

WOMAN HAD NERVOUS TROUBLE

Lydia E. Pinkham's Vegetable Compound Helped Her.

West Danby, N. Y.—"I have had nervous trouble all my life until I took Lydia E. Pinkham's Vegetable Compound for nerves and for female troubles and it straightened me out in good shape. I work nearly all the time, as we live on a farm and I do all my sewing and other work with their help, so it shows that I stand it real well. I took the Compound when my ten year old daughter came and it helped me a lot. I have also had my oldest girl take it and it did her lots of good. I keep it in the house all the time and recommend it."—Mrs. DEWITT SINCEBARGE, West Danby, N. Y.

Sleeplessness, nervousness, irritability, headache, dizziness, dragging sensations, all point to female derangements which may be overcome by Lydia E. Pinkham's Vegetable Compound.

This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.



OUR SOLDIERS: HOME AND ABROAD

There is a feeling among militia men in the eastern provinces that Sussex and Aldershot will be the scene of large encampments during the coming summer in Nova Scotia three new Highland battalions are now being promoted with Colonel Borden, O. C. the 85th, to command that unit and the other three as brigadier. The expectation is that these, with the 112th, now about up to strength N. S., and that the battalions now organized or in process of organization in New Brunswick the 104th, 115th, 132nd, 145th and 165th, with possibly two other units soon to be authorized will be under canvas at Sussex in May or June and complete their training at Valcartier.

Stationary hospitals accommodating 150 returned soldiers are also likely to be established at the maritime training stations.

OVER 90,000 CHECKS

Ottawa, Feb. 23—The monthly payments of assigned pay or separation allowances to relatives or dependents of the men under arms now aggregate over \$2,000,000. Over ninety thousand checks are made out each month by the branch dealing with this part of the work.

Nature makes the cures after all.

Now and then she gets into a tight place and needs helping out.

Things get started in the wrong direction.

Something is needed to check disease and start the system in the right direction toward health.

Scott's Emulsion of Cod Liver Oil with hypophosphites can do just this.

It strengthens the nerves, feeds famished tissues, and makes rich blood.

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Send for name of paper and this ad. for our beautiful Savings Book and Child's Health Book. Both books contain a great deal of news.

SCOTT & BOWNE
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THE RESTFUL MURRAY GOVERNMENT.

Over two weeks have elapsed since the opening of the Legislature, and no government business has been brought down, and none appears yet in sight. It seems as if the members of the Murray-Daniels Government had come to the conclusion that the toils and perplexities of their political life are over and that they had resolved to make their passing as serene and untroubled as possible.

One thing is certain. Since the very opening of the session it has been Opposition members who have initiated every item of public business that has been considered. Prohibition, the status of the legislative council, votes for soldiers, inspection of the mining operations of the province, and the financial tangle of the Halifax and South Western Railway involving the crooked Hervey deal, have been introduced and pressed upon the government and the House by the Liberal-Conservative Opposition. One would think that the Government had completely abdicated its public functions to the Conservatives. Had it not been for the public business introduced by Mr. Tanner and his supporters, the House need not have sat over fifteen minutes on a single day since the beginning of the session.

The Government admits it has no policy on prohibition and no legislation to submit to give votes to the soldiers at the front as urged by Mr. Tanner. Up to the present there is no indication that there will be any government measures of any kind this session. The Opposition have clearly succeeded in blocking the Government's attempt to fasten direct taxation on the people. The Conservative criticisms of the measure were so incisive and effective last session, that Premier Murray was obliged to limit the operation of the bill to a single year. If the Government reintroduces it this session, it will be vigorously opposed through every stage by Mr. Tanner and his followers. Mr. Murray realizes this, and it is now an open secret that he intends to drop his taxation project, though the deficit last year was over \$120,000.

Mr. Tanner has fully recovered from his illness, and has again taken his place as the most masterful and influential personage in the Assembly. He has thrown himself into the work of the session with his accustomed energy and intentness of purpose; which have already produced substantial results. It was in response to the strong case presented by the Opposition leader that the Government agreed to consider the question of extending the franchise to Nova Scotians serving at the front.

Mr. Tanner appears to follow the details of the business of the various Government departments more closely than the ministers themselves. For instance the Victoria General Hospital comes under the Department of Works and Mines, presided over by Hon. E. H. Armstrong. The Opposition leader almost took Mr. Armstrong's breath away this week by directing his attention to the fact that the Commission at present administering the management of the Hospital has no legal authority to do so. They were appointed in 1910 for five years. Their term of office expired six or eight months ago, and they have not been reappointed, nor have successors been named in their stead. Every act they have performed on the last six months has been without legal warrant. This single instance is a fair example of the spirit of apathy and tendency to drift that mark the Murray Government. There will have to be retroactive legislation to cover up Mr. Armstrong's incompetency as an Administrator. A law will now have to be passed to do the things he and his clerks should have done last summer.

BE A MAN!

Don't you see where duty points, Where your help is needed most; Can't you hear the battle cries Of the savage Prussian host?

Will you stay where cowards find Softest beds to sleep and shirk, Where the waster chews and jeers, Sneering at the men who work?

Sure with the blood that flows Ruddy in your British veins, You can only play the game, Strike, and hold what courage gains!

Mightily your fathers strove In the past through year to year, Are their sacrifices worth Nothing to you ling'ring here?

Smooth the waters of the lake, Ripples scarcely seem to break, Till the Hand moves 'cross the sky, Flings destruction in its wake!

Wait not till the Hand appears, Placing you beneath the ban, Listen while the voice is near, "Take your place, and—be a man!"

—Fane Sewell
Toronto, 23rd February, 1916.

USE FUNDY'S TIDES TO MAKE ELECTRICITY.

Ottawa, Feb. 25—What is apparently a scheme for generating electricity from the tides of the Bay of Fundy is intimated in the incorporation this week of the Bay of Fundy Tide Power Company, Limited, of Wolfville, N. S. The incorporators are: President, Geo. B. Cutten of Acadia University; Ralph P. Clarkson, professor of engineering; W. L. Archibald, principal of Acadia College, and Dr. John T. Roach. The company is empowered to generate, transmit and sell electricity and to use any secret or other information as to any invention which may seem capable of being used for any of the purposes of the company.

AMERICAN RED CROSS RESUMES OPERATIONS

President Wilson Appeals For Funds

An appeal for funds for the Red Cross, signed by Woodrow Wilson, President, and ex-President Taft, Chairman of the Executive Committee, has been largely circulated in the United States. So far \$1,600,000 has been received by the Red Cross. Four hundred Red Cross workers were sent to the war zone in addition to 4,000,000 pounds of hospital and medical supplies and equipment of an estimated value of \$1,245,174.

These goods were forwarded in 150 shipments aggregating 25,259 cases. It is interesting to compare Canada's Red Cross shipments of 50,000 cases of supplies valued at \$3,000,000, and cash contributions of approximately \$4,000,000 including gifts to the British Red Cross.

The funds of the American Red Cross are practically exhausted and large sums will be required if the United States is to resume its Red Cross activities.

Nearly four thousand men are required in Nova Scotia to complete the Highland Battalions under their noble commander, Lieut. Col. Allison H. Borden and his officers, Lieut. Col. N. H. Parsons, Lieut. Col. John Stanfield and Lieut. Col. Frank P. Day. The campaign opened in the churches of the Province on Sunday and an appeal was made to the young manhood of our Province which is a call to service in a regrettable but a glorious cause. The response throughout Nova Scotia will be worthy of its noble manhood.

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is that no other brand gives you so much in quality, as Regal.

Superior flour means superior bread—success in your baking and palatable, nutritious bread, excellent in everything that makes bread worth eating.

So certain are we that Regal Flour will please you, that if you will buy a barrel and give it a fair trial, we will return your money if you find it unsatisfactory.

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WHAT THE FARMER CAN DO WITH CONCRETE

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It contains 150 pages like those shown here—116 pages give practical instructions for improving your farm, explaining the most economical way to construct all kinds of buildings, walks, foundations, feeding-floors, walls, troughs, tanks, fence-posts, and 45 other things needed on every farm. There are 14 pages of information vital to every farmer who intends to build a silo. 22 pages show what concrete is; how to mix it; the tools needed; what kind of sand, stone and cement are best; how to make forms; how to place concrete; and reinforce it, etc., etc. In fact it tells everything necessary to know about the world's best and most economical building material—concrete.

This book is the recognized authority on farm improvements and has benefited 75,000 farmers. If you haven't a copy of this valuable book, one will be sent to you free. Fill in coupon and mail today.

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Herald Building, Montreal.

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The annual party of the Young Men's Class of the Methodist Church, Grand Pre, took place on Friday evening, February 18th, to which the young women of Dr. Chipman's Class were invited. This year the class took advantage of the fine sleighing and moonlight nights and drove to Hantsport where they were entertained at the home of Mr. Alvin Graham, whose two sons are class members. Two members of this class of which Miss Hilda Hockin is teacher, have enlisted in the 64th Overseas Battalion and expect to soon be on their way to England. They were home on leave at this time and were able to participate in the good time which all enjoyed so much. These young men are Fred Graham and Arthur Woodman—Acadian.

In order to feed 350 members of the Loyal Men's Bible class of the First Christian Church at a banquet, Rev. C. R. Hudson, of Pomona, Cal., had a local restaurant bake eighty hens in a chicken pie four feet wide, one hen deep and eleven feet long.

Hinard's Liniment Cures Diphtheria.

Get "More" Fisher, Musk Skunk and other SHIP YOUR FUR in the World's a reliable—reputation existing for careful record of AND PROFITABLE the only reliable. A. B. SHU

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caused by enlistment of those who have answered, and those who will answer their King and Country call, must be filled. Who will qualify themselves to take advantage of those great opportunities? Catalogue free to any address.

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Twenty-Seven Calls

for Maritime-trained in two weeks is very significant. The salaries range from \$300 to \$1250 per annum. The demand increases in ratio to the enlistment.

There are excellent openings for Maritime-trained both male and female.

Enter any time at the Maritime Business College E. Kaubach, C. A.

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SEA FOOD

A fresh supply of CLAMS and OYSTERS on hand at all times. A good supply of all kinds of Fresh and Salted Fish in Season.

KENTVILLE FISH MARKET

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FOR SALE

About 25 acres woodlot situated in Gibson Woods, Kentville.

ALSO ONE HORSE, sound and, a good worker. A bargain at quick sale.

Estate late W. H. Belcher