being pastry" flours, is just plain talk. Anyone, who knows anything about wheat, knows that Western wheat flour cunnet and does not, make as good Pastry as "Beaver" Flour. Western wheat has what the bakers call strength. It makes a big loaf of bread-but the bread is

"That is your home?"

vasse'-nobody does."

I laughed -"don't call me 'Mr. Cha-

"But I don't know what else to cal

called sa! Call me what everybod

"Very well. I should like it best

"My mother," I explained: "Ever

ne calls her 'madame'-even I de

on see. It's a title that the mistress

s of Chavasse have borne for longe

"I see," she returned, nodding, "Br

is her sense of -what did you say?-

"Fairly so in general, but not fo

"I don't know," she said, shaking

her head. "I am not used to Eng

lish ways. In Jamaica I did as

"So you will here, of course."

"Well, perhaps; if you see me do

ing anything wrong, you must tel

"Very! How old it looks! What i

The Free Library, I told her, a place

that my father had built, stocked, and

given to Whittlesford; and my tongue

the High Street now, and I pulled i

ing out everything that was likely t

interest her. And nicely Valla, sittin

"Why, every one seems to know

vou. Ned!" Natalle said, presently, it

"Oh, yes; and I know every one!

"That is how it is, then. To me

seems so odd. Who is that rosy

"Old Dizarte, the doctor. You'll

ike him, Nat. He is as jolly as he

"Then he must be very nice," she

said, with a little laugh. "And who

that place behind it?"

behind, got stared at!

was born here, you see."

cheeked oldd gentleman?"

a surprised tone.

ooks."

proprieties so strict then?"

me, and I'm sure not for you."

than I can tell."

liked."

isn't it?"

"Fall I call you then-'Natalie'?"

else does, will you-'Ned'?"

spongy and lacks flavor. Ontario wheat, blended with spring wheat, makes the ideal bread and pastry flour. The bakers of Toronto and London—the experts at the agricultural colleges-and thousands of homes in Ontario, Quebec and the Maritime Provinces-have proved that "Beaver" Flour is superior to any Western wheat flour, and is equally good for Bread and Pastry. Try it. DEALERS-Write us for prices on Feed, Course Grains and Cereals.

THE T. H. TAYLOR CO., LIMITED, - CHATEAM, ONE.

R' G. ASH & CO., ot John's, Sole Agents in Newfoundland, will be pleased to quote prices

CHAPTER V.

I stopped, glancing at her companion, who stood with her braceleted brown arms crossed and her black eves fixed upon the ground. I did not know what to call her or how to al-

Perceiving the case of my embarrassment. Natalie looked at her with

"That is Valla." she explained, look ing at me. "She was my nurse." "Oh, I see!" I said; but I felt a "All right; I'd rather not. What

this fantastic figure in the Chavasse name to call you, and you shall have carriage-what would the servants a short one for me. Call me say-above all, what would madame Nat'-papa always did." say? But there—it was no business "Why, that's jolly!" I said, laughof mine. I drew Natalie's hand with- ing. "I shall be able to fancy, you'r in my arm, and led her out to the a boy. But we shall shock madame carriage, the brown-skinned nurse sense of the proprieties awfully, I'n stalking behind. The face of Jim the traid." study,

I helped Miss Orme in, took the seat beside her, and touched the ponies with the whip. She leaned back in her corner, those great bright eves of hers glancing round with quick curiosity and eagerness. Presently, looking up, she met mine.

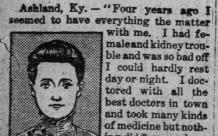
"Oh, how pretty it is!" she ex claimed.

"I'm glad you think so" I returned, pleased. "In my opinion there

WIFE'S HEALTH

Husband Declared Lydia E. Pinkham's Vegetable Compound Would Restore Her Health,

And It Did.



with me. I had femaleand kidney trouble and was so bad off could hardly rest day or night. I doctored with all the best doctors in town and took many kinds of medicine but nothing did any good until I'tried your won- the ponies to a walking-pace, point derful remedy, Lydia E. Pinkham's Vege-

table Compound. My husband said it would restore my health and it has."Mrs. MAY WYATT, Ashland, Ky.

There are probably hundreds of thou-sands of women in the United States who have been benefitted by this famous old remedy, which was produced from roots and herbs over thirty years ago by a woman to relieve woman's suffering. Read What Another Woman says:

Camden, N. J.-"I had female trouble and a serious displacement and was tired and discouraged and unableto do my work. My doctors cold me I never could be cured without an operation but thanks to Lydia E. Pinkham's Vegetable Compound I am cured of that affliction have recommended it to more than of my friends with the best results." Mrs. ELLA JOHNSTON, 324 Vine St.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confi-dential) Lynn, Mass. Your letter will

rested with a sharp scrutinizing glance upon the quaint little brown face beside me, as he rode by, rising in his saddle with an uneasy angularity of motion.

"Who is he?" Natalie repeated.

"His name is Fraser Froude; he's a neighbor of ours-a new one. I don't

"Don't you like him?" she asked quickly-so quickly, in fact, that

"Not overmuch, so far as I know him. Queer-looking article, isn't he? "What maed him look at me so Ned? I don't like his eyes."

"Neither do I; they're too sharpeh? Never mind him, or his eyes. either. Now here's some one I de like, and so will you. Halloo, Roger! How does old Wilde find himself b

Yorke, coming along at his usual smart pace, with his hands in his pockets and his hat thrust back over ais curly hair, brought himself to a brupt halt at the sound of my voice nd for an instant stared as thoug had called him down from th louds. Then his bright, quick blu yes encountered the wonderful gold n-black eyes beside me, and his sun ourned face flushed slightly as h ulled off his hat to Natalie.

"Will you introduce me, Ned?" h said, for upon my word I was altogether forgetting the necessity of do

"Of course." I returned, quickly. " beg your pardon, Natalie. Let me in troduce Doctor Yorke to you. H knows Miss Orme by name already, so needn't say any more."

Roger would only have bowed aga: think: but Natalie showed her is orance or indifference to the proprieties of first introduction by hold ing out her hand to him. He took it but then you mustn't call me 'Miss and it looked absurdly slim and tin

> "Le me express a hope that you wil like Whittlesford, Miss Orme." h

ing into his face with a certain in nocent straightforward scruting which I soon found was natural to ier. Despite her shy manner, Natali-Orme had a self-possession little in ferior to that of Alice Deeping her groom, when he beheld her, was a "Madame?" she repeated, question self. The blue eyes and the black me for a moment gravely and steadfast! and then Yorke loosed his hand.

"Madame is wondering when ye nean to turn up. Ned." he said, ad lressing me.

"Is she though? How do yo know?"

"I've just come from the Moun She appeared to be getting quite any ous, fearing that some accider night have occurred, I suppose."

"All right; that means we mus ourry. Good-bye for the present

Yorke gave me a nod, bowed to Na alie, and was off again, his hands in is pockets and his hat on the bac of his head, just as before. Her eye ollowed him

"What did you say his name was led?" she asked me.

"All right. Only, if you could her "Yorke-Roger Yorke. Isn't he madame lecture me sometimes, yo olly chap?" wouldn't think I was a good author ity. There's the church-pretty plac

"Yes, I like him," she said, slowl

Famous "Pint of Cough Syrup" Recipe

No Better Remedy at Any Price. Fully Guaranteed.

Make a plain syrup by mixing two cup granulated sugar and one cup of warm water and stir for two minutes. Put 21/2 ounces of pure Pinex (fifty cents' worth) in a 16-ounce bottle, and fill it up with the Sugar Syrup. This gives you a family supply of the best cough syrup at a saving of \$2. It never spoils. Take a teaspoon

ul every one, two or three hours. The effectiveness of this simple remedy

The effectiveness of this simple remedy is surprising. It seems to take hold instantly, and will usually stop the most obstinate cough in 24 hours. It tones up the jaded appetite and is just laxative enough to be helpful in a cough, and has a pleasing taste. Also excellent for bronchial trouble, throat tickle, sore lungs and asthma, and an unequaled remedy for whooping cough and croup.

This recipe for making cough remedy with Pinex and Sugar Syrup (or strained honey) is a prime favorite in thousands of homes in the United States and Canada. The plan has been imitated, though never successfully. If you try it, use only genuine Pinex, which is the most valuable concentrated compound of Norway white pine extract, and is rich in guaiacol and all the natural healing pine elements. Other preparations will not work in this recipe.

500 bris. POTATOES, \$2.00 brl. Dry as meal.

100 hags TURNIPS, \$1.70 bag. 50 sacks CARROTS. 20 sacks BEETS. 30 sacks PARSNIPS.

40 brls. PARTRIDGE BERRIES.

VENISON, 8c., 12c., 15c. lb. 30 brls. SALT HERRING.

SOPER & MOORE

But I thought you told me that tha rosy old man was the doctor?" "So he is, and so is Yorke. They're

"I see. Why, I shall know every body soon?"-and she laughed. "Oh what a pretty house! Is it Cha-

We were just abreast of the rec tory, for, what with stopping to talk and letting the ponies choose their own pace, we were still at that end of the High Street. The red brick ivy-covered rectory did look snug and pretty in the sunlight; but the idea of her mistaking it for Chavasse!

"Chavasse is as big as that half lozen times over." I said. "That the rectory, Nat; and there I expect ou'll find the person whom you'll like best in Whittlesford." "Who is it?"

"Alice Deeping, the rector's daugi ter. She's such a jolly girl, and-Why, there she is!"

Indeed the rectory gate opened a spoke, and Alice, in her blue mus in and with her flazen head bare, ran out and up to the carriage as I puis

"I'm awfully rude to stop you like sees me she'll have a fit. But ouldn't help it: I wanted so much t see Natalie. There-you see how ude I am, Miss Orme! I actual! alled you by your Christian nam efore we're so much as introduced There-don't trouble, Ned! I know Vatalie's name, and I dare say sh nows mine, so we can make friend without your help." She laughed and in her quick way crossed to No talie's side of the carriage, leaned i and kissed her. "I mustn't stop t talk now, or I shall have all Whit tlesford gaping at me and announc ing that I've really gone off my hear at last-and you must be so tired! tope we shall be friends: I've been ooking forward so to your cominghaven't I Ned? I shall come up to he Mount to-morrow to see vou. ou would like it."

"I should like it indeed. You are ery kind, Miss Deeping," Natalie reurned, shyly. Evidently, like most omen who are timid at all, she was nost so with those of her own sex. "My dear, pray don't call me 'Miss Deeping,' or I can't call you 'Natalie. My name isn't half such a pretty one as yours-only 'Alice,' besides, w can't really be friends if we are t Miss' each other, can we? There There's mother at the window, I de believe! Good-bye until to-morrow

She crossed to my side of the car riage, and I bent down to whisper:

"Well, what do you think of her. "I think she's a little darling!"-Alice was a young woman of substantial proportions. "And what lovely eves!

"Glorious, aren't they?"

"Beautiful! What a dispensation hat she is so dark! We shall set one nother off splendidly. And-graious!" her eyes suddenly falling up on Valla-"whom, in the name of all that is fantastic, have you perched up

> (To be continued.) LINIMENT CURES

A Waste of Energy.

cannot help is a most ridiculous waste of energy. Anyone will acknowledge that. people there are who possess the

has not been well since her last baby normal is to take things easy. If she over-tires herelf just now, he says, for me to get all I want to done, and the consequence may be impaired vi- where I'll have the strength to do it tality for the rest of her life.

Unfortunately the family financial condition is not such that this woman things go right and left. One would think that for the sake of all the future years she would be glad to do this. On the contrary, she is contantly fretting because she cannot keep things up as she is used to having them. She deluged me with complaints and apologies. "Just look at those curtains: they ought not to go a day longer without washing, and yet I can't do it. It worries me so." "I hope you didn't notice how dirty that hall carpet is; it frets me every time I go out there," etc.

By RUTH CAMERON. To fret over | Just think how much this woman is

things which you retarding her recovery by fretting about these things which she cannot Undoubtedly it is one of the hardest

duties of many a housewife to school And yet how few herself not to fret about those things strength strength of mind leisure to keep their homes as immaculate as they would like to. I was calling Tasks which they know they ought to a woman the | do and which they would really like was born. The doctor has told her the face, "My idea of happiness," I that the only way she can get back to once heard a housewife say, "is a place where the days are long enough

> Some housewives, when confronted with tasks beyond their strength simply rise up and do them whether or housekeeping, health and nerves and the rights of husbands and children.

Others are not quite insane enough to do this but they are almost as foolish, for they waste nearly as much vitality fretting and worrying because they cannot do these things.

they have strength and time to do and train themselves to think as little as possible about the rest. To which class do you belong?

WOMEN TAKE NOTICE!

A man cannot understand the torture and suffering many womes endured uncomplainingly. If the majority of men suffered as much pain and endured with patience the weakening sicknesses that most women do, they would ask for immediate sympathy and look for a quick cure.

Many women have been saved from a life of misery and suffering by turning to the right remedy—Dr. Pierce's Favorite Prescription—a remedy which is safe to take because containing no narcotics, alcohol of injurious ingredients. It is an alterative extract of roots, made with pure glycerin, and first given to the public by that famous specialist in the diseases of women—Dr. R. V. Pierce, of the Invalids' Hotel and Surgical Institute of Buffalo, N, Y.



MRS. LIZZIE M. HESSHRIMER, of Lincoln, Neb., 529 "C" St., says: "I send a testimonial with much pleasure so that some suffering woman may know the true worth of your remedies. I was a great sufferer from female troubles but after taking one bottle of Dr. Pierce's Favorite Prescription, which a friend advised me to take, I found myself very much improved. After taking three more bottles, and using two boxes of Dr. Pierce's Lotion Tablets, I found myself on the road to recovery." I was in poor health for five years but now I am cured.

"I hope all women suffering from female weakness will give Dr. Pierce's Favorite Prescription.

Doctor Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

Household Notes.

Vegetables to be tender should be

cooked slowly. In making French dressing use

twice as much oil as vinegar. tle grated cheese is put into it.

leduced in Flesh **Sleepless Nights**

(Idney Disease and Gravel Caused Keenest Suffering—Cured by Dr. Chase's Kidney-Liver Pills.



Mr. W. Smith.

That diseases of the kidneys cause he greatest suffering is well known, and when stone or gravel is formed in the bladder the torture is almost beyond human endurance.

The disease should never be allowed to reach this dangerous stage. Dains in the small of the back, pain a smarting when passing water free r smarting when passing water, fre-uent urination, loss of flesh and reight tell of the need of Dr. Chase's kidney-Liver Pills to regulate and in-igorate the kidneys and restore these regans to health. Mr. W. Smith, Port Dalhousie, Ont.

ising this treatment the disease was tradicated from my system in less han six months. I have gained in weight, sleen well, and feel better han I have for twenty years."

Dr. Chase's Kidney-Liver Pills, one till a dose, 25¢ a hox, all dealers, or Edmanson. Bates & Co., Limited, To-

Fermented ketchup makes an ex cellent polish to clean brass articles If a bay leaf is added to tomate soup it will give it a delightful flavor Chopped English walnuts add an interesting flavor to vanilla ice cream.

If vegetables are put to cook in hot water the flavor will be destroyed. Seeded raisins cut in half and ad-Chicken soup is improved if a lit- ded to the nut salad will make it taste Dingy overshoes can be made to

shine if wiped off with a cloth wrung ut of ammonia water. An old piano stool will be found seful in the kitchen, as it can be adisted to different heights.

White passepertout picture binding is very useful in labelling fruit or iellies for the store closet. When packing a trunk, waists will

be less mussed if they are put into a flat paste-board box. In cleaning painted woodwork it is better to use a strong kerosene water

than any kind of soap. Do not allow chicken or fowl of any kind to soak in water before cooking-the flavor will be spoiled. Add a few minced dates to fudge as

it comes from the stove. It will give t a novel and delicious flavor. When it is difficult to turn cream out of its can allow cold wa-Water can be softened by boiling.

A little borax or baking soda added to the water will also soften it. When the head feels congested, try yards of 44 inch material for a 14 holding the hands and wrists in hot water as long as you can stand it. To dampen clothes quickly sprinkle them with boiling water instead of cold. They can also be ironed

more quickly. When a cake or pudding runs over on the stove sprinkle salt on it at once, and the unpleasant odor will The brine in which sait beef has

been boiled can be poured on the garden walks. In this way weeds can be kept down. Large clam shells thoroughly scoured make very handy scoops for lour and sugar; they will not become

caked. Cotton crepe waists are much more wearable if they are starched in very thin strach and hung on a hanger to

If a soft piece of homemade bread is rubbed on a scorch on wooler goods it will remove it entirely. On children's everyday garments such as rompers, it is a good idea to use soutache braid instead of making

Hinard's Liniment Cures Colds, Etc.

Evening Telegram Fashion Plates.

The Home Dressmaker should keep Catalogue Scrap Book of our Pat. tern Cuts. These will be found very useful to refer to from time to time 9424.-- A GRACEFUL AND BECOM. ING STYLE FOR THE GROW.

ING GIRL.



Girls' Dress With or Without Yoke Band and Chemisette.

Brown serge with applied braiding in self color and fancy buttons, was used for the design. Shadow lace supplies the yoke and collar. The design is suiable for any of his season's dress materiable. The Pattern is cut in 4 sizes: 8, 10, 12 and 14 years. It requires 4 ½ yards of 40 inch material for the 12 year size. A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

9481.-A NEW AND EFFECTIVE



Dress for Misses and Small Women (With Skirt in Raised or Normal Waistline.)

Wood brown serge with trimming of a darker shade, and metal buttons was used for this stylish model. The vest is outlined by revers that extend to the shoulder. The skirt closes at the er to run over the outside of the can. side. A bert, sash of girdle have be raised ish the waistline, which may be raised or normal. The design may be developed as a one or two piece dress. The Pattern is cut in 5 Sizes: 14, 15, 16.

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MINARD'S LINIMENT CURES DIS-

Buk eased haps it wo Isn't this sou "babes and suck The speakers ar Mrs. E. Webster. Montreal, and weight to their a "My little girl disease at school formed all over only caused the but made her ve discharged, and scalp we feared all her hair. Sh plight when we Zam-Buk is "som Other essences con new healthy tissue sores, abscesses, fest cold cracks, etc., are

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