

# A BAKING SUCCESS WHICH YOU CAN DUPLICATE IN YOUR HOME WITH



All this talk about Western wheat flours being "pastry" flours, is just plain talk. Anyone, who knows anything about wheat, knows that Western wheat flour cannot and does not, make as good Pastry as "Beaver" Flour. Western wheat has what the bakers call strength. It makes a big loaf of bread—but the bread is spongy and lacks flavor. Ontario wheat, blended with spring wheat, makes the ideal bread and pastry flour. The bakers of Toronto and London—the experts at the agricultural colleges—and thousands of homes in Ontario, Quebec and the Maritime Provinces—have proved that "Beaver" Flour is superior to any Western wheat flour, and is equally good for bread and Pastry. Try it. DEALERS—Write us for prices on Feed, Coarse Grains and Cereals. THE T. H. TAYLOR CO., LIMITED, 141 CHATHAM, ONT.

R. G. ASH & CO., St. John's, Sole Agents for Newfoundland, will be pleased to quote prices

## WON AT LAST.

CHAPTER V.

I stopped, glancing at her companion, who stood with her braced brown arms crossed and her black eyes fixed upon the ground. I did not know what to call her or how to allude to her.

Perceiving the ease of my embarrassment, Natalie looked at her with a smile, putting out one hand to touch the streaming red and yellow robes.

"That is Yalla," she explained, looking at me. "She was my nurse."

"Oh, I see," I said; but I felt a little non-plussed.

What would Whittleford say to this fantastic figure in the Chavasse carriage—what would the servants say—above all, what would madame say? But there—it was no business of mine. I drew Natalie's hand within my arm, and led her out to the carriage, the brown-skinned nurse strolling behind. The face of Jim the groom, when he beheld her, was a study.

I helped Miss Orme in, took the seat beside her, and touched the ponies with the whip. She leaned back in her corner, those great bright eyes of hers glancing round with quick curiosity and eagerness. Presently, looking up, she met mine.

"Oh, how pretty it is!" she exclaimed. "I'm glad you think so." I returned, pleased. "In my opinion there

isn't a place in England to beat Whittleford, and there isn't a place in Whittleford to come up to Mount Chavasse.

"That is your home?" "Yes, and yours."

"Not very—at the other end of the village. But I say, Miss Orme"—and I laughed—"don't call me 'Mr. Chavasse'—nobody does."

"Bar I don't know what else to call you. You are Mr. Chavasse?" "Oh, yes; but I don't want to be called so! Call me what everybody else does, will you—'Ned'?"

"Very well. I should like it best; but then you mustn't call me 'Miss Orme.'"

"All right; I'd rather not. What shall I call you then—'Natalie'?" "No. You have given me a short name to call you, and you shall have a short one for me. Call me 'Nat'—papa always did."

"Why, that's jolly!" I said, laughing. "I shall be able to fancy you're a boy. But we shall shock madame's sense of the proprieties awfully, I'm afraid."

Froude, as he rode back in the direction of Holmeadene. His bow was given to me, but his keen black eyes rested with a sharp scrutinizing glance upon the quaint little brown face beside me, as he rode by, rising in his saddle with an uneasy angularity of motion.

"Who is he?" Natalie repeated. "His name is Fraser Froude; he's a neighbor of ours—a new one. I don't know much of him!"

"Don't you like him?" she asked quickly—so quickly, in fact, that I was startled.

"Not overmuch, so far as I know him. Queer-looking article, isn't he?" "What made him look at me so. Ned? I don't like his eyes."

"Neither do I; they're too sharp—eh? Never mind him, or his eyes either. Now here's some one I do like, and so will you. Halloo, Roger! How does old Wilde find himself by this time?"

Yorke, coming along at his usual smart pace, with his hands in his pockets and his hat thrust back over his curly hair, brought himself to an abrupt halt at the sound of my voice, and for an instant stared at thought, had called him down from the clouds. Then his bright, quick blue eyes encountered the wonderful golden-black eyes beside me, and his sun-burned face flushed slightly as he pulled off his hat to Natalie.

"Will you introduce me, Ned?" he said, for upon my word I was altogether forgetting the necessity of doing it.

"Of course," I returned, quickly. "I beg your pardon, Natalie. Let me introduce Doctor Yorke to you. He knows Miss Orme by name already, so I needn't say any more."

Roger would only have bowed again, I think; but Natalie showed her ignorance or indifference to the proprieties of first introduction by holding out her hand to him. He took it, and it looked absurdly slim and thin in his big brown palm.

## Eat and Live.

- 500 brls. POTATOES, \$2.00 brl. Dry as meal.
- 100 bags TURNIPS, \$1.70 bag.
- 50 sacks CARROTS.
- 20 sacks BEETS.
- 30 sacks PARSNIPS.
- APPLES, \$3.00 and \$3.20 brl.
- 40 brls. PARTRIDGE BERRIES.
- VENISON, 8c., 12c., 15c. lb.
- 30 brls. SALT HERRING.

## SOPER & MOORE

But I thought you told me that that rosy old man was the doctor?"

"So he is, and so is Yorke. They're partners."

"I see. Why, I shall know everybody soon?"—and she laughed. "Oh, what a pretty house! Is it Chavasse, Ned?"

We were just abreast of the rectory, for, what with stopping to talk and letting the ponies choose their own pace, we were still at that end of the High Street. The red brick ivy-covered rectory did look snug and pretty in the sunlight; but the idea of her mistaking it for Chavasse's was laughable.

"Chavasse is as big as that half-lozen times over," I said. "That's the rectory, Nat; and where I expect you'll find the person whom you'll like best in Whittleford."

"Who is it?" "Alice Deeping, the rector's daughter. She's such a jolly girl, and why, there she is!"

Indeed the rectory gate opened as I spoke, and Alice, in her blue muslin and with her flaxen head bare, ran out and up to the carriage as I pulled up.

"I'm awfully rude to stop you like this, Ned, and if mother wakes up and sees me she'll have a fit. But I couldn't help it; I wanted so much to see Natalie. There—you see how rude I am, Miss Orme! I actually called you by your Christian name before we're so much as introduced. There—don't trouble, Ned! I know Natalie's name, and I dare say she knows mine, so we can make friends without your help." She laughed, and in her quick way crossed to Natalie's side of the carriage, leaned in and kissed her. "I mustn't stop to talk now, or I shall have all Whittleford gaping at me and announcing that I've really gone off my head at last—and you must be so tired! I hope we shall be friends; I've been looking forward so to your coming—haven't I Ned? I shall come up to the Mount to-morrow to see you, if you would like it."

## A Waste of Energy.

By RUTH CAMERON.

To fret over things which you cannot help is a most ridiculous waste of energy. Anyone will acknowledge that. And yet how few people who possess the strength of mind not to do it.

I was calling on a woman the other day who has not been well since her last baby was born. The doctor has told her that the only way she can get back to normal is to take things easy. If she over-thrives herself just now, he says, and the consequence may be impaired vitality for the rest of her life.

Unfortunately the family financial condition is not such that this woman can have anyone to help her, and the only way to take it easy is to let things go right and left. One would think that for the sake of all the future years she would be glad to do this. On the contrary, she is constantly fretting because she cannot keep things up as she is used to having them. She deluges me with complaints and apologies. "Just look at those curtains; they ought not to go a day longer without washing, and yet I can't do it. It worries me so. I hope you didn't notice how dirty that ball carpet is; it frets me every time I go out there," etc.

## WOMEN TAKE NOTICE!

A woman cannot understand the torture and suffering many women endure uncomplainingly. If the majority of men suffered as much pain and endured with patience the weakening sicknesses that most women do, they would ask for immediate sympathy and look for a quick cure.

Many women have been saved from a life of misery and suffering by turning to the right remedy—Dr. Pierce's Favorite Prescription—a remedy which is safe to take because containing no narcotics, alcohol or injurious ingredients. It is an alterative extract of roots, made with pure glycerin, and first given to the public by that famous specialist in the diseases of women—Dr. R. V. Pierce, of the Invalids' Hotel and Surgical Institute of Buffalo, N. Y.



Mrs. Lezzie M. Hessemer, of Lincoln, Neb., 330 "C" St., says: "I send a testimonial with much pleasure so that some suffering woman may know the true worth of your remedy."

I was a great sufferer from female troubles but after taking one bottle of Dr. Pierce's Favorite Prescription, which a friend advised me to take, I found myself very much improved. After taking three more bottles, and using two boxes of Dr. Pierce's Lotion Tablets, I found myself on the road to recovery. I was in poor health for five years but now I am cured. I hope all women suffering from female weakness will give Dr. Pierce's Favorite Prescription a fair trial.

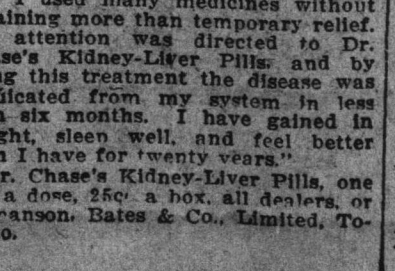
Doctor Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

## Household Notes.

Vegetables to be tender should be cooked slowly. In making French dressing use twice as much oil as vinegar. Chicken soup is improved if a little grated cheese is put into it.

## Reduced in Flesh Sleepless Nights

Kidney Disease and Gravel Caused Keenest Suffering—Cured by Dr. Chase's Kidney-Liver Pills.



Mr. W. Smith.

That disease of the kidneys causes the greatest suffering is well known, and when stone or gravel is formed in the bladder the torture is almost beyond human endurance.

The disease should never be allowed to reach this dangerous stage, or smarting when passing water, frequent urination, loss of flesh, and weight tell of the need of Dr. Chase's Kidney-Liver Pills to regulate and invigorate the kidneys and restore these organs to health.

Mr. W. Smith, Port D'Arthen, Ont., writes:—"For some years I was afflicted with kidney disease and gravel. In its most severe form, having often a stoppage of water, accompanied by the most dreadful agony. As the disease wore on me I became reduced in flesh and passed sleepless nights. No doctor was able to do much for me, and I used many medicines without obtaining more than temporary relief. My attention was directed to Dr. Chase's Kidney-Liver Pills and by using this treatment the disease was eradicated from my system in less than six months. I have gained in weight, sleep well, and feel better than I have for twenty years."

Dr. Chase's Kidney-Liver Pills, one full dose, 26c. a box. All dealers or Pearson, Bates & Co., Limited, Toronto.

## Evening Telegram Fashion Plates.

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.

9424—A GRACEFUL AND BECOMING STYLE FOR THE GROWING GIRL.



Girls' Dress With or Without Yoke Band and Chemisette.

Brown serge with applied braiding in self color and fancy buttons, was used for the design. Shadow lace supplies the yoke and collar. The design is suitable for any of his season's dress material. The Pattern is cut in 4 sizes: 8, 10, 12 and 14 years. It requires 4 1/2 yards of 40 inch material for the 12 year size.

A pattern of this illustration mailed to any address on receipt of 10c in silver or stamps.

9431—A NEW AND EFFECTIVE GOWN.



Dress for Misses and Small Women (With Skirt in Raised or Normal Waistline).

Wood brown serge with trimming of a darker shade, and metal buttons was used for this stylish model. The vest is outlined by reverse that extend to the shoulder. The skirt closes at the side. A belt, sash or giraffe may finish the waistline, which may be raised or normal. The design may be developed as a one or two piece dress. The Pattern is cut in 5 Sizes: 14, 15, 16, 17 and 18 years. It requires 4 3/4 yards of 44 inch material for a 14 year size.

A pattern of this illustration mailed to any address on receipt of 10c in silver or stamps.

## PATTERN COUPON.

Please send the above-mentioned pattern as per directions given below.

Name..... Address in full:..... No.....

N.B.—Be sure to cut out the illustration and send with the coupon, carefully filled out. The pattern cannot reach you in less than 15 days. Price 10c. each, in cash, postal note or stamps. Address: Telegram Pattern Department.

## WIFE'S HEALTH RESTORED

Husband Declared Lydia E. Pinkham's Vegetable Compound Would Restore Her Health, And It Did.

Ashland, Ky.—"Four years ago I seemed to have everything the matter with me. I had female and kidney trouble and so bad off I could hardly rest day or night. I doctored with all the best doctors in town and took many kinds of medicine but nothing did any good until I tried your wonderful remedy, Lydia E. Pinkham's Vegetable Compound. My husband said it would restore my health and it has."

There are probably hundreds of thousands of women in the United States who have been benefitted by this famous old remedy, which was produced from roots and herbs over thirty years ago by a woman to relieve woman's suffering.

Read What Another Woman says: Camden, N. J.—"I had female trouble and a serious displacement and was tired and discouraged and unable to do my work. My doctors said I never could be cured without an operation, but thanks to Lydia E. Pinkham's Vegetable Compound I am cured of that affliction and have recommended it to more than one of my friends with the best results."

## Famous "Pint of Cough Syrup" Recipe

No Better Remedy at Any Price. Fully Guaranteed.

Make a plain syrup by mixing two cups of granulated sugar and one cup of warm water and stir for two minutes. Put 24 ounces of pure Pinex (fifty cents worth) in a 16-ounce bottle, and fill it up with the Sugar Syrup. This gives you a family supply of the best cough syrup at a saving of \$2. It never spoils. Take a teaspoonful every one, two or three hours.

The effectiveness of this simple remedy is surprising. It seems to take hold instantly, and will usually stop the most obstinate cough in 24 hours. It tones up the jaded appetite and is just laxative enough to be helpful in a cough, and has a pleasing taste. Also excellent for bronchitis and asthma, and an unequalled remedy for whooping cough and croup.

This recipe for making cough remedy with Pinex and Sugar Syrup (or strained honey) is a prime favorite in thousands of homes in the United States and Canada. The plan has been imitated, though never successfully. If you try it, use only genuine Pinex, which is the most valuable concentrated compound of Norway white pine extract, and is rich in gualacol and all the natural healing pine elements. Other preparations will not work in this recipe.

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