

Carry the leg over the horse, and fall lightly into the saddle, the right hand being carried from the cantle to the off holster.

Both hands then assume their proper position.

Without Stirrups—Prepare to Dismount—Both hands, holding the reins, are placed with the fingers extended, and thumbs on the holsters or pummel.

Dismount—Raise the body out of the saddle by both arms, bring the right leg clear over the croup to the near side, and alight on the ground, the weight thrown on the toes.

The right hand lays hold of the bridoon rein as before.

OBS.—As soon as the Recruit is perfect in the detailed motions of mounting and dismounting, he must be practised in mounting and dismounting at once, without pausing between the several motions.

The Recruits being mounted, and being taught to take up the Stirrups and fasten them in front of the Saddle, over the horse's neck, will be placed in the

Position without Stirrups.

The body balanced in the middle of the saddle ; head erect and square to the front ; shoulders well thrown back ; chest advanced ; small of the back rather hollow ; upper part of the arms hanging down straight from the shoulder ; elbows bent and lightly closed to the hips ; little fingers on a level with the elbows ; wrists rounded, throwing the knuckles to the front, and thumbs pointing inwards across the body ; each hand holding a rein, between the third and fourth finger, the end thrown over the fore-finger and the thumb closed on it, the hands about three inches from the body, and varying from four to six inches apart.

The thigh well stretched down from the hip ; the flat of the thigh to the saddle ; knees a little bent ; legs hanging straight down from the knee, and near the horse's sides ; heels well stretched down, the toes raised from the insteps, and as near the horse's sides as the heels.

A plummet line from the front point of the shoulder should fall an inch behind the heel.

This is the position halted, or at a walk ; at a trot the body must be inclined a little back, the whole figure pliant, and accompanying the movements of the horse. The elbows and lower limbs must be kept steady.