McGillicuddy, Gladys Kersey, Frank McCormick.—E. HUME, Teacher.

### A MODERN MIRACLE.

He Had Eczema 25 Years and Doctors Said "No Cure"

Yet Zam-Buk Has Worked Complete Cure.

This is the experience of a man of high reputation, widely known in Montreal, and whose case can readily be investigated. Mr. T. M. Marsh, the gentleman referred to, lives at 101 Dolormier Avenue, Montreal, and has lived there for years. For twenty-five years he has had eczema on his hands and wrists. The disease first started in red blotches, which itched, and when scratched became painful. Bad sores followed, which discharged, and the discharge spread the disease until his hands were one raw, painful mass of sores. This state of affairs continued for twenty-five years!

In that time four eminent medical men tried to cure him, and each gave up the case as hopeless. Naturally, Mr. Marsh tried remedies of all kinds, but he, also at last gave it up. For two years he had to wear gloves day and night so terrible was the pain and itching when the air got to the sores.

Then came Zam-Buk! He tried it, just as he had tried hundreds of remedies before. But he soon found out that Zam-Buk was different. Within a few weeks there were distinct signs of benefit, and a little perseverance with this great herbal balm resulted in what he had given up all hope of—a complete cure! And the cure was no temporary cure. It was permanent. He was cured nearly four years ago. Interviewed the other day, Mr. Marsh said: "The cure which Zam-Buk worked has been absolutely permanent. From the day I was cured to the present moment I have had no trace of eczema, and I feel sure it will never return."

If you suffer from any skin trouble, cut out this article, write across it the name of this paper, and mail it, with one cent to pay return postage, to Zam-Buk Co., Toronto. We will forward you by return mail a free trial box of Zam-Buk. All druggists and stores sell this famous remedy, 50c. box, or three boxes for \$1.25. Refuse harmful substitutes.

Mrs. Jennie Coatsworth, of Detroit, is suing George Jasperson, of Kingsville, for \$50,000 damages because she says, he tried to kiss her and made love to her so violently that she became ill. The case came up in Detroit last week.

### CASTORIA

For Infants and Children.  
The Kind You Have Always Bought  
Bears the Signature of *Wm. D. Galt*

## THE MERCHANTS' BANK OF CANADA

### PROCEEDINGS AT THE FORTY-EIGHTH ANNUAL MEETING OF SHAREHOLDERS.

The forty-eighth annual meeting of the Shareholders of the Merchants' Bank of Canada, was held on Wednesday December 20th, 1911, at the head offices of the Bank. Among those present were the following Shareholders—Sir. H. Montagu Allan and Messrs. Jonathan Hodgson, Thomas Long, Charles M. Hays, Alex. Barnett, K. W. Blackwell, Andrew A. Allan, C. C. Ballantyne, E. F. Hebdern, E. Fiske, John Patterson, William Agnew, D. Kinghorn, A. Piddington, M. S. Foley, A. D. Fraser, C. J. Fleet, C. R. Black, H. B. Loucks, H. B. Yates, T. B. Merrett, A. Dingwall, W. Stanway, James Alexander, A. Haig Sims and J. M. Kilbourn.

The President of the Bank, Sir Montagu Allan, was asked to take the chair, and appointed Mr. J. M. Kilbourn, the Secretary of the Bank as Secretary. The Notice calling the meeting was read.

The minutes of the last annual meeting were presented and taken as read.

### DIRECTORS' REPORT.

The President then read the Directors' report as follows:—

It is with much pleasure the Board once more meet the shareholders in annual meeting assembled. We have another favourable year to report. Our profits, after making full provision for all doubtful debts due to us, amount to the sum of \$1,179,581.08. Notwithstanding the increase of the dividend to 10% making the second increase in two years, we have again written \$100,000 off the Bank Premises Account, added \$50,000 to the Officers' Pension Fund and placed \$500,000 to our Reserve Fund, which now represents the important sum of 90% of the paid up capital, and carried forward \$58,878.18 to next year's Profit and Loss Account. We trust our shareholders will find this showing satisfactory.

All the branches of the Bank have been inspected during the year.

We have opened the following offices during the past twelve months: Vancouver, B.C. (Cor. Granville and Hastings Streets); Coronation, Calgary (2nd Street East); Chauvin, Pincher Station and Edgerton, Alta.; Prohibiter, Regina and Moose Jaw, Sask.; Hartney, Winnipeg, Man., (Bannerman Avenue); and Wallaceburg, Ont. We have to report no offices closed during that period.

We have lost two Directors during the year—namely, Mr. Hugh A. Allan, who retired by reason of his now residing in Great Britain, and Mr. Charles F. Smith, who died in October last. Mr. Smith was a very regular attendant at meetings of the Board, where he aided deliberations by his wise counsels and sound judgment, and his demise is much regretted. The two vacancies on the Board were filled by the appointment of Mr. Andrew A. Allan and Mr. C. C. Ballantyne.

The Directors have much pleasure in testifying to the good work performed by the staff during the past twelve months.

All of which is respectfully submitted.

H. MONTAGU ALLAN, President.

### Statement of the Result of the Business of the Bank for the year ending 30th November, 1911.

The Net Profits of the year, after payment of charges, rebate on discounts, interest on deposits, and making full provision for bad and doubtful debts, have amounted to.....		This has been disposed of as follows:	
\$1,179,581.08		Dividend No. 94, at the rate of 9 per cent. per annum.....	\$135,000.00
		Dividend No. 95, at the rate of 9 per cent. per annum.....	135,000.00
		Dividend No. 96, at the rate of 10 per cent. per annum.....	150,000.00
		Dividend No. 97, at the rate of 10 per cent. per annum.....	150,000.00
		Transferred to Reserve Fund.....	500,000.00
		Written off Bank Premises Account.....	100,000.00
		Contribution to Officers' Pension Fund.....	50,000.00
		Balance carried forward.....	58,878.18
			\$1,278,878.18

### Statement of Liabilities and Assets at 30th November, 1911.

LIABILITIES.		ASSETS.	
<b>1. To the Public.</b>		Gold and Silver Coin on hand.....	
Notes in Circulation.....	\$6,351,230.00	Dominion Notes on hand.....	\$2,149,007.08
Deposits at Call.....	\$25,807,925.26	Notes and Cheques of other Banks.....	5,659,100.00
Deposits subject to notice (accrued interest to date included).....	36,239,678.72	Balances due by other Banks in Canada.....	4,682,788.08
Deposits by other Banks in Canada.....	1,356,976.84	Balances due by Banks and Agents in the United States.....	2,635.33
		Call and Short Loan Bonds and Stocks in Canada.....	368,514.23
		Call and Short Loan Bonds and Stocks elsewhere than in Canada.....	\$3,854,845.31
Balances due to Agents in Great Britain.....	63,494,580.82	Government, Municipal, Railway and other Bonds and Debentures.....	12,946,458.08
Balances due to Agents in the United States and elsewhere.....	310,950.05	Current Loans and Discounts (less Rebate of Interest reserved).....	47,411,049.23
Dividend No. 97.....	161,112.94	Loans to other Banks, secured.....	160,584.74
Dividends unclaimed.....	150,000.00	Loans and Discounts overdue (loss fully provided for).....	112,216.42
	2,179.50	Deposit with Dominion Government for Security of Note Circulation.....	272,000.00
		Mortgages and other Securities, the Property of the Bank.....	109,295.23
		Real Estate.....	38,517.65
		Bank Premises and Furniture.....	1,917,959.07
		Other Assets.....	44,467.34
			\$81,928,961.49

In moving the adoption of the Report, the President referred to the intention of the Directors to issue \$1,000,000 new stock.

The General Manager spoke briefly regarding the business and prospects of the Bank, particularly in the Western Provinces, and paid a tribute to the devotion of the staff.

The following Directors were re-elected—Sir H. Montagu Allan, Mr. Jonathan Hodgson, Mr. Thomas Long, Mr. C. M. Hays, Mr. Alex. Barnett, Mr. F. Orr Lewis, Mr. K. W. Blackwell, Mr. Andrew A. Allan, Mr. C. C. Ballantyne.

Resolutions were passed expressing appreciation of the services of the Board of Directors, the General Manager and the staff, which were acknowledged by the President and the General Manager. The meeting then adjourned.

At a subsequent meeting of the Board of Directors, Sir. H. Montagu Allan was re-elected President and Mr. Jonathan Hodgson, Vice-President.

E. F. HEBDERN, General Manager.

### Faint?

Have you weak heart, dizzy feelings, oppressed breathing after meals? Or do you experience pain over the heart, shortness of breath on going up-stairs and the many distressing symptoms which indicate poor circulation and bad blood? A heart tonic, blood and body-builder that has stood the test of over 40 years of cure is

**Dr. Pierce's Golden Medical Discovery**

The heart becomes regular as clock-work. The red blood corpuscles are increased in number—and the nerves in turn are well fed. The arteries are filled with good rich blood. That is why nervous debility, irritability, fainting spells, disappear and are overcome by this alterative extract of medicinal roots put up by Dr. Pierce without the use of alcohol. Ask your neighbor. "fever-sores," white swellings, etc., by taking Dr. Pierce's Discovery. Just the refreshing and vitalizing tonic needed for excessive tissue waste, in convalescence from fevers or for run-down, anemic, thin-blooded people. Stick to this safe and sane remedy and refuse all "just as good" kinds offered by the dealer who is looking for a larger profit. Nothing will do you half as much good as Dr. Pierce's Golden Medical Discovery.

### A. D. HONE

PAINTER and DECORATOR  
Specialist in Hand Painted Decorations.  
The Best Work at Reasonable Prices. Estimates Furnished  
A COMPLETE LINE OF  
Samples of WALL PAPER on Hand.  
When you have work in his line let him figure on it.

### L. H. COOK

AGENT FOR  
International  
Machinery and Engines.  
All Kinds of Implements furnished on short notice.  
Gasoline Engines suitable for all kinds of work.  
Buggies and Carriages.  
Cream Separators  
The Best Goods on the Market at the Closest Prices.  
Agent for the Celebrated  
Page Wire Fence.  
SATISFACTION GUARANTEED.  
L. H. COOK,  
229 1/2 Cor. Haron and Main Sts., Watford  
CHANTRY FARM  
KERWOOD.  
SHORTHORN CATTLE AND LINCOLN SHEEP.  
Ed. de GEX,  
KERWOOD, ONTARIO

### A New

so much better  
gripe, purge,  
best of the N  
25c. a b  
will mail the  
National Drug

### KERI

Ladies' (th  
Inc  
est' Atte  
HIGH  
Thanks fo  
G.

### Watfo

DE  
F.  
USE, RED RO  
NEW ERA FL  
Highest  
Oats  
GENER  
C. B. MA

### TREI

Flour, Oat M  
Wheat and Poul  
and Poul  
We carry th  
BEST OF SATIS  
Five Ros  
AI

### Mitchell's

Lambert &  
Mustard &  
Pastry Flour  
made by  
NO

### RA

PERFE

These  
in Th  
and  
Guar  
factic

### The N