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we shall not be divided." This worthy, who so strongly objects to lying alone, makes sure apparently of surviving his third ronture, and would scout the possi-bility of the lady perversely frustrating his pretty plan, by burying him instead, and betting to share the grave with hor second

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# early in the spring, then sow the fertilized broadcast at the rate of 400 or 600 lbs. per AGRIGULTURAL NOTES.

Recuperating the Brain. An intelligent writer on this subject thinks the use of simulate to fortify the exhaut-ed brain an unwise measure. The best pos-sible thing, he says, for a man to do when he feels to weak to carry anything through is to go to bed and aleop as long as he can. This is the only recuperation of the brain force; because during aleop the brain is in a state of rest, in a condition to receive appro-printe particles of nutriment from the blood, which takes the place of those which have been consumed by previous labour, since the very act of thinking burns up solid par-ticles, as every turn of the wheel or screw of the stamer is the result of consumption by fire of the fund in the furnace. The sup-ply of consumed brain substance can only is had from nutritive particles in the blood, which were obtained from the food esten proviously, and the brain is so consisted d that it can best receive and appropriate to is state of rest, of que et and stillness of sleep. LUCCA is to appear as E'sa and Carmen at

PERSÓNAL

THE YOUNG FOLKS

Recuperating the Brain. F. E. DIXON & CO.,



