## Be Wise in Time

You cannot keep well unless the bowels are regular. Neglect of this rule of health invites half the sicknesses from which we suffer. Keep the bowels right; otherwise waste matter and poisons which should pass out of the body, find their way into the blood and sicken the whole system. Don't wait until the bowels are constipated; take

They are the finest natural laxative in the world - gentle, safe, prompt and thorough. They strengthen the stomach muscles, and will not injure the delicate mucous lining of the bowels. Beecham's Pills have a constitutional action. That is, the longer you take them, the less frequently you need them. They help Nature help herself and

### Keep the Bowels Healthy Bile Active & Stomach Well

Prepared only by Thomas Beecham, St. Helens, Lancashire, England Sold by all Druggists in Canada and U. S. America. In boxes 25 cents

# "Teil Him I Loathe Him."

CHAPTER XVII.

TWO BROKES HEARTS. He kissed her as he pronounced the

her, and her father entered. Chap-

"May we have your blessing, sir?" he asked, not without emotion, "She

Was there ever a more heartfelt, a more prayerful one given? And the cry went up from the bottom of Lansing's soul

"Oh, God! show me that my suffering has not been in vain! Grant them

The sweetest of simple ceremonies took place the morning following, in the emptiness, of his life. You must the drawing-room of Meredith Lans- bear with his weakness, you must trust ing's own home, a cerem ny that him before and above all the world. of my action toward your friend? she united two lives.

Also I how many times does it fail to unite two hearts as well!

But Bebe was happy! Happy with that supreme joy that comes from beshe adored, and, watching her, wond- arms from about his neck. freshly quivering under its recent wound, believe that he was learning to love her in return.

And, as if fearful of the interposition of some hideous ghost of the past, the rising of some Banquo of retribution, Lansing watched the scenc.

There were no guests, only himself, his sister Margaret, the clergyman,

# YEARS

Removed by Lydia E. Pinkham's Vegetable Compound

Winnipeg, Man.—"Eleven years ago I went to the Victoria Hospital, Mon-treal, suffering with a growth in the uterus. The doctors said it was a tumor, noved, as it would hey found that

tisement in the paper and commenced taking Ly menced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."—
Mrs. Orilla Bradley, 284 Johnson Ave. Winnipag. Manitaba

nyound is the conquering of woman's dread enemy—tumor. If you have mysterious pains, inflammation, ulceration or displacement, don't wait for time to confirm your fears and go through the horrors of a hospital operation, but try Lydia E. Pinkham's Vegetable Compound at once.

and the contracting parti s, and when

'My B. be,' he whispered, drowning a hysterical sob beneath an audible breath, 'the good God has shown me that He has forgiven me at last! He has granted the most fervent

me that you are happy !' joy for me, dear father l' she murmured, as she returned his caress

'And you will make him so? Reby the magnitude of your devotion for

even above your own!' If the feverish unrest of the tone surprised her, she made no exhibition lieving herself beloved by the man of it, but smiled as she unwound her

I promise with all my soul, she to convince himself that he was con- answered; but you must take care. madly. tent, tried to make his own heart, still. There are strong probabilities of my becoming jealous.'

You must never do that!' he exclaimed nervously. 'I sometimes fear that I set aside the first of all the Commandments in my love for you, Bebe. There, dear, Your husband

t was grasped by Edwin Chapman, The clergyman had gone before, and, motioning to his sitter to follow him, Lansing left them there alone.

'You are not sorry, Angel?' Chapman whispered, holding her to his No more Torture heart, 'You have not yet learned to egret? You are not afraid to trust the man who has lived a life filled to Relief Quick and Cure Certain When DR. BOVEL'S HERB AND GUM

'Hush!' she cried, closing his lips with a kiss. 'I would not hesitate disease which can defy the extra-ordinary curative powers of Dr. Bovel's if I only might release it from its hold and give it to you. Edwin, Sometimes I have rebelled against the will the most horrible cases of experience was handlining and has to her credit the most horrible cases of eczema to date 2.500 qtls. fish for 20 dories of Heaven in making me blind. Even which you could imagine.

Relief from the terrible itching to-day I have fought more wildly against it than ever, because the and then it is a question of patiently all sustained some damage, losing and then it is a question of patiently all sustained some damage. happiness of seeing your face was de- applying the salve and watching lot of cable with their anchors and the natural process of healing which other gear. nied me; but I was wicked, ungrate. is set in operation by this great ion I was in. ful in the presence of the unparalleled saw your adver- joy that God has sent to crown my life. You are mine and I am yours forever. It is the sweetest thought

> that life holds!' He was silent for some moments. silent from inability to answer her, as he prayed that some day he might be that would have satisfied a woman of more discernment than she,

'Your father and I decided that i a while, Angel,' he said gently. 'You do not object to the arrangements, do you, dear? He and Aunt Margaret will remain here to keep the old house for us until our return; but

he thinks, with me, that it would be better for us to be alone just at first; Notes From that is, of course, if you agree. Aun Margaret has consented to have you already in time for the steamer tomorrow, and we will take a run to the old country. You will go with me, Angel?

'Do you think you need ask? A you had not arranged it because you knew it would be for my happiness! How good you are!

She could not read his face, and since the terrible harm was done was much better so. Before he cou'd

Chapman broke the seal and read:

me half an hour? I want to see you about something very special, and have sprained my ankle, so that it friends. will be impossible for me to go to you. Do not refuse, old man, but come at once and help me out of a

confounded predicament, Yours in friendship,

" DONALD OUINTARD." W th some amusement Chapman

read the note aloud. Dear Mr. Quintard!' exclaimed I be sympathetically. How sorry I am! He was always so kind to me! You must go to him at once, Edwin,'

'And leave you to-day?' We must not be selfish, dear, Re member I shall have you for always it was all over he took his daughter in now. He is in pain! Of course you his arms with a wild affection that was must go, but—ask him not to detain

you long this time, will you not?' Quintard's own dogcart had been sent, and into it Chapman stepped fifteen minutes after, being driven

rapidly to Quintard's house,

But the doctor had come during prayer of my life. My darling, tell the time of waiting, and was dressing his ankle, so that Chapman was shown 'I think Heaven holds no greater into the reception room to await the pleasure of the medical man

He stopped short as the portieres fell behind him, an expression of member how he has suffered! If you hideous pain contracting his features. love him, Bebe, you must compensate He was about to retire when a queenly figure emerged from the shadows and quickly extended her hand.

'Do you mean to cut me because Promise me, dear, that you will always asked reproachfully. Did you not act for his happiness, considering it tell me that I was doing right? Have you no work of congratulation to offer me upon my freedom?"

Was there a hysterial sob suppressed in her voice, or was it his fancy? He tried hard to take his heart under tor of St. Andrew's Church, St. John's his control, but it was throbbing too

'You forget that what brings you joy is death to me,' he answered wearily. 'No, Duchess, I did not mean by the high wind. to cut you, but I feared that I had sinned beyond your forgiveness. I hope you are happy!'

'I shall be,' she replied, smiling The lovely face flushed delicate up at him. 'I wonder that you can crimson, but it was the crimson, of care. I wonder that you do not desperfect happiness as that masterful pise me, feeling as the author of 'The title was pronounced to her for the Exile must. I should like to hear first time, and, putting out her hand. you say once again that you do not. I should like to hear you say that you forgive me for what I have cone.'

(To be continued.)

# from Eczema.

SALVE is used.

There is no form of itching skin Herb and Gum Salve. This is a strong statement, and is only made after years of experience

your own case, when you will soon his crew are Newfoundlanders. realize that there is no disputing its wonderful healing power.

If you have Eczema or any form of New Boiler Installed.

itching skin disease don't let an hour pass before sending for this treat-Dear Sirs,-I feel it my duty to make you some endorsement of the able to do; but when he spoke there was a great tendernes; in his voice that would have satisfied a woman of the spoke there was a great tendernes; in his voice that would have satisfied a woman of the spoke there are settled. It has also been used in my household in the country. At the present time for scalds, burns, etc., and I find it

For sale by all Dealers at 25c. per box. If your Dealer cannot supply you send 25c. (in stamps) to us direct. BOVEL MANFG. CO'Y.

St. John's, Nfld., or Montreal, Can.

# Harbor Grace.

the Surveyor General's Office, to Miss Lilly, of Trinity, is announced to take place about the end of the month.

Congratulations in advance. Mr. Andrew Martin has received the appointment of Assistant Light Keeper on Harbor Grace Island, Mr. Marin removes out this week.

The Agricultural Exhibition opens on Wednesday, and we are informed reply a messenger entered with a that a number of St. John's people will take a run over and have a look at our exhibits. They will, we feel sure, be agreeably surprised at the DEAR CHAPMAN: Can you spare many and varied agricultural pro-

ducts of this neighbourhood. Mr. Arch. Munn was in town yester day, from St. John's, visiting his many

Mr. John Murray, an old and wellknown citizen passed away on Thursday night after an illness extending over some time Mr Murray was a native of St. Malo. France, but had resided here for a number of years. He leaves a widow, who is very ill at present. Mr. M. was over 80 years of

two at St. John's, returned home on

ommenced operations on Friday. Their first cargo of lumber arrived on that day, and two other cargoes are expected shortly. We wish the new

firm much success. A beautifully illuminated address to-day to be presented to Rev. Dr. Whelan, of North River, by some of his parishioners on his return from his visit abroad. The address is printed on white satin, the work being done at the Standard Office, while the finishing touches were added by our talented young townsmen, Mi James A. Power. It is beautifully

Mr. Andrew Rutherford who was compelled to remain in doors through illness for a few days is, we are pleased to note, able to be about

Our town was plunged in gloom Saturday when it was learned of the death by drowning at Carbonear of Mr. G. Herald. Mr. H. was wel known here and grief was genera when the sad news of his death was to his sorrowing family and friends Twin babies (son and daughter were born to Mr. and Mrs. John Hare

The Rev. T. S. Coffin, Pastor of S Andrew's Church here, intends going to St. John's by Wednesday's train to be present at and take part in the In felt very much here, but fortunately no damage was done. Th wind blew with terrific force in

few trees lost some of their branch Herring were very plentiful in th market this morning, and sold for 1 to 15 cents per dozen.
CORRESPONDENT.

Harbor Grace, Oct. 17, 1910.

# Damaged Banker Here

The Gloucester Banker Maxene Elliott, Capt. Patrick Shea, arrived her yesterday afternoon from the Virgin Rocks where she had been fishing the past six weeks, with 250 qtls. fish He found cod scarce and almost evesince going to the Banks he had bad weather, so that for days at a time i was impossible for the men to fish Friday night and Saturday morning the worst storm of the many she ex perienced was encountered while the vessel was on the Bank. In th straining, due to the high sea which ran, the Elliott parted her cable and lost 250 fathoms of it with the anchor 30 fathoms of chain and 30 fathoms of wire hawser. After she went adrif "a slop of a sea" cut the rudder awa; and she had to be nursed along to this port as well as possible. The vesse Twelve vessels, local, Canadian and American, were in her company and

Capt. Shea is a native of St. Law rence, and has been twenty-three but what you want is actual trial in years fishing out of Gloucester. Half

it heats St. Patrick's Hall up and unsurpassed as a curative agent for down stairs, and next year when the such troubles. Yours, W. DUFF, St. pipe connections are made it will heat usual generosity and zeal gave nearly a whole week of is time in helping

# The Evening Chit-Chat

is the question a mine young girl has ask me. No, not in just

those words, of

course. This paraphrased, is her story. She is a girl of twenty, a steno grapher in a large office. A handsome married man of about forty years of age continually pays her attention, writes to her, confides in her,

and so forth.

has its prototype in every large busi- stronghold, nor cast a lingering look tated often, but never successfully. ness office in the country, she con- behind.

to avoid the danger of scandal, but any thought of him. In a word, the No Separation for still retain his friendship?"

In other words, "How can I keep some hold upon a red-hot poker, and and you will experience a relief still not be burned?"

you are asking me the world-old an unholy love. question of weak humanity?-"Isn't there some way that I can do wrong and not suffer the consequences?" As far as I can see, you can do one of two things-

burned by letting go of that poker right off quick. Or you can keep hold and prepare

But you CAN'T do both. Maybe things have come to pass where you think you can't do the

# BY RUTH CAMERON

how I can keep for the sake of any other of my girl will usually cure the most stubborn a red-hot poker, a similar predicament, I am going to you couldn't buy as much or as good, and not be burnmarkable letter that came to Cynthia

Miss Grey appealed to her readers and add the Sugar Syrup. This keeps for help in advising a young girl who had fallen in love with a married children like it. Braces up the appe had fallen in love with a married tite and is slightly laxative, which man and wanted to know how she

A "woman who knew" wrote this

emarkable heart document-Your call for help to answer you orrespondent who is "In Love with a Married Man" appealed to me, for am a woman who has fought this Other preparations will not work in battle. This is an aggressive fight this formula. At first she persistently discouraged against one's self, and to delay is sure his attentions, but lately has accepted to mean defeat, and defeat means perdition for you both. Drive this This little story, which doubtless man from your mind, for this is his

"I have learned to care for him Do not allow yourself any letters or more than I should for a married keepsakes. Banish any thought of What can I do to keep him him the moment it presents itself. "Pluck it out and cast it from thee, Dear lady, don't you realize that guilty pleasure you may have found in

fort you make to put this man from finally, not feeding the fire you are trying to put out, some day you will coolly sweep up its ashes and wond∈r t had ever been. Then, most likely a wholesome fire may burn in your heart, and a happy family gather around your heartstone. Try it.

### The Fountain Head of Life Is The Stomach

properly digest his food will soon find that his blood has become weak and impoverished, and that his whole body is improperly and

Dr. PIERCE'S GOLDEN MEDICAL DISCOVERY makes the stomach strong, promotes the flow of digestive juices, restores the lost appetite, makes assimilation perfect, invigorates the liver and flesh-builder and restorative nerve tonic. It makes men

This "Discovery" is a pure, glyceric extract of American medical roots, absolutely free from alcohol and all injurious, habit-forming cags. All its ingredients are printed on its wrappers. It has no relationship with secre nostrums. Its every ingredient is endorsed by the leaders in all the schools of medicine. Don't accept a secret nostrum as a substitute for this time-prover remedy OF KNOWN COMPOSITION. ASK YOUR NEIGHBORS. ..... must know of many cures made by it during past 40 years, right in your own neighborhood. World's Dispensary Medical Association, Dr. R.V. Pierce, Fren., Pusalo, N.Y.

### Fads and Fashions.

ention towards china. Cups and saucers decorated with the lord of the

parnyard will delight children as well as grown up-ups who like the latest A laundress says that one cannot be

oo particular to rinse the soap out of garment in the washing, for it is appear here and there in the garment. Put a good-sized lump of salt into

cup of vinegar and put it into a ves- the neck el that is discolored and let it stand or half a day. Wash well with hot vater and soap and the sediment will A little melted paraffin wax poured

ound the corks of homemade pickle

ars will prevent air from entering

stween the cork and the glass and

sep catsup and chutneys fresh and ree from mould.

ame is true of oranges.

again after being finished with the so-

aists you will find that they will fit Atlantic coast, starting and finishing such better if a perfectly fitting col- at either of the cities named. lar is sewed on the waist first and the strips of lace and insertion are basted or foreign and may use any type of

If wash goods are scorched, soak at once in lukewarm water. Sprinkle season, and route, but including Chicwith salt and lemon juice, lay in the ago on the way; he may stop where sun and squeeze on fresh lemon juice and as often as he pleases, and may as it dries. When the stain disappears, wash thoroughly in cold water.

When sewing lace at the top of collars hold it against the wrong side he soap that causes the blueing to of the collar so that the stitches will come on the right side, drawing the thread moderately tight. This will make the lace stand up neatly around

> If moths get into carpet, wet a clean owel with clear water and lay it over the spot that has been attacked. Then iron the place with a hot iron intil the towel is quite dry. The steam will kill the moths and their ggs and will not injure the carpet.

Unless cake tins have been well greased, it is often difficult to dis- the Dominion Iron and Steel Comlodge the contents when baked. The pany was instantly killed this morn-An economical housewife has dis- experiment should, however, be tried ing by being crushed beneath the overed that if lemons are heated by of wrapping the tin for a moment or weight of an ore bucket, which dropeing plunged into hot water before two in a cloth wrung out in cold queezing the amount of juice obtain- water and then giving it one or two d is surprisingly increased. The sharp knocks.

In making a skirt every seam popular, it is well worth one's while but paid no attention to the warning hould be pressed twice. As soon as to know how to take care of it. Great and continued his climb, when withhe seams are sewed they should be care should be observed in washing out warning the heavy bucket, filled

Ayer's Cherry Pectoral

Hacking

Here is a home-made remedy that But in the fear that you have, and takes hold of a cough instantly and case in 24 hours. This recipe makes

This Home-Made Cough

Syrup will Surprise You

Stops Even Whooping Cough Quickly. A Family Supply at Small Cost.

Mix two cups of granulated sugar with one cup of warm water, and stir 2 minutes. Put 21/2 ounces of Pinex (fifty cents' worth) in a 16 oz. bottle,

helps end a cough. You probably know the medical value of pine in treating asthma, bronchitis, and other throat troubles, sore lungs, etc. There is nothing betcentrated compound of Norway white pine extract, rich in guiaicol and all

The prompt results from this inexremedy have made friends for it in thousands of homes in the United States and Canada, which explains why the plan has been imi-

A guarantee of absolute satisfaction, or money promptly refunded, goes with this recipe. Your druggist has Pinex or will get it for you. If not, and to The Pinex Co., Toronto, Ont.

# Mr. Redmond.

NEW YORK, Oct. 12.-The Tribune's London correspondent cables: -The remarkable political somersault performed by Messrs. Redmond and O'Connor during their tour of the United States and Canada, by which they formally recanted their demands. for Irish National independence and avowed themselvs staunch devolutionists and Imperialists, has given rise to much speculation as to the causes which can have induced this

astonishing volte face. It is significant in this connection. that Mr. O'Connor, who has been the go-between in all the Government's negotiations with the Irish Party. paid a visit to Downing Street just pefore sailing for Canada. He then nad a long interview with the Chief

BOSTON, Mass., Oct. 12.-Mr. Rednond to-day said: "The statement have abandoned the Irish independance movement is absurd. I stand just where I always stood, and Mr.

C'Connor stands with me. "I stand for the absolute government of all Irish affairs by Ireland. Of course Home Rule for Ireland does not mean severance of all interests with England. It could rightly mean a federation of the British Isles."

### **Across America** By Flying Machine.

New York, Oct. 12.-Wm. R. Hearst offers a prize of \$50,000 to any aviator using a heavier than air machine who within one year flies from the Atlantic seaboard at Boston or New York to the Pacific coast at Los Angeles or San Francisco, or, reversing the When making collars for thin direction, flies from the Pacific to the

> The contestants may be American self-propelled aeroplane which is heavier than air, not a dirigible bailoon. He may choose his own time. make any necessary repairs and replacements of parts of his machine. but the flight must be accomplished within thirty days of the start. It is not necessary that there shall be a race. If only one contestant for the prize appears and achieves the flight. the prize of \$50,000 will be paid; if more than two contestants start, the one that accomplishes the feat first will be awarded the prize. There are no other conditions.

### **Crushed to Death** At Blast Furnace.

SYDNEY, Oct. 11 .- Maurice Boyd, an employee at the blast furnaces of

ped from one of the cranes. The accident happened about eight o'clock. Boyd, it appears, was climbing over an obstruction, and had been Now that colored embroidery is warned to look out for the bucket, ressed. They should be pressed silk embroideries. Even the best silk with ore, dropped suddenly crushing

> on it. One should use warm water, not hot, and a suds made from a pure

MINARD'S LINIMENT RELIEVES