

THE recipes contained in this book are compiled and published with the purpose of applying the proceeds of sales of the book as a contribution to the Organ Fund of Christ Church Cathedral, Fredericton.

Care has been taken to obtain and select for publication only such recipes as have given satisfaction, not only to the originators of them, but to others who have used them.

The fact that each recipe has a name or signature appended to it is not intended to imply that the recipe is original, but rather that it has been used and is approved by the person over whose name it appears.