## Question:

What do you do to relieve stress?



"When I have time, I exercise. When I don't, I take a break from studying and socialize:

- Joanne Lohnes, 2nd year Psychology, Liverpool, NS.

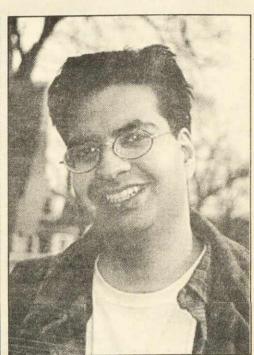


"I listen to music or watch a movie." — Avtar Singh, 2nd year Computer Science/Engineering.



"I don't get stressed!"

— Nik Madan, 4th year English, Kenya.



"I'm too stressed to think about it." - Amyn Lalgi, 1st year Law, Vancouver.



"I eat, listen to music, talk on the phone or - Fadi Masoud, Biology, Palestine.



"I clean the house, do the laundry or go on IRC. - Ruba Afani, 4th year Computer Science, Palestine.



"I go downtown, even on a weekday." — Jennifer MacDougall, 3rd year Sociology, Dartmouth.



"I don't know, I've been stressed for so long. - Amanda Kelman, 3rd year Sociology/History, Toronto.

## EMPLOYMENT OPPORTUNITIES!

FEDERAL STUDENT WORK EXPERIENCE PROGRAM - The applications are now available at the Student Employment Centre. Application deadlines vary according to the department seeking students. For more details, please visit us as soon as

1997/98 PARLIMENTARY INTERNSHIP PROGRAM - Gives students a chance to experience 10 months with a parlimentary member to supplement their theoretical knowledge of Parliament. Deadline date for applications is January 31,

CAREERS IN LANGUAGES - If you know a language other than English, why not put it to use! The Communications Security Establishment of Canada is looking for people like you. Deadline date for applications is December 15. YES! - Do you have aspirations of starting your own business? If so, the Youth Entrepreneurial Skills Program is for you! Please visit us for more information.

MARITIME LIFE ASSURANCE-Permanent and summer positions are available in actuarial sciences. Deadline date for applications is December 13.

FUTURE SHOP - Has career opportunities and summer positions available in many different areas. Please visit us for more details.

Worried about getting a job next summer? Need a job now? Do you have aspirations of working in another country? Come visit us now!

The Dalhousie Student Employment Centre, 4th floor, S.U.B., Monday - Friday, 9:00 a.m. 4:30 p.m.