How Nuxated Iron Feeds the Blood

Helps Restore Wasted Tissues and Give Increased Strength, Power and Endurance

"Without iron there can be no strong, sturdy men, or healthy rosy-cheeked women," says Dr. Ferdinand King, New York Physician and Medical Author. Iron is red blood food, and when the iron in your blood runs low your red blood corpuscles die by millions, the strength goes from your body, the color from your face—that mirror of yourself—and your every action lacks in power.

Actual blood tests show that a tremendously large number of people who are weak and ill lack iron in their blood and that they are ill for no other reason than lack of iron. Iron deficiency paralyzes healthy, forceful action, pulls down the whole organism and weakens the entire system. A pale face, a nervous irritable disposition, a lack of strength and endurance and the inability to cope with the strong vigorous folks in the race of life—these are the sort of warning signals that Nature gives when the blood is getting thin, pale, watery and literally starving for want of iron.

By enriching the blood and creating new red blood cells, Nuxated Iron strengthens the nerves, rebuilds the weakened tissues and helps to instil renewed energy and power into the whole system.

THE TEST THAT TELLS—

If you are not sure of your condition, go to your doctor and have him take your blood count and see where you stand or else make the following test yourself: See how long you can work or how far you can walk without becoming tired; next take two five-grain tablets of Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained.

Unlike the older inorganic iron products Nuxated Iron is easily assimilated, does not injure the teeth, make them black nor upset the stomach. The manufacturers guarantee successful and entirely satisfactory results to every purchaser or they will refund your money. It is dispensed by all good druggists.

NEW HOTEL CADILLAC
DETROIT, MICH.
DEPOT CARS DIRECT.
Complete everywhere.
European plan, $2 and up.
Two Beautiful Restaurants.
Last word in food and service.
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MOTHER!
"California Syrup of Figs"
Child's Best Laxative

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

EDDY'S
Paper Specialties

Paper Serviettes
Paper Towels
Paper Bags
Toilet Paper

EDDY'S name on things made of paper means Quality — Covenience — Safety.

Eddy's are the largest manufacturers of these products in the Dominion.

Look for the name EDDY.

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The E. B. EDDY CO., Limited
HULL CANADA
Makers of Canada's Famous Matches

LEMON JUICE FOR FRECKLES

Girls! Make beauty lotion for a few cents—Try it!

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and rosy-white the skin becomes. Yes! It is harmless and never irritates.

DOCTORS STAND AMAZED AT POWER OF BON-OPTO TO MAKE WEAK EYES STRONG—ACCORDING TO DR. LEWIS

Guaranteed to Strengthen Eyesight 50 Per Cent In One Week's Time in Many Instances

A Free Prescription You Can Have Filled and Use at Home.

Philadelphia, Pa. — Victims of eye strain and other eye weaknesses, and those who wear glasses, will be glad to know that according to Dr. Lewis there is real hope and help for them. Many whose eyes were failing say they have had their eyes restored by this remarkable prescription, and many who once wore glasses say they have thrown them away. One man says, after using it: "I was almost blind. Could not see to read at all. Now I can read everything without my glasses and my eyes do not hurt any more. At night they would pain dreadfully. Now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can read even fine print without glasses." Another who used it says: "I was bothered with eye strain caused by overwork, tired eyes which induced fierce headaches. I have worn glasses for several years both for distance and work, and without them I could not read my own name on an envelope or the typewriting on the machine before me. I can do both now and have discarded my long distance glasses altogether. I can count the fluttering leaves on the trees across the street now, which for several years have looked like a dim green blur to me. I cannot express my joy at what it has done for me."

It is believed that thousands who wear glasses can now discard them in a reasonable time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by the use of this prescription. Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and let it dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start and inflammation and redness will quickly disappear. If your eyes bother you even a little it is your duty to take steps to save them now before it is too late. Many hopelessly blind might have saved their sight if they had cared for their eyes in time.

Note—Another prominent physician to whom the above article was submitted, said: "Yes, the Bon-Opto prescription is truly a wonderful eye remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. I have used it very successfully in my own practice on patients whose eyes were strained through overwork or misfit glasses. I can highly recommend it in case of weak, watery, aching, smarting, itching, burning eyes, red lids, blurred vision or for eyes inflamed from exposure to smoke, sun, dust or wind. It is one of the very few preparations I feel should be kept on hand for regular use in almost every family." Bon-Opto, referred to above, is not a patent medicine or a secret remedy. It is an ethical preparation, the formula being printed on the package. The manufacturers guarantee it to strengthen eyesight 50 per cent in one week's time in many instances or refund the money. It can be obtained from any good druggist and is sold in this city by the Standard Drug Company, Strong's Drug Store, and others.

COURTS OF SINN FEIN SUPERSEDE CROWN JUSTICE

Evidence Piling Up That Even Unionists Appeal To Republican Courts.

CONTROL OF LIQUOR

Sinn Fein Regulations Limiting Sales in Saloons Now Enforced.

DUBLIN, July 9.—Evidence is piling up here which seemingly would indicate that the newly-organied Sinn Fein courts are superseding in power the crown tribunals. A great number of cases on appeal are being withdrawn from the crown supreme court because it is stated that the litigants have little confidence in the power of that court. For the same reason, it is alleged, that Unionists are appealing to the Sinn Fein lower courts. One Unionis attorney is credited with saying that it was useless to take action before the crown court, and that as his client desired quick action he took the case to a Sinn Fein tribunal.

Control Liquor Sales.

In many parts of the provinces Sinn Feiners have taken over control of liquor selling and have issued orders to saloons regarding the hours of closing. Sinn Fein pickets have been effective in stopping Sunday drinking by checking up bona fide travellers who are entitled under the law to drink. The policy of serving drinks on Sunday hitherto has been spasmodic. Now it has been made regular by a code issued to license holders by which they may be open from 8 o'clock in the morning until 9 at night, and which prohibits the selling of liquors on Sunday or church holidays.

Making New Plea.

Railwaymen who have been dismissed for refusing to move trains carrying police or soldiers have put forward a new plea. They contend that they are within the board of trade regulations in refusing to work because of restrictions against the carrying of 'dangerous objects." They threaten action against the railroads for wrongful dismissal. The railway company officials, however, say the dismissals were inevitable when the men refused to obey orders, and they repudiate the statement that the men were dismissed on Government orders. Mail trains and vans continue to be held up.

Woman Pays Fine.

A letter recently received by the authorities was from a woman to the military officials. It requested that troops be sent to protect trains. The woman was hailed before a Sinn Fein court and fined £150. This she paid.

The military, which has been guarding all the roads into Dublin for the past five days, is carefully examining everyone who passes. It is reported that the Government hopes by this close scrutiny to intercept communications between the Sinn Fein leaders.

MILITARY ACTIVITY.

DUBLIN, July 9.—Throughout the day the military activity around Dublin resembled that of last Easter. At some of the barbed wire barricades, tents were erected for the troops, who were fed from field kitchens. Occasionally armored cars rolled up.

The search of incoming traffic was minute. Particular attention was paid to milk cans on vehicles.

Among the recent activities of the Sinn Feiners has been attendance of volunteers to keep order at the racing meetings. Here they have coerced the disorderly element and captured persons who refused to pay bets. Volunteers turned up to perform these offices at Bellewstown, but the military appeared there to check them.

The military officers commanded the volunteers to disperse and surrender their armlets, on which were inscribed "Irish Republican Army." About forty of the armlets were surrendered, together with thirty caps of the volunteers. The military also took away a number of documents. It was declared by the military officers that the authorities would not tolerate any outside body wearing anything tending to characterize them as an organized force.

NIAGARA TOWNS WANT HYDRO TO SECURE RADIALS

Representatives of 40 Municipalities Repeat Toronto Resolutions.

ST. CATHARINES, July 9.—Representatives of forty municipalities passed a resolution at a meeting of the Niagara District Hydro Radial Association here this afternoon, requesting the Ontario Hydro-Electric Power Commission to take over and operate the Niagara, St. Catharines and Toronto Railway, and asked that the necessary bylaws be submitted at an early date.

A resolution was passed reaffirming faith in the integrity and ability of the Hydro Commission and its chairman, Sir Adam Beck, and expressing the belief that the Hydro Commission is in a better position to decide on all questions connected with the proposed radial undertakings than any commission that may be appointed by the Government.

Sir Adam Beck was present and spoke. "Things have come to a pretty pass, when the Government vetoes our vote," he said.

"In the next fifty years," said Sir Adam, "no one need fear a raise in hydro prices, if politics are kept out of it. But I'll be sorry for the people of Ontario if the Government undertakes the building of railways and puts them over stretches of country to get votes for the politicians. I want you and everyone to realize that hydro power is the best power and will continue to be the best power, until some day we utilize for power the rays of the sun."

A mass meeting was held here tonight, when Secretary T. J. Hannigan of the Hydro-Electrical Radial Association, and other speakers were heard on the hydro-electric radial railway question.

KENT COUNTY POLICE INVESTIGATING O. T. A. AND BOOTLEGGING STORIES

Thirty Informations Have Already Been Laid in Police Court.

CHATHAM, July 9.—As the result of the activities of the county police, about thirty informations have been laid in the county police court. Some of the defendants will face charges of having liquor on unauthorized premises and others a charge of bootlegging. A tour of the county was made by High Constable Peters, when reports of a number of alleged liquor irregularities were received, with the above result.

The Rising Tide. —Star, London.

SOLICITORS SHOULD PAY COSTS PERSONALLY STATES JUDGE IN SHIELDS' CASE

Justice Lennox Makes Effort To Check Litigation Which Started in 1905 Concerning Middlesex Farms.

TORONTO, July 9.—"It would be exceedingly salutary if judges occasionally made solicitors pay costs personally; it would do a great deal of good if judges would harden themselves sometimes to that."

So remarked Justice Lennox in dismissing an appeal in the case of Shields vs. London & Western Trusts, probably the most litigated action in Osgoode Hall in recent years. It was stated on argument that the appeal before Justice Lenox reserved till September 20 the question whether the solicitor shall be required to pay the costs personally. By that date the time for further appeal will have passed. If the case is thus deterred from going further, litigation will be stopped in a case which has its starting point, when James Shields died in 1905 without having made his will.

The case has to do with the distribution of the assets of the estate of the late James Shields, a prosperous farmer, who left 500 acres in the townships of Mosa and Brook. He also left five sons. To one of his sons he gave 100 acres before his death. Another farm of 100 acres was deeded to another son by the administrators following the death of the father. The litigation grew out of the attempt of these two to share in the balance of the estate, the rest of the family arguing that the 100-acre farm represented their share.

PAID 50 CENTS A DRINK.

WINDSOR, July 9.—When he discovered the loss of a $10 bill and went to Sandwich police headquarters to report it, Charles Remick of Detroit was placed under arrest for being intoxicated. He declared he had purchased his liquor at the home of John Hammond, a Sandwich man, at the rate of 50 cents a drink, and that it was on the occasion of his second visit to the alleged "blind pig," that he missed the money. The case will be concluded next week.

RETAILERS TELL VARYING STORY OF SUGAR SALE

Association President For Regulations, But Other Delegates Oppose.

HAD MADE MORE PROFIT

President Crabtree Says He is Entirely Satisfied With Restrictions.

OTTAWA, July 9.—"That he had sold more sugar during the past year; had made a bigger profit on this commodity than ever before, and that he was entirely satisfied with the present restrictive regulations of the board of commerce with regard to the sale of sugar, which he thought were quite fair," was the outspoken and most unexpected statement made by President B. G. Crabtree, president of the Retail Grocers' Association, at the conference between the newly-constituted board of commerce and a delegation of representatives of the different retail trades, held in the board of commerce rooms this afternoon. Mr. Crabtree's remarks were in direct opposition to those of other members of the association.

Tells Different Story.

Mr. E. M. Trowern, Dominion secretary of the Retail Merchants' Association of Canada, who headed the delegation, followed by Mr. J. C. Campbell, the district secretary, were endeavoring to show the members of the board that their action in fixing the sale price of sugar had meant that the retail grocers were now being compelled to sell it at almost a loss, when the chairman of the board, Captain William White, interjected the question:

"Do you think that the action of the board in controlling profits upon sugar during the past few months has saved the consumers of the country many millions of dollars?"

Saving to Consumers.

Sugar in the United States is at present selling from 27 to 29 cents a pound, while in Canada the prices are 23 to 24 cents. Board of Commerce restrictions on the sale of sugar saved nearly twenty millions of dollars to the consumers of this country since August, 1919, he replied.

"At the expense of the rtailers," interpected Mr. J. C. Campbell.

"At the expense of the retailers," inknow as well as I do that 40 per cent of the turnover in a grocery store is from sugar, and that the profit must necessary be confined to a small estimate. There is no kick coming from the grocers, with a profit of two cents per pound, when all you got before the embargo was lifted was one cent."

LIGHTNING TIES UP C. W. AND L. E. RADIALS

Shortage of Cement Causes Delay in County Road Work.

CHATHAM, July 9.—The northern lines of the C., W. and L. E. electric radials were tied up for a time last night and early this morning as a result of a flash of lightning breaking a trolley wire. At daybreak this morning workmen were dispatched to the scene of the accident and traffic was resumed by 10 o'clock.

A shortage of cement is seriously interfering with the road improvement schemes of the Kent County Council, according to a statement of the road superintendent this morning.

The funeral of the late Harold Mann, who died as the result of injuries received in an accident on a farm recently, was held yesterday afternoon to Maple Leaf Cemetery.

Prices for new potatoes beat anything ever heard of in this vicinity. Very small new potatoes, the size of marbles, are quoted at $1.20 per peck. Other prices quoted vary from $1.45 to $1.70.

SIX-YEAR COURSE AT QUEEN'S UNIVERSITY

KINGSTON, July 9.—The medical faculty of Queen's University has adopted the six-year course, to apply first to matriculants of September, 1920. At the same time there will come into effect a seven-year course in arts and medicine, the degree of B. A. to be granted at the end of five years and the degree of M. D. at the end of seven years.

BOLSHEVIKI LANDINGS.

PARIS, July 9. — Dispatches from Teheran, Persia, reported new landings of Bolshevik troops at several Persian ports on the Caspian Sea.

ECZEMA

You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box; all dealers or Edmanson, Bates & Co., Limited, Toronto.

SHOCK-ABSORBERS FOR FALSE TEETH

Non-Skid Shock Absorbers for false teeth are the latest thing. Heretofore the principle of shock absorbers has been limited in application, but now a Cleveland chemical concern advertises a powder which sprinkled upon "store teeth" forms a smooth cushion, holds them firmly in place, and gives a "non-skid" effect while they romp over the toughest roasting ears of corn and chew the stickiest candy.

One who has lost his natural teeth can supply himself with this antiseptic, adhesive comfort powder—Corega—at a drug store, and proceed to laugh and sneeze, crack nuts and do other hazardous things without risk of shaking his prized false teeth from their upper and lower berths; 50c at druggists.—Advt.

Meighen Means More Jingoism Says Bourassa

Premier All That Is Most Brutal, Most Anti-Canadian, States Nationalist Chieftain.

MONTREAL, July 9.—Henri Bourassa, the Nationalist chieftain, writing in Le Devoir, on the accession of Hon. Arthur Meighen to the post of prime minister, says Mr. Meighen represents in his person and temperament, in his attitude and his past declarations, all that Anglo-Saxon jingoism can offer that is most brutal, the most seclusive, and the most anti-Canadian.

Mr. Bourassa argues the appointment of Mr. Meighen excludes the new ministry from the last chance of recruiting adherents in the Province of Quebec, or, more exactly, among the French-Canadians and among Canadians of origin not Anglo-Saxon.

MUNICIPALITIES TO CONSIDER GAS QUESTION

Windsor, July 9.—City Engineer Brian will gather data bearing on the natural gas situation and present it at a conference of all mayors of municipalities in Kent and Essex counties. The meeting will be called by Acting Mayor Fred Howell of Windsor, to discuss the situation developing with the threat of the Union Gas Company to cut off the supply of gas to the Border Cities on August 1, unless the present rate of 30 cents per thousand feet is advanced to $1 for an equal amount. Similar threats against other municipalities in the area affected are expected to bring a ready response to the call for co-operation in the fight.

Don't let your Rheumatism spoil your vacation.
Use
BAUME BENGUÉ
for quick and sure relief.
One dollar per tube.
Beware of Substitutes
THE LEEMING MILES CO. LIMITED, MONTREAL,
Agents for Dr. Jules Bengué.
RELIEVES ALL PAIN.

Alma College
ST. THOMAS, ONTARIO
RESIDENTIAL SCHOOL FOR GIRLS
RE-OPENS SEPT. 13th, 1920
Collegiate Courses, Music, Art, Expression, Business, Household Science, Physical Training,
Improved equipment, including Gymnasium, Electric Lights, Larger Grounds.
For Calendar write—
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Alma College, St. Thomas
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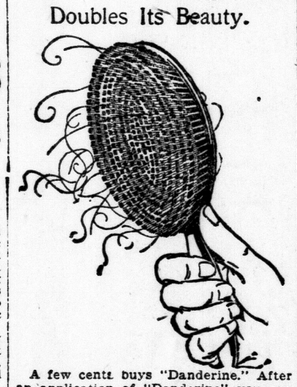
Principal Emeritus 35

"DANDERINE"

Stops Hair Coming Out; Doubles Its Beauty.



A few cents buys "Danderine." After an application of "Danderine" you can not find a fallen hair or any dandruff, besides every hair shows new life, vigor, brightness, more color and thickness.

"TIZ"—A JOY TO SORE, TIRED FEET

Use "Tiz" for Aching, Burning, Puffed-Up Feet and Corns or Callouses.

"Good-bye, sore feet, burning feet, swollen feet, tender feet, tired feet.

Good-bye, corns, callouses, bunions, and raw spots. No more shoe tightness, no more limping with pain or drawing up your face in agony. "Tiz" is magical, acts right off. "Tiz" draws out all the poisonous exudations which puff up the feet. Use "Tiz" and wear smaller shoes. Use "Tiz" and forget your foot misery. Ah! How comfortable your feet feel.

Get a box of "Tiz" now at any druggist or department store. Don't suffer. Have good feet, glad feet, feet that never swell, never hurt, never get tired. A year's foot comfort guaranteed or money refunded.

SOLDIERS' WIDOWS ARE NOT ENTITLED TO TAX EXEMPTION

Declares St. Thomas City Solicitor — Warns City Council To Go Slow.

ST. THOMAS, July 9.—The city council was today warned by the city solicitor that neither soldiers' widows nor soldiers' dependent mothers can participate in the tax exemptions as proposed by the council recently. He points out that no such exemption is granted by the statute, nor was the advice given by the attorney-general to this effect, says Mr. Doherty.

The solicitor was of the opinion that Mr. Raney's interference in local conditions was unnecessary. He advised the council to go slow in deciding on such an important issue, and suggested that the whole matter be referred to the city assessor, and that the finance committee also make an investigation and ascertain the amount involved in such a scheme. He claimed that all applications for the proposed exemption from taxation should be made in person by the applicant.

HEADS TRADE BOARD.

CALGARY, Alta., July 9.—J. H. Hanna, secretary-treasurer of the Calgary Public School Board, will be the new secretary of the Calgary Board of Trade.

First, Doctors — Then a Skin Specialist Then a bottle of D.D.D.

We shall publish every week for the benefit of skin sufferers in this section, a few words written by Canadian people—some of them of prominence—all heartfelt stories of relief from terrible suffering.

A sentence or two from a letter from J. W. Corns, 55 Melbourne Ave., Toronto, a man of fine standing. "I have been a sufferer for two years with eczema on the legs and ankles. I tried three or four different doctors. I went to a skin specialist. All of no use. I used one dollar bottle of D. D. D.—that is all. Today I am perfectly well."

If you wish to try a bottle of this Prescription that Mr. Corns found so remarkable, we will guarantee relief on the first bottle, or your money back. *Stop that itch today.* $1.00 a bottle. Try D. D. D. Soap, too.

D.D.D.
THE Lotion for Skin Disease
Strong's Drug Store, London.

Make Your Own Beer

From Canadian Cream of Malt, a specially-prepared extract, anybody can make beer as easily as boiling water—perfectly pure and free from all chemicals. Full directions supplied free.

Our Extract is sold in cans containing 2½ pounds of Extract and a package of hops. Will make 5 to 7 gallons of beer. Sent to you by parcel post on receipt of $2.00.

Our guarantee: Your money returned without argument if not satisfactory.

Agents wanted everywhere. Splendid proposition. Write for particulars.

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A New Home Method That Anyone Can Use Without Discomfort or Loss of Time.

We have a new method that controls Asthma, and we want you to try it at our expense. No matter whether your case is of long standing or recent development, whether it is present as Hay Fever or Chronic Asthma, you should send for a free trial of our method. No matter in what climate you live, no matter what your age or occupation, if you are troubled with Asthma, our method should relieve you promptly.

We especially want to send it to those apparently hopeless cases, where all forms of inhalers, douches, opium preparations, fumes, "Patent smokes," etc., have failed. We want to show everyone at our expense that this new method is designed to end all difficult breathing, all wheezing, and all those terrible paroxysms at once.

This free offer is too important to neglect a single day. Write now and begin the method at once. Send no money. Simply mail coupon below. DO IT TODAY.

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Frontier Asthma Co., Room 589 K., Niagara and Hudson Sts., Buffalo, N. Y.:
Send free trial of your method to:
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OVER-EATING is the root of nearly all digestive evils. If your digestion is weak or out of kilter, better eat less and use

KI-MOIDS

the new aid to better digestion. Pleasant to take—effective. Let *Ki-moids* help straighten out your digestive troubles.

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Men, When in Chicago Come and See for Yourselves.

The Dr. Lorenz Electro Body Battery is the greatest invention for debility the world has ever known. No drugs, no medicines, no dieting, no unusual demands of any sort; just cease all dissipation, and this invention will do the work. It sends a stream of vital life into your nerves, organs and blood during the time you are asleep.

For the treatment of rheumatism, weak back, nervousness, stomach, liver and kidney disorders, it is incomparable. Dr. Lorenz's Dry Cell Storage Battery is a high-grade battery, requires no charging with vinegar or acids, is 300 per cent easier applied, gives 400 per cent greater service, and is sold at a lower price without added cost for fancy books.

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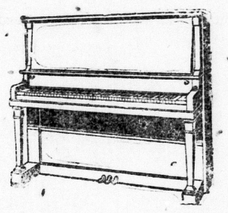
An instrument that is ready at all times to be played, responds to your own talent and the talent of your friends—a piece of beautiful furniture without which any home is incomplete.



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"The Piano worthy of your Home"

is "Canada's Biggest Piano Value," the result of thirty years' experience in piano-making, constructed with skilled workmanship by workmen having one united purpose—a worthy all-Canadian piano.

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