

Righted in Time

And a sudden little sob swelled her throat. If she could only do that! Then her heart beat wildly. Why not? She caught her breath. Why not? "Because I haven't the courage, I suppose," said Moya, on that sob. "Because telling the truth would mean losing his respect and love. Because now he thinks me true and worthy, and then he would know me as I am. Yes, that is what it all is, the beginning and end of it. I haven't the courage."

Because she had not the courage she had run away. I know this that she might not have to say good-bye to him. Mangled pride and shame still fought for mastery. Pride that he loved her, pain that she was not the least worthy of such deep love, she so frivolous, who had played with love as with some game.

"But he doesn't know that," said Moya to herself. "Better that he should think anything but that."

But, then, looking up, her sad eyes

I've felt fairly desperate at times, for I was losing the little that I could at least call my own—your society and your companionship. Una, is that all I can claim as mine?"

She had listened, doubtfully, half-steeling herself against it. She turned now, and the color stole up her cheek.

And all at once she ceased to wrest her hands from his grasp. He drew her nearer, nearer.

"You don't love me surely?" he said in a low, awed whisper. "Una, I know I'm not good enough, and yet—dearest!—my own heart's darling—"

There was silence for a moment as his lips found hers. "Of course, I love you," said Una then with a ripple of the softest, sweetest laughter running through it, in tune with the rippling river that ran at their feet. "Of course I do, you blind, stupid boy."

I wonder how it came about that there was such tenderness in those last teasing words, that it satisfied Barry more than any mere praise could have done! But so it was. He said grudgingly—

"But you haven't forgiven me yet."

"No," smiled Una. "I shan't forgive you for a long time. I have all pretence, and all deception. You know that. Besides—"

That one last word concealed such pain and struggle ever since Moya had announced her engagement, and still more ever since Una had guessed and grieved over the fact that they

WOOD'S PHOSPHODINE.

The Great English Preparation. Tones and invigorates the whole nervous system, makes new blood in old veins. Used for Nervous Debility, Mental and Brain Worry, Dependancy, Loss of Energy, Palpitation of the Heart, Fainting Memory. Price 25¢ per box, six for \$1. Sold by all druggists, or mailed in plain package on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT.

suddenly widened. For Guy himself was coming along the sands. He came slowly and quietly, and the calm in his bearing quieted the agitated beating of Moya's heart.

"I've come to say good-bye," he known it for some time now. That you've come right into my life, and are the spring and centre of it."

"Oh," cried Una faintly. She put out her hand gropingly as if for support and shrank away as he caught it. "Oh, how can you? When there is Moya!"

"Moya! All that was unreal. A pretence!"

Una tried to shake off his hand. "I will not listen. Oh, Barry at least I thought you honorable. And now you—"

"Tell you the truth," he finished. "What you would have known long ago if I had had my way. Well, I can keep silence no longer. Not even for Moya's sake. Our engagement was pretence from the first. She asked me in fact, to help her—to save her pride, she called it. She thought Guy Berkeley was coming down here or the purpose of marrying her as a sort of reparation for her lost fortune. She knew Mrs. Raleigh was bent on

making such a match. And she thought the only way out of it was to become engaged at once, to foil all plans, and prevent all gossip. In a foolish, reckless moment I agreed to her plan. And have been sorry enough for it since. So has she, I suspect. She even told me the other day she hated me. And we were good enough friends before. Friends! No more than friends. And I soon found I wanted something more than a friend. So at last I learned the truth. It was pretty hard on me, I think, bound as I was to Moya. And

ASTHMA

Templeton's RAZ-WAN Capsules are guaranteed to relieve ALL BRONCHITIS. Don't suffer another day. Write Templeton, 142 King St. W., Toronto, for free sample. Reliable druggists sell them at \$1.04 a box. 70

making such a match. And she thought the only way out of it was to become engaged at once, to foil all plans, and prevent all gossip. In a foolish, reckless moment I agreed to her plan. And have been sorry enough for it since. So has she, I suspect. She even told me the other day she hated me. And we were good enough friends before. Friends! No more than friends. And I soon found I wanted something more than a friend. So at last I learned the truth. It was pretty hard on me, I think, bound as I was to Moya. And

OF INTEREST TO WOMEN

This is a Short Letter, But It Proves the Reliability of Lydia E. Pinkham's Vegetable Compound.

Bothwell, Ont.—"I was weak and run down, had no appetite and was nervous. The nurse who took care of me told me to try Lydia E. Pinkham's Vegetable Compound, and now I am getting strong. I recommend your medicine to my friends, and you may use my testimonial."—Mrs. W. J. Brady, R. R. 2, Bothwell, Ont.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which set on the female organism. Women from all parts of the country are continually testifying to its strengthening, curative influence, and as it contains no narcotics or harmful drugs it is a safe medicine for women.

If you want special advice write Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read, and answered by women only.

MAGIC BAKING POWDER

NO ALUM

MADE IN CANADA

Her voice was tremulous. "But we lose so much, too."

"And gain," he finished. "Lose perhaps what we are best without, and gain what we need most of all. Moya, let us think of the future, not the past. Do you know you will marry but a poor man?"

There was teasing in his smile now. She met it hesitatingly, as she thought of her mother's ambitions.

"Yes, poor," said Guy. "You will do well to think of that. We shall have the spending of much money, it is true. And there is joy in that spending. I know. Yes, the purest joy. Nevertheless, I call myself a poor man."

"And I think you are the richest man I know," she said softly.

"There are several ways of looking at that," he smiled. "Yet at this moment I'm inclined to believe in what you say. Well, think it over, Moya. Spending one's all for others, living poorly that others may not be poor, if you call that riches—"

She looked up at him anxiously. "Why do you ask me this?" she cried. "Do you think I should fall in such a test?"

"No, a thousand times, no!" he answered. "It is because of what I do think about you, Moya, that I have the courage to call you to such a life, and know you will come."

To call her. Yes, she thrilled to that call. Because it meant that he trusted her, that he thought her worthy in spite of all. And to that call rose all the best in Moya, all that had been hidden in her heart, waiting for the voice to rouse it into life.

The call of love! It came and claimed her. And Moya answered the call in the fullest trust and joy.

THE END.

Heals Inflamed Nostrils

Stops Catarrhal Discharge,

Cures Colds Quickly

Poor remedies have given Catarrh the reputation of being incurable. But it is curable, easily and quickly, if the right method is employed. Snuffing a powder or ointment up the nose won't cure Catarrh, neither will tablets, douching, or stomach medicines. These treatments fail because they only affect local conditions, they do not remove the cause, which is germ life established in the lungs, bronchial tubes, and nasal passages. Ordinary remedies do not reach those remote parts, but Catarrhazone does, for it is breathed through the inhaler into every air cell in the lungs, into every air passage in the head and throat. No matter where the Catarrh is Catarrhazone will reach it. It kills the germs, heals sore spots, clears the nose and throat instantly. Universally used; pleasant and clean; guaranteed to cure or money refunded.

Don't be an object of aversion to everyone you meet—get Catarrhazone to-day and use it regularly; it will cure your Catarrh, Bronchitis, Throat, Trouble, spitting and gagging. Large size lasts two months, price \$1.00; smaller size, 50¢; sample size, 25¢; at all dealers.

A Dog and An Egg.

A farmer in a western state possessed two dogs, a big one called Alice and a small one that was named Billy. Alice, greedy creature, was fond of fresh eggs. When she heard a hen cackle she always ran to look for the shed. One day she found one under the shed. She went away and soon returned with Billy, bringing him just before the hole.

Billy was stupid and did not understand. Alice put her head in and then her paws without being able to reach the egg. Billy seemed to understand what was wanted. He went under the shed, brought out the egg and put it before Alice, who ate it with great satisfaction, and then both dogs trotted off together.

Neat Blarney.

"Why does your horse go so slow?" asked a tourist one day in the Glen of the Downs, Ireland, of his driver. "It is out of respect to the beautiful scenery, yer honor—he wants ye to see it all. And then he's an intelligent baste, and appreciates good company, and wants to kape the like of ye in ould Ireland as long as he can."

50,000 MEN WANTED

Before next month this number are wanted to step up and have their corns removed with Putnam's Corn Extractor—it's painless—safe—sure. Use only "Putnam's," it's the best, 25¢, at all dealers.

"Oh, dear," sighed the movie star. "I forgot something when I was down town shopping!" "What was it?" inquired her secretary. "I meant to buy an automobile to match my new hat."

JOY AND GLADNESS FOR THE CHILDREN

Every child—whether it be poor or rich—is entitled to joy and gladness. Health is the birthright of all, and there is absolutely no doubt that the healthy baby is a happy baby. It is the baby's nature to be happy—not cross. Only the sickly baby is cross. The well child is a joy to the home—it is a laughing, purring, happy little piece of humanity which drives dull care from the household. The sickly baby is the opposite—he is cross and peevish; cries a great deal and is a source of constant worry to the mother. But, mothers, there is no need of your little ones being sickly. Regulate the baby's bowels and sweeten his stomach with a gentle but thorough laxative and baby will soon be well and happy again. Thousands of mothers have proved this through their use of Baby's Own Tablets—there is a smile in every dose of the Tablets. Give them to your baby and make him happy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Gathering Life's Gold.

The gold of life does not lie hidden in mines; it sparkles in tiny sands all along the common path of every day. He only who gathers it bit by bit from daily duties and pleasures and opportunities and friendships will find himself the possessor of the real treasure at last.

MAGIC BAKING POWDER

NO ALUM

MADE IN CANADA

HOME FIRESIDE

VARIOUS FRUIT RECIPES.

STEAMED ORANGE PUDDING.

Pour a cupful and a half of scalded single cream, or rich milk, over one cupful of grated crumbs. Add two tablespoonfuls of butter and let stand 15 minutes. Beat four eggs with one-fourth a cupful of boiling water and strain. Add a cupful of sugar, a tablespoonful of coloring to tint a deeper pink. Chill lemon juice, the peach pulp and fruit in a pan of ice water and when quite thick beat with a wire spoon until frothy, then add the stiffly-beaten whites of three eggs and beat until stiff enough to drop. Have ready a mold lined with halves of peaches with blanched almonds arranged to look like the pits. Turn the mixture into the mold, chill and serve with rich cream, plain or whipped.

DATE TAPIOCA.

Pour three cupfuls of boiling water over one-half cupful of minute tapioca and boil the whole for 15 minutes, or until clear. Cool about half and then stir into it one-half cupful of stoned and cut-up dates with from one-half cupful to one cupful of sugar, according to taste. If the tapioca has a noticeably starchy flavor when cooked, more than a half cupful of sugar may be needed; otherwise this amount is sufficient. Serve with cream for a delicious dessert of high nutritive value.

APPLE INDIAN PUDDING.

Stir one cupful of minute tapioca and one pint of scalded milk, with one cupful of sugar, in one pan. In another pan, brown one cupful of flour, add a cupful of sugar, and a tablespoonful of salt, a tablespoonful of butter, and one quart of milk. Boil four hours very slowly in a covered pudding dish. To be eaten hot or cold with cream.

COMPOSITE OF PEARS.

Cut about a dozen large pears in two lengthwise, leaving on the stem, pare and core them. Cook in a little water until tender, then drain. To the liquid add sufficient hot water to make a cupful and a half in all. Add a cupful of sugar and a small teaspoon of cloves. When the syrup boils, skim, add the pears and cook slowly until the fruit is tender, then lift each piece out carefully and arrange on a glass serving dish with the stems pointing outward. Add the raisins and a dozen or more blanched almonds to the syrup, boil it down until quite thick, then pour over the fruit, chill and serve with cream.

APPLE CHARLOTTE.

Cook pears and sliced apples, stirring constantly in butter, until soft and dry, adding sugar as you cook. When done, pour into a mold lined with a cloth, and pour in a quart of sugar, one egg, and one cupful of flour, and a small quantity of nutmeg, and bake in the oven for one hour in a hot oven. Serve with sugar and cream, or hot sauce.

OLD-FASHIONED APPLE SAUCE.

Take one quarter a pint of sweet apples, place them evenly in a quart cupful of sugar. Then pare and quarter a pint of sour apples, place evenly on the sugar and sprinkle over them two-thirds cupful of sugar. Add a large cupful of water, cover with an earthen plate and cover, and bake in a moderate oven for six hours. When cool serve with cream.

GRAPE FRUIT SALAD.

Peel the fruit, separate the sections, remove the skin and take out the seeds. Blanch Malaga grapes by throwing into hot water for a minute, cut in two and remove the seeds. Mix with the grape fruit and serve with mayonnaise. Garnish with lettuce and celery.

RHUBARB DESSERTS

This excellent spring tonic may be just as healthful served stewed as first course for breakfast, but it has many tasty possibilities for other places in the daily menu. Half a dozen delicious desserts can be made from it, without causing the family to say, "What, rhubarb again!"

RHUBARB PIE DE LUXE

For a company dinner try this way of preparing your rhubarb pie: Make a fairly thick under crust and brush it over with white of egg to keep it from getting too soggy. Fill with partly stewed and sweetened rhubarb in which an egg has been whipped, half a teaspoonful of butter added and a few drops of lemon juice. Put the top crust on in larded, trips and bake till done. Then make a meringue of the white of one egg, slightly sweetened, put a dab of the meringue in each open square between the strips of crust, brown for a few minutes in the oven, and you have a pie fit for a king.

RHUBARB JELLY

Skin and cut a pound of rhubarb in small pieces, cook with a cupful of sugar until soft, but not broken. Soak two tablespoonfuls of gelatin in half a cupful of cold water until soft, then strain into the hot rhubarb with two tablespoonfuls of lemon juice. Pour in a mold and chill. Serve with whipped cream and sweet crackers.

RHUBARB PUDDING

Line a bowl with a good short pie crust. Fill with sweetened leftover rhubarb to which a third the quantity of raisins has been added. Put a pastry covering on the pudding, pinching the edges together well to keep the juice in. Tie the bowl in a pudding cloth and plunge in boiling water to cover. Boil for about two hours. Turn the pudding out carefully and serve with hard sauce or cream.

Speaks Right Out and To The Point

MISS LADERONT SAYS DODD'S KIDNEY PILLS HELPED HER KIDNEY DISEASE.

Bigwood Lady Points the Way to Health to the Weak, Weary, Nervous, Run-down Women of Canada.

Bigwood, Ont., June 14th (Special).—"Dodd's Kidney Pills relieved me of kidney disease."

That is the statement of Miss Laurence Laderont, a highly esteemed lady living here. It is short and to the point. There can be no misunderstanding of its meaning. It is a clear and ringing message to women all over Canada. It tells them where they, too may find relief.

For ninety per cent. of the ills from which women suffer come from weak or diseased kidneys. They are the organs that strain all the impurities, all of the seeds of disease out of the blood. If they fail in this work the impurities remain in the blood and are deposited all over the body. The results show themselves in weakness, weariness, nervousness, headache, backache, drowsy and rheumatism.

Ask your neighbor if all these diseases cannot be avoided by using Dodd's Kidney Pills to strengthen the kidneys.

QUEER COINS.

The great war brought into circulation some very odd kinds of money. There was lack of copper and nickel throughout Europe, owing to the demand for those metals for munitions, etc.; and, to aggravate the situation people everywhere took to hoarding coins.

Germany issued hundreds of millions of five-pfennig and ten-pfennig iron coins coated with zinc to prevent rust. Iron coins were likewise minted by the Governments of Sweden, Norway and Denmark.

The Germans issued one-pfennig pieces of aluminum, and in Algeria also aluminum coins of five centimes and ten centimes made their appearance in circulation.

Germany issued mullin notes, and the local governments in that country and in Austria printed paper money of the smallest value ever known, representing one-fifth of a cent.

Even more curious was the paste-board money issued in some of the enemy-occupied cities in France. It was in denominations up to five francs, and was of different colors and shapes—square, round, octagonal, oval and diamond shaped. This "card money" was guaranteed by the local municipalities, and was good only for use in transactions with merchants of the town where it was issued.

Meanwhile, the clever Japanese bought up in China nearly all of the visible supply of "cash"—the copper pieces with square holes for string, fine than ten-cent. At the enhanced price of copper they were worth considerably more as bullion than as money.

PROBABLY Miss Smith's "Mona" was found to have her eye as twenty-five when she was that "pleb old man."

Miss Snaps: "Oh, I suppose she made a discount for cash!"

Speaks Right Out and To The Point

MISS LADERONT SAYS DODD'S KIDNEY PILLS HELPED HER KIDNEY DISEASE.

Bigwood Lady Points the Way to Health to the Weak, Weary, Nervous, Run-down Women of Canada.

Bigwood, Ont., June 14th (Special).—"Dodd's Kidney Pills relieved me of kidney disease."

That is the statement of Miss Laurence Laderont, a highly esteemed lady living here. It is short and to the point. There can be no misunderstanding of its meaning. It is a clear and ringing message to women all over Canada. It tells them where they, too may find relief.

For ninety per cent. of the ills from which women suffer come from weak or diseased kidneys. They are the organs that strain all the impurities, all of the seeds of disease out of the blood. If they fail in this work the impurities remain in the blood and are deposited all over the body. The results show themselves in weakness, weariness, nervousness, headache, backache, drowsy and rheumatism.

Ask your neighbor if all these diseases cannot be avoided by using Dodd's Kidney Pills to strengthen the kidneys.

QUEER COINS.

The great war brought into circulation some very odd kinds of money. There was lack of copper and nickel throughout Europe, owing to the demand for those metals for munitions, etc.; and, to aggravate the situation people everywhere took to hoarding coins.

Germany issued hundreds of millions of five-pfennig and ten-pfennig iron coins coated with zinc to prevent rust. Iron coins were likewise minted by the Governments of Sweden, Norway and Denmark.

The Germans issued one-pfennig pieces of aluminum, and in Algeria also aluminum coins of five centimes and ten centimes made their appearance in circulation.

Germany issued mullin notes, and the local governments in that country and in Austria printed paper money of the smallest value ever known, representing one-fifth of a cent.

Even more curious was the paste-board money issued in some of the enemy-occupied cities in France. It was in denominations up to five francs, and was of different colors and shapes—square, round, octagonal, oval and diamond shaped. This "card money" was guaranteed by the local municipalities, and was good only for use in transactions with merchants of the town where it was issued.

Meanwhile, the clever Japanese bought up in China nearly all of the visible supply of "cash"—the copper pieces with square holes for string, fine than ten-cent. At the enhanced price of copper they were worth considerably more as bullion than as money.

PROBABLY Miss Smith's "Mona" was found to have her eye as twenty-five when she was that "pleb old man."

Miss Snaps: "Oh, I suppose she made a discount for cash!"

JOY AND GLADNESS FOR THE CHILDREN

Every child—whether it be poor or rich—is entitled to joy and gladness. Health is the birthright of all, and there is absolutely no doubt that the healthy baby is a happy baby. It is the baby's nature to be happy—not cross. Only the sickly baby is cross. The well child is a joy to the home—it is a laughing, purring, happy little piece of humanity which drives dull care from the household. The sickly baby is the opposite—he is cross and peevish; cries a great deal and is a source of constant worry to the mother. But, mothers, there is no need of your little ones being sickly. Regulate the baby's bowels and sweeten his stomach with a gentle but thorough laxative and baby will soon be well and happy again. Thousands of mothers have proved this through their use of Baby's Own Tablets—there is a smile in every dose of the Tablets. Give them to your baby and make him happy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Gathering Life's Gold.

The gold of life does not lie hidden in mines; it sparkles in tiny sands all along the common path of every day. He only who gathers it bit by bit from daily duties and pleasures and opportunities and friendships will find himself the possessor of the real treasure at last.

PROBABLY Miss Smith's "Mona" was found to have her eye as twenty-five when she was that "pleb old man."

Miss Snaps: "Oh, I suppose she made a discount for cash!"