

No. 9.—ESTIMATE OF EXPENSES AND QUANTITY OF PROVISIONS FOR A VOYAGE.

The following is a list of the provisions, &c. which I shipped for my passage, and which I calculated at eight weeks' consumption. In some vessels, where the number of passengers is great, I believe the quantity is restricted. £ s. d.

Biscuit 28lbs. (I recommend the best). If half were bread, sliced and baked dry, or toasted, and packed close in a barrel, an agreeable variety - 0 7 0.

Sufficient: I had some left. I had also two large sweet seed cakes, but they were not used, as sweet things cannot be eaten in sea sickness.

A case of preserved beef, 9lbs. - 0 3 0

Had been a voyage, or it would have been dearer.

Two quart bottles of preserved soup - 0 3 0

10lbs. of beef at 6d. and 10lbs. of pork at 9d. - 0 12 6

Useful, because fresh; but unnecessary if fowls are taken, which are better. Meat nearly half left, on account of continued sickness, but enough if well. A few red herrings should be added.

1lb. of tea, and ½lb. of coffee - 0 8 0

For want of milk, both disagreeable and little used. I had preserved a glass bottle of milk, but unfortunately broke it. Cream or milk may be preserved by boiling, and adding two pounds of loaf sugar to a quart, and bottled.

7lbs. sugar [plenty] - 0 3 6

7lbs. flour [hardly enough—useful for fruit puddings] 0 1 6

5lbs. rice [very palatable in pudding—I would recommend five or six pounds] - 0 2 0

5lbs. butter 5s., 3lbs. cheese 2s. 3d. - 0 7 3

Mustard, pepper, salt, vinegar, ginger, nutmegs, &c. [necessary articles] - 0 1 6

Two gallons of porter, in bottles (or cider, if more agreeable) - 0 4 0

Very palatable and strengthening when sea sickness is over, with a little water, nutmeg, and ginger; but one bottle of port-wine, with half or one-third of the porter, I would recommend in preference. The wine is excellent in sea sickness; and so also is beef-tea, when it can be had.

Bottle of brandy 5s., ditto rum 2s. 6d., but both unnecessary—not palatable in sickness; I used but little.

Half a bushel of apples, and a few oranges - 0 2 6

Very useful. I had no preserved lemons, or any fruit, but much wanted them when sea sick.

2 Bushels of potatoes, onions, carrots, &c., with a net to boil the potatoes in - 0 5 0

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