PINK PILLS WILL CURE RHEUMATISM

EVERY FORM OF DISEASE YIELDS TO THIS BLOOD BUILDING REMEDY.

It is easy to make the statement that a medicine will cure rheumatism, but the rheumatic sufferer must have more than mere statements—he must have both reasons and proof. Dr. Williams' Pink Pills cure all forms of rheumatism. Here is the reason: Rheumatism is a disease of the blood. Every dose of Dr. Williams' Pink Pills actually make new, rich, red blood. This new blood drives out the poisonous acid, loosens the aching joints, and rheumatism is banished. Thousands have testified to the truth of these statements, and here is further fresh proof. Mr. Raoel Montigny, of St. Jerome, Que., says: "For many years I was a victim of rheumatism and was almost a cripple. My work made it necessary for me to be on my feet a good bit of the day, but my limbs became so swollen and the pain so agonizing that I was forced to stop work. I tried remedy after remedy, but nothing gave me relief and I began to think I would never get better. At last I was persuaded to try Dr. Williams' Pink Pills. In less than a month I noted a slight change in my condition. I continued the Pills for three months and at the end of this time the swelling had disappeared; every pain and ache had left me and I felt better in every way. I was completely cured and once more able to go about my work with ease. Dr. Williams' Pink Pills are certainly worthy of all the praise I can give them."

Thousands write giving just as strong proof of the value of Dr. Williams' Pink Pills—not only as a cure for rheumatism, but as a cure for all the ailments finding their root in bad blood such as anaemia, heart palpitation, indigestion, kidney trouble, headache and backache, disordered nerves, etc. Dr. Williams' Pink Pills are sold by medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

RED LIGHT AIDS GROWTH.

Blue Has Remarkable Preservative Powers.

Camille Flammarion, the eminent scientist, publishes this week the results of the remarkable experiments that he has been conducting for the past two years to discover the effect of various lights on the growth of vegetation. He has a number of plants which he subjected to red, green, blue and white light—the conditions otherwise being similar—and the results were most astonishing.

M. Flammarion exhibited to friends lettuce stock which was as hard as cane. This had been grown under the influence of red light. The leaves, however, of this stock had lost all their quality and were inedible.

Under the effects of red light certain vegetables, such as lettuce, grew fifteen times as fast as under blue light. On the other hand, blue light has remarkable preservative powers. An oak tree planted two years ago has kept its first leaves, which are now as fresh and vigorous as when they first appeared. In the same way ripe fruit can be kept fresh under a blue screen for twenty days without decay. The strawberry plant can be retarded for a similar period and then allowed to fructify. The experiments are expected to have a wide application to market gardening.

The discussion has brought to light a curious story from Lyons, where many people are employed in the great cinematograph works. It is declared that workers who are developing films under a red light for a long time become nervous and irritable. One day the women workers were so overwrought that they attacked the men, and a great row was only stopped when the light was changed.

TOWARDS THE POLE.

Ice eight feet thick on the ocean, and snow falling even in summer. Such is the weather experienced in the Polar regions. When the air is dry and still, it is remarkable how low a temperature can be borne with ease. One explorer tells us that, with the thermometer at 9 deg., it was too warm for skating. The summer weather in this region is, moreover, in some respects pleasant and healthful. Within the Arctic zone there are wonderfully-colored sunrises and sunsets to be seen. They are both brilliant and impressive. But the nights—the nights are monotonous and repelling. A rigid world buried in everlasting snow, silent save for the cracking of the ice or the wail of the wind. Travellers in these regions experience many discomforts. The keen air causes their skin to burn and blister, while their lips swell and crack. Thirst again, has been much complained of, arising from the action of the low temperature on the warm body.

MODERN MEDICINES.

No sane mother would wish herself treated under the conditions of medicine or surgery of half a century ago. Why then should she give her little one the old-fashioned medicines of half a century ago, which more likely than not contain poisonous opiates that cannot cure the child, but merely drugs it into temporary insensibility. Baby's Own Tablets is a modern medicine prepared with all the care and skill of modern medical science. And the mother who gives this medicine to her child has the guarantee of a Government analyst that it does not contain one particle of opiate or poisonous soothing stuff. This medicine cures all the minor ailments of little ones, and makes baby a healthy, laughing, happy child. Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

THUNDEROUS MISSLES.

(By A. Banker.)

During the past three or four decades the science of gunnery has made enormous strides, and the modern gun as far excels the old 37-pounder of Nelson and Napier as that time-honored old weapon exceeded in fighting value the catapult of the old Romans. The obsolete 100-ton gun, for instance, was capable of throwing a great steel projectile weighing about a ton a distance of five miles, the cartridge being about the size of a sack of coals, and every grain of powder about the appearance and size of the coals in a scuttle. And when the monster was discharged it was necessary for those working the gun to open their mouths wide, or the drum of their ears might have been damaged, and to hold their caps on tightly or they would have been blown off as by a hurricane. Windows, too, of houses within, perhaps, a couple of miles of the fort, if not opened would be blown in.

But the mighty ordnance of the Dreadnought is far more effective than even those monsters, for they throw an enormous shell no less than fifteen miles; one of these guns therefore planted on Epsom racecourse could throw a shell into the Bank of England; and, according to a statement of the greatest British authority on gunnery, if Mont Blanc were situate between those two places the flight of the projectile would be some hundreds of feet above the summit of the mountain. The thunderous, deafening roar of these ponderous missles as they hurtle in their deadly course is altogether indescribable. It is as though a furious hurricane were raging, a hoarse crashing blast, angrily rending the air with a discordant, grating strider, which, as the distance increases, changes to a snarling hiss; until with a dull thud the projectile strikes the water, raising a fountain of foam high in air, followed ~~half~~ a mile further away by another foaming geyser, as the ricochetting shot again rebounds; sometimes raising quite a long series of these waterspouts right away into the far distance.

But how utterly puny and insignificant are these achievements of man compared with the work of the Omnipotent Creator Who has started on their course through the dread abyss of the illimitable, untold myriads of mighty globes, at a velocity infinitely exceeding that of any cannon ball. And yet this Almighty Being in His wondrous condescension and love has provided a means by which all who have in any way transgressed against Him, instead of receiving the condemnation due to justice, may, if they will, receive a free and immediate pardon. For the atonement made by the Son of God upon the cross is a full, perfect, and complete satisfaction for the sins of all who will lay them upon Him; for He bore the punishment due as their Substitute.

HAND AND ARM ENDANGERED

Neglect a cut or a scratch and it may turn to blood poisoning. Mr. Joseph Lalibertie of 34 Artillerie Street, Quebec, says: "I cut one of my fingers on a rusty piece of tin and had no idea it would become so serious, but in two days blood poison had set in and my fingers became terribly discolored, and my hand and arm swollen. I was alarmed and began using one ointment after another, but none relieved me. I was about to consult a doctor when a friend advised me to try Zam-Buk. This I did. Zam-Buk began by drawing out the inflammation and in one week the wound was nicely healed. I feel so grateful for my speedy cure that I unhesitatingly give my testimonial to the merits of Zam-Buk."

Zam-Buk cures Cuts, Burns, Chapped Hands, Chafings, Cold Sores, Itch, Chilblains, Eczema, Running Sores, Sore Throat, Bad Chest, Ringworm, Piles (blind or bleeding), Bad Legs, Inflamed Patches, Rheumatism, Neuralgia, Sciatica, Abscesses and all diseased, injured and irritated conditions of the skin. Of all druggists and stores, 50c., or post paid upon receipt of price, from Zam-Buk Co., Toronto. 50c. a box, 6 boxes $2.50.

IN CASE OF FIRE.

A Few Hints as to What May Be Done In An Emergency.

The man who knows exactly what to do in cases of strenuous emergency is of inestimable value to the community at large. A few hints, therefore, with regard to simple expedients which may be resorted to in case of fire should prove of interest to our readers.

In the first place—keep out air. Without air fire cannot burn, and thus the danger will be at least retarded if the doors and windows of all rooms are speedily closed and the fire-engine immediately sent for.

Should the clothes catch fire, throw yourself upon the floor and roll over and over on the flames, dragging the hearth-rug or some thick material with you if possible.

Smoke is one of the most formidable dangers, and when houses are on fire as many deaths are caused by suffocation as burning. When attempting to cross a room filled with smoke, creep on the hands and knees, keeping your head as close to the ground as possible. This is effective because smoke rises, and the most breathable air is therefore near the floor.

A fairly efficient respirator can be quickly devised by drenching a handkerchief with water and covering the mouth and nose with it.

But prevention is better than cure, and a small hand-pump or chemical extinguisher will often be sufficient to stop a fire when it is in its early stages.

Grateful Patient—"Doctor, how can I ever repay you for your kindness to me?" Doctor—"Doesn't matter, old man. Cheque, money order, or cash!"

Hubby—"I can't get the castors under the bookcase to work at all, and I've oiled them twice." Wife—"But did you use castor-oil, dearie?"

For Churches and Schools

Just one Ceiling is ideal for churches and schools, for its beauty, cleanliness, economy—for its sanitary perfection (no seams to catch dirt)—for its fire-proof qualities

PEDLAR ART STEEL CEILINGS

Above 2,000 modern designs in every style of good art—side-walls to match in harmony with interior schemes—adapted to any color-scheme or architectural motive. Allow us to send you illustrated details and quote prices. Address 209

The PEDLAR People [Est'd 1861]
Oshawa Montreal Ottawa Toronto London Winnipeg

D. H. Bastedo & Co

FUR MANUFACTURERS,
77 King St., East - Toronto
All Ladies' and Men's Furs at Cost
Write for Catalog.

RAW FURS

SHIP TO US. The OLDEST RAW FUR HOUSE in Canada. We pay highest New York prices. We pay express. No Commission.
Write for MONTHLY CATALOG.

FEATHER DYEING

Cleaning and Curling and Kid Gloves cleaned. These can be sent by post, 1c per oz. the best place is
BRITISH AMERICAN DYEING CO.
MONTREAL.

DIED OF STARVATION.

Wandsworth, England, Man Four Years Out of Work.

Alfred Martyn, aged sixty-five, on whom an inquest was held at Wandsworth, England, a few days ago, was found to have died from starvation.

The widow said her husband had been out of work for four years, and had been very ill. She supported him as best she could, for he was too proud to go to the workhouse.

He was brought home by a policeman, who discovered him lying on Wandsworth Common, and said he had been walking about all night. Some days afterwards he was taken to the Infirmary, where he died.

"We have been living on a little bit of bread and tea," the poor woman declared.

"I went out to work, but I could only earn 2d. or 3d. I sold everything I had to keep him.

"Just before he was removed to the Infirmary I put him on the floor and sold the bedstead as old iron for 5¼d. to get him a cup of tea and a bit of bread. He could eat a bit of bread as big as your hand."

A nurse who removed the old man to the infirmary said he was lying on the floor in rags, and was unable to walk. The only furniture in the house was a table and a box.

There is Only One Eclectric Oil. — When an article, be it medicine or anything else, becomes popular, imitations invariably spring up to derive advantages from the original, which they themselves could never win on their own merits. Imitations of Dr. Thomas' Eclectric Oil have been numerous, but never successful. Those who know the genuine are not put off with a substitute, but demand the real thing.

"Here," said a lady to a beggar, "is a glass of water—pure, cold delicious water. What? You refuse it?" He shook his head and sighed. "I have to ma'am," he said. "You see, I've got an iron constitution, and water would rust it!"

The Greatest Tonic is "Ferrovim." It is pleasant in taste and contains just the nourishment and strength-giving qualities that are needed by those who are sick and weakly.

Some orators are unable to deliver the goods because they lack proper terminal facilities.

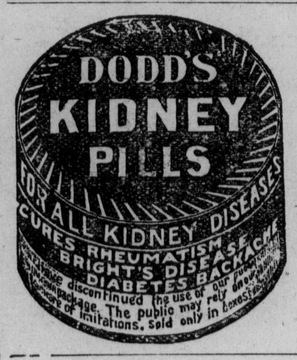
Biliousness Burdens Life.—The bilious man is never a companionable man because his ailment renders him morose and gloomy. The complaint is not so dangerous as it is disagreeable. Yet no one need suffer from it who can procure Parmelee's Vegetable Pills. By regulating the liver and obviating the effects of bile in the stomach they restore men to cheerfulness and full vigor of action.

Wise is the man who knows what not to say, and remembers not to say it.

Just a Word of caution; Where the skin is destroyed by burns or scalds apply Weaver's Cerate immediately: the sooner the better.

PICTURE BOOKS OF POLICE.

Picture books for the benefit of travellers are kept in the Paris police stations. It frequently occurs that foreigners lose things which they are unable to describe because of their unfamiliarity with the French language. The picture books contain representations of various articles, and the inquirer has only to turn the leaves and point out the illustrations which resemble the property he has lost.



ISSUE NO. 4—08.

A MOTHER'S SONG.

Baby, listen while I tell
That I love you very well—
Love your little lips and eyes,
Love your language, wonder wise;
Love your little smile of glee,
Love your laughing melody;
Love you for the joy you bring
For our constant harboring!

Baby, listen while I pray
Heav'n to guard you night and day.
Angels watch you from above
With the tenderness of love;
Ill and evil come not near
To overshadow thy young cheer—
Only life and joy be thine,
Gift of living love divine!

Baby listen while I sing
Of your life of golden spring,
Bringing to the barren earth
Beauty of the blossom's birth!
Baby, listen while I tell
That I love you very well—
Cheeks and chin, and nose and eyes,
And your language, wonder wise!

MY AMBITION.

If choice were mine of fame or world'y glory,
If I might choose of all the world might say
Of me, it would be this, a sad heart's tribute,
"The day is brighter for she passed this way."
I ask no plaudits from the hands of many,
No cheering things to mark my onward way,
But just that some dear heart will fondly whisper:
"Your presence here has made a brighter day."
If I can feel that I have scattered brightness,
That I, perchance, have cheered a fainting heart,
I will not grieve that fame has never beckoned
Since love has given me the better part.

ETIQUETTE OF CHINA TEA.

The etiquette pertaining to tea-drinking in China is curious. If a lady asks you to drink tea with her—and especially if the tea be sweetened—you can count yourself as well received and much liked. If she does not like you, the tea is bitter, and report has it that in cases of this sort drainings are often used. Of course it is needless to say that after one sip of such tea the unliked visitor makes a prompt exit! When paying a call, if the servant should bring in a cup of tea there is no need to take any particular notice of it. Allow the servant to place it where he likes near you, and continue your conversation as though nothing had happened. If your business is pleasant and agreeable to the mistress or the master of the house, he or she will pass the beverage to you; if not, you are expected to leave it untouched, otherwise you are likely to have a quarrel on hand, and a Chinese quarrel—either with a man or a woman—is unpleasant.

REST AND RECUPER[illegible]

To provide a restful environment without sanatorium restrictions, to enable tired humanity to recuperate naturally, to secure to the average man or woman the needed change from worry and care, and to do these at moderate cost, is the mission of "The Welland," the home of "The St. Catharines Well."

Apply the manager, St. Catharines, or any Agent of Grand Trunk Railway System.

EXAMPLE.

Father: "Remember, my son, that honesty is the best policy."

Son: "Why, father! you allus said you wanted me to follow in your footsteps."

Time tries all things, and as Eickle's Anti-Consumptive Syrup has stood the test of years it now ranks as a leading specific in the treatment of all ailments of the throat and lungs. It will soften and subdue the most stubborn cough by relieving the irritation, and restore the affected organs to healthy conditions. Use will show its value. Try it and be convinced of its efficacy.

ALTERED.

Tramp: "Madam, I was not always thus."

Madam: "No, it was your other arm you had in a sling yesterday."

No Reasonable Man expects to cure a neglected cold in a day. But time and Allen's Lung Balsam will overcome the cold and stave off consumption. Cough will cease and lungs be as sound as a new dollar.

WON THE PRIZE

At a party recently they were playing a game which consisted in everybody in the room making a face, and the one who made the worst face was awarded a prize. They all did their level best and then a man went up to one of the women and said:

"Well, madam, I think you have won the prize."

"Oh," she said, "I wasn't playing."

LAUGH.

Alice: "Don't you think a cookery book is fascinating reading?"

Clara: "Yes, indeed, it contains so many stirring incidents."

No man fears the woman he can flatter.

Black Watch Remarkable for richness and pleasing flavor. The big black plug chewing tobacco.
2267

CASE OF BRONCHIAL CATARRH PROMPTLY RELIEVED BY PE-RU-NA.

MR. J. C. HERVUS PELLETIER

Bronchial Catarrh Unless Stopped Often Spreads To The Lungs, Causing Catarrh of Lungs.

J. C. Hervus Pelletier, Dep't de l'Agriculture, Ottawa, Ont., writes: "The Peruna is particularly efficacious in the cure of catarrhal affections of the lungs and bronchial tubes, and it is in consequence the remedy most appreciated here in Ottawa. Six bottles cured me this winter of bronchitis. I am completely restored and I owe thanks to the Peruna. I have recommended this remedy to a large number of my friends afflicted with the same trouble, and they have verified my good opinion of this valuable remedy."

CATARRH of the bronchial tubes often very quickly becomes catarrh of the lungs. Catarrh of the lungs makes the patient an easy victim to the germs that cause tuberculosis. Sound lungs protect themselves against disease germs.

Peruna has acquired a lasting reputation in relieving catarrh of the throat, bronchial tubes and lungs. This should prevent the tubercular bacilli from gaining any foothold in the lungs, and saves the patient from the inevitable result.

Mr. Wickliffe R. Smith, Editor of The Potlatch Herald, formerly Principal of the Schools at Cameron, Idaho, writes: "For some time I suffered with catarrh of the throat and bronchial tubes. I tried many remedies, but could find nothing that would give me relief.

"Finally I tried Peruna. Three bottles cured me, made me sound and well. I believe it will do as much for others as it did for me. I shall be glad to recommend it to those suffering with catarrh."

SEATS WERE SAFE.

"It would please me mightily, Miss Stout," said Mr. Mugley, "to have you go to the theatre with me this evening."

"Have you secured the seats?" asked Miss Vera Stout.

"Oh! come now," he protested, "you're not so heavy as all that."

Useful at All Times.—In winter or in summer Parmelee's Vegetable Pills will cope with and overcome any irregularities of the digestive organs which change of diet, change of residence, or variation of temperature may bring about. They should be always kept at hand, and once their beneficial action becomes known, no one will be without them. There is nothing nauseating in their structure, and the most delicate can use them confidently.

THE CURE.

"Doc," said the man who was trying to get a free prescription, "what's the best thing for a cold?"

"Competent medical advice, my friend."

The Effects Produced by Witch Hazel when combined with Menthol as found in "The D & L" Menthol Plaster are truly magical, it being a specific for rheumatism and neuralgia.

BUDDING.

Norah: "An' phwere do your misthress be goin' to-night?"

Bridget: "Shure, she didn't inform me, but fr'm the looks iv her Oi take it she be goin' to wan iv thim comin' out parties."

Mother Graves' Worm Exterminator is pleasant to take; sure and effectual in destroying worms. Many have tried it with best results.

Magistrate: "You gave this young woman such a hit on the face that she can't see out of her eyes. What have you to say for yourself?" Accused: "Well, she often told me she didnt want to see me any more."

ITCH, Mange, Prairie Scratches and every form of contagious Itch in human or animals cured in 30 minutes by Wolford's Sanitary Lotion. It never fails. Sold by all druggists.

Men seldom fly for their lives when they meet a woman who is dressed to kill.

Why go limping and whining about your corns when a 25 cent bottle of Holloway's Corn Cure will remove them? Give it a trial and you will not regret it.

MIXED.

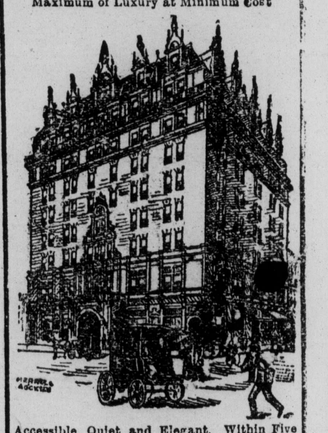
The professor in one of our universities was noted for being very absent minded. It was his custom to call the roll each morning before the lecture. One morning after calling a name to which there was no response, he looked up, and, peering over his spectacles, asked sharply "Who is the absent boy in the vacant shair I see before me?"

A man who does not mind a joke at his own expense says he went into a chemist's recently and asked for some morphine. The assistant objected to giving it without a prescription. "Do I look like a man who would kill himself?" the customer asked. "I don't know, I'm sure," said the assistant; "but if I looked like you, I should be tempted."

Every Woman is interested and should know about the wonderful MARVEL Whirling Spray. The new Vaginal Syringe. Best—Most Convenient. It cleanses instantly.

Ask your druggist for it. If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.
WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

WHEN IN NEW YORK STOP AT
THE NEW FIREPROOF
HOTEL NAVARRE
7th Ave. and 38th St.
300 FEET WEST OF BROADWAY,
Maximum of Luxury at Minimum Cost



Accessible, Quiet and Elegant. Within Five Minutes' Walk of Theatres, Shops and Clubs. New Dutch Grill Rooms Largest in City. Cable Cars Pass Hotel to all Railroads. European Plan. $1.50 per day without bath, $2.00 per day with bath. Suites $3.50 upwards. Send for Booklet.
STEARNS & DABB, Props

NOT A CASE FOR REPAIRS.

"I wish you'd tell me what ails this watch," said the caller, pasing it over the showcase.

The jeweller took the timepiece and looked at it.

"Where did you get it?" he asked.

"At an auction store."

"That's all that ails it," said the jeweller, handing it back.

Miffkins: "The happiest hours of my life were when I was going to school." Biffkins: "I cannot tell a lie, old man. The happiest hours of my life were when I was playing truant from school!"

Shiloh's Cure Cures Coughs and Colds QUICKLY

Use Shiloh's Cure for the worst cold, the sharpest cough—try it on a guarantee of your money back if it doesn't actually CURE quicker than anything you ever tried. Safe to take,—nothing in it to hurt even a baby. 34 years of success commend Shiloh's Cure—25c., 50c., $1.