



the buoyancy of youth. As I have said a hundred times over, iron is the greatest of all strength builders. If people would only throw away patent medicines and nauseous concoctions and take sim-

ple nuxated iron. I am convinced that the only way to save thousands of persons might be saved who now die every year from consumption, kidney, liver and heart trouble, etc. The real cause of these diseases which started their disease was nothing more than a weakened condition brought on by lack of iron in the blood. Iron is absolutely necessary to give your blood to change from a living tissue. Without it, no matter how much food or water your food merely passes through you without doing you any good. Let the strength out of it and as a consequence you become weak, pale and sickly looking. Just as if you were in a soil deficient in iron. If you are not strong or well you owe it to yourself to make the following: You can work or how far you can walk without becoming tired. Take three green tablets of ordinary nuxated iron three times per day after meals for two weeks. Then stop and see for yourself how much you have gained. I have seen dozens of persons run-down people who, while doubting their strength and endurance, and who had lost all symptoms of dyspepsia, liver and other troubles in two or three or fourteen days, simply by taking this medicine in the proper manner. And this after the doctors and second opinion of the best bean doctoring doctors without making any business of it.

But don't take the old for of reduced iron, iron acetate or the ture of iron simply to save a cents. You must take iron in that can be easily absorbed and assimilated like nuxated iron if want it to do you any good, etc.

Many an athlete or prize fighter has won the day simply because he knew the secret of great strength and endurance and filled his body with iron before he went into the fray, while many another has gone down in indomitable defeat simply for the lack of it.

of Iron.—**Ed. Sawyer, M. D.**

ended above conditions. The manufacturers have such medicine nor confidence in Nuxated Iron that they forfeit \$150 to any charitable institution if they lack iron and increase their strength 20 percent or over in four weeks' time, provided they have no serious organic trouble. They also refund your money if it does not double your strength and endurance in the same time. It is dispensed in any large city by the Drug Company, Limited, and all good druggists.

a Wiss and Give

Best Shear Made

Warranted. And May Be Replaced	
Not Satisfactory.	
Endies.	
Gillettes.	

Cutlery. Durham.
Silver. Keen Cutter.
S and Windows. Auto Strop.
s, Aluminum and Granite, all sizes 25c to \$5

askets, (Japanese). 40c and 50c
g, 1, 2, 3 ply, guaranteed, five, ten and fifteen

N HARDWARE, LTD

THE ALLIES

er fuel for that general count it is confidently predicted that be followed by industrial and expansion."

WOMEN AS BRAVE

WOMEN AS BRAVE AS THE

Their Struggle Shows a Remarkable Spirit.

S' LIST
RON ZONE

James Bowman,
n Village.
[Advertiser.]
Bowman, M.P.

Every ailing or weak woman can quickly regain her health in the simple way. By filling the system with the nutrition that comes from red blood, a quick change for

ILLEGAL.

18.—Preliminary of the re-

One of the finest things I does is to make you eat lots of it as well. With keen sound sleep, strong nerves and nourishing blood you're bound to gain robust health. Any

OR ALASKA.
x. 18.—The Gov-
road now is car-
Matanuska fields
prage. Secretary

announced today by The Catarrhozone Co., Kings