WOMEN OF MIDDLE LIFE

A Dangerous Period Through Which Every Woman Must Pass

Practical Suggestions Given by the Women Whose Letters Follow



ge of Life I was in bed months and had od doctors treating low when I feel weak and Compound and it always does me good. I wish all women would try it during the Change of Life for I know it will do them good. If you think it will induce some one to try the Vegetable Comd you may publish this r." - Mrs. A. KELLER,

Afton, Tenn. Mrs. Mary Lister of Adrian, Mich., adds her testimony to the value of Lydia E. Pinkham's

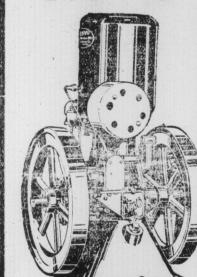
to carry women safely through the Change of Life. She says: "It is with pleasure that I write to you thanking you for what your wonderful medicine has done for me. I was passing through the Change of Life and had a displacement and weakness so that I could not stand on my feet and other annoying symptoms. A friend told me about Lydia E. Pinkham's Vegetable Compound and the first bottle helped me, so I got more and I am now doing my housework. Your medicine is certainly woman's friend and you may use this testimonial as you choose." Mrs. MARY

LISTER, 608 Frank Street, Adrian, Mich. It is said that middle age is the most trying period in a woman's life, and owing to modern methods of living not one woman in a thousand passes through this perfectly natural change without experiencing very annoying symptoms. Those smothering spells, the dreadful hot flashes that send the blood rushing to the head until it seems as though it would burst, and the faint feeling that

follows, as if the heart were going to stop, those sinking or dizzy spells are all symptoms of a nervous condition, and indicate the need for a special medicine. Lydia E. Pinkham's Vegetable Compound is a root and herb medicine especially adapted to act upon the feminine system. It acts in such a manner as to build up the weakened nervous system and enables a woman to pass this trying period with the least possible annoying symptoms.

Women everywhere should remember that most of the commoner ailments of women are not the surgical ones-they are not caused by serious displaments or growths, although the symptoms may be the same, and that is why so many apparently serious ailments readily yield to Lydia E. Pinkham's Vegetable Compound, as it acts as a natural restorative and often prevents

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.



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"NOVA" Gasoline and Kerosene Engines, Pumping and Hoisting Outfits. "London" Concrete Machinery, etc.

The "NOVA" we consider one of the best medium duty engines on the market. It is GUARANTEED against damage from allowing the water to freeze in the Water acket, the only engine that we know of that carries this guarantee, and this alone should be worth your conideration. Sizes 11-2 to 15

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One McLaughin K45, run 2500 miles \$1900 K63. " 2000 " 1000 Five Passenger Mitchel, run 3000 miles. This

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Bridgetown Valcanizing Works. All work guaranteed.

- - Bridgetown N. S.

Subscribe for the MONITOR Minard's Liniment Relieves Neuralgia

MIDDLETON

(Outlook)

Lawrence Morris went to Clementsport on Wednesday.

Mrs. T. A. Croaker is spending a tiyes in Waterville. few days in Clarence. Mr. A. I. Davidson, M.P.,

ing from an infected eye. town, was in town Monday.

Edwin Lilly, of Paradise, is a patient at the Memorial Hospital.

on Friday last from Pietou Co. Edward Ruggles, of Bridgetown, Trure.

was a patient at the Memorial Hospi- Mr. Shannon Tanch, of New Glas-Miss May Ruggles, of Deep Brook, vacation.

was operated on at the Hospital, the Master Kenneth Plumplore, of St. Prof. Max Hibbert, of Hartford, V. A. Eaton.

Mrs. C. Taylor, of Port George, brother here. July 3rd.

Miss Dora Messenger, of Annapolis, in Clarence. is a guest of Dr. and Mrs. F. S. Miss Hazel Gilliatt, who taught the Messenger. George Woodworth, of Lawrence- ing her vacation at home.

on Monday.

is doing well. in Bear River.

Katheryn, are spending a few weeks Tanch. at Deep Brook.

tion in Windsor with his mother. of \$41.75. Berry, of Bear River, were week-end of friends from Berwick spent Sunguests of Mr. and Mrs. Harold Ray. day with her parents, Mr. and Mrs. Mr. and Mrs. Harry F. Nash, of J. Reid Willett. the U.S., are guests of Mrs. Nash's Mrs. Peter Mason, of Halifax, who

turned last week to Middleton and is has returned home. the guest of her aunt, Mrs. W. Covert. Mr. Andrew Bent, who recently dren, spent Sunday the guest of his Whitman, Lawrencetown, on Monday Wade, has removed there.

Miss Flossy Troop, of the Tele- the winter in Massachusetts, has rebeen the week-end guest of her aunt, by her sister, Miss Myra Lang.

Prof. J. H. Lindsay, Musical Di- Mr. and Mrs. Wm. Hutchinson, Miss

and Mrs. O. R. Potter. The Misses Florence David Wolfville and Isabel of Waverly,

of their brother, A. L. Davidson, M.P. OTHER TABLETS NOT Miss Irene Cox goes to Annapolis today and will acompany Miss Gertrude Ritchie and girl friends to Elementsport to spend a week.

Friday last from Drumhelelr, Alta., and will spend the summer with her parents, Mr. and Mrs. Fred E. Cox. Mrs. Arthur Chisholm and Mrs. Edward Couners and son, of Port Wade, motored to Middleton on Saturday to see Mr. and Mrs. W. Covert. Mr. and Mrs. Stanley Barteaux, of Mt. Hanley, were in town on the 1st, accompanied by their daughter, Miss

Mrs. Fenwick Inglis and son Philip, vas being treated for throat trouble

by Dr. Kirkpatrick Herbert Davidson returned on Monlay from the Provincial Tuxis Boys' Camp at Big Cove, Pictou Co., where had at drug stores. there were about 30 boys. Herbert there were about 30 boys. Herbert in Canada), of Bayer Manufacture of was the editor of the Birch Bark Monoaceticacidester of Salicylicacid. Chronicle, issued daily.

nesday to join her home folks who are occupying their cottage at that "Bayer Cross."

Mr. George Banks is visiting its parents, Mr. and Mrs. Lenley Banks. The parents, Mr. and Mrs. Lenley Banks. summer resort. Miss Messenger has been suffering much discomfort from sere foot which is improving.

OUTRAM

Haying is in full swing in this

We are sorry to report Mr. John Neal still in failing health. Miss L. M. Banks spent Monday

isiting friends at Port Lorne sister, Mrs. G. B. Hines, Mt. Hanley. Miss Silvia Slocum, from this place, Halifax. ttended the Neiley--Hines wedding

at Cottage Cove on Wednesday evenng last. Miss Olivia L. Bayer, teacher at South Milford, is spending her sumner vacation occupying part of Mrs.

Sadie Bent's house. Mr. and Mrs. Percy Marshall and three children, from Port Lorne, spent Sunday with her -parents, Mr. and

Mrs. W. A. Marshall. The ice cream sale held at Mrs Sadie E. Bent's on Saturday night July 2nd, proved a success, the sun of \$23.85 being realized.

Mr. and Mrs. G. B. Hines, Mt. Hanley, spent Sunday the guest of her parents, Mr. and Mrs. J. H. Slocum

GRANVILLE CENTRE

Mrs. Bessie Ells is visiting relatives in Kingston. Mrs. J. C. Withers is visiting rela-

Miss Annie Roney, of Weymouth, the Methodist Church. is home for the holidays.

spending her vacation at her home

Rev. Donald McDonald came home Mr. Robie C. Gilliatt is attending the summer school of Science at

Conn., is the guest of his mother, Mrs. Mr. Reginald Wade, of Vancouver. was the guest of Mrs. John Bent on Mrs. LeRoy Gilliatt is visiting her

past year at Smith's Cove, is spend- Bank of N. S., Riverside, N.B., ac-

Marguerite have returned from a visit visit his parents, having motored Kathleen Cummings was discharg- with her parents in Margaretville. round in their own car. They left ed from the Hospital last Friday and Miss Lillian Powell, formerly a teacher here, was the guest of Mr. Miss Campbell, of the Telephone and Mrs. George M. Bent, recently. given by Mrs. DeBlois, Miss Atlee staff, spent the week-end at her home Mrs. Cecil Hadley and two chil- and Miss Dargie. Entries, for the dren, of Boston, are visiting at the tournaments with other clubs were Mrs. G. R. Beals, Margaret and home of her brother, Mr. Boyd closed at 5.30 p.m. on Saturday,

The ice cream social held under be given on Thursday, July 21st, with regular load in our Valley soil for Robie Hill, D.A.R. Telegraph op- the auspices of All Saints Sewing the Yarmouth orchestra in attenderator, has been spending his vaca- Circle last Tuesday, realized the sum ance. A contract for a new club enclosed gears this is the machine

The Misses Florence and Ethel Miss Christina Willett and a party Condon.

Miss Gladys Troop, of Belleisle, re- home of Mr. and Mrs. H. A. Goodwin, and Mrs. R. Rowter.

A number from Middleton attend- purchased from Mr. Norman Wade parents, Mr. and Mrs. L. M. Beals. ed the reception given Rev. A. H. the property of the late Major David

phone office staff, Bridgetown, has turned to her home here, accompanied Carmen Stoddart eriously ill at time Mrs. Chester Wade and three chil- tendance. Mr. and Mrs. Grafton Carter and dren, of Halifax, are visiting her par-Clyde Carter, of Imperoyal, spent a ents, Mr. and Mrs. C. E. Withers. Mr. pearance of his residence by the adfew days recently guests of Mr. and Wade, who came with them for a dition of a piazza. V. D. Beals is few days, has returned to Halifax. building a new barn.

of parents, Mr. and Mrs. C. E. Withers.

Miss Hilda Cox arrived home on Only Tablets with "Bayer Cross"



Veva, who has been teaching at Cen- on the tablets, you are not getting her neice, Miss Hilda Marshall, from Aspirin-only an acid imitation. of knowing that you are getting genuine few days. of Tupperville, have been spending a Aspirin, prescribed by physicians for Mrs. Amanda Beals and Mr. and reek at T. Marshall's, while Philip over nineteen years and proved safe by Mrs. Vernon Beals attended the "At millions for Headache, Neuralgia, Colds, Home" given Mr. and Mrs. S. N. Rheumatism, Lumbago, Neuritis, and for Jackson, Clarence, on the 13th inst.

Pain generally. Made in Canada. Jackson, Clarence, on the 13th inst. Handy tin boxes of 12 tablets—also occasion being the fiftieth anniverse larger sized "Bayer" packages can be ary of their marriage. Aspirin is the trade mark (registered

While it is well known that Aspirin Miss Jean Messenger, of the Royal
Bank, went to Clementsport on Wedpublic against imitations, the Tablets of Bayer Company, Ltd., will be stamped

Mr. Allison Tompkins spent Sunday at his home.

Mr. George Banks is visiting his

WINDSOR

(Tribune)

Edward and Mrs. Freeman and child went to Lawrencetown today to

spend their vacation. Mr. and Mrs. J. F. Curry left last Friday for Granville Ferry, where in this place, much to the delight of they will spend three weeks.

Dr. E. O. Hallett, Weymouth, with Grierson, were in Windsor Monday family, are enjoying the cool sea Miss Alna G. Slocum has returned the guests of Mrs. C. A. Ryan. Dr. breezes in this place. ome after spending a week with her Hallett was returning from the Canadian Medical Association meeting at been broken and not since the sign-

Mary Had the Hives

And they, to save their lives, Must go wherever Mary goes-'Cause Mary had the hives."

Hay - Fever SUMMER COLDS, ASTHMA, spoil many a holiday.

RAZ - MAH

Positively stops these troubles! Sneezing, weezing, coughing, weeping eyes aren't necessaryunless you like being that way. \$1.00 at your druggist's, or write Templetons, Toronto, for a free trial.

Sold by S. N. Weare, Bridgetown, N. S.

ANNAPOLIS ROYAL

Rev. R. L. and Mrs. Roach went to Arcadia, Yarmouth Co., last Friday, where he takes the pastorate of

Walter G. Smith, father of Rev. A. Miss Mills, of Truro, was a recent W. L. Smith, has retired from the Barrister H. C. Morse, of Bridge- guest of Mr. and Mrs. W. A. Gilliatt. road after many years as a com-Mrs. E. P. Gilliatt, of St. John, is mercial man, and will leave July 26 for a trip to England.

gow, is at home for a few weeks' . Mrs. Llo

B.C., is visiting his mother and an Annapolis County man who has parents, Mr. and Mrs. Arthur Chute, spent the week-end in Annapolis

Royal, calling on Dr. Robinson. Gordon A. Blackie, manager of the companied by Mrs. Blackie and little town, was admitted to the Hospital Mrs. LeRoy Willett and little daughter, arrived here last week to

on Monday for Halifax. The tennis tea on Saturday was July 16th. Another tennis dance will house has been given to Denton & for hard work and guaranteed not

parents, Mr. and Mrs. E. V. Thomas. spent the past three weeks at the from Queens Co., are visiting Mr.

On account of the continued dry weather, many of the farmers have Mrs. John W. Wade, after spending finished having. Crop reported light. We are sorry to report Mrs. of writing. Dr. Messenger is in at-

R. P. Best has improved the ap-

Mrs. Nettie Hatt and grand-daughrector of the school for the blind, Lela Hutchinson, and Master Dexter ter Evelyn, from Kingston, are visit-Halifax, is in town, the guest of Mr. Wade, motored from Brockline, Mass., ing her parents, Mr. and Mrs. Isaac and are visiting Mrs. Hutchinson's Beals, and other relatives. Mrs. Rogers and daughter, Miss Hilda, and son Jack, from Lexington.

(Mass.), are spending a few weeks

with Mr. and Mrs. John Hatt and other relatives in this place. We are glad to report Mrs .Sidney Bayers, who underwent an operation at the Memorial Hospital, Middleton, has recovered sufficiently to return

home. She seems to be improving quite rapidly. Miss Eleanor Lynn is visiting he many friends in this place. On Wednesday afternoon her girl friends held a picnic in the grove in her honor

All who attended report a good time. Mrs. Amanda Beals spent a week n Clarence visiting relatives. On If you don't see the "Bayer Cross" her return she was accompanied by St John who was her guest for a

HAMPTON

Mr. Allison Tompkins spent Sun-

Mr. Stairs Benjamin, of Dartmouth is spending his vacation at the home of Mr. J. F. Titus.

Mr. Andrew Bogart and nephew, of California, are spending a pleasant visit at the home of Mr. John B. Templeman. On Sunday, July 10th, Rev. Walter Smith, our former pastor, preached

his old friends. Mr. Fred E. Bath, the popular rec-Mrs. Hallett and daughter, and Miss order of Deeds at Bridgetown, and

> The long dry spell of weather has Northern ing of the armistice in the big world war has people been so happy. At an ice cream sale that was held

on the grounds of Capt. R. P. Chute last week for the benefit of repairing the church, the sum of over \$40 was realized.

Mr. and Mrs. Foye Templeman and two children, who have been absent for nearly two years in U.S.A., are home on a vacation. Everyone is pleased to meet them.

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Sanitary Plumbing and Heating. "Two, two?" repeated the operator. "Yes" said the subscriber, "but I haven't time to play train with you All work guaranteed.



Case 10-18 H. P., built by the J. I. Case Threshing Ma-chine Co. This is a powerful, and economical kerosene burner, - simple to operate. Pulls 3 bottoms under favor-



plows in tough, hard ottoms under favorable ns. Practical for all Three twelve inch! bottoms is the

our 10-18 Machine Having all

to tip over backwards. Place your order now for future

delivery Mr. Chester Beals, wife and chil-BROS.

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SIMPLE and POSITIVE

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LUMBER AND TIMBER SAWN

TO ORDER

Send in your orders early, and shipments will begin about July DeLaval Separators and Wire Fencing. Write for prices

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Prime Beef, Fresh Pork, Lamb, Chicken, Hams and Bacon, Sausages, Headcheese, Pressed Beef, Mines Meat, Corned Beef and Pork, Salt Mackrel, Boneless Cod.

Fresh Fish Every Thursday

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VOL. XL

ANNAPOL BEAT!

Replayed Crick town Resul

Annapo

The large r present Saturd warded by with games of cric play of both and interesting at Kentville 12 not out. strongly and playing a fine and R. Whiter

figures. Both eleven luncheon by th the Riverside 1 on the ground creasing intere cricket at Bridg County eleven. good sporting come visitors. have to play championship (lev. A league ville and Bridg at Bridgetown

KING Miller, b. Ollerh Beauchamp, b. Walker, b. Dona Holland, l. b. w. Murphy, b. Dona Mason. -b. Donat Vereker, not out Fosberry, b. Olle Saunders, b. Dor Doaklin, run ou Elliott Smith. Extras

ANNAPOI W. Donat, b. W.

H. MacKenzie, P. E.Donat, b. W. C. Ollerhead, b. Dr. Rice, c. Olle R. Whiteway, 1. D. Evans, b. Wa O. Cllerhead, c. C. S. Bothamley H. Young, b. Sa C. Palfrey, b. S

Extras

WINS

Emotional Scree Mistress Of S "The Mistres new Robertson lease starring appears at the Friday and Sat

The story

of the novel

Florence L. B

PAULINE FRED

On all l

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A New L

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