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That's Cream of the West Flour for you!
If you'll only try Cream of the West Flour I'll stand every risk. I know what Cream of the West will do. It will bake bigger loaves and more delicious bread, too.

Cream of the West Flour
the hard wheat flour guaranteed for bread

You just try it. Ask your grocer. Tell him you're to get your money back if it fails you on a fair, square trial. Tell him the Campbell Milling Company, Limited, say so. He can charge it to us.

The Campbell Milling Company, Limited, Toronto
ARCHIBALD CAMPBELL, President

R. G. ASH & CO., St. John's, Wholesale Distributors

3,000 War Medals.

Relics of Famous Fighters to be Sold.

A remarkable collection of nearly 3,000 medals, won by officers and men in the various wars of British history, is to be sold in the near future, unless it is saved for the nation either by a government grant or by a public subscription.

The collection has been acquired during the last thirty years by Dr. A. A. Payne, of Sheffield, and is now housed in the Nappin Art Gallery in that city. Over five hundred of the medals were awarded to officers of all ranks, and many were won by members of the peerage; some of them belonged to the House of Guelph. Every regiment present at Waterloo is represented as are also the Hanoverian and the Brunswick armies.

Among the famous men whose medals have found a resting place in Dr. Payne's cabinets are Field Marshal Viscount Gough who commanded the troops in the China campaign and was afterwards Commander-in-Chief in India; Lord Gambier, who was awarded the gold medal for the "Glorious First of June"; Vice Admiral Sir Charles Richeson, who took De Winter prisoner at Camperdown in 1797; and Admiral Sir Thomas Usher, who conveyed Napoleon in the Unadanted to Elba. Dr. Payne asks £26,000 for the collection, but should it be secured for the nation, the price would be reduced.

One Dose Makes Indigestion Go.

Heartburn, Gas, Dyspepsia and all Stomach distress ended with "Pape's Diapepsin."

You don't want a slow remedy when your stomach is bad—or an uncertain one—or a harmful one—your stomach is too valuable; you mustn't injure it with drastic drugs.

Pape's Diapepsin is noted for its speed in giving relief; it's harmless; it's certain unfailing action in regulating sick, sour, gassy stomachs. It's millions of cures in indigestion, dyspepsia, gastritis and other stomach trouble has made it famous the world over.

Keep this perfect stomach doctor in your home—keep it handy—get a large fifty-cent case from any drug store and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead, ferments and sours, and forms gas; causes headache, dizziness and nausea; eructations of acid and undigested food—remember as soon as Pape's Diapepsin come in contact with the stomach all such distress vanishes. It's promptness, certainty and ease in overcoming the worst stomach disorders is a revelation to those who try it.

Where Ruined Merchants Are Cared For.

Gratitude as well as benevolence, has played an important part in the founding of our many charitable institutions. In the history of homes for the poor and distressed are to be found a number of splendid examples of men and women who, actuated by their gratitude for some good fortune which has befallen them, decided to share their wealth in perpetuity with their less fortunate brothers and sisters by founding a home for their benefit.

In the annals of charity, however, it is doubtful if there is a more romantic story than that concerning the foundation of Morden's College near Greenwich, which has lately been advertising for "gentlemen" in reduced circumstances desirous of becoming inmates of the college home. The latter has accommodation for forty one inmates, who must be men of good character, either widow-

ers or unmarried, and not under sixty years of age, who shall have been either merchants or manufacturers or have been engaged as principals in some wholesale trade or business for not less than ten years, and who, from misfortune or accident, have become reduced in circumstances.

Morden's College was established by Sir John Morden, Bart., who died in 1708, and who founded the college eight years before his death. He himself was a merchant who, through singular circumstances, thought himself a ruined man.

Sir John, after living for a number of years in Turkey, amassed a considerable fortune, and, deciding to return to London, placed the whole of his merchandise on three ships; but, like the missing vessels of Antonio in "The Merchant of Venice," they did not turn up, and after a time were given up for lost. The consequence was that the once wealthy merchant was reduced to great poverty, and it was only by acting as agent for certain tradesmen that he was able to earn a livelihood.

For ten years Sir John thus struggled on, and then, to his great amazement, one day came the news that his long-lost ships had arrived in port. In the joy of the moment he vowed to build an asylum for decayed merchants.

He purchased from the Crown the manor of Old Court, Greenwich, and on what was known as the Great Stone Field he erected a college from designs by Sir Christopher Wren. The original college consisted of a chapel in the centre and apartments for twelve residents, who dined together in a common room. Since those days, however, it has been considerably altered, and, as already mentioned, there is now accommodation for forty-one inmates who not only are provided with separate sets of apartments, with furniture, if required to the value of £25, together with attendance, coals, wood, and light, but have an allowance of £105 annually, with an extra £5 for per-sonal laundry. In addition to the resident inmates, it might be mentioned that the trustees of the college pay 125 out-pensioners sums of £80 each, and six pensions of £30 each annually to widows of decayed merchants.

Altogether the founding of the college cost Sir John £10,000, and for a couple of centuries "poor, honest, and discreet, merchants who have lost their estates by accidents, danger, and perils of the seas, or by any other accidents, ways, or means, in their honest endeavour to get their living by way of merchandise," to quote the original wording of the deeds of the endowment, have been thus cared for by the munificent bequest of the generous-hearted Sir John Morden.

All That Was Left of Them.

Metuchen, N. J., Feb. 12.—It was a half frozen army of sixteen suffragettes reduced by cold and exposure to that number from an original 200 who left Newark, N. J., this morning, that struggled into this village shortly after 6 o'clock to-night to make its first 286 mile march to Washington to carry a message to Woodrow Wilson on the day of his inauguration as President. From town to town, as the first day or arduous tramping wore on hikers in tens and twenties unostentatiously left the ranks and sought warmth indoors and then confessed themselves deserters by boarding trains for their homes.

MINARD'S LINIMENT CURES GAGGET IN COWS.

"Interesting and Instructive."

Mr. Howley's Lecture Reviewed by Mr. English.—A Hint to the Ladies.

Editor Evening Telegram.

Dear Sir.—The audience which greeted Mr. Howley's lecture on Monday night was well rewarded, for the lecturer made the fascinating subject of natural history both interesting and instructive. According to custom the newspapers in reporting the lecture said in the usual stereotyped style that a fairly large audience attended. Why newspapers should in this manner step aside from the path of truth, I do not understand. Now big and small are relative qualities; even recognizing this I cannot see how an audience of about one hundred can be said to be fairly large where a football or hockey match can attract thousands. It is no reflection on Mr. Howley that a larger audience did not attend his lecture, for the matter is untruthful. The fact of the matter is we have not yet attained to that degree of culture where lectures on such delightful subjects as natural history, can attract us. We may as well face the truth and the sooner we are honest enough to admit it, the better for ourselves. I know the truth is often disagreeable and to tell it openly is not the way to seek popularity, but for the good of the community it is best to speak it.

Mr. Howley showed good seed on Monday night, but it is to be regretted that there was not more ground to receive it. The study of nature no matter in what branch you take it whether it be among the rocks, the fauna or the flora, cannot but have an ennobling and refining influence as expressed by the lecturer. Whilst I have nothing but admiration to express in regard to the treat bestowed upon us last Monday night, there are one or two points in the lecture wherein I beg to take issue with the learned gentleman, notably that in relation to the construction of beaver dams. Mr. Howley says that beavers always build their dams not in a direct line across the stream, but in a curved manner, the convex side always being up stream. Mr. Howley is quite in error here. I have seen a great many beaver dams in this country and over a great deal of northern Canada, and my observations have shown me that the clever little builders invariably construct their works with due regard to economy, that is where the least amount of work will do the greatest good. They build as straight as possible, taking advantage of natural obstructions, and very frequently with the concave side of the dam up stream. Often where the banks are low they will continue the construction in an arc up stream and

towards higher ground. Whilst on the subject of beavers, I will relate something which came under my own observation, as it goes to show how cunning the little fellows are. A hunter had set a trap on a beaver dam and beneath the water. Did the beaver get into it? Not at all. That very same night the trap was covered by the creatures, and buried beyond all possibility of doing mischief. They heaped sods and sticks and stones over the treacherous instrument. Such intelligent creatures must have a keen sense of humor. We can just imagine the mirth of the little animals as they talked over how they outwitted their enemy.

Now in regard to caribou or deer, I am not quite clear whether Mr. Howley said they are distinct from the deer found in the Arctic regions, as I have no notes on the lecture and have to rely on memory. It appears that he draws a distinction. I do not think the distinction is well founded. Naturalists tell us that the deer of the Arctic regions is the rangifer tarandus, and that I believe is the name of the deer of this country. I have seen the deer of this country and even more intimately have I observed the deer which roam over the wastes of the Arctic regions, particularly in northern Baffin Land. From my personal observation, though not the observation of a naturalist, I am convinced that they are identical. Both male and female among Arctic deer have antlers, and they are ever so large as our deer. The only difference that I could observe is in the texture of the coat. That of the Arctic deer being softer and thicker. Before concluding, there is a word of advice I would most respectfully offer the ladies for whose benefit the lectures are being delivered. Do not wear heavy clothing, and do not go so dry that there would be grave danger of setting fire to the hall were the heat to be turned on. Monday night the place was insufferably cold. Another improvement would be to place that little lamp on the lecturer's table by an electric bulb, or if that is not practicable try to have a tall lamp that will shed some light on the reading without putting the lecturer to the painful necessity of bending down to the light in an effort to read. I know the ladies are not altogether to blame for this letter, as I have observed the same condition for years past. The same little story holds lamp, or one greatly resembling it.

Yours truly,
ARTHUR ENGLISH.
St. John's, Feb. 25th, 1913.



Steer Straight

Headwork Wins In Sport or Business

More and more successful men and women are paying attention to what they eat. Brain workers particularly require food that supplies the elements Nature demands for rebuilding the Brain and Nerve tissues destroyed daily by mental and physical activity.

Grape-Nuts

FOOD made of wheat and barley, is rich in these vital elements, including the organic Phosphate of Potash necessary for the healthy up-keep of body and brain.

A regular dish of Grape-Nuts and cream is the well-balanced morning ration of thousands of people who are steering their lives into success and comfort.

"There's a Reason"

Grocers sell Grape-Nuts. Made by Pure Food Factories of Canadian Postum Cereal Co., Ltd., Windsor, Ont.

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Stops Bleeding at Once. Prevents Blood Poisoning. Removes all Inflammation, Soreness and Swelling. 25c. at all Dealers. FREE SAMPLE ON REQUEST. DOUGLAS & CO., Napanea, Ont.

S. O. T. at Great Burin.

Editor Evening Telegram.

Dear Sir.—Please grant me space in your paper to inform you of the work that the S. O. T. Society of Great Burin has accomplished. We have a beautiful building with division room up stairs, also a room on the under floor to be used for teas and other special occasions. This building is 60 x 35 feet with first-class requirements. We have again installed our officers for the ensuing term, namely: H. Hollett, W.P.; S. W. Hollett, W.A.; W. M. J. Walsh, P.S.; J. Walsh, R.S.; C. Hollett, Treas.; Wm. Reril, A.R.S.; Wm. J. B. Emberley, Con.; J. Adams, A. Con.; J. C. Emberley, J.S.; A. Walsh, O.S.; T. Darby, Chap.; O. Hollett, P.W.P.; C. Snow, S.Y.P.W.; Wm. Darby, H. Adams, Wm. Wags, three Greecs. Our number of members at present is 82, while at Great Burin and Shallow there are 52 families, and 46 of these are temperance homes and the remaining six are well-wishers of the temperance cause, and in the very near future we hope to be able to record every home in our vicinity a temperance home. Our ranks were broken by death during the past year 1912, and we are thankful to be able to report their places filled with men of grit coming forward and signing the pledge. Our increase in membership during the past year has been 10. We held our annual parade on the 29th of January, with flying banners and band playing. We marched boldly forward, greeting friend and foe. We left Great Burin for Burin Bay, by way of motor boats and landed at Burin Bay; thence we marched to Government wharf, Burin north. Embarked again on motor boats and away we sped amid cheers and band playing. We landed safely at Great Burin, where we refreshed. After we had partaken of the good things, some little entertainment took place such as singing, recitations and a few selections from the band. On the 6th of February we held our temperance public meeting consisting of dialogues, recitations, singing, etc. Solos by Miss Carrie Hollett, Etta M. Hollett, T. Reril; also a quartette by Bros. W. J. B. Emberley, Robert Toklett, Fred Hollett and Gabriel Hollett, and an address by Rev. Mr. Godfrey, who enjoyed the proceedings of the evening, after which the meeting closed by singing the National Anthem.

On the 17th inst., the Grand Division met for the election of officers. The officers elected were as follows: W. J. B. Emberley, G.W.P.; W. Revil, G.W.A.; J. C. Dancy, Treas.; S. J. Adams, G.S.; J. Walsh, G.C.; W. M. Hollett, G.S.; T. Darby, G.S.Y.P.W.; Wm. F. Darby, G.P.W.P. Our motto is down with the demon of intemperance, and up with the flag of prohibition. Will you help us? —WM. J. B. E. Great Burin, Feby. 18th, '13.

Cargo Set on Fire

By Water, and When Thrown into the Sea Jumps Back on the Steamer and Sinks it.

London, Feb. 8.—The story of the "Demon Cargo" of the steamship Hardy, was written into the records of the King's Bench yesterday, through the testimony of her captain. On a voyage from Treport with a large cargo of mineral waters, consigned to a London firm, water reached a quantity of metallic sodium, which was also a part of the cargo, setting it afire.

The captain, not being aware of the nature of the sodium, played the hose on it with the result that two tons of it were set afire and there was a series of explosions. Non-phased, the captain ordered all of the cases of the sodium heaved into the sea. When this was done the force of explosion of the sodium in contact with the water, caused several of the cases to jump back again aboard the ship, and the vessel itself caught fire. There was another explosion in the cargo which caused the vessel to break amidships and sink. The mate was drowned but the captain and crew were saved.

The story came out in an action for damages against the steamship company for the loss of the mineral water. The court awarded the plaintiff \$5,000 damages with costs, and remarked to the captain that he seemed to have had the "devil" among the sailors when the water got in."

Minard's Liniment Cures Diphtheria.

TURKEYS & CHICKEN
By S. S. City of Sydney.
50 Dressed Turkeys, 30c. lb.
10 cases Chicken, 20c. lb.

KELLOG'S
Toasted Corn Flakes, \$1.40 doz.

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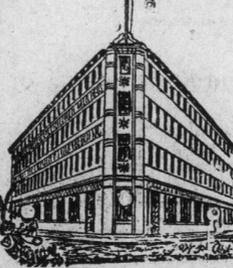
To Our Patrons

We are making a visit to the British Markets to personally select the Latest Fashions and Fabrics for the coming season, and hope to return in about four weeks with the best selection of Goods for High-Class Tailoring yet displayed in this city. During our absence our Genuine American Cutter, Mr. P. A. McCafferty, will attend to all orders entrusted to us with his customary courtesy and thorough attention to detail that characterizes all his work.

We also take this opportunity to tender our sincere thanks for the generous patronage we have received during the past year, and trust by strict attention to business to merit even a larger share the present year.

CHAS. J. ELLIS,
English and American High-Class Tailoring.
Phone 230. 302 Water St. P. O. Box 122.

THE BIG FURNITURE STORE.



YOUR WIFE WOULD BE PROUD OF ONE OF OUR DINING ROOM SUITES.

The beauty of it is that they are so good, and the price is so reasonable. It is a rare opportunity to get Furniture that you will be proud of for all time. See this big display of Dining Tables, Chairs, Sideboards, Buffets, China Cabinets, Arm Chairs.

LOUNGES. Just arrived and in very neat designs, comfortable and exceedingly cheap, you will find prices at the lowest ebb with the assortment up to the mark at

ALLAHAN, GLASS & Co., Duckworth and Gower Sts.

WEST END FEED DEPOT.

5 brls. BOLOGNAS.
50 tics. NELSON MORRIS RIBS.
And to arrive by City of Sydney:
40 brls. of BEEF CUTTINGS.
30 brls. of BONELESS BEEF.

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The Leading Wholesale

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OF ST. JOHN'S. WE STOCK:

All kinds of Men's and Boys' Fleece Lined Underwear. All kinds of Regular Piece Goods & Pound Remnants. All kinds of Men's Cotton Tweed and Denim Overalls & Jackets.

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