

MARKED SPIRIN



Proper directions for Colds, Toothache, Earache, Neuritis, Rheumatism, Neuralgia, Pain, and Pain generally, in boxes containing 12 tablets, a few cents. Druggists carry "Bayer" packages.

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spaper progressive, Canadian

Department men's Section for women was the first established for all.

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### STOPPED HER HEADACHES

By "Fruit-a-lives"  
115 HAZEN ST., ST. JOHN, N. B.  
It is with pleasure that I write to you of the great benefit I received from the use of your medicine "Fruit-a-lives", made from fruit. I was a great sufferer for years from Nervous Headaches, Constipation. I tried everything, consulted doctors; but nothing would help me until I tried "Fruit-a-lives". After taking several boxes, I was completely relieved of these troubles. I have been unusually well ever since.  
Miss ANNIE WARD.  
Box 6, for \$2.50, trial size, 25c. All dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

### PUBLIC OWNERSHIP

Public ownership of public utilities is a subject that has not to its credit or disrepute the failures of coal operators in producing from the coal sufficient to meet the demand of the public. Everything is to be shaped to public ownership of coal mines. With such a vast portion of the world's fuel stored in Canadian territory it is a sad waste to have upon private industry that will import more coal than we export. And, at that, every year in western and Eastern Canada there is a dread of a fuel shortage. Let us try public ownership. Let the natural resources of the West be turned over to the Western producers per promise—and we shall see that can be done to help straighten out the trade balance, as well as relieve annual public anxiety as to fuel supply.

### MR. KING IN HALIFAX

Halifax Chronicle:—The audience Mr. King had to face at the Theatre, where his main campaign crowd. There was no campaign fervor in evidence, the audience might properly be called as critical and expectant. As he began to hear the message of a new leader of a great historic age, only gave him a good laugh but as he developed his mes-

sage, it appeared to hear him gladly, and at the end gave him a demonstration, the enthusiasm of which could not be mistaken. This does not mean that the appeal which Mr. King made to his audience won complete support, but it does indicate that his presentation of his case and his appeal for stability in Government and unity in the nation as solvents for the problems which face the country was given a very sympathetic reception.

### THE DOOR OF PREFERMENT

Hamilton Times:—"When I was a child it was necessary for me to beg my bread from door to door," said Mr. Waterson, M. P. for Kettering, in a speech in the British House of Commons. He was actually shunting railway cars three days before he entered the House. Mr. A. E. Waterson was elected for Kettering as a co-operative candidate, and is the only member of the House directly representing these interests. The door of preferment is open to all.

John T. Irwin, roofing contractor, was instantly killed in Hamilton as he was about to cross a street, when the trolley pole of a street car snapped off and struck him on the head.

### WITH FINGERS! CORNS LIFT OUT

Freezone is magic! Corns and calluses lift right off— Doesn't hurt a bit



Costs few cents! Drop a little Freezone on that touchy corn, instantly that corn stops hurting, then you lift it right out with the fingers. Why wait? Your druggist sells a tiny bottle of Freezone for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without soreness or irritation. Freezone is the much talked of discovery of the Cincinnati genius.

EMPLOYMENT SERVICE OF CANADA

EMPLOYERS

THE EMPLOYMENT SERVICE OF CANADA

The PROFESSIONAL and BUSINESS SECTION has been established to assist professional, business and technical men and women.

Many officers, soldiers, sailors and war workers, who sacrificed their positions during the war, now desire to secure employment in the occupations for which they have been specially trained.

Employers should not wait until increasing business forces them to employ anybody they can obtain, but should look ahead and avail themselves of this unusual opportunity to enlist the services of highly trained workers, ordinarily secured only with difficulty. On application there can be referred to you, for example—

ENGINEERS	LAW CLERKS
ARCHITECTS	COMMERCIAL ARTISTS
BUSINESS EXECUTIVES	SALES MANAGERS
ACCOUNTANTS	TRAVELLING SALESMEN
SECRETARIES	CHEMISTS
TEACHERS	YOUNG COLLEGE GRADUATES

These workers are returning to civil occupations with increased initiative, a broader view of life, and a greater capacity for work.

EMPLOYERS

Please state your requirements to the nearest office of the EMPLOYMENT SERVICE OF CANADA PROFESSIONAL AND BUSINESS SECTION

In each office the INFORMATION AND SERVICE BRANCH DEPARTMENT OF SOLDIERS' CIVIL RE-ESTABLISHMENT has a representative to render special service in the re-establishment of the returned soldier.

TORONTO, 43 King St. West Tel. No. M. 3581

### BISMARCK

(Continued from page two.)

eted Kiel for a Prussian port, that he had conceived the idea of a canal to be cut through Holstein, and that he deliberately engineered the war against the wish of the king of Prussia, of the people of Prussia, whose protests were openly expressed in their parliament, and of the Danes. He admitted afterwards that he had egged Denmark on to war by making her believe that Great Britain would come to her assistance, although he had every assurance that Queen Victoria and the Prince Consort would secure British neutrality.

### Austria's Doom

In 1866 he fought Austria. The excuse for the war was whether Schleswig should or should not become part of Prussia. The real reason was to deprive Austria of her traditional leadership of the German people and to compel the German States to orientate towards the north and not towards the south. Napoleon was inclined to support Austria and Bavaria, with whom the French had often been in alliance. Bismarck secured her neutrality by promising that France should at some future time swallow Luxembourg and Belgium. Italy was naturally ready to fight Austria to secure Venetia and complete the new independent Italian kingdom. The battle of Sadowa finished a short war and achieved everything that Bismarck had planned. His peace terms were (despite the king, who yearned to prance as a conqueror) extremely moderate. But Austria ceased to be a German power and became, from that moment and until her destruction in 1918, Prussia's obedient ally, and in 1867 the other South German States, in order to preserve their integrity, were compelled to enter into an offensive and defensive alliance with the Prussians.

### Missing Merchant Won't Be Back

C. S. WILLIAMS OF SARNIA WRITES FROM "SOMEWHERE IN UNITED STATES TO STORES"

SARNIA, Jan. 21.—From "somewhere" in the United States a missive written by Stanley C. Williams, the missing President of the chain of (cash-and-carry) stores here, was received in Sarnia late yesterday, which contained the news that the much wanted President will not voluntarily return to the Imperial city, but will, unless unforeseen incidents happen, become a citizen for the time being of the United States of America.

### The Emms Telegram

Another and a greater step had to be taken before Prussia could be the dominant power on the Continent, and before the rule of the jack-booted Junker could be secured. France must be humbled and defeated. The war of 1870 was deliberately planned by Bismarck. In 1870, as in 1914, the German people were taught that their country was the object of a wanton and unprovoked attack. But the story of the Emms telegram is now known to all the world, and all the world knows that when the kaiser, despite his minister, was conciliatory, and when it seemed that war might be averted and that Moltke and Roon (those greater forerunners of Hindenburg and Ludendorff) might be disappointed after all, Bismarck forged a telegram in order to make war certain. France was defeated, and Napoleon was driven into exile.

### The Old Pilot

There is no space here to refer at length to Bismarck's career from 1870 until the day when the new kaiser (who knew not Joseph) dropped the old pilot. It is sufficient to point out that his policy, both in domestic and foreign affairs, was always contrived with the one end of strengthening the power of the Hohenzollerns and of the Prussian Junkers, who were, and always must have been, their right arm.

When at last he was compelled to hand over the wheel of state to the inexperienced hand of Wilhelm II, not only Germany, but the whole of Europe was practically Prussianized, and nowhere was Prussian influence more dominant than in the British Foreign Office in Downing Street. Bismarck's Germany on Dust-Heap. Bismarck spent the last years of his life giving the game away. His revelations taught the German people that where they had thought they had been the instruments in the hand of God, they had only been the tool of an intriguing minister.

The Germany therefore of August, 1914, was Bismarck's Germany. That Germany has passed away. The jack-boots of the Junker are in shreds and

### From Cherry-Blossom Land

The Japanese Give Good Example



It is a proverb of Cherry Blossom Land that beauty of face and figure depend on women's health. What is it that makes our handsomeness, women often pale, sallow-faced, with dark circles under the eyes, and very often old at forty-five when they should be in their prime? Women suffer from innumerable ailments, such as indigestion, headache, nervousness, and general debility, which are the result of diseases of the womanly organs. These are more common than any one but a physician in active practice could suppose.

### ONTARIO WOMEN TESTIFY

Chatham, Ont.—"Dr. Pierce's medicines have been used in my family at home (especially by my father and mother) ever since I can remember. They always proved very satisfactory. Through overwork I at one time became all run-down in health, was on the verge of a complete nervous breakdown. I went on ailing for about two years, during which time I suffered terribly. I took Dr. Pierce's Favorite Prescription and it soon built me up in good health and cured me of the nervous condition. I consider it an excellent medicine for the ailments of women."—MRS. CHAS. TITUS, Jr., 28 Duke St.

### HYDRO AND HEALTH

Hamilton Spectator.—A point of interest to the public was brought up at the Hamilton Scientific Association's meeting last night, when Dr. Mullen questioned the lecturer Mr. E. P. Coleman, regarding the technique of the 25 and 60 cycle alternating current as used by the Hydro and Cataract respectively. Dr. Mullen was interested in the matter as a physician, and discussed the advisability of having exhaustive scientific tests made in order to ascertain the amount of "physic damage" caused by the flicker incidental to the 25-cycle current when used for the purpose of illumination. Mr. Coleman naturally did not attempt to deal with the subject from his angle, but gave a clear explanation of the cause of the phenomenon to which Dr. Mullen referred. The 25-cycle generator allows a sufficient interval to elapse between each revolution to permit the filament in the lamp momentarily to lose its incandescence, whereas the 60-cycle current is sufficiently rapid in its alternations to maintain a continuous brightness of the filament. Mr. Coleman did not enter into any discussion about the pathological or psychological effects of interrupted light; but he pointed out that, following the lead of the Hydro-Electric development in Ontario other electric corporations in other provinces were likewise operating on the 25-cycle system. If then, there are grounds for suspecting this form of illumination from the physiological point of view,

### ONE HORSE CARTING

and delivery work. Phone 361. - Cheapest Rates DAY AND NIGHT 131 Phone 361 2 to 4 p.m. or by appointment. Office and residence 35 Church street. Telephone 624.

### DR. J. C. SUTHERLAND

After three years overseas has resumed practice in diseases of the eye, ear, nose and throat and prescribing of glasses. Office hours 9 to 11 a.m., 1.30 to 4 p.m. and 7 to 8 p.m. Tuesdays 7 to 8 p.m. Sundays

### THINK THIS OVER

Is it not well worth your while, to buy a Tea with an Established 'Quality' reputation and so reliable that disappointment is an impossibility.

### "SALADA"

will prove its worth in a Tea-pot Test.

It becomes a question of vital public concern that the truth of the matter should be thoroughly proved and the necessary remedies applied. It is not a matter of injury to the eye-sight merely, but a possible impairment of the nervous system that is involved. Dr. Mullen has raised a point of interest and importance to the public well, which can only be satisfactorily disposed of in the manner he suggests—by scientific experimentation undertaken in the laboratory by experts.

Mr. Justice Morrison, Commissioner to enquire into the question of compensation to persons formerly in the liquor and hotel business in British Columbia, for alleged losses owing to prohibition, has refused the application.

University of Toronto defeated Parkdale in an O.H.A. junior game at Toronto last night by 9 to 7. It was the fifth straight loss for Parkdale.

Prices continued easier at Toronto and Montreal exchanges.

Labor members of the Legislature met in secret session yesterday at

### OUCH! LUMBAGO! RUB IT ON BACK

Rub away all pain, soreness, stiffness, backache, with "St. Jacobs Liniment."

Ah! Pain is gone! Quickly?—Yes! Almost instant relief from soreness, stiffness, lameness and pain follows a gentle rubbing with "St. Jacobs Liniment."

Apply this soothing penetrating oil directly upon the ache, and like magic, relief comes. "St. Jacobs Liniment" conquers pain. It is a harmless backache, lumbago and sciatica relief, which never disappoints, can not injure and does not burn or discolor the skin.

Straighten up! Stop those torturous "stitches." In a moment you will forget that you ever had a back, because it won't hurt or be stiff or lame. Don't suffer! Get a small trial bottle of "St. Jacobs Liniment" from your druggist now and get this lasting relief.

HEAD STUFFED FROM CATARRH OR A COLD  
Says Cream Applied in Nostrils Opens Air Passages Right Up.  
Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more yawning, snuffling, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.  
Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.  
It's just fine. Don't stay stuffed-up with a cold or nasty catarrh.

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HOW MILK IS SECRETED.  
No one knows exactly how the cow secretes milk. Various theories have been put forth explaining the process, but none of these are entirely satisfactory. About all we know is that milk is a true secretion of the mammary glands located in what is known as the udder, more commonly called the "bag" of the cow. It is made from blood.  
In order that the cow may have plenty of blood, out of which she may manufacture milk. She must be in a healthy condition, be supplied with plenty of pure air, and water, and have an abundance of the right kind of feed.  
Some cows are unable to make milk abundantly, even though the owner does all he can be expected to do for his cows. In these cases, it is the fault of the cows—they have not the power within themselves of making milk from their feed. They seem to change their feed into blood which is used as a basis for manufacturing beef, instead of milk. In addition, there are cows which apparently do little or nothing with their feed—they neither give milk in paying quantity, nor do they become fat. These are called as "harder" cows, and are very unprofitable for a farmer to keep.  
The only way to know for certain whether or not a cow is able to secrete milk in paying quantity, is to weigh the milk from each cow for at least three days in each month. Also test the milk for fat at least twice during each lactation period. In this way, the owner may select the good from the poor cows, and thus build up a profitable herd for dairy purposes.—Prof. H. H. Dean, Ontario Agricultural College, Guelph.

## BOYLE & DARBY

Will Open a Modern Grocery Store Fitted With Sanitary Equipment on

### Thursday, January 22nd

AT 157 ST. PAUL STREET

in the store formerly occupied by Sherwood & Co., with a complete new stock of Groceries and Provisions. We solicit your patronage, and feel that by giving the best possible at the lowest prices we will be permitted to supply your Grocery needs.

We Select a Few Special Prices For Our Opening

Shredded Wheat .....	14c	Tomatoes .....	17c	Perfection Flour .....	1.63
Cornflakes, two for .....	25c	Eggs .....	68c	Dominion Matches, 3 for .....	25c
Corn, per tin .....	17c	Extracts, any flavor .....	9c	Cornstarch, two for .....	25c
Standard Peas .....	18c	McLaren's Jelly Powders .....	12c	Top-notch Hand Cleaner .....	12c
Early June Peas .....	20c	Herald Flour .....	1.63	Charcoal, per bag .....	18c

## BOYLE & DARBY

157 St. Paul Street] Our Motto: QUALITY AND SERVICE [Telephone No. 591