HOLY FAMILY + 1904 + DAY OF S. Ignatius. Purification of the B. V. Mary. M. T. W. T. F. S. S. Dionysius. S. Andrew Corsini. S. Agatha. S. Hyacintha of Mariscotti. w. Sexagesima Sunday Vesper Hymn, "Iste Confessor." S. John of Matha. M. T. W. Commemoration of the Passion of Our Lord. S. Scholastica. Our Lady of Lourdes. S. Telesphore. S. Gregory II. Pope. 12 Quinquagesima Sunday Vesper Hymn, "Martinae Celebri." S. Martina M. T. W. T. F. S. 15 B. Gregory X. Pope. Ash Wednesday. S. Raymund of Pennafort. Crown of Thorns of Our Lord. 19 S. Cyril of Alexandria. First Sunday of Lent Vesper Hymn, "Quodcumque in orbe." S. Peter's Chair at Antioch. Su. M. T. W. 22 S. Peter Damian 23 24 25 26 Ember Day, The Prayer of Our Lord in the Garden. S. Mathias Apostle, Ember Day. The Lance and Nails, which pierced our Ember Day (Abstinence as well as Fast). S. Margaret Second Sunday of Lent Vesper Hymn, "Audi benigne Conditor." Of the Feria. Su. for plans and estimates COONALD & WILLSON of church wiring or lighting. They are specialists on this

HOME CIRCLE eetereeeteeteet

Mind your hands! Don't let them

alk in the steps of the wicked. Mind your heart! Don't let the love

of sin grow in it.

TO CLEAN PLUMES.

As white ostrich feathers are so As white ostrich feathers are so much used on hats this winter, here Though all man's life may seem a can't go out for a week yet."

(Spenser) "How very strange!" said Aunt is a little useful information as to the manner of cleaning them: Make But light cares speak when mighty a lather of pure soap with a little ammonia in it, using about a quart The bottom is but shallow whence of water or more if the feathers are they come. (Sir W. Raleigh) very large. Move them to and fro Thy fate is the common fate of all; gently in this, then lightly press them, from stem to tip between the thumb Unmingled joys here no man befall; and finger, and do the same in an

Hang them up to dry where there is a draught, and shake at intervals; be- Custom does not reason overrule, fore quite dry gently shake them before a gas stove, or they can be And throw a cruel sunshine on a fool, partially dried by steam over a pan of quick boiling water, and finished as Live well; how long or short permit she tell you where she wished to go?" directed. Comb them carefully and curl any stray strands with a silver They who forgive most shall be most knife.

They who forgive most shall be most world. But I have a plan. Suppose the cures of Mrs. Adams, of Colling-

DUSTING ROOMS.

The Health Commissioner of New York recommends care in dusting Then keep each passion down, however floors and furniture as follows: that in the cleaning of private houses and all public conveyances and places of assembly the methods adopted sure lay.

(Byron) played with her for a long time, and avenue, this city.

I suppose she is lonesome; a change would do her good, poor thing! Will DEATH SEE should be such as will remove and not With craft and skill to ruin and be- you please bring her now?" simply stir up the dust, which, when ible persons some form of acute pneutorise; (Massinger) wardrobe of the little traveller. wardrobe of the little traveller. wardrobe of the little traveller. "I think," said Helen, "I will let that her life was measured by days the more common colds and categories. ible persons some form of acute pneuthe more, common colds and catarrhs.

ing. When practicable, sweeping Riches have wings, and grandeur is a Should be done in the evening, so dream. (Cowper) in this white party dress. I will run that floating dust may completely. Think not ambition wise because 'tis some fresh pink ribbons in it, and, settle before its removal by moist brave; (Sir William Davenat) with her pink stockings and shoes she house, but Mary Malcolm is a strong with her pink stockings and shoes she house, but Mary Malcolm is a strong will look very nice." cloths in the morning. It should be remembered that dust settles on floors as well as on furniture, so moist What is ambition? 'Tis a glorious said Helen, 'as the weather is grow-change. Here is the story as told by mops should be passed over the floors when these are uncarpeted as part Only destructive to the brave and of the morning dusting."

In a lecture delivered before the

"Going to bed early and rising ear-ly, and restricting the hours of sleep

speak hasty, cruel, unkind or wicked words.

Mind your eyes! Don't permit them to look on wicked books, pictures or objects.

Mind your ears! Don't suffer them to look on wicked books, pictures or objects.

The following remarkable poem, a ladecided droop to her mouth. Out of doors the sun was shining, and a bed of pansies under the window nodded blithely to her in a morning greeting. Her little kitten raced up and down the walk, chasing the dead leaves as the breeze blew them about the sportsman who wishes to add to listen to wicked speeches, songs or author is said to have spent more in their last dance, but his little misthan a year in its compilation:

Mind your hands! Don't let them steal or fight, or write any evil words.

Why all this toil for triumphs of an hour?

Why all this toil for triumphs of an hour?

(Young)

Life's a short summer—man is but a flower—

(Johnson)

Why, Helen," she said brightly, "how tired you look this morning! By turns we catch the fatal breath What is the matter?" and die; (Pope) The gradle and the tomb, alas! how cheek. nigh. To be is better far than not to be

griefs are dumb.

equal amount of clear hot water. Nature to each allots his proper would have been drowned in tears requal amount of clear not water sphere sphere Fortune makes folly her peculiar care. (Churchill) (Congreve) long ago." (Rochester) pose.

(Milton) to heaven; not see its face;

sure lay,

tray, (Crabbe) pise. "Feather dusters should be aban-Oh, then, renounce that impious self- and hat to match."

Oned and moist cloths used for dustesteem; (Beattie)

(Gray) grave.

great. The most selfish human creature him. In a lecture delivered before the Royal College of Physicians, in London, Sir Hermann Weber, M.D., proposition, Something generous; the most sordid to think very deeply; "over on Pine to think very deeply; "over on Pine to think would be almost unrecognized in these for prolonging life. The main points in his advice were comprised in these guise the Divine image within. Steep that the prescription in eating dyinking and a human soul into a sea of world-dolls?"

The most selfish human creature him.

"Let me see," he said, pretending to think very deeply; "over on Pine to think would be glad to see her. She has hroken her with Dropsy as to be almost unrecognizable.

CURE WAS QUICK.

"From a book dropped in at the prescription in eating dyinking and a human soul into a sea of world-dolls?" "Moderation in eating, drinking and a human soul into a sea of world-liness and you will not yet extinguish physical indulgence.

"Pure air out of the house and the heavenly spark kindled in it by within.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth into a Divine flame.

"The keeping of every organ of the burst forth working order.

"Regular exercise every day in all world over and make them stand out in their truer, better selves, as if by breathing movements, and by it were a call from some angel to walking and climbing tours.

"Going to bed early and rights."

Several days later' the doctor the sought Helen a little square envelope. Helen opened it eagerly.

"Oh!" she cried. "A letter from Ethel May."

"Dear little mama." it began us a show their Divine kinship.

Not a Nauseating Pill.—The excipimet a little girl who admired me very

And Mary, the daughter on whom Not a Nauseating Pill.—The excipitor in the pain. While here I have met a little girl who admired me very much. Now she is sick, and must go individual conditions, cold or warm, or warm followed by cold.

"Regular work and mental occupation."

"Cultivation of placidity, cheerfulness and hopefulness of mind.

"Employment of the great power of the mind in controlling passions and nervous fear.

"Strengthening the will in carrying out whatever is useful and in checking the craving for stimulants, anodynes and other injurious agencies."

Not a Nauseating Pill.—The excipitation of a pill is the substance which met a little girl who admired me very much. Now she is sick, and must go to the Children's Hospital in the city. The doctor thinks she will be less lonesome if I go too. May I go? Your loving daughter, Ethel May."

"Well." saki the doctor, "shall I will take nothing but Dodd's Kidney Pills."

"Yes, indeed!" cried Helen. "But, which met a little girl who admired me very much. Now she is sick, and must go to the Children's Hospital in the city. The doctor thinks she will be less lonesome if I go too. May I go? Your loving daughter, Ethel May."

"Well." saki the doctor, "shall I will take nothing but Dodd's Kidney Pills."

"Yes, indeed!" cried Helen. "But, who admired me very much. Now she is sick, and must go to the Children's Hospital in the city. The doctor thinks she will be less lonesome if I go too. May I go? Your loving daughter, Ethel May."

"Well." saki the doctor, "shall I will take nothing but Dodd's Kidney Pills."

"Yes, indeed!" cried Helen. "But, who doctor, she must have her winter furs."

"Yes, indeed!" cried Helen. "But, who doctor, she must have her winter furs."

"Your loving daughter, Ethel May."

I will take nothing he entitle in the city. The doctor thinks she will be less lonesome if I go too. May I go? Your loving daughter, Ethel May."

I will take nothing he chimed in controlling have been winter furs."

So the doctor she met a little girl who admired me very much. Now she is sick, and mu

Children's Corner

THE SLEEPY SONG.

By Josephine Dodge Daskam. As soon as the fire burns red and low, And the house upstairs is still, She sings me a queer little sleepy song, Of sheep that go over the hill.

Their colors are gray and white; They follow their leader nose to tail, One of the pleasant-faced nurses For they must be home by night.

And one slips over and one comes next. And one runs after behind, The gray one's nose at the white one's tail The top of the hill they find.

And when they get to the top of the They quietly slip away?

But one runs over and one comes next Their colors are white and gray.

And over they go, and over they go And over the top of the hill, The good little sheep run thick And the house upstairs is still.

And one slips over and one comes The good little, gray little sheep! watch how the fire burns red and

low,
And she says that I fall asleep.
—McClure's Magazine. REFLECTIONS OF A SMALL BOY

I wonder why a boy's "so bad" When he is only havin' fun.

An' only good when he is sad,

Because his ma won't let him run An' have a real good time like he Just wants to do, 'cause it won'

Him any worse to let him be Like other felers that you see.

It ain't worth while to live S'longs a feller's got to act Just like a sissy girl, an' give Up all his fun, an' that's a fact. Some day I'll be grow'd up an' tall An' maybe she'll be sad to see Me never answer at her call-'Cause then I'll be a man, an' free.

THE TRAVELIG DOLL

(By Emma F. Bush.) Helen sat gazing out of the window. Her little white hands were clasped "MINDS."

LIFE.

Her little white hands were started to look upon man listlessly in her lap, and there was as a fee to be shunned at any cost, and decided droop to her mouth. Out but the quick firing magazine rifle but the quick firing magazine rifle but the quick firing magazine rifle. tress never noticed him. "Altogether it is time something is happening," thought Aust Mallie as happening,"

A big tear rolled down Helen's

(Prior) "I want to go out," she sobbed, into the sunshine. I am so tired (Sewell) sitting here, and the doctor says I (Spenser)
Mollie, gravely. "I came across
(Daniel) Ethel May this morning in the attic "I came across staying there, and longed to go into (Longfellow) the world again. In fact, she said that, were it not that dolls were Dodd's Kidney Pills Had Her (Southwell) made with no crying apparatus, she

Helen saw the little sparkle in Aunt (Churchill) Mollie's eyes that always came when she had some beautiful plan to pro-

"Yes," she said, with a little sup-(Armstrong) pressed excitement in her voice, "did

(Smollett) would do her good, poor thing! Will In a very few minutes Aunt Mollie lous.

(Willis) ing cold."

"Dear little mama," it began, "I the slightest relapse. We can never have had a lovely time with my lit-tle hostess, and she says I helped her as they certainly saved my daughter's

One morning Helen saw the doctor coming up the walk, and rushed to meet him and learn the latest news

from her traveling child. "Ethel May," announced the doctor, "is home-sick, and I have come to take you to her." 'It did not take Helen many minutes

to get ready to go with the doctor to the city, and soon they were in the hospital ward where lay the little sick girl who had come there with Ethel May. They stopped before a bed by the window in which was the little pa-Of sheep that go over the hill.

The good little sheep run quick and soft,

The good little sheep run quick and little girls long to get acquainted, and the doctor left Helen with little Julia while he was busy elsewhere.

der her care, Helen and Ethel May visited each child in the ward, and Helen was very sorry when the doctor came to take her home.
"I think," she said, "Ethel May's clothes are getting shabby, and I had better take her home for mama and Aunt Mollie to make some new ones.

The doctor can bring her back again when they are finished."
So Ethel May went with her mama,

but only for a visit, and then the doctor carried her to the hospital

That was several years ago, but Ethel May still travels from bed to bed in the hospital, coming home twice a year for a new wardrobe, and a new wig (given by the doctor); and she has grown so accustomed to tra-veling that Helen says she knows just as long as she holds together Ethel May will insist on seeing the world. S. S. Times:

The Grizzly of Old Days

(From J. M. Gleeson's "The Grizzly, Bear" in March St. Nicholas.) In the old days, before the deadly magazine rifle was invented, hunting the grizzly was a very difficult affair, and no animal on the American continent was more dreaded, his fierceness and vital force when wounded filling the most reckless of hunters with a wholesome dread. It was not at all unusual for a grizzly with a bullet through his heart to pursue and tear to pieces the hunter, whose long single-parreled muzzle-loading rifle, with its one round lead bullet, was altogether inadequate for such a con-It is a strange thing, too, that while the grizzly bear is an omniverous feeder, living on anything from roots and nuts to steer and buffalo meat, he has never been known to devour human flesh.

Driving the Grizzly West

(From J. M. Gleeson's "The Grizzly Bear" in March St. Nicholas.) In the days of Kit Carson the grizthe sportsman who wishes to much hardship and labor, for "old Ephraim," as he was called by the Western pioneers, is as cunning as he is fierce.

BEATEN AGAIN

Mary Malcolm's Life Was Measured by Days and Hours.

Able to be out in a Week.

Out by the Collingwood and Eglinton Cases.

"No," said Aunt Mollie, "she sim- Toronto, Feb. 15 .- (Special) .- The Sin may be clasped so close we cannot see its face; (French) we dress her in her best clothes pack wood, and Mrs. Philip, of Eglinton,
her trunk, and, when the doctor comes of Bright's Disease, has been given DUSTING ROOMS.

The Health Commissioner of New ork recommends care in dusting own of see its face; (Somerville)

The health Commissioner of New place; (Somerville)

The health Commissioner of New ork recommends care in dusting own dear, (Thompson)

The health Commissioner of New place; (Somerville)

Then keep each passion down, however dear, (Thompson)

Thou pendulum betwixt a smile and it. I haven't with her for a long time and with her parents at 199 Marlborough

DEATH SEEMED SURE.

This cure is little short of miracu-Miss Malcolm was in the contaminated, may incite in suscept- Soar not too high to fall, but stoop and Helen were very busy over the clutches of Bright's Disease from May, (Cowley) her wear her blue dress with her coat if not by hours. Hope had given and hat to match."

"That will be very pretty," said friends had turned to the sad task of "She had better take her golf cape," without even a shudder of fear. Dodd's Kidney Pills effected the (Willis) brave and (Addison)

(Addison)

They worked busily for a while, and, just as Ethel May was ready for her journey, the doctor appeared, and Helen eagerly laid the plan before him.

"After taking four boxes she was entirely cured and she has never had

The Rhaumatic Wonder of the Age

This Salve Cures Rheumatism, Felons or Blood Poisoning Itis a Sure Remedy for Any of These Diseases.

A FEW TESTIMONIALS

Toronto, Sept. 18, 1906.

John O'Connor, Toronto: Dear Sir-I wish to testify to the merits of Benedictine Salve as a cure for rheumatism. I had been a sufferer from rheumatism for some time and after having used Benedictine Salve for a few days was complet S PRICE, 212 King street cast.

the Land. I

198 King street East, Toronto, Nov. 21, 1962, John O'Conner, Esq., Toronto:

DEAR SIR-I am deeply grateful to the friend that suggested to me, when I was a cripple from Rheumatism, Benedictine Salve. I have at intervals during the last ten years been afflicted with muscular rheumatisms, I have experimented with every available remedy and have consulted. might say, every physician of repute, without perceivable same fit. When I was advised to use your Benedictine Salve, I was a helpless cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily, astivity. I am thankful to my triend who advised me and I am more than gratified to be able to furnish you with this testimonial as to the cacy of Benedictine Salve. Yours truly, GEO. FOGG.

Tremont House, Youge street, Nov. 1, 1968.

John O'Connor, Esq., Toronto: DEAR SIR-It is with pleasure that I write this unsolicited testimonial, and in doing so I can say that your Benedictine Salve has done more for me in one week than anything I have done for the last five years. My ailment was muscular rheumatism. I applied the salve as airected, and I got speedy relief. I can assure you that at the present time I am free of pain. I can recommend any person afflicted with Rheumatism to give is a trial. I am, Yours truly, (Signed) S. JOHNSON.

288 Victoria Street, Toronte, Oct, 61, 1961,

John O'Connor, Esq., Nealon House, City: DEAR SIR-I cannot speak too highly of your Benedictine Salve. has done for me in three days what doctors and medicines have been trying to de for years. When I first used it I had been confined to met bed with a spell of rheumatism and sciatica for nine weeks; a friend recess mended your salve. I tried it and it completely knocked rheumatics right

the market for rheumatics. I believe it has no equal. Yours sincerely, JOHN McGROGGAM.

478 Gerrard Street East Toronto, Ont., Sept. 18, 1961, John O'Connor, Esq., Nealon House, Toronto Ont .:

out of my system. I can cheerfully recommend it as the best medicine on

DEAR SIR-I have great pleasure in recommending the Benedictine Salve as a sure cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictine Salva, and applied it according to directions. In three hours I got relief, and in four days was able to do my work. I would be pleased to recome it to any one suffering from Lumbago. I am, your truly,

(MRS.) JAS. COSGROVE.

7 Laurier Avenue, Foronto, December 18, 1901. John O'Connor, Esq., Toronto, Ont.:

DEAR SIR-After suffering for over ten years with both forms Piles, I was asked to try Benedictine Salve. From the first application I got instant relief, and before using one box was thoroughly cured. can strongly recommend Benedictine Salve to any one suffering with JOS. WESTMAN,

12 Bright Street, Toronto, Jan. 18, 1902,

John O'Connor, Esq., Toronto:

DEAR SIR-It is with pleasure I write this word of testimony to the marvellous merits of Benedictine Salve as a certain cure for Rheumatisms, There is such a multitude of alleged Rheumatic cures advertised that one is inclined to be skeptical of the merits of any new preparation, I was induced to give Benedictine Salve a trial and must say that after suffering for eight years from Rheumatism it has, I believe, effected an absolute and permanent cure. It is perhaps needless to say that in the tast eight years I have consulted a number of doctors and have tried a large number of other medicines advertised, without receiving any benefit, Yours respectfully, MRS. SIMPSON.

66 Carlton Street, Toronto, Feb. 1, 1902. John O'Connor, Esq., 199 King Street East: I was a sufferer for four months from acute rheumatism in my left arm; my physician called regularly and prescribed for it, but gave me no relief. My brother, who appeared to have faith in your Benedictine Saive, gave enough of it to apply twice to my arm. I used it first on a Thursday night, and applied it again on Friday night. This was in the latter part of November. Since then (over two months) I have not had a trace of rheumatism. I feel that you are entitled to this tertimonial as to the efficacy of Benedictine Salve in removing rheumatic pains. Yours sincerely,

M. A. COWAN, Toronto, Dec. 60th, 1901,

John O'Connor, Esq., Toronto: DEAR SIR-It is with pleasure I write this unsolicited testimonial, and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I consulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me Iwould have to go under an operation. It failed, but a friend of mine learned by chance that I was suf ing from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completely cured. It is worth its weight in gold. I cannot but feel proud after suffering so long. It has given me athorough cure and I am sure it will never return. I can strongly recommend it to anyone afflicted as I was It will cure without fail. I can be called on for living proof. I am,

Yours, etc., ALLAN J. ARTINGDALE, with the Boston Laundry,

2561 King Street East, Toronto, December 16, 1961, John O'Connor, Esq., Toronto:

DEAR SIR—After trying several doctors and spending forty-five days a the General Hospital, without any benefit, I was induced to try your Benedictine Salve, and sincerely believe that this is the greatest remedy in the world for rheumatism. When I left the hospital I was just able to stand for a few seconds, but after using your Benedictine Salve for three days, I went out on the street again and now, after using it just over a week, I am able to go to work again. If anyone should doubt these facts, send him to me and I will prove it to him. Yours forever thankful, PETER AUSTEN

Toronto, April 10, 1905,

Mr. John O'Connor: DEAR SIR-I do heartily recommend your Benedictine Salve as a sure cure for rheumatism, as I was sorely afflicted with that sad dis in my arm, and it was so had that I could not dress myself. When I heard about your salve, I got a box of it, and to my surprise I found great relief, and I used what I got and now can attend to my daily household duties, and I heartily recommend it to anyone that is troubled with the same disease. You have this from me with hearty thanks and do with it as you please for the benefit of the afflicted.

Yours truly. MRS. JAMES FLEMING. 18 Spruce street, Toronte. Toronte, April 16th, 1902.

O'Connor, Esq., City:
DEAR SIR—It gives me the greatest pleasure to be able to testifu the curative powers of your Benedictine Salve.

For a month back my hand was so badly swollen that I was make work, and the pain was so intense as to be almost unbearable. Three days after using your Salv as directed, I am able to sewerk, and I cannot thank you enough. Respectfully yours, Respectfully yours, 72 Wolseley street, J. J. CLARIER

Address C. R. JOHN O'CONNOR, SE KING FOR SALE BY

WM. J. NICHOL, Druggist, 17 King St. E. J. A. JOHNSON & OO., 171 King St. A. Price, MI per bell,