#### Uncle Phil's Remedy.

'How's Mary?' asked Uncle Phil Windham of his nephew, Harry Les-

'Not very well,' replied the young man, with a shadowed face. 'I'm sorry, What seems to be

the matter with her?' 'I'm sure I don't know, Uncl Phil. She has no appetite, and is weak and wretched half her time.'

'What does the doctor say?' Nothing satisfactory, Its my opinion that he doesn't know what ails her. The worst of it is, she gets into such low spirits, and cries some times for half the night.'

'That's bad, Harry-very bad.' I know it is, prole. Yet what

'How are you getting along it your business?' asked Uncle Phil. 'Not so well as I could desire, Hard, wearisome work every day, and yet I seem to make very little

progress.' The young man's face took on a seen that look a great many times before, and now it set him to think-

Did you ever see the person who got along in this world as well as he desired?' asked the old man.

Oh, as to that, Uncle Phil, my desires do not take a very wide range. But, I would like to see some fruit of my labor.'

'You have a comfortable home, Harry, as the fruit of your labor. Isn't that something?'

'Yes. But I don't seem to get ahead, and that discourages me. I work hard enough in all conscience. Uncle Phil looked at his nephew for some moments, and then said: 'Is that the face you carry home

every night, Harry ?' 'What face? I don't understand

· The dark, discontented face you wear now?

The eyes of Harry Lester dropped to the ground. Because, if it is, I don't wonder

true home face. Show it to Mary. and, my word for it, she'll find it

more potent than medicine.' 'You're a little facetious today,

uncle,' said Lester. ' Not I; but in sober earnest. don't just know how it is ; but I'm afraid that, in going home to Mary face again. at night, you take shadows instead of supshine. Now, a woman's heart Mary? Why, has it been absent so wants sunshine. It cannot grow long? flowers in the dark. Leave your care and business anxiety inside your store when the doors are shut at night, and bring home to your wife a cheerful spirit. Try the virtue of a smiling face, my boy; and old Uncle Phil's word for it, Mary will need no more doctor's stuff.' It was just as the old man supposed. Harry Lester, like too many other men who permit themselves to get over-anxious in regard to business matters, always brought a clouded face to his home at night. He used to bring light and smiles and cheerful words. Then it was different with Mary from what it was now Her face reflected the light and smiles that beamed from his, and her lips were running over with pleasant talk. Uncle Phil's remarks set bim to thinking, and he remembered all this. Could it be possible that the withdrawal of sunlight from his countenance had thrown her life

'I thought she was more of woman than that,

into shadow?

' More of a woman! Why, is this all you know of a true woman's nature? You should have been wiser in regard to her character before taking the happiness of a wife into your keeping. Love cannot grow and flourish if the sky is forever clouded; and love is a woman's

The state of Mary's mind, as well as the state of her health, were sad your face, mine must lie in darkenough to lead her husband to think seriously on any remedy that might be proposed; and so Uncle Phil's admonition did not pass from his thoughts, as we have seen from his womanlinees in his wife

'Try the virtue of a smiling face.' That was easily enough said, but not so easily done. How was Harry much better you look, Mrs. Lester ! Lester to smile when he felt de- I'm really glad to see it.' pressed in mind, and anxious about his business? He could smile through the day; smile in the face of his customers, and without an in wonder and self-rebuke. Uncle effort. Did he think of that? No! Phil's new remedy was working he only thought of the impossibility like a 'charm,' of applying Uncle Phil's remedy. 'Try the virtue of a smiling face.

my boy! stood at his door, and made a pause plant deprived of sunshine? I did before entering. Anything but a emiling aspect was the one that sat

upon bis countenance. 'I will try, he answered,' with a kind of desperate resolution, and. pushing open the door, entered with

a lighter step than usual. 'Oh, is this you, Mary?' he said in a pleasant way, as his wife, who happened to be crossing from the parlor, met him in the passage. He put on a smile as he spoke, and, wonderful to say, a smile came into

Mary's pale face. How are you this evening, he

Aching Joints

In the fingers, toes, arms, and other inflamed and swollen by rheumatismthat acid condition of the blood which affects the muscles also.

Sufferers dread to move, especially after sitting or lying long, and their condition is commonly worse in wet weather.

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me. I have no hesitation in saying it saved my life." M. J. McDonald, Trenton, Ont. Hood's Sarsaparilla Removes the cause of rheumatism-no sutward application can. Take it.

then asked, with a kind interest that was unusual, for, nearly always, his thoughts were not home-guests but wanderers backward amid the cares of the day, or forward with anxious hopes into the morrow.

Better than I have felt all day. And something of the old sweetness played about her lips; played there troubled aspect. Uncle Poil had so temptingly that her husband could not repress the inclination he felt to lay upon them a kiss of tender

Why, it seemed as if a sudden sunburst had irradiated the countenance of Mrs. Lester. How long was it since a kiss, so full of heart-warmth as that, had been pressed upon her lips? Away back in the past, the time lay so far, that memory was at fault in recalling it.

Better than she had felt all day! If this were really so, and we believe it, the discovery was made at the

'I'm glad of it, Mary.' And with his arm drawn around her waistwhen had it been there before?they walked back into the sitting-

'You look in better spirits, dear?' And Mary's eyes read his face all over with an eager interest she could

It was on the man's lips to reply that he wasn't aware of any cause why he should feel in better spirits. Despondency was such a habit with him, that any other state of mind The shadows they passed away, seemed unusual. Even as the words and a smile lit up the young man's of this reply came into his mind, his countenance changed. But, remem-'Ab, that's better! That's the bering Uncle Phil's admonition, he checked himself, and forcing back into life the already half-extinguished smile, answered:

' Do I ?' 'Yes; in better spirits than I have seen you for a long time. It does me good to see the sunshine in your

'The sunshine in my face again,

Lester felt surprise, and showed it in his manner. Don't let it go out again, dear,'

said his wife, leaning fondly towards

'If it is so pleasant to you, Mary-'Pleasant, Harry! It is my life. Ob, if I could see your face wearing the cheerful expression it wore in the beginning of our married life, I

would be the happiest woman alive. Mrs. Lester's voice lost itself in a sob; and her eyes grew dim with tears; but the smile that lit up her wan face, and gave it an impression of former beauty, remained.

'Business brings its cares and anxieties, Mary; and these will

shadow the face sometimes.' 'I know it, dear. But why not leave care and anxious thoughts bebind, when the day's business is over? To sit at home in darkness cannot make you stronger for tomorrow's work. It is enough to be anxious and careful all day. Evening should refresh your mind with cheerfulness.

'True words, Mary; and I will try to profit by them. It does me good to see the sunshine in your face

'You can always have it there if von will,' she answered,

"I can " 'Yes; but only reflected sunshine; I am like the moon, and shine by borrowed light. If clouds cover

That was an evening memorable in after times as the happiest one they had known for months, if not for years. Mary's aspect changed remark touching the lack of true in an hour so entirely that she carcely seemed like the same person. A neighbor who dropped in during the evening said: "How

'I feel much betier than I have felt for a long time,' she replied. Her husband looked and listened

'Can it be possible,' he said to himself, 'that the cause of ber low spirits and failing health lies at my He remembered these words as he door? Has she been wasting like a not dream of this. Women are



s the same invigorating and strength-producing effect in summer as in winter. Try it in a little cold milk or ALL DRUGGISTS

comprehended my wife.'

ed cheerful and moved about with a to which he had been a stranger for lightness of step to which she had years. - Exchange been for months a stranger. There was even warmth in the cheeks that had been colorless so long; a warmth that gave them an appearance of roundness

'How is Mary today?' asked Uncle Phil, who called at the store of his nephew.

'She's better, I thank you.' 'Ah! I'm glad to hear you say so man smiled, and Lester smiled back

in his face. ' Did you try it ?' Yes.

'And it acted right?'

'Tike a charm !'

the right remedy.

I knew it would !' said the old man gleefully. I knew it would! killing your wife, Women must they will die. And so Mary is

'If there should be no relapse.

man, 'how am I to look cheerful and full hours. and hopeful, when my mind is burd than I can give.

the evening ever help you a particle cases this position in a church is on the next day, Harry?' asked the handed down from father to son 'I don't know that it did; still I

ouldn't help worrying.' vorrying if you will. You helped

it last night, didn't you?' 'And you can help it tonight and omorrow night, if you will.

'How?' 'Think of your wife's health and happiness. That should be motive enough, surely, to cause a little self-

'Self-denial, Uncle Phil!' 'Yes! for I think you must have bers.' certain enjoyment in these moody why they should cease is, that they involve distrust in Providence. will see that they are provided for just in the degree that is best for your eternal as well as your earthly good. No anxious care; no dread of coming disaster; no gloomy disrust or chafing doubt will change

the events of tomorrow. They are to be ministers of good to you, though not always in the way you of folly, then, to sit brooding in darkness because the affairs of your daily life do not shape themselves according to your short-sighted plannings? You can help this unhappy brooding over what cannot be changed, and you must do it.'

'You must try, and succeed also, Let there be no giving up or going back. Habit is second nature. You have fallen into a bad habit. Break work in the formation of a good habit, After a while, you will find it as easy to carry home a pleasant face as you do a clouded one. And think what a wonderful difference it will make in your home!'

When the day was done he turned his steps homeward, he felt the old, dark states falling like funeral drapery fort during the present year around him. There has been nothing to give our customers the best in the day's business of an unusually depressing character. It had been a fair day's business, and he should have been satisfied. But having indulged a morbid way of looking at things so long, his mind had taken on a diseased action, and now there was troubled weight on his shoulders, and a depression of spirits that i seemed impossible to throw off. Thus it was with him when he ascended the steps of his dwelling, and reached out

his hand to open the door. 'This will not do,' he said, pausing And he stood still at the unopened door for some moments, I shall mar everything.'

Then be descended the steps, and passed up the street.

'It will never do in the world to earry this face home to Mary. I must try and find a better one. What a firm grip this fiend of brooding disoff and I will!' Thus he talked with bimself as he strode away.

In ten minutes Lester was back again at his own door; and now he turned the key and entered without besitation. He had shaken off the fiend, and had a smile, a kiss, and a pleasant word for Mary, which gave pleasant word for Mary, which gave new life to her pulses, and sent the Will YOU win it? warm blood in flushes of beauty

Two applications of Uncle F. remedy were enough to satisfy Harry Lester of the real cause of his wife's disease; and to assure him that he had only to continue as he had begun to make certain of a speedy cure. He found the remedy good for himself also. His own mind had been diseased as well as the mind of his wife:

different from men. I have not but now he felt like a new man. Health was flowing through his veins In the morning Mrs. Lester look- and giving him a sense of enjoyment Two Boxes of Doan's Kidney Pills

The Bells of Mexico.

It takes a great many men to keep the church bells going in Mexico. It is estimated that in Mexico City alone there are more than 2,000 bellringers regularly employed. On days of Did you try my remedy?' The old religious celebrations the number is augumented, as the ringing of the bells must be kept up almost constantly through the day and night on such occasions. The most striking feature of Mexican life to the casual visitor to Mexico is the noise of the church bells. Every little hamlet, and many of the runches in the coun-Why, you moody fellow! you were try, have one or more Catholic churches, and each edifice is equipphave a little sunshine at home, or ed with one or more bell towers. The great Cathedral which stands floorwalking job and become a purbetter, dear heart! I was sure I had near the national palace in Mexico ser on a steamer?

City has 16 of these towers. In some towns the constant ringing he's turned to sailing about the seas. 'Relapse! There can't be no re- of the church bells is prohibited by apse, unless you take home a rueful the local authorities, though their face. Let her see you always sounding is permitted once or twice MINARD'S LINIMENT CO., LIMITED. cheerful and hopeful, and, my word every hour. Some churches toll the for it, there will be no going back to quarter hours, and others toll every ARD'S LINIMENT, on my vessel five minutes. Most of the churches and in my family for years, and for But, Uncle Phil, said the young in Mexico City toll the quarter, half the every day ills and accidents of

ened with care? It is requiring of looked upon by the lower classes as without it, if it cost a dollar a bottle. me a great deal more, I am afraid, being honorable and distinguished, and bell-ringers themselves are usu- Schr, "Storke," St. Andre, Kamour-Did your worrying all through ally proud of their vocation. In many aska. brough generation after generation. The towers of the large Cathedral are spacious and frequently are fitted with 'I know better. You can help rooms which are occupied by the bell-ringers and their families.

' How can you sleep with all this noise about you?' was asked recently a thing to eat for three days," the wife of a bell-ringer in one of the Cathedral towers

'It is not the noise of the bells that I mind. I hear their ringing without knowing it; but it is the clanging of the street car gongs in the street below that disturbs my slum-

All the church bell-ringing states, else you would not indulge Mexico is done by hand, and, as some with you," them so often. Your own reason of the bells are of ponderous size and tells you that they are fruitful of great weight, to operate them requires great harm. But a deeper reason the exercise of powerful muscles and much bodily strength. The matter of installing clock-work or electrical Harry, you are in the hands of One machinery with which to operate the who knows your wants, and who many bells in the great Cathedral city has been considered from time to time, but the preponderance has been against the proposed innovation.

The bell-ringers are divided into day and night shifts. They are required to toll the hours with precision. It is not necessary to carry a watch in-Mexico unless one is travelling in the good man." country, out of sound of the church have desired. Is it not the worst bells. At any hour, day or night, a person can learn the time by listening to the tolling of the bells.

Many of the bells which hang in the church towers of Mexico were brought from Spain in the early days of Spanish rule. Some of them contain large amounts of precious metals, 'I will try,' answered the young which gave to them a tone of richness and clear sounding. The bell ringers take great pride in their bells, and much care and attention is given to keeping them well burnished and it up with a vigorous hand, and go to their parts oiled and always in a state of good repair.

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Fuddy-So Bix has given up his Duddy-Yes; from seeing the sales

GENTLEMAN,-I have used MIN-

life I consider it has no equal. The profession of bell ringing is I would not start on a voyage

> Minard's Liniment cures Diphtheria

> "Could you spare me a nickel?" whined the beggar. "I haven't had "I would do it gladly, but I am

just about busted myself." "But I only want a nickel." "Sorry, but that is more than I have." But, seeing the look of disappointment on the face of the beggar. he added, "You don't happen to

have a hatchet, do you?" "What do you want with a hatchet?"

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"Did you not know Clancey?" "No: I don't remember him." "He was a good man. It took hree policeman to arrest him, and then they couldn't have done it if he hadn't given himself up. He was a

"Does he live around here now?" "No: they hanged him."

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