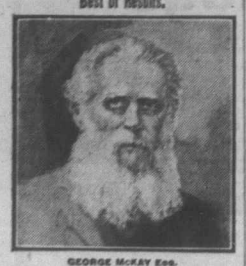
A FAMILY REMEDY FOR MANY YEARS

Used "Fruit-a-tives" With The Best of Results.



GEORGE McKAY Esq.

KIPPEN, ONT., June 17th, 1913.

"I have been using "Fruit-a-tives" as a family remedy for many years. They are the best medicine I have ever tried. "Fruit-a-tives" do me the most good—they never gripe and their action is pleasant.

"I have used them for Indigestion and Constipation with the best results, and I heartily recommend them to anyone similarly afflicted.

These troubles have left me completely and I give "Fruit-a-tives" full credit for all this. A pleer pill a man cannot take."

GEORGE McKAY.

The enormous demand for "Fruit-a-tives" is steadily increasing, due to the fact that this wonderful fruit medicine gives prompt relief in all cases of Indigestion, Constipation, Sour Stomach, Rheumatism, Chronic Headaches, and Neuralgia, and all Kidney and Bladder Troubles.

50c a box, 6 for $2.50, trial size 25c. Sold by all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Kaye.
2nd Vice President—Mrs. Fitch.
Recording Secy—Mrs. W. Mitchell.
Cor. Secretary—Mrs. John Coldwell.
Treasurer—Mrs. H. Pineo.
Auditor—Mrs. T. E. Hutchinson.

SUPERINTENDENTS.

Evangelistic—Mrs. G. Fitch.
Lumbermen—Mrs. J. Kempton.
Peace and Arbitration—Mrs. J. Reid.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Parlor Meetings—Mrs. (Rev.) McGregor.
Press Work—Miss Margaret Bars.
Surprise Soap Wrappers—Mrs. M. Freeman.
Bulletin—Mrs. M. Freeman.
Labrador Work.—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. G. Cutten.

When I am Gone.

By John Greenleaf Whittier.

When I am dead, if men can say,
'He helped the world upon its way,
With all his faults of word and deed
Mankind did have some little need
Of what he gave,'—then in my grave
No greater honor shall I crave.

If they can say—if they but can—
'He did his best; he played the man;
His way was straight; his soul was clean;
His failings not unkind, nor mean;
He loved his fellow-men and tried
To help them'—I'll be satisfied.

But when I'm gone, if even one
Can weep because my life is done,
And feel the world is something bare
Because I am no longer there;
Call me a knave, my life misspent—
No matter, I shall be content.

Alas for him who never sees
The stars shine through the cypress trees!
Who helpless, lays his dead away,
Nor look to see the breaking day
Across the mournful maples play!
Who hath not learned in hours of faith
The truth to flesh and sense unknown,
That Life is ever Lord of Death,
And love can never lose its own.

The Deadly Parallel Between Food and Alcohol.

FOOD.

1. A certain quantity will produce a certain effect at first, and the same quantity will always produce the same effect in the healthy body.

2. The habitual use of food never induces an uncontrollable desire for it in ever-increasing amounts.

3. After its habitual use, a total abstinence never causes any derangement of the central nervous system.

4. Foods are oxidized slowly in the body.

5. Foods, being useful, are stored in the body.

6. Foods are the products of constructive activity of protoplasm in the presence of abundant oxygen.

7. Foods (except meats) are formed in nature for nourishment of living organisms, and are, therefore, inherently wholesome.

8. The regular ingestion of food is beneficial to the healthy body, but may be deleterious to the sick.

9. The use of food is followed by no reaction.

10. The use of food is followed by an increased activity of the muscle cells and brain cells.

11. The use of food is followed by an increase in the excretion of CO_2

12. The use of food may be followed by accumulation of fat, not withstanding increased activity.

13. The use of food is followed by a rise in body temperature.

14. The use of food strengthens and steadies the muscels.

15. The use of food makes the brain more active and accurate.

ALCOHOL.

1. A certain quantity will produce a certain effect at first, but it requires more and more to produce the same effect when the drug is used often.

2. When used habitually it is likely to induce an uncontrollable desire for more, in ever increasing amounts.

3. After its habitual use, a sudden total abstainence is likely to cause a serious derangement of the central nervous system.

4. Alcohol is oxidized rapidly in the body.

5. Alcohol, not being useful, is not stored in the body.

6. Alcohol is a product of decomposition of food in the presence of a scarcity of oxygen.

7. Alcohol is formed in nature only as an excretion. It is, therefore, in common with all excretions, inherently poisonous.

8. The regular ingestion of alcohol is deleterious to the healthy body, but may be beneficial to the sick (through its drug action).

9. The use of alcohol, in common with narcotics in general, is followed by a reaction.

10. The use of alcohol is followed by a decrease in the activity of the muscle cells and brain cells.

11. The use of alcohol is followed by a decrease in the excretion of CO_2.

12. The use of alcohol is usually followed by an accumulation of fat through decreased activity.

13. The use of alcohol may be followed by a fall in body temperature.

14. The use of alcohol weakens and unsteadies the muscles.

15. The use of alcohol makes the brain less active and accurate.

—Selected.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher

Worth Knowing.

To clean pudding pans put the little ones in the big ones turn upside down in the dishpan and set on the stove to steam. They will clean in ten minutes.

When boiled frosting has been cooked to long add a piece of butter to soften.

To keep chair legs from scratching varnished floors glue a piece of heavy cloth on each leg.

Newspapers can be used to pad the ironing board just as well as an old blanket or muslin.

I bought a horse with a supposedly incurable ringbone for $30. Cured him with $1.00 worth of MINARD'S LINIMENT and sold him for $95.00. Profit on Liniment, $94.00.

MOISE DEROSCE.

Hotel Keyser, St. Philippe, Que.

The phrase 'breaking colts' is a crude expression. As a rule, there is nothing about them that needs breaking. Rather what they want is teaching or guiding. Everything cannot be crowded into their brain at once, however; it takes time to teach them, the same as children. By intelligence, common-sense, patience, perserverance, firmness, gentleness and very mild punishment wonders can be done with them.

Children Cry

FOR FLETCHER'S

CASTORIA

It is usually not so much the greatness of our trouble as the littleness of our spirit which makes us complain.—Jeremy Taylor.

'What's most liable to get broke about your automobile?'

'The owner,' replied Mr. Chuggins.

WOMAN WEAK AND NERVOUS

Finds Health in Lydia E. Pinkham's Vegetable Compound.

Creston, Iowa.—"I suffered with female troubles from the time I came into womanhood until I had taken Lydia E. Pinkham's Vegetable Compound. I would have pains if I overworked or lifted anything heavy, and I would be so weak and nervous and in so much misery that I would be prostrated. A friend told me what your medicine had done for her and I tried it. It made me strong and healthy and our home is now happy with a baby boy. I am very glad that I took Lydia E. Pinkham's Vegetable Compound and do all I can to recommend it."—MRS. A. B. BOGLADER, 504 E. Howard Street, Creston, Iowa.

Tons of Roots and Herbs

are used annually in the manufacture of Lydia E. Pinkham's Vegetable Compound, which is known from ocean to ocean as the standard remedy for female ills.

For forty years this famous root and herb medicine has been pre-eminently successful in controlling the diseases of women. Merit alone could have stood this test of time.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Liniment Cures Garget in Cows.

Whitewash is Cheap.

Whitewash is the cheapest of all paints, and for certain purposes it is the best. Lime, which is the basis of whitewash, makes a very sanitary coating, and probably is to be preferred for cellars and the interior of stables and other outbuildings. (The following directions for making white wash taken from 'White Paints and Painting Materials,' by W. G. Scott.)

Ordinary whitewash: This is made by slaking about 10 pounds of quicklime with 2 gallons of water.

The lime is placed in a pail and the water poured over it, after which the pail is covered with an old piece of carpet or cloth and allowed to stand for about an hour. With an insufficient amount of water, the lime is 'scorched' and not all converted into hydrate; on the other hand, too much water retards the slaking by lowering the heat.

'Scorched' lime is generally lumpy and transparent, hence the use of the proper amount of water for slaking and an after addition of water to bring it to a brush consistency.

Factory whitewash. (Interior) For walls, ceilings, posts, etc.

(1) Sixty two pounds (1 bushel) quicklime, slake with 15 gallons water. Keep barrel covered until steam ceases to rise. Stir occasionally to prevent scorching.

(2) Two and one half pounds rye flour, beat up in ½ gallon of cold water, then add 2 gallons of boiling water.

(3) Two and one half pounds common rock salt dissolve in 2½ gallons of hot water.

Kitchen Kinks.

Boiled potatoes make an excellent substitute for soap when the hands have become blackened by contact with pots and pans. Rub a little potato well into the hands wash in warm water.

Fruit Stains on Linen.—Make a paste of powdered starch and water. Cover the stain, leave on some time, then brush off lightly.

If silver is to be stored away for some time, pack it with dry flour; it will remain untarnished.

When making coffee, sprinkle a little salt on the coffee before pouring on boiling water, and the flavor will be wonderfully improved.

To prevent the skin from discoloring after a fall or blow, take a little dry starch, moisten it with cold water and lay it on the injured part.

If flowers have come by post they will freshen up wonderfully if their stems are placed in hot water for a little while before arranging them in vases.

Children Cry

FOR FLETCHER'S

CASTORIA

'May I ask you a question, dad?'

'Well, what is it?'

'Well, if the end of the world was to come and it was destroyed when a man was up in an aeroplane, where would he land when he came down?'

'Get to bed at once, sir!' roared his dad.

RED ROSE TEA "is good tea"

FORSALE BY WM. C. BLEAKNEY

DOMINION ATLANTIC RY

& STEAMSHIP LINES

TO ST. JOHN VIA DIGBY AND TO BOSTON VIA

DOMINION ATLANTIC RY & YARMOUTH Dining Steamers of the BOSTON & YARMOUTH STEAMSHIP COMPANY

— — YARMOUTH LINE — —

LAND OF EVANGELINE ROUTE

Wolfville Time Table

Corrected to June 29th, 1914.

LEAVING.

Flying Bluenose for Yarmouth	11.25 a.m.
Flying Bluenose for Halifax	5.38 p.m.
Express for Truro and Halifax	6.15 a.m.
Accom. for Halifax	12.36 p.m.
Express for Truro and Halifax	4.15 "
Express for St. John and Yarmouth	10.03 a.m.
Accom. for Annapolis	1.45 p.m.
Express for Middleton	5.49 "
Express for Annapolis Sat. only	5.49 "

Express leaving at 10.03 a.m. connects at Kentville with C. V. Branch train for Kingsport.

ARRIVING

Flying Bluenose from Yarmouth	5.38 p.m.
Flying Bluenose from Halifax	11.25 a.m.
Express from Middleton	6.15 a.m.
Express from Annapolis Mon. only	6.15 a.m.
Accom. from Annapolis	12.36 p.m.
Express from Yarmouth and St. John, N.B.	4.15 "
Express from Truro & Halifax	10.03a.m.
Accom. from Halifax	1.45 p.m.
Express from Halifax	5.49 "

These trains only run on week days.

Boston Service

Flying Bluenose train leaving at 11.25 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing daily, except Sunday, for Boston.

R. U. PARKER
General Passenger Agent,

P. Gilkins, Manager.
Kentville, N. S.

Wolfville Real Estate Agency.

Persons wishing to buy or sell apply to J. W. SELFRIDGE, Manager.

Wolfville, April 27.

Minard's Liniment for sale everywhere.

'Jane,' said a lady rather sharply to her cook, 'I must insist that you keep better hours and that you have less company in the kitchen at night. Last night you kept me from sleeping because of the uproarious laughter of one of your woman friends.'

'Yis, mum, I know,' was the apologetic reply, 'but she couldn't help it, I was a-telling of her how you tried to make a cake one day.'

The Professor, who was very popular among his students, was entertaining a group of them at his residence one night. Taking down a magnificent sword that hung over the fire-place, he began to brandish it.

'Never will I forget the day I drew this blade for the first time,' said he.

'Where did you draw it, sir?' asked an awestruck freshman.

'At a raffle,' was the reply.

Gasoline engines and equipment put in first class order at the WOLFVILLE GARAGE. Now is the time to bring them along and get them ready for spring.

Cash Store.

BARGAINS IN

CANNED GOODS THIS WEEK

Get my prices. You will be sure to buy. I want the money, and you want the goods.

C. W. STRONG
Wolfville.

AUTOMOBILE For Hire!

Careful Driver and Moderate Prices.

Phone 83-3.

G. H. Ruffee,
Wolfville, N. S.

Minard's Liniment Cures Diphtheria.

If You Ride Horseback, or drive in a carriage, see before you make a start that the Trappings or

HARNESS

are in good order.

Repairs executed promptly. All work will prove highly satisfactory.

We carry a full line of Harness Dressing, Axle Grease, Whips, etc.

Also Buckles, Straps, Rivets, Punches. You'll not find our prices too high.

Wm. Regan,
HARNESS MAKER.

Get your Printing at this office.

We have everything you need for spring

House Cleaning

OUR WALLPAPER

Has just arrived. Call in and let us show you the newest and best line of Wallpapers in town.

— Order your —

Paints, Alabastine and Wall Papers

from us. We save you money.

F. Q. GODFREY

FRAME STOCK

SAWED TO ORDER.

Also Lathes, Shingles, Sheathing and Flooring.

WRITE FOR PRICES.

J. H. HICKS & SONS

BRIDGETOWN, N. S.

EATON'S

THE HOUSE OF BEST VALUES AND ASSURED SATISFACTION SUPPLYING MOST ALL YOUR NEEDS WITH A GENEROUS FREE DELIVERY OFFER

IMPORTANT ANNOUNCEMENT

Everyone Should Read This

An EATON purchase and Free Delivery means much in these days towards reducing the high cost of living. The full importance of such a statement is best appreciated when you realize the fact that not only do you receive approved quality and service, for which the EATON Mail Order Way is justly famous, but, also, you get good goods at a minimum cost. For some time past all EATON orders amounting to ten dollars ($10.00) or over have been shipped charges paid by us. This feature of our service has proven a big success, and the inauguration of the new Parcel Post System, which has been a boon to the Canadian public, has made it possible for us to go still further in giving our customers the benefit of a greater Free Delivery Offer, and it gives us very great pleasure to make this very interesting announcement—

Commencing Aug. 1st

We Pay the Shipping Charges on all orders for any amount large or small on

Men's, Women's and Children's Outer Garments

This is no ordinary, everyday event. Neither is it an ordinary Free Delivery offer. Every garment advertised is an acknowledged EATON value, that will stand the closest comparison—and when you read these words, "And we pay the shipping charges," in our Catalogue, read them over again, so that you may be impressed with their full meaning. "We" means T. EATON Co., not you. In other words, you can buy any one of these splendid values of famous EATON quality garments delivered to your nearest railway station or post office for the price we quote without any additional cost for shipping charges.

This is in addition to our

$10 FREE DELIVERY $10

of orders amounting to $10.00 or over of all goods catalogued and heavy goods quoted prepaid

This means that when your order amounts to $10.00 or over of any goods in the Catalogue, including Men's, Women's and Children's outer garments or heavy goods, we pay the shipping charges to your nearest station or post office. It gives you the opportunity of getting practically all your needs at our low prices delivered free if you make your order up to this amount.

- Our - New Fall Catalogue WILL BE READY TO MAIL YOU Aug. 15th. IF YOU ARE NOT ALREADY ONE OF OUR MAIL ORDER CUSTOMERS, SEND US YOUR NAME AND ADDRESS, AND WE WILL FORWARD YOU A COPY.

T. EATON Co. TORONTO CANADA

Wentzell's Spring and Summer Catalogue is Ready

Is your name on our mailing list? If it is not you cannot afford to let another day pass without filling in, cutting out and mailing the coupon below. You'll save money.

WENTZELLS Limited, Halifax, N. S.

Without any obligation on my part send to the address below your Spring and Summer Catalogue.

Name.....

Address.....

ACADIAN

Advertise in "THE ACADIAN"

WANTED.

Old pictures President Lincoln, old historys Nova Scotia, old coin, old postage stamps used 60 years ago, old flint lock pistols, old church communion tokens.

W. A. KAIN

116 Germain St., St. John, N. B.

Boston & Yarmouth Steamship Co., Ltd.

Summer Service

Steamships Prince Arthur and Prince George.

Six Trips per week in each direction between Yarmouth and Boston.

Leave Yarmouth daily except Sundays at 9.00 p.m. for Boston. Leave Boston daily except Saturdays at 2.00 p.m. for Yarmouth.

Tickets and Stateroms at Wharf Office.

A. E. WILLIAMS, Agent, Yarmouth, N. S.

R. J. Whitten & Co.

HALIFAX

Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited.

Prompt Returns.

COAL

If you want good Coal promptly delivered give us your order.

Old Sydney, Springhill, Minudie, Hard Coal, Kindlings.

Burgess & Co.