

Miss Agnes Miller, of Chicago, speaks to young women about dangers of the Menstrual Period - how to avoid pain and suffering and remove the cause by using Lydia E. Pinkham's Vegetable Compound.

"To Young Women: —I suffered for six years with dysmenor-rhea (painful periods), so much so that I dreaded every month, as I knew it meant three or four days of intense pain. The doctor said this was due to an inflamed condition of the uterine appendages caused

by repeated and neglected colds. "If young girls only realized how dangerous it is to take cold at this critical time, much suffering would be spared them. Thank God for Lydia E. Pinkham's Vegetable Compound, that was the only medicine which helped me any. Within three weeks after I started to take it, I noticed a marked improvement in my general health, and at the time of my next monthly period the pain had diminished considerably. I kept up the treatment, and was cured a month later. I am like another person since. I am in perfect health, my eyes are brighter, I have added 12 pounds to my weight, my color is good, and I feel light and happy."—Miss Agnes Miller, 25 Potomac Ave., Chicago, Ill.

The monthly sickness reflects the condition of a woman's health. Anything unusual at that time should have prompt and proper attention. Fifty thousand letters from women prove that Lydia E. Pinkham's Vegetable Compound regulates menstruction and makes those periods painles

#### READ WHAT MISS LINDBECK SAYS:

"DEAR MRS. PINKHAM:- Lydia E. Pinkham's Vegetable Compound has greatly benefitted me. I will tell you how I suffered. My rouble was painful menstruation. I felt as each month went by that I was getting worse. I had severe bearing-down pains in my back and abdo-

"A friend advised me to try Mrs. Pinkham's medicine. I did so and am now free from all pain during my periods."—Jessie C. Lendbeck, 1201 6th Street, Rockford, Ill.

FREE ADVICE TO WOMEN. Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is

Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it. Her advice has restored to health more than one hundred thousand women. Why don't you try

FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness.

Lydia E. Pinkham Medicine Co., Lynn, Mass.

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90

We're out for it, We want your custom

# Our Bait

The best and most com plete line of Optical goods. We also carry a full line of of Ajax and J. O. Co's. Frames, and the latest in a combination Rimless Spec tacle, to be had no where else in the city of Chatham. Our prices are the lowest and we guarantee satis-

C. Jordan

A A. Jordan's Jewelry Store Sign of the Big Clock

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### \*\*\*\*\* Gibson

Finishes all his work on absolutely permanent paper which is of the highest Art value.

Studio 29 King St.

\*\*\*\*\*\*

A fat woman rejoices at getting thin until she makes the horrible discovery that her clothes no longer

Take care of the stomach and the health will take care of itself. If people only realized the soundness of that statement the majority might live to a good old age like Moses,"the eye undimmed, the natural force unabated." originate in the stomach must be cur-ed through the stomach." The soundness of this theory is proved every day by cures of diseased organs, heart, liver, lungs, blood,—by the use of the "Discovery," which is solely and singly a medicine for the blood and organs of digestion and nutrition. It is a temperance medicine, containing no also-hol, whiskey or other intoxicant.

The lazy man who is content to take things as he finds them complains that he never finds them:

Messrs. C.C. Richards & Co. St. Joseph, P. Q., Aug. 18, 1900. Gentlemen,—My daughter, 13 years old, was thrown from a sleigh and injured her elbow so badly it remained stiff and very painful for three years. Four bottles of MINARD'S LINIMENT completely cured her and she has no been troubled for two years.

Yours truly, J. R. LEVESQUE.

The eccentricity of genius would be considered boorishness in an or-TO CURE A COLD IN ONE DAY. Take Laxative Bromo Quinine Tab-

This signature

#### MEN'S FASHIONS.

What the Sterner Sex Will Wear During Autumn and Winter-Dictum of Sartorial Authority.

The new patterns as well as the latest materials for men's suitings and overcoats have arrived, says a sartorial authority. The mysterious arbiters of fashion have spoken. It was to be expected that this sea-

into the patterns for fall and winter, for after all is said and done it has to be confessed that for some reason or other we continue to get our ideas on men's ciothes from London just as we seek inspirations for "creations' for women from Paris.

One distinct change from the general scheme of last year has been ordered. The pudding under the title of "military" shoulders has been abandoned.

Striped cheviots will lead in material for suitings. In fact, for suits and for that extra pair or two of trousers which are required the stripes seem to have a fairly long inning, and unless all signs fail it is not destined to end for another two or three years at least. Certainly this year the plates show more effects of this kind than ever before, not excepting the time when the exceptional popularity of the stripe led to its temporary withdrawal.

To be correct in color one should choose a pattern with a foundation of brown, for this is likely to be the prevailing tone this year, although gray a little lighter in shade than last year will also be used a good Red is used more freely than for several seasons past.

For the trousers alone the black and white stripe which was seen quite a great deal last year is con-tinued in favor, but the stripes are now wider than before, and the general effect is more pronounced and delicate, without being altogether

Coats will not be so short as last year, and the wide bottoms which were made almost essential by the absurd padding and squaring of the shoulders will be dispensed with In a word, the suit for this fall and winter are to fit the figure in a proper, natural and sensible manner. There is no change of any particu-

lar importance in the frock coat. It will remain about the same as last year, when it was lengthened just a Ulsters and overcoats will have

little to distinguish them from those made a year ago. Quite a number will be made in the heavier suiting materials of worsteds, cheviots and No changes of importance are contemplated in dinner or evening dress,

the silk facings continuing to extend clear to the edge of the lapels of the coats. The waistcoats worn with evor a delicate pearl. Waistcoats for day wear will show the popularity of the stripe, for, al-

though there is a great showing of plain browns and tans, there are comparatively few checks, the stripes being used in the patterns offered for those who cannot be contented with the front of one unbroken color. While more color has been introduc-

ed into suitings and nearly all materials used by the tailor, the shirtmakers and haberdashers report a revolt against the loud effects in shirtings and half hose which prevailed last year. The tone of the revolt has been so decided that the manufacturers appear to have gone almost to the other extreme, and it is stated that the goods for the fall will be almost sombre in effect.

The influence of the black and white stripes in the trouserings is seen in the patterns for the new half hose shown by the best dealers, the same colors being used quite a great deal in a variety of styles, none of which, however, is at all startling or Gray and white is also a

favorite combination. In hats the higher crowns appear to have come in again for those who wear the derbies, while the soft felts are almost an exact reproduction of last year's styles, very flexible and of light weight.

### Dazzling Facts About London.

Here are a few facts about London. A child is born every three minutes. It is in the stomach that the blood is and a death is registered every five made. It is from the stomach that minutes. The city contains over 700 nourishment is dispensed to nerve and railway stations, nearly 800 miles muscle. If the stomach is "weak" it of railway line and eleven railway can't do its whole work for each part bridges span the Thames. Daily a of the body. If it is diseased the dis- million persons travel on the underease will taint the nourishment which ground railways, and 2,500,000 in is distributed, and so spread disease 5,000 omnibuses, 7,000 hansoms, 14,-throughout the body. It was the realization of the importance of the sto- total population is between 6,000,mach as the very centre of health and 000 and 7.000,000. Four thousand the common source of disease, which postmen deliver 10,000,000 letters led Dr. Pierce to prepare his "Golden weekly, walking a distance equal to Medical Discovery." "Diseases which twice the circumference of the globe. Sixty thousand letters are written a day, consuming thirty gallons of

Working the Young Horses.

Many find themselves short of horse power and work young horses to hard. A young horse is usually a willing (n). He has not learned how to save nimself and will under the excitement and urging necessary for his mate do more than he is really able to do without injury to himself. Go easy with the youngsters. A little too much work or too big an effort may permanently injure a three-year-old, and a four-year-old is usually no better fitted for hard work because of the changes in his mouth. It doesn't pay to take any chances of ruining a promising horse for the sake of a little extra work.—National Stockman.

The skins of fruit of all kinds should never be eaten, but before removing the skin the fruit should be carefully washed, to avoid the transference of bacteria from skin to pulp. Dx; eriments have shown that a stomuch whose contents contained no microles after a breakfast of sterilizi food, ending with grapes of which e stins were eaten, contained 500,-000 micro es to each fluid ounce. These microbes cause the fruit to dethe hefore it can be digested .- Farm

Youth and Crabbed Age.

Our respect for age dwells in us de by side with enthusiasm for side by side with enthusias of a glow than when a young man deservedly beats a man of an older generation. It is that glow which has made a familiar quotation of Pitt's famous retort to Walpole, that crushing sentence beginning, "The atrocious crime

of being a young man."

A judge named Robinson was noted for his peevish, sneering manner. Hoare, the Irish lawyer, was once arguing in a case before him. The judge was unusually storm, and finally judge was unusally stern, and finals ly roused the young barrister by ac-King's commission into contempt.

"No, my lord," said Hoare; "I have read in a book that when a peasant, during the troubles of Char-les I., found the crown in a bush, he showed it all reverence. In like manner I shall respect the King's commission, though I find it on a

bramble." Robinson was reported to have risen to his rank by the publication of some slavish and scurrilous pamphlets. Once in the days when Curran was poor and unknown, struggling against great adversity, he appeared before Robinson. The judge tried to extinguish him. When Curran declared that he had consulted all his lawbooks, and could not find a case that did not support his position, Robinson answered:

'I suspect your law library is rather contracted.' This brutal and unnecessary remark stung Curran's pride and roused him

"It is true, my lord." he said, after a moment's contemptuous silence, "that I am poor, and the circumstance has curtailed my library. My books are not numerous, but they are select, and I hope I have perused them well. I have prepared myself for this high profession rather by the study of a few good books than by the composition of a great many bad

Chamberlain's Big Future.

John Redmond's ironical tribate to Joseph Chamberlain in a Parliamentary debate, "you ought to be made king," recalls the fact that this is not the first time the Colonial Secretary has been recommended for a higher post than he seems likely to The first recommendation, reach. however, was not made in irony, but in the good faith of perfect tipsiness It was at the time Queen Victoria visited Birmingham, fifteen years ago. Chamberlain's carriage was blocked for some minutes, and he found himself the object of a fluent and some what disordered harangue from a member of the crowd who had fortified himself extensively against the labors of the day. "Ye ain't in office now, Joe," ran the peroration, 'but I'll tell ye what I sees in the future. i sees Hengland and Hamer ica unionated into one republic-yus, and ye'll be the fust president."

An English nobleman in ill health was out one morning early wearily taking a constitutional. Walking along his game preserves, he turned a sharp corner and came face to face with an Irishman who had the reputation of being an inveterate poach-

Putting his hands and what they held behind him, he preserved a perfectly virtuous aspect, while the gentleman hailed him cordially with, Good morning, Pat!"

"Good marnin', yer haner. phwat brings yer haner out so airly this marnin'?' "I'm just walking around, Pat, to

see if I can't get an appetite for my breakfast. And what brings you out so early, Pat?" "Och, be jabbers, Oi'm jest a-walkin' around to see if Oi can't git breakfasht fer me oppetite!'

#### Knitting as a Medicine.

Knitting is declared by specialists in the treatment of rheumatism to be a most helpful exercise for hands liable to become stiff from the complaint, and it is being prescribed by physicians because of its efficiency in limbering up the hands of such sufferers. For persons liable to cramps, paralysis or any other affection of the fingers of that character knitting is regarded as a most beneficial exercise. Besides, the simple work is said to be an excellent diversion for the nerves and is recommended to women suffering from in-sonnia and depression. In certain sanitariums patients are encouraged to make use of the bright steels, and the work is so pleasant that it is much enjoyed by them.-Family Doc-

How Britons Compare Financially. The Scotsman earns on the average £45 a year, the Englishman £38, and the Irishman £20. Scotland spends £3 per head per year for upkeep of police, roads, bridges, harbors, education, etc., while the Englishman and Irishman contribute £2 18s., and £1 4s., respectively. Scottish fishermen bring to port a quantity of fish worth for every man, woman and child in their country, 7s. 6d.; English fishermen, 3s. 4d. worth; and Irish fishermen, 1s. 2d. worth. Scotsmen, too, appear to be most thrifty. In the savings bank each Scotsman has £5 4s.; each Englishman, £5; and each Irishman, £2.

The season for sugar beets has been rather too wet for best results in the middle states, but prospects are fine in the central west, while in the mountain and coast states the harvesting of a superb crop is now under way and Pacific coast factories are running full blast. Several new factories will be completed in time to work up the 1902 crop of beets in the United States, while in Ontario four sugar mills will be in operation.-Orange Judd Farmer.

"What's the matter, dear?" asked

the goat of his wife. "Oh, dear," replied Mrs. Goat, "I ate an old dress waist found in the back yard this morning, and it not set well."



PURE SUNLIGHT AND AIR.

Places Here Which Shame the Old World's Favored Climes. We have often heard of "sunny Italy" or the "clear light" of Egypt, says the Desert; but, believe me, there is no sunlight there compared with that which falls upon the upper peaks of the Sierra Madre or the uninhabitable wastes of the Colorado desert.

Pure sunlight requires for its existence pure air, and the old world has little of it left. When you are in Rome again and stand upon that hill where all good Romanists go at sunset, look out and see how dense is the atmosphere between you and St. Peter's dome. That same thick air is all over Europe, all around the Mediterranean, even over in Mesopotamia and by the banks of the Ganges. It has been breathed and burned and battle

smoked for 10,000 years. Ride up and over the high tablelands of Montana-one can still ride there for days without seeing a trace of humanity-and how clear and scentless, how absolutely intangible, that sky blown, sunshot atmosphere! You breathe it without feeling it, you see through it a hundred miles, and the picture is not blurred by it. Once Arizona at sunrise or sunset, with the ragged mountains of Mexico to the south of you and the broken spurs of the great Sierra around about you, and all the glory of the old shall be as nothing to the gold and purple and burning crimson of this new world.

Movable Drops In Diamonds. It has long been known that diamonds, especially the class known as "rose diamonds," are likely to explode if subjected only to what would seem a very ordinary degree of heat, such as strong rays from the sun, etc. It is now believed that the explosions are the result of the rapid expansion of certain volatile liquids inclosed in cavities near the center of these precious stones. A great many diamonds, even though cut, mounted and worn as gems of perfection, are still in an unfinished condition-that is, the liquid drop from which the stone is being formed has not as yet deposited all of its "pure crystals of carbon." These movable drops may occasionally be seen with

the naked eye. When this is the case, a strong microscope will give the drop the appearance of a bubble in the fluid of a carpenter's level. It is also highly probable that besides the liquid mentioned these cavities may contain gases under great tension. This being the case, one may readily comprehend how a very small amount of heat would cause the liquid and gas to expand to such a degree that the diamond would give way with all the characteristics of a miniature explosion.

A man's house is his wife's castle.

Lime, Cement

Cut Stone We keep the best in

stock at right prices.

JOHN H. OLDERSHAW Thames Street, Next Police Station

There are times when marriage eems like a burden, even to the most

contented.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few, years was supposed to be incurable. a great many years doctors pronounce ride over the enchanted mesas of ed it a local disease, and prescribed local remedies, and by constantly fail ing to cure with local treatment, pronounced it incurable. proven catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney, & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address, F. J. CHENEY & CO.,

Sold by Druggists, 75c.

Hall's Family Pills are the best. First women substract from their age, then they divide it, and then they extract its square root.

#### Pleuretic Pains a Danger Signal

Prompt treatment is essential. Bathe he region of pain immediately with Polson's Nerviline and quickly bind on hot bandage sprinkled with Nerviline. Never known to fail. Cures almost instantly. Neuralgia, toothache, rheumatism and lumbago are cured by Nerviline just as readily. Polson's Nerviline cures all pain, and is the best household liniment known. Large

Oyeter dealers are again working

Minard's Liniment - Lumberman's

There are ways of impressing men with your importance without flam-

if you buy a "Souvenir." Down goes

the gauntlet! It is the almost universal

last longer-are better made

and easiest to keep clean.

Handsome, economical,

convenient, have large

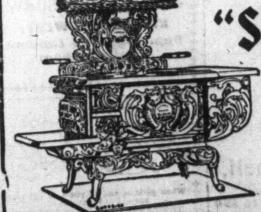
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Every stove guaranteed.

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