### The Planet.

Business Office Editorial Room 8. STEPHENSON ... ... Proprietor. SATURDAY, NOVEMBER 12.

### SOME SENSIBLE ADVICE

The following sensible and time ly advice is given by The Colborne Express to the rising generation of this great and growing coun try: 'To those of our young men who may be contemplating a move to the neighboring Republic we would direct attention to the daily reports of the industrial stagna tion coming from that country. all the large cities of the United States thousands of able-bodied men are walking the streets unable to obtain employment, while the wages to the employed have decreased from five to thirty per cent. Under the present favorable conditions, there is no need of any industrious young man going outside in search of work at fair remuneration. But if your inclinations are for other fields, go out towards the Canadian West. Our own land is extensive enough and offers enough attractions to appeare any appetite for travel. The attractions of Canadian life are much less expensive, more enduring and far healthier than those of the United States, while the opportunities for and appropriate utterances at Halifax, after theresult of the voting throughout the Dominion, were known, is one that does him credit, and will assuredly not lessen the good opinion in which he is held. employment and advancement are one hundred per cent. ahead of those of Cousin Jonathan."

### MR. STRATTON IN THE SENATE

If, when Liberalism was enjoying its careless youth, it had been proposed to translate Mr. Stratton to the Senate, it is to be feared that the jests would have bordered upon irreverence. Mr. Stratton, according to his chief, has been singularly successful in his management of institutions for the care of the mentally defective, and this would have been mentioned as a reason why he should assume a commanding position in the Upper Chamber.

This feeling, however, has now pass ed away, the care of office having produced their usual sobering effect The Senafe, too, has been reformed The worn out political backs of another era and another party, have been replaced by veterans, who, having borne the heat and burden of the day, are now enjoying wellearned repose and dignity in the night's baimy prime. The place of the plutocrats have been taken by men of great wealth and high standing in the financial world.

r The true functions of the Senate are now more clearly perceived. A second chamber is necessary to delay or revise hasty or ill-considered legislation, and to check the rash impulses of the multitude-to save the people, so to speak, from themselves. Mr. Stratton has been engaged for several years in checking the ill-considered impulse of the people of Ontario to upset the Government. The Government in this respect has performed to a certain extent the duties of a second chamber. The people wanted them to go, but they felt that if they obeyed this hasty impulse they would be acting the part of demagogues; and, with admirable firmness and constancy, they remained at their posts, smiling at the tempest.

Yet it must be Stratton to go to a place where he can perform this duty without any suspicion of partisanship. There were, we are forced to admit, some of his colleagues who had given ground for that suspicion. The Globe has several times hinted at such a reconstruction of the Cabinet as would enable Mr. Stratton to carry out his policy free from the influence of his wicked partners. But it was all in vain. The barnacles would not be removed with an igon hand or any other instrument. Finally Mr. Stratton has been impelled to come out from among them, and to find a place where the fiery impulses of the people can be checked under happier conditions, and where the asnes of partisanship repose in the bosom of each Senator as in an urn.—Toronto News.

THE THREATENING FROST. Hamilton Spectator.

Better hurry up your elections, Mr. Ross, or the Minnie M. will be frozen in in some harbor.

PAINFULLY SUGGESTIVE.

Toronto Telegram. "All this talk about "Coming Out Parties" in the smart set columns reminds Hon. G. W. Ross, that he is the head of a "Going Out Party."

THE WICKEDEST BROTHER.

Belleville Intelligencer. Messrs. Crossley and Hunter say they are going to have special prayers for Hamilton newspaper men, and we can hardly call to mind a place where the members of the fourth estate are more in need of being prayed for. The Hamilton Times man should receive a double portion.

When your appetite TAKES A VACATION, bring it back with a morning

# Abbey's Salt

Meals seem too far apart after the gentle, relieving effects of Abbey's Effervescent Salt.

AT ALL DRUGGISTS, 250 AND 603 A BOTTLE

PLENTY OF 'EM. Toronto Star. It sounds foolish to hear a man

for thirty-five years and will never vote any other way. But more men follow this plan than will confess to A CREDITABLE UTTERANCE. Winnipeg Free Press (Lib.) Mr. Borden's dignified, moderate

boast that he has voted for his party

HOW TO CHOOSE CANDIDATES.

Bystander in Weekly Sun. Every citizen ought to have full liberty of presenting himself to the electors. An obvious remedy has already been suggested. Let there be two ballots; the first to sift the list of candidates; the second to elect. For the first ballot let everybody be free to send in his name. By the vote upon that ballot the relative strength and growth of opinions would appear.

PARROTS FOR THE ABBEY. Pall Mall Magazine.

To be a verger in Westminster Abbey-what life could be more ununterably tragic? We are, all of us, unterably tragic? We are, all of us, more or less enslaved to sameness; but not all of us are saying, every day, hour after hour, exactly the same thing, in exactly the same place, in exactly the same tone of voice. In the name of humanity, I suggest to the dean and chapter that they should relieve these sad-faced men of their intolerable mission, and purchase narrots.

"GRAY'S SPLENDID FIGHT." Stratford Herald.

Why in the world did London mon key with Dr. Montague when it had a local man who in ten days' contest could bring a cabinet minister down to 18 majoricy? Gray's splendid fight is one of the notable features of the whole campaign. To outsiders it looked bad that a can-didature of a city like London should go a begging to Hamilton. But the Conservatives redeemed themselves and rallied around Gray in a manner that showed that if he had been in the field a month he would have won. Perhaps he will yet, for 18 is small enough majority to upset when rejected and tendered ballots are looked into. The whole of Western Ontario was interested in the London contest, and Mr. Gray is to be congratulated on the magnificent result

# What Sulphur Does

FOR THE HUMAN BODY IN HEALTH AND DISEASE.

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and mo-

us our daily dose of sulphur and molasses every spring and fall.

It was the universal spring and
fall "blood purifier," tonic and cureall, and mind you this old-fashioned
remedy was not without merit.

The idea was good, but the remedy
was crude and unpalatable, and a
large quantity had to be taken to
get any effect.

Nowadays we get all the beneficial
effects of sulphur in a palatable,
concentrated form, so that a single
grain is far more effective than a
tablespoonful of the crude sulphur.
In recent vears, research and experiment have proven that the best

In recent vears, research and experiment have proven that the best sulphur for medicinal use is that obtained from Calcium (Calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets and contain the active medicinal principle of sulphur in a highly concentrated, effective form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health. sulphur acts directly on the liver, and excretory organs and purifies and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when

Our grandmothers knew this when hey dosed us with syrup and mo-asses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and cannot com-pare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubt-edly the best and most widely

Stuart's Calcium Wafers is undoubtedly the best and most widely used. They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins while experimenting with sulphur remedies soon found that the sulphur from Calcium was superior to any other form. He says "For liver, kidney and blood troubles especially when resulting from conespecially when resulting from con-stipation or malaria, I have been

\*\*\*\*\* MEMORIES OF

A RETIRED M. P. \*\*\*\*\*\*\*\*\*

A thoroughly amiable spirit marks every page of Mr. Justin McCarthy's "An Irishman's Story," (New York, the MacMillan Company; Toronto-Morang & Company.) The account, in his own words, is "more of what I saw and heard than of what I felt." in his own words, is "more of what I saw and heard than of what I felt." There is no anxiety to give the exact date for any happening; and the author, having already written a book of "Reminiscences," gives here rather an easy, uncondensed narrative of the course of a lifetime than a regular autobiography. The record of his youth in Ireland is pleasantly indefinite, but leaves a charming picture of the City of Cork, the River Lee, and a closely knit together band of young people, who read and sang and went sailing out from the harbor of Queenstown with all the happiness of idealists. "My boat, the broad river, the rough west wind, the broken waves, and the heart at rest," is a sentence Mr. McCarthy borrows from an Irish novel, "The Collegians," as one full of the joys of his youth; and then adds in the words of Lord Granville, "No one ever was so young as we were then."

His father, who was clerk to the city magistrates of Cork, had a turn for writing, but slight against a senting a control of the city magistrates of Cork, had a turn for writing, but slight against a sentence of the city magistrates of Cork, had a turn for writing, but slight against a sentence of the city magistrates of Cork, had a turn for writing, but slight against a sentence of the city magistrates of cork, had a turn for writing but slight against a sentence of the city magistrates of cork, had a turn for writing but slight against a sentence of the city magistrates of cork, had a turn for writing but slight against a sentence of the city magistrates of cork, had a turn for writing but slight against a sentence of the city magistrates of cork, had a turn for writing but slight against a sentence of the city magistrates of cork, had a turn for writing but slight against a sentence of cork and the city magistrates of cork and the case of cork and case of cork an

His father, who was clerk to the city magistrates of Cork, had a turn for writing, but slight aptitude apparently, for making a success of life, at least financially. Instead of continuing the study of law, Justin McCarthy at seventeen was given a place as reporter at a pound a week This was McCarthy at seventeen was given a place as reporter at a pound a week on the Cork Examiner. This was about the time of the great famine, He soon began to dream of living in London as a man of letters, and in 1860, after two short visits to the city as well as a period spent in city, as well as a period spent in Liverpool as a reporter, he obtained a position on the Morning Star, a journal begun to advocate the prina position on the Morning Star, a journal begun to advocate the principles of Cobden and Bright. Mr. S. Lucas, a prother-in-law of John Bright, was its editor; and Mr. Alfred Hutchinson Dymond, "who afterwards won a distinguished position in the Canadian Parliament, and finally became the head of a great State institution in Brantford, Canada, for the education of the deaf and dumb," held the position of business manager. Subsequently Mr. McCarthy became editor of the Star, and in 1868, on his leaving for America, was himself succeeded by Mr. John Morley. "Nothing in my occupation of the editorial chair seemed to bring me so much honor as the fact that I was succeeded in it by so great an author and statesman as John Morley." Mr. McCarthy's amiability is never more clearly shown than in his accounted. author and statesman as John Morley," Mr. McCarthy's amiability is
never more clearly shown than in his
account of the conduct of a newspaper. The Morning Star was visited regularly by Mr. Bright and Mr.
Cobden; among his associates were
Mr. William Black, who began his
work as a writer on this paper; Mr.
Archibald Forbes, another of The
Star's discoveries, and Mr. Richard
Whitcing, whose 'No. 5 John Street,"
rublished years afterwards, had been
long confidently expected by the other members of the staff, "We used
to have as a regular institution an
afternoon tea at 5 o'clock in the
editorial rooms of The Star, and
there we talked over and arranged
the contents of the next morning's
issue, and assigned to each writer
the work which seemed best suited
to him."

to him."

The one outstanding figure in "An Irishman's Story," however, is Charles Stewart Parnell. They were neighbors first in London, after Mr. McCarthy had come back from his two or years' in America, where he had written a hundred short stories for Harper's Magazine, lectured throughout the United States and Canada, and joined the staff of The Independent, to which publication he Independent, to which publication he is still a contributor. Parnell's sister was a student of art, and formed the acquaintance of McCarthy's daughter, who was in London for the same purpose. "He was a very voung man then, and, indeed, his whole life did not last beyond middle age. He was very tall, very hand-some, with finely-moulded, delicate some, with inners-moulded, delicate features. His eves were especially markable. I have not seen others like them. Their light was peculiar, penetrating, and (to use a somewhat hackneved term), magnetic. His hackneved term), magnetic. His manners in private life were singularly sweet and winning, and in the company of his friends he was both humorous and witty."

It was Parnell's influence which gave a political turn to Mr. McCarthy's career, In 1879 he was returned as member for the County of Longford and remained in Parliament for twnety-one years. But his real inclination remained always in the direction of writing. For one thing he made his living as a novelist; and describes the aggravating interval. he made his living as a novelist; and describes the aggravating interruptions made in the life of his heroes and heroines by the frequency of divisions in the House, when he had sought the seclusion of a lobby upstairs for a little quiet writing. The vexation of interrupted history is not not mentioned; one may infer possibly that "The History of Our Own Times" was not written in the House of Commons.

The well-known and ghastly story of the Parnell Commissions is touched of the Parnell Commissions is touched on, but not given in deatil. Mr. Mc-Carthy does, however, explain at some length his attitude to "obstruc-tion," and gives a summary of the circumstances which led to his being elected chairman of one section of circumstances which led to his being elected chairman of one section of teh divided Irish party. But leaderership was clearly not one of the things he wished for himself, and he does not conceal his contentment with the fact that it soon passed out of his hands. Mr. Edward Blake, "now a leading and a distinguished member of the Irish Parliamentary party in the House of Commons," he first met in Canada, where, by kindness and hospitality. Mr. Blake laid the foundations of a lasting friendship.

In 1900, on account of ill-health and other serious difficulties, Mr. McCar-

other serious difficulties, Mr. McCar-thy retired from Parliament. Since then he has continued writing, and is "a quiet observer of the active world." Last year the King confer-

No Longer Needs Crutches "And so I was, and I wasted valuable time rub-bing myself with lini-ments instead of getting at the root of the evil, for I found the whole trouble was caused by disordered kidneys—too much uric acid in the blood; my kidneys were sick and needed medicine. medicine. Bu-Ju. The Kidney Pill, restored the

kidneys to their normal condition; then the rheu-matism disappeared, and I am strong and well as ever. Thousands of people are suffering from one malady or another, the direct result of disordered kidneys. If they would use Bu-Ju, the natural remedy for disordered kidneys, they would be restored to health, strength and activity, just as I am."

Such is the evidence of thousands of people who have used Bu-Ju and have been cured by it. ne malady or anothe have been cured by it. Why delay? You take no

Bu-Ju is absolutely guaranteed Kidney Trouble

red on him a pension for his ser vices to literature; and now in the intervals of his dictation—his sight having failed, Mr. McCarthy emclovs some of his spare moments in studying "what may well be considered my active language." In this quiet way, with good humor and unassuming fortitude, "An Irishman's Story" comes to an end.

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DOING HIS BEST.

I want half a pound of water rackers, said Mrs. Newsome. All-fired sorry, ma'am, replied the ountry storekeeper, but I ain't got unt two dozen of 'em in the place.
Well, I'll take them.

Well, I'll take them.

Jest wait then, about twenty minutes. Hi Peters and Josh Slocum has
been usin' them for checkers and
they're playin' the decidin' game now,

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BIRD THAT REMEMBERS.

The homing instinct lasts for life, and a bird sometimes attains the age of sixteen years, says a writer in Country Life in America. I have known of p'g ons imported from Belgium and kept prisoners for years, which, when liberated, struck out for home, only to be drowned in the Atlantic or picked up by some ship out at sea. This proves that no distance appalls them. During the Franco-Prussian war the French caught a homing pigeon which was be ug sent to transmit information out of the besieged city of Paris. The bird was made a prisoner of war and kept in confinement for ten years. When given its liberty it at once returned to its old home, showing that ten years was not sufficient to drive from its mind the memory of home. The homing instinct lasts for life

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