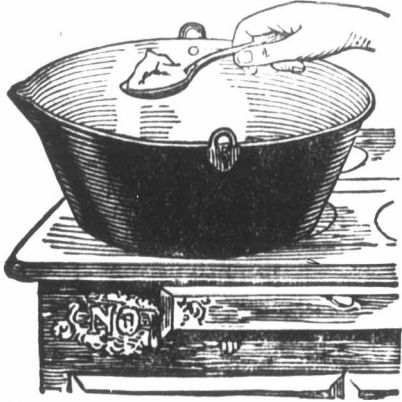


How to Fry with Cottolene



Fry everything from potato chips to doughnuts in Cottolene. Put Cottolene in a cold pan—heat it slowly until it will delicately brown a bit of bread in half a minute. Then put in your food. It will pay you to try Cottolene just this way—see how delicious and wholesome it makes the food.

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"I Serve."

A short time ago we had a group of happy children before us eagerly listening as we talked about how we can best serve God. Their faces were all so bright, and their eyes so full of interest, that we went away with the feeling that we had helped them, and they had helped us.

We were careful to show them that there is no happiness in life without trust in God; that life is given for service—for service of God. This, we said, is true religion. On the coat of arms of the Prince of Wales, the son of Queen Victoria, there appear two German words, "Ich dien," which mean, "I serve."

Here is a motto and a watchword for every child who is a son or daughter of the King of heaven and earth. What a grand thing it would be for the children of the Sunday schools in our country to organize an "I serve" society among themselves, and to make some simple, practical pledge to serve God in some special way.

There are many children who are very anxious to do something for God, but who are hindered by not knowing

what to do. When there is so much to be done, and time is so short, this is very sad. We would try and help such boys and girls to become useful workers in God's vineyard and to offer Him acceptable service.

In giving ourselves up to the service of God, our first duty in that service lies within our own hearts. This is the work that is nearest to us, the work that must not be neglected. The value of all the other work we do will depend entirely on the character of this.

Curb the stubborn will. Check the sullen temper. Stay the hasty word. Humble self. Be patient. Be meek. Be gentle. Fear God and keep His commandments. Cease to do evil. Learn to do well.

If thus we consecrate ourselves to God, a thousand ways in which we may serve Him will open to us every day, every hour of our lives. The idler says, "I have nothing to do." The worker complains, "There is so much to do; I wish I were two instead of only one." The first never sees anything to do, the last sees more than he is able to do. The first never works, the last is never idle.

The next work we may do will, very likely, be found in our own home. Perhaps we have been disobedient to a parent; we will learn obedience. We have been harsh or unkind to a sister or a brother; the future will find us loving and amiable. Or our home work may lie in another direction. Family prayers may not be said under our roof, as in other Christian households. It will be right for us to ask father or mother why this is so. The simple question will be enough; it will set them thinking.

Brother or sister may be careless as to their morning and evening prayers; it is for you to remind them. You may be sharply answered; never mind that; you have done what is right. By your daily conduct at home you may do noble work for Christ.

Next, we may do something for our school-fellows. Help given in a hard lesson, or sympathy in a misunderstanding, may be a real help to someone and an act well-pleasing to God. Evil-speaking is a common offence among the young; so also is untruthfulness. We may kindly rebuke those who are guilty of such sins and do a noble work for our King. Let us, again, be always ready to defend the absent one who cannot defend himself; and never permit a word against a friend.

God wants our service in such ways as we have pointed out in the foregoing paragraphs.

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Learning to Sew.

My grandmamma says that the Right way to sew, Is to put little stitches Along in a row. That sounds very easy, I almost know That some spectacles and things would Help me sew

I try very hard now, but Isn't it slow, The stitches won't half of them Stay in a row. I'm sure as can be that the People don't know What very hard work 'tis to Learn how to sew.

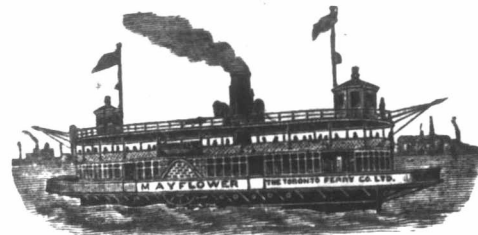
I'll do like my grandma; I'll Sing soft and low— Put my foot on a stool—make My rocking-chair go— And put on her spectacles—then Stitch, stitch, oh, ho! I fink I've found out how to Learn how to sew.

"Redeeming the Time."

If you are going to build a boat or a fort, or make a doll's dress or a birthday present, you will have to make a definite beginning, will you not? and keep on working at it, if it ever is to be finished. And if you are going to recite a history lesson in school tomorrow, it won't do to keep putting off looking at it till ten minutes before you go into class, because then names and dates will be one confused jumble in your head, and you will make a failure of the recitation. Simply intending to do a thing won't bring it about.

Now it is just the same way about serving Christ. Probably not one of you boys and girls would say that you never intend to be a Christian. When you stop to think of it all you expect some day to give yourself, heart and soul, to Christ, but now you simply drift along without doing anything.

But drifting will not bring you to Him. You must make a definite beginning, just as you would with any other matter which is important, and which you expect to make any progress in. Don't drift. Redeem the time, for it is precious. Start now, in this fresh year that God has given you, to serve Him, and fill the years with loyal love and living, and then what a record they will bear to God for you!



Hold your annual church picnic at Hanlan's Point or Island Park. Hanlan's Point has been converted into the most beautiful grounds in the province, and hot water is supplied free of charge to all picnic parties, and all refreshments are sold at city prices. The Toronto Ferry Co. issue very low rates to picnic parties, and for a very moderate charge will give the excursion party a beautiful sail around the Island before landing at the picnic grounds. For further information apply to W. A. EBBSON, Manager 83 Front st. west. Telephone 2965.

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