

AFTER EVERY MEAL

# WRIGLEYS

**JUICY FRUIT**  
CHEWING GUM  
OR LASTS

Juicy Fruit, Peppermint and Spearmint certainly make three delightful flavors to choose from.

And the new NIPS—the candy-coated peppermint gum, is also a great treat for your sweet tooth.

All from the Wrigley factories where practice has made perfection.

Packed Tight—Kept Right

Trade supplied by MEEHAN & CO., St. John's, Newfoundland.

## The Broken Circle!

CHAPTER XXXV.

"How strange!" she said. "I was just thinking of you."

He longed to tell her that there was no moment, night or day, in which he was not thinking of her, but he restrained himself. He was there to say good-by. He might wait a few moments. He was on the brink; let him pause there, let him stand by her in silence for the last time and watch the waves breaking on the sands.

"I was thinking of you," repeated Hettie. "I knew that you would come."

"I have a motive in coming," he said. "I will tell you presently what it is. Let us watch the setting of the sun together."

He knew that the sun of his life would set with it; he felt somewhat like a soldier who, condemned to be shot for some act of insubordination, stands by the side of his own open grave. "When the sun has set, I shall have told her, and I shall have gone too," he said to himself. He bent his pale, troubled face over the glossy ivy. Hettie looked more fair and serene than ever, feeling sure that he had come to tell her that he loved her—she had seen it in his face on the previous night. She folded her white hands, and they stood side by side in perfect silence while the sun set. As it seemed to touch the water's edge, the clouds turned crimson. The change was so quick and so marvellous, it was as though the restless heaving sea was suddenly covered with flame.

"Look," cried Hettie—"how beautiful!" For with the roselights came

ASK FOR

# ALVINA

The Improved Tasteless Preparation of an Extract of Cod Liver Oil

Respectfully Recommended by

Persistent Coughs, Bronchitis, Anemia

A Splendid Tonic for Delicate Women and Children

Prepared by DAVID & LAWRENCE CO., Manufacturing Chemists, Montreal

again. You have been interested in my poor father. You have enjoyed your visits to our home. You seem to have no enforced occupation, and to be able to please yourself. You will come again!"

He could hear how her breath caught at every word. There was nothing for it but to tell her the truth, and then she would see that he must go. The autumn wind moaned; all the light had gone with the sun; a gray shade had crept over the sea; the waves rose and fell with a mournful wail which was the forerunner of a storm.

"Hettie, I will tell you the truth," he said. "Strange that there should be a scene like this between us—who were strangers some weeks since—and you do not even know my name."

"No," she said; "I have never heard it. My father always calls you Glen. It is singular, but in that first hour that we talked together I felt—as though I had known and trusted you all my life."

"I need never tell you my name, Hettie. We must part to-night, and we must never meet again. Do not cry, dear—it is harder for me than for you."

She clung by his arm, still weeping. He felt the quick beating of her heart, and he stopped yet another minute before he said the fatal words which must part them for ever. He felt in that moment that, if this grief of hers were caused by him, he deserved any punishment.

"Hettie, listen to me, dear. How we have drifted into this matters but little, whether I have been blind or careless matters less; the fault must be mine. I ought to have resisted the first temptation. After I had seen you that first time in church, I ought never to have seen you again. My senses, my honor, my conscience, tell me so."

"But why?" she cried, in amazement. "I do not understand you. Tell me why."

"Because I am engaged to be married, because I am bound by the most solemn pledge; and because of this promise, I must go."

"Why," she said, in a faint, low voice—"why must you go? If it be some one who loves you, and some one whom you love very much, surely she would be kind, and let you stay—at least, while my father is so ill. If he were well, it would all be different."

"Hettie," he said, "I will trust you as I have never trusted even my own heart yet. I will say to you what I have never admitted even to my own thoughts. I—ah! how shall I tell you? My engagement was less my own voluntary seeking than the consequence of circumstances. I can never explain. I did not understand the nature of the power of love—I knew nothing of it; but she whom I am to marry loves me. Every arrangement is made for our marriage; and—oh, Hettie, listen to me!—she loves me, and, if we were parted, she would die. She could not grieve over it and recover; she would die. I must marry her; I am bound in honor and in conscience. And let me tell you my mad folly. I have learned to love you. I do love you. I love you with the whole love of my life, with the one love of my manhood. I may live many years, but I shall never love any other woman. If Heaven helps me, I will do my duty; but my happiness dies in the hour I leave you. Now you see that I must go."

Her hand dropped until it lay upon his shoulder, and she whispered something there—words that were both life and death to him.

"Yes, you must go," she said; "I see it plainly. There is no help for it; you must go."

He wished that he were lying under the gray water, dead; the pain seemed greater than he could bear. Then her soft whispered words came to him again.

"It will be the one dream, the one memory of my life," she said. "On the shore of this sweet southern sea I have lived and died. Do many people throw away their lives like this?"

"I cannot tell," he replied, dreadingly; "nor can I tell why Fate has treated us so cruelly. If I had been true when I met you, Hettie, you are the one woman I should have chosen to be my wife."

"And I," she said, in a voice sweeter than the cooing of doves—"I should have loved you."

"It seems to me," went on Sir Basil, "as though we stood on either side of an open grave."

(To be continued.)

**BEAUTY OF THE SKIN**

It is the general desire of every woman, and is obtainable by the use of Dr. Chase's Ointment. Pimples, blackheads, roughness and redness of the skin, irritation and eczema disappear, and the skin is left soft, smooth and youthful. All dealers or Edmanson, Sales & Co., Montreal, Toronto, sample free if you mention this paper.

# Dr. Chase's Ointment

### Back From Materialism.

Evolution remains the accepted key to the growth of life, but it is more and more seen to have been concerned with life from the utmost beginning of things. As Professor Thomson says, evolution is forcing us "to think of everything as with a history behind it, for we have travelled far since Darwin's day. The solar system, the earth, plants and animals, man himself and his social institutions—all must be seen as the outcome of a long process of becoming, and such phrases as 'dead' matter and 'inert' matter have gone by the board." Then again, the atom, conceived during the reign of merely "modern" science, and, indeed, for two thousand years, to be the ultimate and indivisible particle of matter, is becoming a new atom. It is not indivisible; it has been divided. It has the majesty, the complexity almost of a world. What we thought was elementary is not so. The atom is populated. It seethes with the life, the energy, the fierce vitality of electrons. These marvellous new glimpses into the infinitely little are enabling our scientists to look with prophetic eyes and understanding into the universe as a whole. Radium, X-rays, the spectroscopic and laboratory instruments and methods of a delicacy undreamed of before have been the means to these results. Electricity is no longer an indefinite something. It is the rush of released electrons from atom to atom. And from all this there emerges the great question of the hour, "Is there a primordial substance from which all the varying forms of matter have been evolved?" The answer begins to tremble on the tongue of science.

### Russian Famine Relief.

Some American statements about the peak of the acute famine period being passed seem liable to be misunderstood in Canada. The American relief organization, supported by the financial resources of the nation to the extent of \$20,000,000, is undoubtedly helping to save the situation. But it should be clearly understood that some of the worst provinces are still being cared for by British funds, including Canada's growing contribution through the Canadian Committee of the Save the Children Fund.

American corn is being shipped into all the famine-stricken provinces. Temporarily, to allow the American shipments all possible facilities for inland transportation, the British relief organizations—the Save the Children Fund and the Society of Friends—have waived their claim on Russian railway service. It is especially urgent that seed should be distributed within the next few weeks to stem off another famine next autumn. But when the immediate rush of American supplies is over, the British relief workers will still have to continue operating food kitchens, especially to feed the children until the end of August.

Sir Benjamin Robertson, the British authority on Indian famine relief, after visiting Russia in January and February of this year, with the approval of the British Government, anticipated the present claims about the peak of the famine period being overcome, due to the arrival of American corn and seed. He expressed the hope that the optimism of the American relief association would prove to be correct. But, in any case, Sir Benjamin added, it did not relieve the British organizations from the task they have undertaken, to feed the famished people in certain provinces, until next harvest.

A balanced ration is necessary for the children. When they are brought in to the rescue stations, they seem to be in such a condition physically, that the greatest care has to be taken in feeding them. They need something more than corn. The consignments of food from Canada, in accordance with the system established by the Save the Children Fund, allow the children to be given one nourishing meal a day, consisting possibly of cocoa, bread, and bean soup, varied with milk and rice. Under the efficient British administration, the cost of feeding a child is only 25 cents a week, including all overhead charges. Four dollars is sufficient to feed one child till the middle of August, and Sir George Burn, the venerable treasurer of the Canadian Committee, is glad to see the arrival, in almost every mail, of substantial contributions to the fund.

### Keep Your Health

**MINARD'S "KING OF PAIN" LINIMENT**

Minard's Liniment Co., Ltd., Yarmouth, N.S.

The Old Reliable. Try It!

"Something in Your Eye."

THEN TRY THIS.

If anything suddenly gets into your eye, keep it quietly shut for a short time in order that the tears may wash the ball round and round. They need rubbing the sound eye will often remove the trouble from the injured one.

If the substance still be there, take a firm hold of the lashes of the upper lid and draw them over the lashes of the lower one two or three times. If this does not remove the speck, draw the upper lid and press down on it with a pencil till it is turned inside out, when, if the speck is seen it can be brushed off.

A black eye is best cured by hot fomentations.

Crepe de Chine in cross-hatched designs is used for simple sports frocks. White crepe makes the wide collars and cuffs.

### Not a Laxative

Nujol is a lubricant—not a medicine or laxative—so cannot grip.

When you are constipated, there is not enough lubricant produced by your system to keep the food waste soft. Doctors prescribe Nujol because its action is so close to this natural lubricant. Try it today.

# Nujol

Minard's Liniment Relieves Neuralgia

### Big Values Men's Boots!

## Men's Mahogany Calf Blucher \$4.75

### Men's Mahogany Calf—Pointed last, Goodyear welt, \$6.50



### MEN'S MAHOGANY CALF BLUCHER—Goodyear welt, at \$8.00 and \$9.50

MEN'S MAHOGANY CALF BLUCHER OXFORD—Goodyear welt . . . . . \$7.40

MEN'S BLACK GUNMETAL BLUCHER . . . . . \$5.00

MEN'S BLACK VICI KID BLUCHER . . . . . \$6.00

MEN'S BLACK GUNMETAL CALF—Pointed last (welt) . . . . . \$6.00

MEN'S BLACK CALF BLUCHER—Goodyear welt . . . . . \$7.00

# F. Smallwood, The Home of Good Shoes, Water Street.

### The Treatment of Carbon Monoxide Poisoning.

Carbon monoxide poisoning is one of the most widely distributed and most frequent of industrial accidents, says the U.S. Public Health Service. The gas is without color, odor, or taste. It is an ever-present danger about blast and coke furnaces and foundries. It may be found in a building having a leaky furnace or chimney or gas stove without the close connection, such as a tenement, tailor shop, or boarding house. The exhaust gases of gasoline automobiles contain from 4 to 12 per cent of carbon monoxide, and in closed garages men are not infrequently found dead beside a running motor. A similar danger may arise from gasoline engines in launches. The gas is formed also in stoke-rooms, in gun turrets on battleships, in petroleum refineries; and in the Leblanc soda process in co-

### Fashions and Fads.

A cape dress of white crepe de chine is stitched in emerald green.

A frock of grey crepe remains in trim with pleated ribbon and a tucks.

A sports frock of green and white crepe de chine is embroidered in wool.

Wraps and capes show rows of flat Hercules braid at the mings.

A sports hat of purple felt is lined with a purple edged white bon.

Ruching has appeared again in trim collars and vests of trimmed with pleated ribbon and a tucks.

## Famous Beauty Regains Health and Strength through Ironized Yeast

### "A Wonderful Help in Keeping My Figure Perfect" Says Beautiful Elsie La Bergere, in Telling of Her Amazing Restoration to Health.

"It was by purest accident that I picked up a package of Ironized Yeast just as I was about to give up the struggle for a long needed rest. The results that it brought in me proved that it was just what I needed. For today I actually feel like a new born woman!"

Such is the amazing statement of Elsie La Bergere, known to vaudeville lovers all over the continent for the beauty of her figure. Miss La Bergere, for those unacquainted with her work, presents plastic poses in porcelain and marble, with her remarkable posing dogs.

"My stage work," continued Miss La Bergere, "put such a severe strain on my nervous system that every performance became a hardship. I lost my appetite, and always felt tired and worn-out. Then I discovered Ironized Yeast—and I really cannot give enough praise to it. I find it keeps me absolutely fit in every way, and that it is a great help in keeping the shape of my body in wonderful condition. Ironized Yeast has a permanent place of honor in my traveling bag."

**"Worth \$500"**

"I weighed only 110 pounds, but now I weigh 150. I have lost my nervous system, my skin is broken, my hair is falling out, my eyes are swollen, my face is all red and inflamed. I have been using Ironized Yeast for several weeks, and I have gained 40 pounds in 15 days."—Mrs. J. G. B., New York.

**"Gains 8 Pounds"**

"After one box of IRONIZED YEAST I have gained 8 pounds, my skin is cleared, and I feel much better."—Mrs. A. G. B., New York.

**"Gains 10 Pounds"**

"I have taken only 15 packages of IRONIZED YEAST, and yet have gained 10 pounds in 15 days."—Mrs. W. W. Y., New York.

**"Pimples Disappeared"**

"My pimples and blackheads have disappeared, and my complexion has improved wonderfully."—Miss D. B., New York.



### Carries Out Threat to Suicide.

Taking with him his two little sons, aged six and seven, Raeburn Besse, forty, left his home in Detroit on the night of March 3 last, telling his wife he intended to kill the children and himself, and declaring their bodies would be found in the river. No trace of the three was discovered until late Monday night, April 17, when Besse's body was dragged from Detroit River, at the foot of Orleans Street. The body of the younger child, Dieudonna Besse, was found later floating in the river, off the Canadian shore at Ojibway. Search is being made for the body of the other boy. Mrs. Besse's life to-night doctors say, hangs by a thread. Besse had been a man of mystery, remaining at home in the daytime and being out at night.

### FREE!

While IRONIZED YEAST is sold at all dealers on our Satisfactory Guaranteed basis, those who wish may try it absolutely FREE. Simply mail the coupon. It will bring you the famous Three Day Trial Treatment. The results, even from this short test, will very likely surprise you. Send for it now.

72 Free Trial Coupon

Harold F. Ritchie & Co., Ltd. 10 McCall St., Toronto DEPT. 84

Please send me the famous THREE DAY FREE TRIAL TREATMENT of Ironized Yeast.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Only One Trial Package to a Family

# IRONIZED YEAST Tablets

THE ONLY YEAST THAT IS GENUINELY IRONIZED

Sole Agent, HAROLD F. RITCHIE & CO., Ltd., Toronto

### Clear EVERY PAIN

Bell Rebutel Walnut  
Bell Rebutel Walnut  
Karn Rebutel  
Karn Rebutel  
Karn Rebutel  
Doherty sets  
Doherty sets  
Doherty sets  
en On

Bell Rebutel footsets  
sets gain  
Karb Chum sets  
Mason & H 6 sets

MU th,m,tf

Super is the d it in the cause w absolute a beaut in our inspect Reduce Mu mario

00000 SPE MEN'S